

Munster Performance Squad List 2015/2016 Season

Name	Event	Club
Master List		
Damien Hickey	LJ	Abbey Striders
Ben Donovan	Multi event	Abbey Striders
Diarmuid Clancy	Multi event	Abbey Striders
Damien Hickey	Multi event	Abbey Striders
Clodagh Walsh	PV	Abbey Striders
Saran Mangalashthira	PV	Abbey Striders
Diarmuid Clancy	400m / 400H	Abbey Striders
Ben Donovan	HJ	Abbey Striders AC
Aisling Cassidy	Multi event	Bandon
Travis Coomey.	Discus	Bandon.
Ella Nicholson	LJ	Bandon
Ciara McKeon	TJ	Bandon
Cameron Blair	LJ	Bandon
Bobby Smith	Javelin	Bandon
Aisling Cassidy	PV	Bandon
Ella Stack	PV	Bandon
Aisling cassidy	400m / 400H	Bandon
Ciara McKeon	400m / 400H	Bandon
Scott Gibson	400m / 400H	Bandon
Laura Nicolson	Multi event	Bandon
Moira Barrett	B: Multi event	Bandon
Ciara McKeon	E Multi event	Bandon
Kate Bernard	Sprint/Hurdles	Bandon
Joey Henchy	Sprint/Hurdles	Bandon
Scott Gibson	Sprint/Hurdles	Bandon
Laura Nicholson	HJ	Bandon AC
Ella Stack	HJ	Bandon AC
James French	Shot	Bandon AC
Colin Deane	Shot	Bandon AC
Cian Kingston	Shot	Bandon AC
Aisling Cassidy	Sprint/Hurdles	Bandon Grammer
Cian Kingston	Discus	Bandon.
Tom Deasy	LJ / TJ	Belgooley
Tom Deasy	HJ	Belgooly AC
Jade O Farrell Bond	TJ	Borrisokane
Emma Coffey	PV	Carraig na Bhfear
Laura Sheehan	PV	Carraig na Bhfear
Avril Braham	C Multi event	Carraig na bhFear
Martha Quain	Discus	Carraig Na Bhfearr
Miriam Daly	Sprint/Hurdles	Carrick
Kelly Anne Doyle	Sprint/Hurdles	Carrick
Michael Dineen	jav	Carrick on Suir
Miriam Daly	400m / 400H	Carrick On Suir
KellyAnn Doyle	400m / 400H	Carrick On Suir
Leeann Prout	400m / 400H	Carrick On Suir
Rachel Walsh	400m / 400H	Carrick On Suir
Aoife Doyle	400m / 400H	carrick On Suir

Elise Bruen	400m / 400H	Carrick On Suir
Darren Prout	400m / 400H	Carrick On Suir
Jake Vermeer	C Multi event	Carrick on Suir
Martin Kehoe	C Multi event	Carrick on Suir
Leanne Prout	Sprint/Hurdles	Carrick on Suir
Darren Prout	LJ / TJ	Carrick On Suir
Jake Vermeer	400m / 400H	Carrick On Suir
Rose Ann FitzGerald, U15	LJ/Sprints	Carrick on Suir
Alexandra Lapiy,	Jav	Carrick on suir
Jake Costello,	Lj/Jav	Carrick on Suir
Emma Nolan	Sprint/Hurdles	Carrick on Suir
Ruth Heery	Walks	Clonmel Athletic Club
Chloe Lynch,	Walks	Clonmel Athletic Club
Aaron Egan	Walks	Clonmel Athletic Club
Meabh Daly	jav	carrig na bFhear
James Sheehan.	Discus	Carrying Na Bhfearr.
Sean Lynch	Sprint/Hurdles	CBC Cork
Miriam Daly	Sprint/Hurdles	Ck on suir
Aoife Doyle	Sprint/Hurdles	Ck on Suir
Orla Winston	Sprint/Hurdles	Clonmel
Kate Taylor	LJ / TJ	Col Mhuire Ennis
Damian Hickey	Sprint/Hurdles	Davis College
Dean Mulqueen	Sprint/Hurdles	Derg
Lauren Ryan	Sprint/Hurdles	Doneen
Clodagh O'Mahoney	Sprint/Hurdles	Doneen
Fiona O Shea	TJ	Dooneen
Olivia Humphreys	TJ	Dooneen
Clodagh O Mahony	400m / 400H	Dooneen
Cathal Locke	400m / 400H	Dooneen
Niamh Moriarty	Sprint/Hurdles	Dooneen
Lauren Ryan	Sprint/Hurdles	Dooneen
Clodagh O'Mahony	Sprint/Hurdles	Dooneen
Owen Alfred	Sprint/Hurdles	Dooneen
Cathal Locke	Sprint/Hurdles	Dooneen
Shauna Ryan &	Sprint/Hurdles	Doneen
Nikolka Stevanokova.	Sprint/Hurdles	Doneen
Lauren O Leary	LJ	Emerald
Ellen Larkin	PV	Emerald
Chloe Tobin	400m / 400H	Emerald
Jenna Bromell	400m / 400H	Emerald
Jamie Mitchell	400m / 400H	Emerald
Paul Costello	400m / 400H	Emerald
Cara Neville	Sprint/Hurdles	Emerald
Chloe Tobin	Sprint/Hurdles	Emerald
Lauren O Leary	Sprint/Hurdles	Emerald
Ciara Neville	Sprint/Hurdles	Emerald
Zara Bolger	Sprint/Hurdles	Emerald
Roisin Harrison	Sprint/Hurdles	Emerald
William Murray	Sprint/Hurdles	Emerald
Jamie Mitchell	Sprint/Hurdles	Emerald

Paul Costello	Sprint/Hurdles	Emerald
Tony Adobute	Sprint/Hurdles	Ennis
Shawn Benson	Sprint/Hurdles	Ennis Track
Cathal O Brien	LJ / TJ	Ennis Track Club
Tony Obudole	Sprint/Hurdles	Ennis Track Club
Kayleigh Cronin	Discus	Farranfore
David Kenny,	Walks	Farranfore Maine Valley A/C.
Katie Murphy	LJ	Ferrybank
orlaith o brien	Javelin	ferrybank
ali Hassan	Javelin	ferrybank
Eoin Kenny	jav	ferrybank
Stephen Walsh	400m / 400H	Ferrybank
Sinead O'Regan	F Multi event	Ferrybank
Katie Murphy	Sprint/Hurdles	Ferrybank
Phoebe Murphy	Sprint/Hurdles	Ferrybank
Niamh Mc Nichol	Sprint/Hurdles	Ferrybank
Stephen Walsh	Sprint/Hurdles	Ferrybank
Sinead O Regan	LJ	Ferrybank
Anne Corcoran	Shot	Ferrybank AC
Neasa Murphy	HJ	FerrybankAC
robert Campbell	jav	FMV
Gary Cronin	400m / 400H	Gneeveguilla
Lauren Kenneally	HJ	Gneeveguilla AC
Aoife Hurley	jav	Grange Fermoy
Anna Leamey	Javelin	Grange Fermoy
Christine Mc Carthy	HJ	Kenmare AC
Gary Randles	Shot	Kenmare AC
Dyla O Sullivan	HJ	Killarney Valley AC
Siofra O Dea,	Walks	Kilmurry A/C North Clare.
Sarah Leahy	Sprint/Hurdles	Killarney Valley/Spa Muckcross
Dara Minter	HJ	Kilrush
Molly Healy	PV	Leevale
Una Sammuels	PV	Leevale
Des Kelliher	PV	Leevale
Sivakumar Wymir	Sprint/Hurdles	Leevale
Shane Ahern	Sprint/Hurdles	Leevale
Jack Murphy	Sprint/Hurdles	Leevale
Tommie Connolly	Lc Multi event	Leevale
Robert Twomey	Sprint/Hurdles	Leevale
Laura Murphy	Sprint/Hurdles	Leevale
Tara Healy	Sprint/Hurdles	Leevale
Conor Morey	Sprint/Hurdles	Leevale
David Cahill	Sprint/Hurdles	Leevale
Luke Ring	Sprint/Hurdles	Leevale
Cian O Brien	LJ	Leevale
Sean O Callaghan	400m / 400H	Leevale
Adam Buckley	400m / 400H	Leevale
John Forde	400m / 400H	Leevale
Daniel O Mahony	400m / 400H	Leevale
Molly Healy	HJ	Leevale AC

Hannah Murphy	HJ	Leevale AC
Ciara Sheehy	Shot/Jav	Liscarroll AC
Vickie Cusack	Shot	Liscarroll AC
vickie Cusack	jav	Liiscarroll
Katie Moynihan	jav	Liiscarroll
Kevin O'Leary	Hurdles	liscarroll
Kate Ivory who was injured for Sprints		liscarroll
Natasha O'Keefe	Shot/Hammer	liscarroll
Niamh Linehan	Sprint/Hurdles	liscarroll
Junior Echeruwe	L Multi event	Limerick
Stanley Ikeh	L Multi event	Limerick
Stanley Ikeh	Sprint/Hurdles	Limerick
Sophie Lynch	Sprint/Hurdles	Liostuahil
Rachel Moriarty	Sprint/Hurdles	Liostuahil
Aoibhin O Connor	LJ	liscarroll
Vicki Cusack	LJ	Liscarroll
Vicky Cusack	Sprint/Hurdles	Liscarroll
Vickie Cusack	L Multi event	Liscarroll
Aoibhinn O'Connor	L Multi event	Liscarroll
Sarah O'Keefe	Multi event	Liscarroll
Rebecca O Connell	Sprint/Hurdles	Liscarroll
Angharad Loughnane	Discus	Marian
Jessica O'Connor	M Multi event	Marian
Anthony Tobin	Walks	Marian Athletic Club
Angharad Loughnane .	Walks	Marian Athletic Club
Jessica Strain	400m / 400H	Midleton
Robert Dillion	Sprint/Hurdles	Midleton
Aishat Onilogbo	Sprint/Hurdles	Midleton
Jack Hallihan	Discus	Midleton.
Anna Ryan	Sprint/Hurdles	Moycarkey
David Ryan	Sprint/Hurdles	MoyCarkey
Daniel Ryan	Sprint/Hurdles	Moycarkey
Ciara Mockler	Shot	Moycarkey
sean Mockler	jav	moycarkey
Sean Mockler	Discus	Moycarkey
Jack Ryan	LJ/ TJ	Moycarkey Coolcro
Liam McDonagh,	Walks	Moycarkey/Colcroo A/C
David Ryan	LJ / TJ	Moycarkey Coolcro
Daniel Ryan	LJ	Moycarkey Coolcro
David Ryan	400m / 400H	Moycarkey Coolcro
Daniel Ryan	Sprint/Hurdles	Moycarkey Coolcroe
David Ryan	Sprint/Hurdles	Moycarkey Coolcroe
Jack Fallon	Multi event	Moycarkey- Coolroo AC
Daniel Ryan	Multi event	Moycarkey- Coolroo AC
Anna Ryan	Multi event	Moycarkey- Coolroo AC
John Hogan	Multi event	Moycarkey- Coolroo AC
Sean Carolan	Discus	Nenagh.
Joseph McEvoy	LJ	Nenagh
sean Carolan	Javelin	Nenagh
Joseph McEvoy	jav	Nenagh

Aoife Delargey	400m / 400H	nenagh
Laura Moylan	400m / 400H	Nenagh
Michael Quilligan	400m / 400H	Nenagh
Joseph Mc Evoy	HJ	Nenagh AC
Emily Tierney	PV	Nenagh Olympic
Joseph McEvoy	N Multi event	Nenagh Olympic
Josua Egan	N Multi event	Nenagh Olympic
Sharlene Mawdsley	400m / 400H	Newport
Charlene Maudsley	Sprint/Hurdles	Newport
Amy Lenihan	Discus	North Cork
Noelle Lenihan	Discus	North Cork
Shauna Lenihan	jav	North Cork
Emly Lenihan	jav	North Cork
Shauna Lenihan	Shot	North Cork AC
Brian Lynch	LJ	Old Abbey
Laura Cussen	PV	Old Abbey
Daniel Hurley	Sprint/Hurdles	Old abbey
Brian Lynch	C Multi event	Old Abbey
Daniel Hurley	C Multi event	Old Abbey
Diarmuid O'Connor	O Multi event	Old Abbey
David cussen	HJ	Old Abbey AC
alan o Donovan	jav	Riverstick
Alan O'Donovan	F Multi event	Riverstick
Padraig Burke	Shot	Spa Muckcross
Gearoid McMahon,	Walks	Shannon A/C.
Clíodhna Blake	S Multi event	St Johns
Rachel Clancy	S Multi event	St Johns
Tara Bradley	S Multi event	St Johns
Darragh Courtney	Sprint/Hurdles	St Brendans
Daragh Courtney	HJ	St Brendans AC
Kate Taylor	St Multi event	St Cronans
Clíodhna Blake	TJ	St Johns
Tara Bradley	TJ	St Johns
Clíodhna Blake	HJ	St Johns AC
Sophie Meredith	Multi event	St. Marys
Laoise Bennin	Multi event	St. Marys
Sean O'Connor	Multi event	St. Marys
Alison Healy	Multi event	St. Marys
Holly Meredith	Multi event	St. Marys
Niamh Foley	Multi event	St. Marys
Niamh Foley	Sprint/Hurdles	St Marys
Darragh Minter	St Multi event	St Marys
Joseph Minter	St Multi event	St Marys
Sophie Meredith	HJ	St Marys AC
Darragh Minter	Sprint/Hurdles	St Marys Clare
Darragh Minter	LJ	St Mary's Clare
Joseph Minter	TJ	St Mary's Clare
Sophie Meredith	Sprint/Hurdles	St Marys Limerick
Sophie Meredith	Lj	St Marys Limerick
Holly Meredith	jav	St. Mary's

Darragh Miniter	Shot	St. Marys Clare
Michael Shanahan	Shot	St. Marys Limerick
Aoife Doyle.	Discus	Star of Maine
Fiona Doyle	HJ	Star of the Laune AC
Fiona Doyle	Sprint/Hurdles	Star of the Sea
Cara McKeown	Sprint/Hurdles	Tarbert
Adam Dooley	Sprint/Hurdles	Templemore
Ondrej Olah	Sprint/Hurdles	Templemore
Conor Hayes	Sprint/Hurdles	Templemore
Eva Rush,	Walks	Templemore A/C.
Emer Delarghy	LJ	Templemore
Conor Hayes	LJ	Templemore
Adam Dooley	LJ	Templemore
Ondrej Olah	LJ	Templemore
Olah Ondrej	HJ	Templemore AC
Fiona Hennessy	Shot	Templemore AC
Aoibheann O Brien	LJ / TJ	Tralee
Rachel Bowler	LJ	Tralee
Nikolia O Connor	Lj	Tralee
Aoife O Carroll	Sprint/Hurdles	Tralee
Denise O Connor	400m / 400H	Tramore
Shane Mcgongal	Sprint/Hurdles	Tramore
Kathleen Heery	Discus	Waterford
Emily O Mahony	LJ	Waterford
Grace Furlong	\ Multi event	Waterford
James Murphy	\ Multi event	Waterford
Lance Baylon	\ Multi event	Waterford
Grace Furlong	LJ / TJ	Waterford
James Murphy	TJ	Waterford
James Murphy	HJ	Waterford AC
Dion Ryan	HJ	Waterford AC
Cian O Brien	HJ	Waterford AC
Hanah Jacob	Walks	Waterford
Orla O Connor	Walks	Waterford
Emma Caulfield	Walks	Waterford
Sam O Neill	PV	West Waterford
Eoin Killigrew	PV	West Waterford
Craig Cloona	PV	West Waterford
Jamie Fennell	PV	West Waterford
Yuri Kanash	PV	West Waterford
Megan Dunford	PV	West Waterford
Eoghan Flynn	Discus	West Waterford.
Lauren O Mahony	Javelin	Youghal
Sean Broderick	400m / 400H	Youghal
Leanne Prout	Sprint/Hurdles	Carrick On Suir
Siobhan Hennessy	Discus	Templemore

Munster Performance Squad List 2015/2016 Season

Name	Event	Club
Jerry Horgan		
Travis Coomey.	Discus	Brandon.
Sean Carolan	Discus	Nenagh.
Cian Kingston	Discus	Bandon.
Martha Quain	Discus	Carraig Na Bhfearr
James Sheehan.	Discus	Carraig Na Bhfearr.
Siobhan Hennessy	Discus	Templemore
Angharad Loughnane	Discus	Marian
Jack Hallihan	Discus	Midleton.
Sean Mockler	Discus	Moycarkey
Amy Lenihan	Discus	North Cork
Noelle Lenihan	Discus	North Cork
Aoife Doyle.	Discus	Star of Maine
Kathleen Heery	Discus	Waterford
Eoghan Flynn	Discus	West Waterford.

Munster Performance Squad List 2015/2016 Season

Name	Event
Jacqui Freyne	
Sophie Meredith	Lj
Lauren O Leary	LJ
Emily O Mahony	LJ
Grace Furlong	LJ / TJ
Aoibheann O Brien	LJ / TJ
Rachel Bowler	LJ
Emer Delarghy	LJ
Sinead O Regan	LJ
Katie Murphy	LJ
Aoibhin O Connor	LJ
Kate Taylor	LJ / TJ
Ella Nicholson	LJ
Vicki Cusack	LJ
Clodhna Blake	TJ
Fiona O Shea	TJ
Ciara McKeon	TJ
Olivia Humphreys	TJ
Tara Bradley	TJ
Jade O Farrell Bond	TJ
Joseph McEvoy	LJ
Brian Lynch	LJ
Darragh Minitier	LJ
Jack Ryan	LJ/ TJ
Conor Hayes	LJ
Darren Prout	LJ / TJ
Damien Hickey	LJ
Tom Deasy	LJ / TJ
David Ryan	LJ / TJ
Cian O Brien	LJ
Adam Dooley	LJ
Ondrej Olah	LJ
Daniel Ryan	LJ
Nikolia O Connor	Lj
Cameron Blair	LJ
Cathal O Brien	LJ / TJ
Joseph Minitier	TJ
James Murphy	TJ

Club

St Marys Limerick
Emerald
Waterford
Waterford
Tralee
Tralee
Templemore
Ferrybank
Ferrybank
liscarroll
Col Mhuire Ennis
Bandon
Liscarroll
St Johns
Dooneen
Bandon
Dooneen
St Johns
Borrisokane
Nenagh
Old Abbey
St Mary's Clare
Moycarkey Coolcro
Templemore
Carrick On Suir
Abbey Striders
Belgooley
Moycarkey Coolcro
Leevale
Templemore
Templemore
Moycarkey Coolcro
Tralee
Bandon
Ennis Track Club
St Mary's Clare
Waterford

Munster Performance Squad List 2015/2016 Season

Name	Event	Club
John Sheenan		
Bobby Smith	Javelin	Bandon
Michael Dineen	jav	Carrick on Suir
Meabh Daly	jav	carrig na bFhear
orlaith o brien	Javelin	ferrybank
ali Hassan	Javelin	ferrybank
Eoin Kenny	jav	ferrybank
robert Campbell	jav	FMV
Aoife Hurley	jav	Grange Fermoy
Anna Leamey	Javelin	Grange Fermoy
vickie Cusack	jav	Liiscarroll
Katie Moynihan	jav	Liiscarroll
sean Mockler	jav	moycarkey C/croo
sean Carolan	Javelin	Nenagh
Joseph McEvoy	jav	Nenagh
Shauna Lenihan	jav	North Cork
Emly Lenihan	jav	North Cork
alan o Donovan	jav	riverstick
Holly Meredith	jav	St. Mary's
Lauren O Mahony	Javelin	Youghal

Munster Performance Squad List 2015/2016 Season

Name	Event	Club	
Eamon Flannagan			
Clodagh Walsh	PV	Abbey Striders	U16
Saran Mangalashthira	PV	Abbey Striders	U19
Aisling Cassidy	PV	Bandon	U15
Ella Stack	PV	Bandon	
Emma Coffey	PV	Carraig na Bhfear	U15
Laura Sheehan	PV	Carraig na Bhfear	U15
Ellen Larkin	PV	Emerald	U18
Molly Healy	PV	Leevale	U17
Una Sammuels	PV	Leevale	U18
Des Kelliher	PV	Leevale	U18
Emily Tierney	PV	Nenagh Olympic	U16
Laura Cussen	PV	Old Abbey	U18
Sam O Neill	PV	West Waterford	U15
Eoin Killigrew	PV	West Waterford	U15
Craig Cloona	PV	West Waterford	U16
Jamie Fennell	PV	West Waterford	U19
Yuri Kanash	PV	West Waterford	U19
Megan Dunford	PV	West Waterford	U18

Munster Performance Squad List 2015/2016 Season

Name	Event	Club	
Chris Regan			
Ben Donovan	HJ	Abbey Striders AC	U16
Laura Nicholson	HJ	Bandon AC	U16
Ella Stack	HJ	Bandon AC	U15
Tom Deasy	HJ	Belgooly AC	U18
Neasa Murphy	HJ	FerrybankAC	U19
Lauren Kenneally	HJ	Gneeveguilla AC	U19
Christine Mc Carthy	HJ	Kenmare AC	U16
Dyla O Sullivan	HJ	Killarney Valley AC	u19
Dara Minter	HJ	Kilrush	U16
Molly Healy	HJ	Leevale AC	U17
Hannah Murphy	HJ	Leevale AC	U16
Joseph Mc Evoy	HJ	Nenagh AC	U15
David cussen	HJ	Old Abbey AC	U19
Daragh Courtney	HJ	St Brendans AC	U15
Clíodhna Blake	HJ	St Johns AC	U18
Sophie Meredith	HJ	St Marys AC	U15
Fiona Doyle	HJ	Star of the Laune AC	U15
Olah Ondrej	HJ	Templemore AC	U16
James Murphy	HJ	Waterford AC	U16
Dion Ryan	HJ	Waterford AC	U17
Cian O Brien	HJ	Waterford AC	U18

Munster Performance Squad List 2015/2016 Season

Name	Event	Club	
Brid Golden			
Diarmuid Clancy	400m / 400H	Abbey Striders	
Aisling cassidy	400m / 400H	Bandon	
Ciara McKeon	400m / 400H	Bandon	
Scott Gibson	400m / 400H	Bandon	
Miriam Daly	400m / 400H	Carrick On Suir	
KellyAnn Doyle	400m / 400H	Carrick On Suir	
Leeann Prout	400m / 400H	Carrick On Suir	
Rachel Walsh	400m / 400H	Carrick On Suir	
Aoife Doyle	400m / 400H	carrick On Suir	
Elise Bruen	400m / 400H	Carrick On Suir	
Darren Prout	400m / 400H	Carrick On Suir	
Jake Vermeer	400m / 400H	Carrick On Suir	
Clodagh O Mahony	400m / 400H	Dooneen	
Cathal Locke	400m / 400H	Dooneen	
Chloe Tobin	400m / 400H	Emerald	
Jenna Bromell	400m / 400H	Emerald	
Jamie Mitchell	400m / 400H	Emerald	
Paul Costello	400m / 400H	Emerald	
Stephen Walsh	400m / 400H	Ferrybank	
Gary Cronin	400m / 400H	Gneeveguilla	
Sean O Callaghan	400m / 400H	Leevale	
Adam Buckley	400m / 400H	Leevale	
John Forde	400m / 400H	Leevale	
Daniel O Mahony	400m / 400H	Leevale	
Jessica Strain	400m / 400H	Midleton	
David Ryan	400m / 400H	Moycarkey Coolcro	
Aoife Delargey	400m / 400H	nenagh	
Laura Moylan	400m / 400H	Nenagh	
Michael Quilligan	400m / 400H	Nenagh	
Sharlene Mawdsley	400m / 400H	Newport	
Denise O Connor	400m / 400H	Tramore	
Sean Broderick	400m / 400H	Youghal	

Munster Performance Squad List 2015/2016 Season**Name Event Club****Alan Golden & Noelle Morrissey**

Adam Dooley	Sprint/Hurdles	Templemore
Aishat Onilogbo	Sprint/Hurdles	Midleton
Aisling Cassidy	Sprint/Hurdles	Bandon Grammer
Anna Ryan	Sprint/Hurdles	Moycarkey
Aoife Doyle	Sprint/Hurdles	Ck on Suir
Aoife Doyle	Sprint/Hurdles	Ck on Suir
Aoife O Carroll	Sprint/Hurdles	Tralee
Cara McKeown	Sprint/Hurdles	Tarbert
Cara Neville	Sprint/Hurdles	Emerald
Cathal Locke	Sprint/Hurdles	Dooneen
Charlene Maudsley	Sprint/Hurdles	Newport
Chloe Tobin	Sprint/Hurdles	Emerald
Ciara Neville	Sprint/Hurdles	Emerald
Clodagh O'Mahony	Sprint/Hurdles	Dooneen
Conor Hayes	Sprint/Hurdles	Templemore
Conor Morey	Sprint/Hurdles	Leevale
Damian Hickey	Sprint/Hurdles	Davis College
Daniel Hurley	Sprint/Hurdles	Old abbey
Daniel Minter	Sprint/Hurdles	St Marys
Daniel Ryan	Sprint/Hurdles	Moycarkey Coolcroe
Darragh Courtney	Sprint/Hurdles	St Brendans
Darragh Miniter	Sprint/Hurdles	St Marys Clare
David Cahill	Sprint/Hurdles	Leevale
David Ryan	Sprint/Hurdles	MoyCarkey
David Ryan	Sprint/Hurdles	Moycarkey Coolcroe
Dean Mulqueen	Sprint/Hurdles	Derg
Fiona Doyle	Sprint/Hurdles	Star of the Sea
Jack Murphy	Sprint/Hurdles	Leevale
Jamie Mitchell	Sprint/Hurdles	Emerald
Joey Henchy	Sprint/Hurdles	Bandon
Joseph McEvoy	Sprint/Hurdles	Nenagh
Kate Bernard	Sprint/Hurdles	Bandon
Katie Murphy	Sprint/Hurdles	Ferrybank
Kelly Anne Doyle	Sprint/Hurdles	Carrick
Kevin O'Leary	Hurdles	liscarroll
Laura Murphy	Sprint/Hurdles	Leevale
Lauren O Leary	Sprint/Hurdles	Emerald
Lauren Ryan	Sprint/Hurdles	Dooneen
Leanne Pout	Sprint/Hurdles	
Leanne Prout	Sprint/Hurdles	Carrick on Suir
Luke Ring	Sprint/Hurdles	Leevale
Miriam Daly	Sprint/Hurdles	Carrick
Miriam Daly	Sprint/Hurdles	Ck on suir
Niamh Foley	Sprint/Hurdles	St Marys
Niamh Linehan	Sprint/Hurdles	liscarroll

Niamh Mc Nichol	Sprint/Hurdles	Ferrybank
Niamh Moriarty	Sprint/Hurdles	Dooneen
Nikolka Stevanokova.	Sprint/Hurdles	Doneen
Ondrej Olah	Sprint/Hurdles	Templemore
Ondrej Olah	Sprint/Hurdles	Templemore
Orla Winston	Sprint/Hurdles	Clonmel
Owen Alfred	Sprint/Hurdles	Dooneen
Paul Costello	Sprint/Hurdles	Emerald
Paul Costello	Sprint/Hurdles	Emerald
Phoebe Murphy	Sprint/Hurdles	Ferrybank
Rachel Moriarty	Sprint/Hurdles	Liostuahil
Rachel Moriarty	Sprint/Hurdles	Liostuahil
Rebecca O Connell	Sprint/Hurdles	Liscarroll
Robert Dillion	Sprint/Hurdles	Midleton
Robert Towmey	Sprint/Hurdles	Leevale
Roisin Harrison	Sprint/Hurdles	Emerald
Roisin Harrison	Sprint/Hurdles	Emerald
Sarah Leahy	Sprint/Hurdles	Killarney Valley/Spa Muckcross
Shane McGonagle	Sprint/Hurdles	Tramore
Sarah Leahy	Sprint/Hurdles	Killarney Valley/Spa Muckcross
Scott Gibson	Sprint/Hurdles	Bandon
Sean Lynch	Sprint/Hurdles	CBC Cork
Shane Ahern	Sprint/Hurdles	Leevale
Shauna Ryan &	Sprint/Hurdles	Doneen
Shawn Benson	Sprint/Hurdles	Ennis Track
Sivakumar Wymir	Sprint/Hurdles	Leevale
Sophie Lynch	Sprint/Hurdles	Liostuahil
Sophie Meredith	Sprint/Hurdles	St Marys Limerick
Stanley Ikeh	Sprint/Hurdles	Limerick
Stephen Walsh	Sprint/Hurdles	Ferrybank
Tara Healy	Sprint/Hurdles	Leevale
Tony Adobute	Sprint/Hurdles	Ennis
Tony Obudole	Sprint/Hurdles	Ennis Track Club
Vicky Cusack	Sprint/Hurdles	Liscarroll
William Murray	Sprint/Hurdles	Emerald
Zara Bolger	Sprint/Hurdles	Emerald

Munster Performance Squad List 2015/2016 Season

Name	Event	Club
Pat Power		
Ben Donovan	Multi event	Abbey Striders
Diarmuid Clancy	Multi event	Abbey Striders
Damien Hickey	Multi event	Abbey Striders
Aisling Cassidy	Multi event	Bandon
Sophie Meredith	Multi event	St. Marys
Laoise Bennin	Multi event	St. Marys
Sean O'Connor	Multi event	St. Marys
Alison Healy	Multi event	St. Marys
Holly Meredith	Multi event	St. Marys
Niamh Foley	Multi event	St. Marys
Laura Nicolson	Multi event	Bandon
Moira Barrett	B Multi event	Bandon
Ciara McKeon	I Multi event	Bandon
Avril Braham	(Multi event	Carraig na bhFear
Jake Vermeer	(Multi event	Carrick on Suir
Martin Kehoe	(Multi event	Carrick on Suir
Sinead O'Regan	I Multi event	Ferrybank
Tommie Connolly	L Multi event	Leevale
Junior Echeruwe	I Multi event	Limerick
Stanley Ikeh	I Multi event	Limerick
Vickie Cusack	I Multi event	Liscarroll
Aoibhinn O'Connor	L Multi event	Liscarroll
Sarah O'Keeffe	Multi event	Liscarroll
Jessica O'Connor	M Multi event	Marian
David Ryan	Multi event	Moycarkey- Coolroo AC
Jack Fallon	Multi event	Moycarkey- Coolroo AC
Daniel Ryan	Multi event	Moycarkey- Coolroo AC
Anna Ryan	Multi event	Moycarkey- Coolroo AC
John Hogan	Multi event	Moycarkey- Coolroo AC
Joseph McEvoy	M Multi event	Nenagh Olympic
Josua Egan	M Multi event	Nenagh Olympic
Brian Lynch	(Multi event	Old Abbey
Daniel Hurley	(Multi event	Old Abbey
Diarmuid O'Connor	(Multi event	Old Abbey
Alan O'Donovan	I Multi event	Riverstick
Clíodhna Blake	§ Multi event	St Johns
Rachel Clancy	§ Multi event	St Johns
Tara Bradley	§ Multi event	St Johns
Kate Taylor	S Multi event	St Cronans
Darragh Minter	St Multi event	St Marys
Joseph Minter	Multi event	St Marys
Grace Furlong	' Multi event	Waterford
James Murphy	' Multi event	Waterford
Lance Baylon	Multi event	Waterford

Munster Performance Squad List 2015/2016 Season

Name	Event	Club
Dave Frattaroli		
James French	Shot	Bandon AC
Colin Deane	Shot	Bandon AC
Cian Kingston	Shot	Bandon AC
Anne Corcoran	Shot	Ferrybank AC
Gary Randles	Shot	Kenmare AC
Natasha O'Keefe	Shot/Ham	Liscarroll AC
Ciara Sheehy	Shot	Liscarroll AC
Vickie Cusack	Shot	Liscarroll AC
Ciara Mockler	Shot	Moycarkey
Shauna Lenihan	Shot	North Cork AC
Padraig Burke	Shot	Spa Muckcross
Darragh Minitier	Shot	St. Marys Clare
Michael Shanahan	Shot	St. Marys Limerick
Fiona Hennessy	Shot	Templemore AC

Munster Performance Squad List 2015/2016 Season

Name	Event	Club
Frank Lynch		
Hanah Jacob	Walks	Waterford
Orla O Connor	Walks	Waterford
Emma Caulfield	Walks	Waterford
Ruth Heery	Walks	Clonmel Athletic Club
Chloe Lynch,	Walks	Clonmel Athletic Club
Aaron Egan	Walks	Clonmel Athletic Club
Anthony Tobin	Walks	Marian Athletic Club
Angharad Loughnane .	Walks	Marian Athletic Club
Siofra O Dea,	Walks	Kilmurry A/C North Clare.
David Kenny,	Walks	Farranfore Maine Valley A/C.
Liam McDonagh,	Walks	Moycarkey/Colcroo A/C
Gearoid McMahon,	Walks	Shannon A/C.
Eva Rush,	Walks	Templemore A/C.