

Munster Development and Performance Squads 2017/18

Details for the 2017/18 Munster Development and Performance Squads are as follows:

		Development Squad	Performance squad
November 4 th 2017	Nenagh Indoor Stadium	11am – 1pm	1pm-3pm
November 25 th 2017	Nenagh Indoor Stadium	11am – 1pm	1pm-3pm
December 30 th 2017	Nenagh Indoor Stadium	11am – 1pm	1pm-3pm
April 7 th 2017	venue tbc	11am – 1pm	1pm-3pm

The **Development Squad** takes place from 11am – 1pm on each day and is open to all athletes aged 12 years +. The squad will cost €5 per athlete each day. Please check in at the venue from 10.30am. Events covered on the Development Squad are as follows:

Day 1	11am-1pm	Sprints, Shot, Long Jump, Pole Vault & Middle Distance
Day 2	11am-1pm	Short Hurdles, Javelin, High Jump & Middle Distance
Day 3	11am-1pm	Sprints, Shot, Long Jump, Pole Vault & Middle Distance
Day 4	11am-1pm	Short Hurdles, Javelin, High Jump & Middle Distance

Development Coaches

Kevin Cogley	Sprints
Noelle Morrissey	Short Hurdles
Pat Power	Long Jump
Martin O'Grady	High Jump
Dave Fratarolli	Shot Putt
Brian Scanlon	Javelin
Eamon Flanagan	Pole Vault
Sean Finn	Middle Distance

The **Performance Squad** is for selected athletes only from the **U16 to U19** age groups (**2017 age groups**). Athletes are selected from the Munster Indoors, Outdoors and Schools

Track and Field. The top 3 athletes in the Sprints, Hurdles, Long Jump, High Jump and Triple Jump, and the top 4 athletes in the Walks, Pole Vault, Shot, Discus, Javelin and Hammer. The Performance Squad will run on the same dates as above but will cover all events. The Performance squad will run from 1pm-3pm.

Performance Coaches

Brid Golden	Long Hurdles/400m
Kevin Cogley	Sprints
Noelle Morrissey	Short Hurdles
Pat Power	Long Jump
David Murphy	Triple Jump
Eamon Flanagan	Pole Vault
Martin O'Grady	High Jump
Sean Whitney	Discus
Brian Scanlon	Javelin
Dave Fratarolli	Shot Putt
John O'Farrell	Hammer
Frank Lynch	Walks

A list of those athletes selected for the Performance squad is available below and also at this link - http://www.athleticsireland.ie/downloads/other/Munster_Selected_Athletes_2017-2018.pdf . The athletes selected will have their names sent to their Club Secretary.

Those selected are asked to register and pay for the Performance squad online where the athlete will also select the event they wish to take part in. The cost of the Performance Squad is €25 and athletes must pay online.

Selected athletes are asked to register by Thursday 2nd November through the following link – <https://events.athleticsireland.ie/ps/event/MunsterPerformanceSquads20172018>

For further information please contact Aisling Hoey - aislinghoey43@gmail.com

Aaron	Malik	St. Brendan's A.C.
Abbey	Fitzgerald	Leevale A.C.
Adam	Dooley	Templemore A.C.
Adam	O'Dwyer	Moycarkey Coolcree A.C.
Adam	Turner	Belgooly A.C.
Aishat	Onilogbo	Leevale A.C.
Aisling	Cassidy	Bandon A.C.
Alannah	Kelly	West Waterford A.C.
Aleksander	Wagner	West Waterford A.C.
Ali	Hasan	Waterford A.C.
Alice	Norris	Farranfore Maine Valley A.C.
Alison	Hathaway	Bandon A.C.
Amanda	Tony	Lios Tuathail A.C.
Amy	Buttimer	Bandon GS
Amy	Crowley	Bandon A.C.

Andrew	Collins	Skibbereen A.C.
Angharad	Loughnane	Marian A.C.
Anna	Burke	Emerald A.C.
Anna	Leamy	Grange Fermoy A.C.
Anna	O'Connor	Waterford A.C.
Anna	Ryan	Moycarkey Coolcree A.C.
Annie	Russell	Emerald A.C.
Aoibheann	O'Brien	Tralee Harriers A.C.
Aoibhinn	O'Connor	Bandon A.C.
Aoife	Doyle	Carrick-On-Suir A.C.
Aoife	Lai	West Waterford A.C.
Aoife	Mahony	Lios Tuathail
Aoife	O'Carroll	Tralee Harriers A.C.
Basit	Oyebanji	Tralee Harriers A.C.
Ben	Donovan	Abbey Striders A.C.
Brian	Casey	Farranfore Maine Valley A.C.
Brian	Lynch	Old Abbey A.C.
Brian	Naughton	Nenagh Olympic A.C.
Bronagh	Kelly	Emerald A.C.
Caillium	Hedderman	St. John's A.C.
Caitlin	Kennedy	St. John's A.C.
Cathal	Locke	Dooneen A.C.
Cathal	Ryan	West Muskerry A.C.
Cathal	Scanlon	Waterford A.C.
Catriona	Collins	Leevale A.C.
Chisom	Ugwuera	Ennis Track A.C.
Chloe	Tobin	Emerald A.C.
Chrion	Obialor	Bandon GS
Chris	Coomey	Bandon GS
Christian	O'Connell	Limerick A.C.
Christine	McCarthy	Kenmare & District A.C.
Cian	Kingston	Bandon A.C.
Ciara	Hickey	Blarney Inniscara A.C.
Ciara	Kennelly	Killarney Valley A.C.
Ciara	Neville	Emerald A.C.
Ciara	Sheehy	Liscarroll A.C.
Ciaran	Murphy	North Monastery
Ciaran	Nugent	Carraig na BhFear A.C.
Cillian	Drohan	Waterford A.C.
Cillian	Griffin	Tralee Harriers A.C.
Cliodhna	Blake	St. John's A.C.
Clodagh	Walsh	Abbey Striders A.C.
Colin	Doyle	Leevale A.C.
Colm	Galvin	Hazelwood College
Conor	Blake	St. John's A.C.
Conor	Morey	Leevale A.C.
Corey	Kissane	An Ríocht A.C.
Cormac	Farrell	Waterford A.C.
Cormac	O'Sullivan	Kenmare & District A.C.
Craig	Cloona	West Waterford A.C.
Craig	McAuliffe	Ferrybank A.C.

Daniel	Greene	St.John's A.C.
Daniel	Hurley	Leevale A.C.
Daniel	Landzard	Bandon A.C.
Daniel	Ryan	Moycarkey Coolcuro A.C.
Darragh	Courtney	St. Brendan's A.C.
Darragh	Curran	West Waterford A.C.
Darragh	Lowth	St. Brendan's A.C.
Darragh	Minitier	St. Mary's A.C. Clare
Dave	McInerney	Bandon A.C.
David	O'Brien	Dooneen A.C.
David	Ryan	Moycarkey Coolcuro A.C.
David	Siegel	Mercy Mount Hawk
Diarmuid	Clancy	Abbey Striders A.C.
Diarmuid	Harty	West Waterford A.C.
Diarmuid	O'Connor	Bandon A.C.
Dion	Ryan	Waterford A.C.
Diro	Lawal	Dooneen A.C.
Dylan	Chambers	Bandon A.C.
Elaina	Norris	Farranfore Maine Valley A.C.
Elizabeth	Stack	Killarney Valley A.C.
Ella	Nicholson	Bandon A.C.
Ella	Stack	Bandon A.C.
Ellie	Rochford	Emerald A.C.
Emer	Delargy	Templemore A.C.
Emily	Gardiner	Templemore A.C.
Emily	Myers	Waterford A.C.
Emily	Nolan	Ferrybank A.C.
Emily	Tierney	Nenagh Olympic A.C.
Emily	Barry	Marian A.C.
Emily	O'Mahony	Waterford A.C.
Emma	Coffey	Carraig na BhFear A.C.
Emma	Kelleher	Blarney Inniscara A.C.
Emma	O'Brien	Marian A.C.
Eoin	Kenny	Waterford A.C.
Fiona	Doyle	Star of the Laune A.C.
Fiona	Hennessy	Templemore A.C.
Gabriel	Kehinde	Ennis Track A.C.
Gary	Cronin	Gneeveguilla A.C.
Gary	Randles	Kenmare & District A.C.
Gearoid	McMahon	Shannon A.C.
Hannah	Murphy	Leevale A.C.
Holly	Meredith	St. Mary's A.C. Limerick
Jack	Buckley	Leevale A.C.
Jack	Deane	Borrisokane A.C.
Jack	Hickey	Moyne A.C.
Jack	McEvoy	Nenagh Olympic A.C.
Jack	Pender	Carrick-On-Suir A.C.
Jack	Ryan	Moycarkey Coolcuro A.C.
Jade	O'Farrell Bond	Borrisokane A.C.
Jake	Costello	Carrick-On-Suir A.C.
Jake	Vermeer	Carrick-On-Suir A.C.

James	French	Bandon A.C.
James	Kirby	Bandon A.C.
James	Murphy	Waterford A.C.
Jamie	Mitchell	Emerald A.C.
Jessica	Strain	Midleton A.C.
Jodie	Cahill	St. Cronan's A.C.
John	Browne	Abbey Striders A.C.
John	Forde	Leevale A.C.
Joseph	McEvoy	Nenagh Olympic A.C.
Joseph	Miniter	St. Mary's A.C. Clare
Josh	Egan	Nenagh Olympic A.C.
Kate	Taylor	St. Cronan's A.C.
Kathleen	Heery	Waterford A.C.
Katie	Moynihan	Leevale A.C.
Katie	Murphy	Ferrybank A.C.
Katie	Walsh	Carraig na BhFear A.C.
Kerry	Barrett	Youghal A.C.
Kevin	Caulfield	Tulla A.C.
Kevin	O'Leary	Liscarroll A.C.
Kevin Michael	Jelenak	Togher A.C.
Kylie	Heinen	Ferrybank A.C.
Lance	Baylon	Waterford A.C.
Laura	Cussen	Old Abbey A.C.
Laura	Hayes	Borrisokane A.C.
Laura	McDonnell	Marian A.C.
Lauren	McCourt	Bandon A.C.
Lauren	O'Grady	St. Brendan's A.C.
Lauren	O'Leary	Emerald A.C.
Leah	McDonnell	Rice College Ennis
Leanne	Cronin	Farranfore Maine Valley A.C.
Lia	Farley	Riverstick/Kinsale A.C.
Lia	O'Brien	Midleton A.C.
Liam	McDonagh	Moycarkey Coolcree A.C.
Lily	Carey	Bandon GS
Lorna	Monahan	Ferrybank A.C.
Luke	Power	Dungarvan CBS
Maebh	Daly	Carraig na BhFear A.C.
Marc	Jones	Ballymore Cobh A.C.
Mark	Hartery	Tramore A.C.
Mark	Sisk	Carrigaline CS
Martha	Quain	Carraig na BhFear A.C.
Matthew	Greaney	Col Christ Ri
Mervyn	Shalemba	Tralee Harriers A.C.
Michael	Hand	Old Abbey A.C.
Michael	Tony	Lios Tuathail A.C.
Miriam	Daly	Carrick-On-Suir A.C.
Natasha	O'Keeffe	Blarney Inniscara A.C.
Nathan	Wright	Lios Tuathail A.C.
Niamh	Denn	Waterford A.C.
Niamh	Foley	St. Mary's A.C. Limerick
Niamh	Linehan	Liscarroll A.C.

Niamh	Moriarty	Dooneen A.C.
Niamh	Sugrue	Bandon A.C.
Nikolia	O'Connor	Tralee Harriers A.C.
Nikolka	Stevankova	Dooneen A.C.
Noelle	Lenihan	North Cork A.C.
Oisin	Kelly	St. Declans
Oisin	Kiely	Ferrybank A.C.
Olivia	Humphreys	Dooneen A.C.
Olivia	Tuthill	Bandon A.C.
Orla	O'Connor	Waterford A.C.
Orla	O'Reilly	Tralee Harriers A.C.
Orla	Coffey	Carraig na BhFear A.C.
Orlaith	O'Brien	Waterford A.C.
Padraig	Moynihan	West Muskerry A.C.
Padraig	O'Callaghan	Leevale A.C.
Patrick	Fitzgerald	West Waterford A.C.
Paul	O'Shaughnessy	Dooneen A.C.
Rachel	Bowler	Tralee Harriers A.C.
Rachel	Stephens	Waterford A.C.
Rebecca	Kearney	Carraig na BhFear A.C.
Rebecca	Ryan	Nenagh Olympic A.C.
Ricky	Carroll	Fanahan McSweeney A.C.
Robert	Dillon	Leevale A.C.
Robert	Twomey	Leevale A.C.
Roseann	Fitzgerald	Carrick-On-Suir A.C.
Ruth	Courtney	Killarney Valley A.C.
Ruth	Heery	Waterford A.C.
Ryan	McCraith	West Waterford A.C.
Ryan	O'Leary	Leevale A.C.
Sadbh	O'Mahoney	Nenagh Olympic A.C.
Sam	O'Neill	West Waterford A.C.
Samantha	Foley	Ferrybank A.C.
Sarah	Constant	Carraig na BhFear A.C.
Sarah	Jacob	Waterford A.C.
Sarah	Leahy	Killarney Valley A.C.
Sarah	O'Keefe	Blarney Inniscara A.C.
Sean	Frawley	North Cork A.C.
Sean	Mockler	Moycarkey Coolcree A.C.
Sean	Carolan	Nenagh Olympic A.C.
Sean	McCarthy	Emerald A.C.
Shane	Aherne	Leevale A.C.
Shane	Cawley	Waterford A.C.
Shane	Monagle	Tramore A.C.
Shanice	Benson	Ennis Track A.C.
Sharlene	Mawdsley	Newport A.C.
Shauna	Ryan	Emerald A.C.
Shawn	Benson	Ennis Track A.C.
Sinead	Warren	Gneeveguilla A.C.
Siobhan	Hennessy	Templemore A.C.
Siofra	O'Dea	Kilmurray/Ibrickane A.C.
Sophie	Jackman	Abbey CC
Sophie	Liston	SMI Newcastle West

Sophie	Meredith	St. Mary's A.C. Limerick
Stacey	Komolafe	Bandon A.C.
Susan	O'Neill	Laurel Hill
Tara	Bradley	Kilrush CS
Thomas	Beare	Bandon A.C.
Thomas	Clancy	St. John's A.C.
Tina	Cahill	Youghal A.C.
Tony	Odubote	Ennis Track A.C.
Travis	Coomey	Bandon A.C.
Tristan	Chambers	Bandon A.C.
Vickie	Cusack	Liscarroll A.C.
Wymin	Sivakumar	Leevale A.C.
Zara	Bolger	Emerald A.C.
Zoe	Kiely	Ferrybank A.C.