

Munster Juvenile Even Age, Novice & U23 XC Championships, Clarecastle , Oct 22nd 2017



U10s: 1 X Red Lap = 1km

U12s: 2 X Red Lap = 2Km

U14s: 1X Red + 1 X Black = 3Km

U16s: 2 X Black = 4Km

U18 Girls & Novice Female:
2 X Black = 4Km

U18 Boys & Novice Men:
3 X Black = 6Km