

Munster Juvenile Indoor Relays – Sunday 24th January 2016

Venue: Nenagh Indoor Stadium

Date: Sunday 24th January 2016

Time: 11am

Entry Fee: €5.00 per team

Closing Date: Midnight on Wednesday 20th January 2016. All Entries Online

Girls U/10	4x 100m
Boys U/10	4 x 100m
Girls U/12	4 x 100m
Boys U/12	4 x 100m
Girls U/14	4 x 200m
Boys U/14	4 x 200m
Girls U/16	4 x 200m
Boys U/16	4 x 200m
Girls U/18	4 x 200m
Boys U/18	4 x 200m

Break

Girls U/9	4x100m
Boys U/9	4 x 100m
Girls U/11	4 x 100m
Boys U/11	4 x 100m
Girls U/13	4 x 100m
Boys U/13	4 x 100m
Girls U/15	4 x 200m
Boys U/15	4 x 200m
Girls U/17	4 x 200m
Boys U/17	4 x 200m
Girls U/19	4 x 200m
Boys U/19	4 x 200m

PLEASE NOTE:

- **No entry on the day of competition, entries ONLINE through Club Secretary**
- Athletes may step up **ONE (1)** age group only and may compete in **TWO (2)** relays on the day
- At least 2 members of a competing relay team, participating in that event on that day must be of the correct age
- 17,18,19 age groups all athletes may move up one age group
- If a sub is present on the day and declared, medal will be presented
- 4 x 100 relays - the third athlete breaks.
- **Relay teams qualify from region, 3 teams per region per age category**
- If 4 teams or less check in, a Final will be held at Heat time.
- **Team names, DOB, registration numbers must be submitted with entry**
- **DECLARATION SHEETS MUST BE FILLED IN FOR EACH INDIVIDUAL TEAM.**
- **Spot Checks will be carried out on team declarations.**