

Munster Half Marathon & Munster Marathon Championships

Sunday 1st May 2016 in Limerick

Rules and Regulations

- You must be a member of an affiliated AAI Club to compete.
- You must be Over 18 on the day of the event to compete.
- Munster Athletics decision is final in case of any disputes.
- Prizes for competing are medals.
- Age group categories are based on the day of the event.
- To compete in the Munster Championships you must be registered with a Munster Club.
- To compete in the Open Munster Championships you must be registered with an Irish Club with AAI.
- All data submitted is final.
- It is your responsibility to ensure the data entered is accurate prior to the event.
- The cumulative time for the first 3 club members will decide the winners of the club event.
- Club competition is a mixed event.
- To be entered in the Munster Marathon and Half Marathon competition athletes must declare their Clubs.
- **Enter online @ www.greatlimerickrun.com, closing date Sunday May 1st @ 9am**

Competitions

The following categories and competitions will be staged. Each competition will have a first, second and third.

Marathon	Male	Female	Mixed
Senior Munster Marathon	X	X	
Over 40 Munster Marathon	X	X	
Over 50 Munster Marathon	X	X	
Club (first 3 to count)			X
Open Senior Munster Marathon	X	X	
Open Over 40 Munster Marathon	X	X	
Open Over 50 Munster Marathon	X	X	
Open Club (first 3 to count)			X
Half Marathon	Male	Female	Mixed
Senior Munster Half Marathon	X	X	
Over 40 Munster Half Marathon	X	X	
Over 50 Munster Half Marathon	X	X	
Club (first 3 to count)			X
Open Senior Munster Half Marathon	X	X	
Open Over 40 Munster Half Marathon	X	X	
Open Over 50 Munster Half Marathon	X	X	
Open Club (first 3 to count)			X