

## MUNSTER ATHLETICS

**EVENT:** Junior Men & U23 Men + Juvenile Girls Pentathlon INDOOR CHAMPIONSHIPS

**Date:** 7th January 2017

**VENUE:** Nenagh Olympic Stadium, Nenagh, Co, Tipperary

**Time:** 10.30am

### ORDER OF EVENTS – SATURDAY 7<sup>th</sup> JANUARY 2017

CENTRE TRACK					MAIN TRACK				
Championship & Pentathlon Hurdles					Championship & Pentathlon Events				
Time		Gender	Age Cat	Event	Time		Gender	Age Cat	Event
11:00		Men	U23	60m H 3'6"	13:00		Men	U23	400m
		Men	Junior	60m H 3'3"			Men	Junior	400m
	C.E.	Women	Youth	60m H 2'9"					
	C.E.	Girls	U16	60m H 2'6"	13:30		Men	U23	1500m
	C.E.	Girls	U15	60m H 2'6"			Men	Junior	1500m
	C.E.	Girls	U14	60m H 2'3"					
	C.E.	Girls	U13	60m H 2'3"					
						C.E.	Girls	U11	200m
Championship & Pentathlon Sprints					15:00		Men	Junior	200m
		Men	Junior	60m Heats			Men	U23	200m
		Men	U23	60m Heats					
	C.E.	Girls	U11	60m	15:30		Men	Junior	800m
	C.E.	Girls	U12	60m			Men	U23	800m
		Men	U23	60m Finals					
		Men	Junior	60m Finals					
Championship & Pentathlon High Jumps					15:45		Men	Junior	4 x 200m
	C.E.	Women	U16/Youth	High Jump		C.E.	Girls	U11	600m
		Men	Junior/U23	High Jump		C.E.	Girls	U12	600m
	C.E.	Girls	U13	High Jump		C.E.	Girls	U13	800m
	C.E.	Girls	U14	High Jump		C.E.	Girls	U14	800m
	C.E.	Girls	U12	High Jump		C.E.	Girls	U15	800m
	C.E.	Girls	U15	High Jump		C.E.	Girls	U16	800m
						C.E.	Women	Youth	800m
									C. E. Final Events as they become available

#### SHOT PUTT – Check In when event is called

#### LONG JUMP – Check In when event is called

11.00	C.E.	Girls	U11	Shot – 2k	11.00		Men	Junior/U23	Long Jump
11.45	C.E.	Girls	U16 / Youth	Shot – 3k	11.00	C.E.	Girls	U12	Long Jump
12.00	C.E.	Girls	U15	Shot – 2.72k	12:00	C.E.	Girls	U13	Long Jump
13.00	C.E.	Girls	U12	Shot – 2k	12:00	C.E.	Girls	U14	Long Jump
14:00	C.E.	Girls	U13	Shot – 2k	13:00	C.E.	Girls	U15	Long Jump
15:00	C.E.	Girls	U14	Shot – 2k	13:00	C.E.	Girls	U11	Long Jump
15.00	C.E.	Men	Junior	Shot – 6k	14:00	C.E.	Girls	U16 / Youth	Long Jump
		Men	U23	Shot – 7.26k					
		Men	Junior	Weight – 28 lbs					
		Men	U23	Weight – 35 lbs					

**Munster AAI reserves the right to change the programme on the day to facilitate the smooth running of the Pentathlon. Jnr & U23 events may be brought forward by 30mins.**

