

## MUNSTER ATHLETICS

<b>EVENT:</b>	Junior & U23 + Juvenile Pentathlon INDOOR CHAMPIONSHIPS	<b>Date:</b>	8 <sup>th</sup> January 2017
<b>VENUE:</b>	Nenagh Olympic Stadium, Nenagh, Co, Tipperary	<b>Time:</b>	10:30am

### ORDER OF EVENTS – SUNDAY 8<sup>th</sup> JANUARY 2017

CENTRE TRACK					MAIN TRACK					
Championship & Combined Event Hurdles					Championship & Combined Events					
Time		Gender	Age Cat	Event	Time		Gender	Age Cat	Event	
11:00	C.E.	Men	Youth	60m H 3'0"	11:00		All	Jnr/U23/Snr/Masters	Walks	
		Women	U23	60m H 2'9"						
		Women	Junior	60m H 2'9"	13:00		Women	Junior	400m	
	C.E.	Boys	U16	60m H 2'9"			Women	U23	400m	
	C.E.	Boys	U15	60m H 2'9"						
	C.E.	Boys	U14	60m H 2'6"	13:30		Women	U23	1500m	
	C.E.	Boys	U13	60m H 2'3"			Women	Junior	1500m	
Championship & Combined Event Sprints							C.E.	Boys	U11	200m
		Women	U23	60m Heats	15:00		Women	Junior	200m	
		Women	Junior	60m Heats			Women	U23	200m	
	C.E.	Boys	U11	60m						
	C.E.	Boys	U12	60m	15:30		Women	Junior	800m	
		Women	U23	60m Final			Women	U23	800m	
		Women	Junior	60m Final						
					15:45		Women	Junior	4 x 200m	
Championship & Combined Event High Jumps										
	C.E.	Men	Youth / U16	High Jump			C.E.	Boys	U11	600m
		Women	Junior/U23	High Jump			C.E.	Boys	U12	600m
	C.E.	Boys	U13	High Jump			C.E.	Boys	U13	800m
	C.E.	Boys	U14	High Jump			C.E.	Boys	U14	800m
	C.E.	Boys	U12	High Jump			C.E.	Boys	U15	800m
	C.E.	Boys	U15	High Jump			C.E.	Boys	U16	800m
							C.E.	Boys	Youth	800m
					C. E. Final Events as they become available					

#### SHOT PUTT – Check In when event is called

#### LONG JUMP – Check In when event is called

11.00	C.E.	Boys	U11	Shot – 2k	11.00		Women	Junior/U23	Long Jump
11.45	C.E.	Boys	U16	Shot – 4k	11.00	C.E.	Boys	U12	Long Jump
12.00	C.E.	Boys	Youths	Shot – 5k	12:00	C.E.	Boys	U13	Long Jump
12.15	C.E.	Boys	U15	Shot – 3k	12:00	C.E.	Boys	U14	Long Jump
14:00	C.E.	Boys	U12	Shot – 2k	13:00	C.E.	Boys	U15	Long Jump
14:30	C.E.	Boys	U13	Shot – 2k	13:00	C.E.	Boys	U11	Long Jump
15.00	C.E.	Boys	U14	Shot – 2.72k	14:00	C.E.	Boys	Youth / U16	Long Jump
		Women	Junior/U23	Shot - 4k					

**Munster AAI reserves the right to change the programme on the day to facilitate the smooth running of the Pentathlon. Jnr & U23 events may be brought forward by 30mins.**