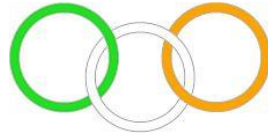


Nenagh Olympic Athletic Club



Secretary 085 182 6 479

Est. 1955

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January 2017.

To all athletes competing in Junior/Senior/Master's weight for distance in Nenagh Indoor Stadium.

Please note that this event will no longer be held in the long jump pit, but will instead be held in an area outdoors allocated for the event.

This rule will be strictly enforced by the club and we would ask all athletes to abide by this new rule.

From NOAC Committee.