

U/9 Girls and Boys



Girls and Boys U/9, 750m
Girls and Boys U/11, 1,500m (1 Blue Lap)
Girls and Boys U/13, 2,500m (1 Green and 1 Blue lap)
Girls and Boys U/15, 3,500m (1 Blue and 1 red Lap)
Girls U/17, 4,000m (2 Red Laps)
Boys U/17, 5,000m (1 Green and 2 Red)
Girls U/19, 4,000m (2 Red Laps)
Boys U/19, 6,000m (3 Red Laps)
Senor Ladies, 6,000m (3 Red Laps)
Senor Men, 10,000m (5 Red Laps)

1000m



1500m



2000m



All Starts except U/9

Munster Un-Even Juveniles and Senior Cross Country with thanks to Donal Liam and the Hayes family

Toilets

Shop

Results

Finish

