



# Munster Athletics

## JUVENILE - T & F Championships 2019

Saturday 8<sup>TH</sup> June - Venue: Templemore

### ORDER OF EVENTS

#### Check in for Hurdles closes at 10:00am

10:30am	Boys	U19	110m Hurdles 3'3"
	Boys	U18	110m Hurdles 3'0"
	Boys	U17	100m Hurdles 3'0"
	Girls	U19	100m Hurdles 2'9"
	Boys	U16	100m Hurdles 2'9"
	Boys	U15	80m Hurdles 2'9"
	Girls	U17 & U18	100m Hurdles 2'6"
	Girls	U15 & U16	80m Hurdles 2'6"
	Boys	U14	75m Hurdles 2'6"
	Girls	U14	75m Hurdles 2'3"
	Boys	U13	60m Hurdles 2'3"
	Girls	U13	60m Hurdles 2'3"

#### Check in for 600m/800m closes at 12:00pm

1:00pm	Girls & Boys	U12	600m Heats
	Girls & Boys	U13	600m Heats
	Girls & Boys	U14	800m Heats
			800m Heats
	Girls & Boys	U15	
	Girls & Boys	U16	800m Heats
	Girls & Boys	U17	800m Heats
	Girls & Boys	U18	800m Heats
	Girls & Boys	U19	800m Heats

#### Check in for Steeplechase closes at 2:00pm

2:30pm	Girls	U17	2K Steeplechase
	Girls	U18	2K Steeplechase
	Girls	U19	3K Steeplechase
	Boys	U17	2K Steeplechase
	Boys	U18/U19	3K Steeplechase

#### Check in for Relays closes at 3:30pm

4:00pm	Boys	U12	4 x 100m Relay
	Girls	U13	4 x 100m Relay
	Boys	U14	4 x 100m Relay
	Girls	U15	4 x 100m Relay
	Boys	U16	4 x 100m Relay
	Girls	U17	4 x 100m Relay
	Boys	U18	4 x 100m Relay
	Girls	U19	4 x 100m Relay

9.30am Warm Up	Girls & Boys	U13, U14, U15, U16	Pole Vault
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10:00am	Girls	U16	High Jump	
	Girls	U18	Long Jump	Pit 1
	Boys	U17	Shot Putt	(5k)
11:00am	Boys	U16	High Jump	
	Girls	U19	Long Jump	
	Boys	U19	Long Jump	
	Girls	U17	Shot Putt	(3k)
12:00	Girls	U17	Long Jump	
	Boys	U15	Javelin	(500g)
	Boys	U18	Long Jump	
	Girls	U18	Shot Putt	(3k)

1:00pm Warm up	Girls & Boys	U17, U18, U19	Pole Vault
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1:30pm	Boys	U18	Javelin	(700g)
	Girls	U15	High Jump	
	Girls	U16	Long Jump	
	Boys	U17	Long Jump	
2:30pm	Girls	U14	Javelin	(400g)
	Boys	U16	Long Jump	Pit 2
3:30pm	Girls	U14	High Jump	
	Boys	U14	Javelin	(400g)
	Boys	U19	Shot Putt	(6k)

10:00am	Girls	U15	Hammer	(2.5k)
	Boys	U14	Hammer	(2.5k)
	Girls	U14	Hammer	(2.5k)
	Boys	U15	Hammer	(3k)

<b>After Hammer Competitions</b>				
	Boys	U16	Discus	(1k)
	Girls	U16	Discus	(1k)
	Girls	U17	Discus	(1k)
	Boys	U17	Discus	(1.5k)