



Munster Athletics

U09 to U11 Pairs Competition + U12& U13 Field Event
Senior, Junior Master – Distance Events Walks Championships 2019
Saturday 25th May Venue: CIT Cork

11:00

Event	Gender	Categories	Type
3k Walk	Women	Senior, Junior, U23, W35 - W70	Finals
3k Walks	Men	65 + Plus Only	Finals
5k Walks	Men	Senior, Junior, U23, M35 - M60	Finals

11:45

Event	Gender	Categories	Type
60m Sprint	Girls	U9	Timed
60m Sprint	Boys	U9	Timed
60m Sprint	Girls	U10	Timed
60m Sprint	Boys	U10	Timed
60m Sprint	Girls	U11	Timed
60m Sprint	Boys	U11	Timed

13:00

Event	Gender	Categories	Type
300m	Girls	U9	Timed
300m	Boys	U9	Timed
500m	Girls	U10	Timed
500m	Boys	U10	Timed
600m	Girls	U11	Timed
600m	Boys	U11	Timed

14:15

Event	Gender	Categories	Type
3000m	Women	Masters (W35-W70)	
5000m	Women	Senior, Junior & U23	Finals
5000m	Men	Senior, Junior, U23 & Masters (M35 – M70+)	Finals

15:30

Event	Gender	Categories	Type
4 x 100m	Girls	U9	Timed
4 x 100m	Boys	U9	Timed
4 x 100m	Girls	U10	Timed
4 x 100m	Boys	U10	Timed
4 x 100m	Girls	U11	Timed
4 x 100m	Boys	U11	Timed

10:00

Event	Gender	Age
Long Jump (Pit 1)	Girls	U9
Long Jump (Pit 2)	Boys	U9

11:15

Long Jump (Pit 1)	Girls	U12
Long Jump (Pit 2)	Boys	U12

12:30

Long Jump (Pit 1)	Girls	U10
Long Jump (Pit 2)	Boys	U10

14:00

Long Jump (Pit 1)	Girls	U11
Long Jump (Pit 2)	Boys	U11

15:15

Long Jump (Pit 1)	Girls	U13
Long Jump (Pit 2)	Boys	U13

10:00

Turbo Javelin	Girls	U10
Turbo Javelin	Boys	U10

11:00

Turbo Javelin	Girls	U11
Turbo Javelin	Boys	U11

12:00

Turbo Javelin	Girls	U12
Turbo Javelin	Boys	U12

13:00

Turbo Javelin	Girls	U9
Turbo Javelin	Boys	U9

10:30

High Jump	Girls	U12
High Jump	Boys	U12
High Jump	Girls	U13
High Jump	Boys	U13

10:00

Shot Putt	Girls	U13
Shot Putt	Boys	U13
Shot Putt	Girls	U12
Shot Putt	Boys	U12