



# Munster Athletics

## INDOOR CHAMPIONSHIPS 2020

### Juvenile Indoor Inter Club Relays + Some U17 to U19 Field Events

Day: SUNDAY 19<sup>TH</sup> JANUARY

Venue: Nenagh Indoor Stadium, Nenagh

#### ORDER OF EVENTS – SUNDAY 19<sup>th</sup> JANUARY 2020

10:30am  
 4 x 200m Girls U10 Heats  
 4 x 200m Boys U10 Heats  
 4 x 200m Girls U12 Heats  
 4 x 200m Boys U12 Heats  
 4 x 200m Girls U14 Heats  
 4 x 200m Boys U14 Heats  
 4 x 200m Girls U16 Heats  
 4 x 200m Boys U16 Heats  
 4 x 200m Girls U18 Heats  
 4 x 200m Boys U18 Heats

#### FINALS OF ABOVE

1:30pm  
 4 x 200m Girls U9 Heats  
 4 x 200m Boys U9 Heats  
 4 x 200m Girls U11 Heats  
 4 x 200m Boys U11 Heats  
 4 x 200m Girls U13 Heats  
 4 x 200m Boys U13 Heats  
 4 x 200m Girls U15 Heats  
 4 x 200m Boys U15 Heats  
 4 x 200m Girls U17 Heats  
 4 x 200m Boys U17 Heats  
 4 x 200m Girls U19 Heats  
 4 x 200m Boys U19 Heats

#### FINALS OF ABOVE

#### RELAY – QUALIFICATION

1 Heat If heats are not required Final will be held at heat time  
 2 Heats Winner + 2 next best Times  
 3 Heats 4 Fastest Times  
 4 + Heats 4 Fastest Times

10:00am  
 Shot Putt (6K) Boys U19  
 Shot Putt (4K) Girls U19  
 Shot Putt (5K) Boys U18  
 Shot Putt (3K) Girls U18  
 Shot Putt (5K) Boys U17  
 Shot Putt (3K) Girls U17

10:00am **Warm Up from 9.00am**  
 Pole Vault Boys: U13, U14, U15,U16, U17, U18, U19 & Senior

01:30 **Warm Up from 12.30**  
 Pole Vault Girls: U13, U14, U15,U16, U17, U18, U19 & Senior

10:00am  
 High Jump Girls U17, U18, U19  
 High Jump Boys U17, U18, U19

12 noon  
 Triple Jump Girls U17\*, U18, U19

1.30pm  
 Triple Jump Boys U17\*, U18, U19

**\*U17 Triple Jump a Development Event only. No Nationals**