

## Munster Development and Academy Squads – Day 4

Saturday 4<sup>th</sup> December and Sunday 5<sup>th</sup> December 2021 in Templemore Track

### SATURDAY

#### DEVELOPMENT SQUAD TIMETABLE

TIME	EVENT
11am to 1pm	Short Hurdles
11am to 1pm	Pole Vault
1pm to 3pm	Walks

#### ACADEMY SQUAD TIMETABLE

TIME	EVENT
1pm to 3pm	Walks
1.30pm to 3.30pm	Long Jump
1.30pm to 3.30pm	High Jump
1.30pm to 3.30pm	Pole Vault
1.30pm to 3.30pm	Sprints
1.30pm to 3.30pm	Hurdles
1.30pm to 3.30pm	Triple Jump

### SUNDAY

TIME	EVENT
11am to 1pm	Discus
11am to 1pm	Shot Putt (Development and Academy)
1.30pm to 3.30pm	Hammer
1.30pm to 3.30pm	Javelin (Development and Academy)

### 30th December in Banna Strand

TIME	EVENT
10am to 2.30pm	Endurance