

## Programme for the Munster AAI Un-Even Juvenile, and Senior Cross Country on the 31<sup>st</sup> of October 2021 in Middlepiece (E41TX25) Tipperary

Time	U/9 G	U/9 B	U/11 G	U/11 B	U/13 G	U/13 B	U/15 G	U/15 B	U/17 G U/19 G	U/17 B	U/19 B	Senior Ladies	Senior Men
10:20	Red												
10:40	Yellow	Red											
11:00	Green	Yellow	Red										
11:15		Green	Yellow	Red									
11:30			Green	Yellow	Red								
11:45				Green	Yellow	Red							
12:00					Green	Yellow	Red						
12:20						Green	Yellow	Red					
12:40							Green	Yellow	Red				
13:00								Green	Yellow	Red			
13:20									Green	Yellow	Red		
13:50										Green	Yellow	Red	
13:20											Green	Yellow	Red
14:00												Green	Yellow
14:40													Green
	Allocated time to be at the venue to collect your number												
	Allocated time for warming up's												
	The race will start at this time												