

The following Motions referring to Cross Country & Road were passed at Munster Convention on 19th Feb.2012

These Rules will apply to the upcoming Road Championships in March.

1. That the following rules apply to athletes wishing to take part in the Munster Novice Cross Country & Road Championships
 1. Novice athletes must be 19 years of age or over on 31st Dec. in the year of competition
 2. An athlete who has never been an individual medal winner or a scoring member of the winning club or county team at Munster or National Novice Cross Country.
 3. An athlete who has never been an individual medal winner or a scoring member of the winning club or county team at Munster or National Intermediate Cross Country C/Ships.
 4. An athlete who has never been an individual medal winner or a scoring member of the winning club or county team at Munster or National Senior grade A Championships.
 5. An athlete who is a scoring member of the winning club or county team at Munster or National grade A Road or Cross Country.
 6. An athlete who has never represented Ireland at any IAAF or EAA Championship.
 7. The status of an athlete will not be altered during a Cross Country season (September to April) other than in the case of an individual win.

2. That the following rules apply to athletes wishing to take part in the Munster Intermediate Cross country Championships
 1. Intermediate athletes must be 20 years of age or over on 31st December in the year of Competition.
 2. An athlete who has never been an individual medal winner at Munster or National Intermediate Cross Country Championships.
 3. An athlete who has never been an individual medal winner or a scoring member of the winning club or county team at Munster or National Senior grade A Cross Country C/Ships.
 4. An athlete who has never been an individual medal winner or scoring member of the winning club or county team at Munster or National Road Championships.
 5. An athlete who has never been a member of a Senior International Team.
 6. Status of an athlete will not be altered during a Cross Country season (September to April) other than in the case of an individual win.