



MUNSTER ATHLETICS

JUVENILE GIRLS – INDOOR CHAMPIONSHIP BEST PERFORMANCES

Girls U9	CBP	Year Set	Holder	Club
60m Sprint	9.84	2014	Angel Alfred	Dooneen
300m	56.87	2014	Holly O'Boyle	Marian
Long Jump	3.22m	2010	Ava Fennessy	Clonmel
Long Jump	3.22m	2015	Amy McCarthy	Nenagh Olympic
4 x 100m Relay	1.08.86	2014	Dooneen	
Girls U10	CBP	Year Set	Holder	Club
60m Sprint	9.24	2011	Niamh Foley	St Marys Limerick
500m	1.41.39	2015	Nicole Binan	Leevale
Long Jump	3.71m	2015	Leigh Moloney	Limerick AC
4 x 100m Relay	1.03.04	2015	Dooneen	
Girls U11	CBP	Year Set	Holder	Club
60m Sprint	8.66	2012	Niamh Foley	St Marys Limerick
600m	1.55.12	2014	Maeve O'Neill	Dohenys
Trithatlon (3) Alberta	677 pts	2015	Emer Conroy	Dooneen
Quadrathlon (4) Alberta	794pts	2016	Ceola Bergin	Templemore
Long Jump	3.99m	2011	Sophie Meredith	St Marys Limerick
4 x 100m Relay	59.96	2015	Dooneen	
Girls U12	CBP	Year Set	Holder	Club
60m Sprint	8.65	2013	Niamh Foley	St Marys Limerick
600m	1.49.79	2005	Stephanie Power	Clonmel
Pentathlon (5) Alberta	1371 pts	2015	Maeve O'Neill	Dohenys
High Jump	1.35m	2005	Stephanie Power	Clonmel
Long Jump	4.52m	2012	Sophie Meredith	St Marys Limerick
Shot Putt (2k)	9.18m	2014	Megan Lenihan	North Cork
4 x 100m Relay	57.95	2013	St Marys Limerick	
Girls U13	CBP	Year Set	Holder	Club
60m Hurdles	9.92	2014	Ellen Lynch	Dooneen
60m	8.19	2014	Niamh Foley	St Marys Limerick
600m	1.44.07	2015	Ailbhe Doherty	Ennis Track
Pentathlon (5) Alberta	1516 pts	2013	Sophie Meredith	St Marys Limerick
High Jump	1.48m	2012	Vickie Cusack	Liscarroll
Long Jump	4.90m	2013	Sophie Meredith	St Marys Limerick
Shot Putt (2k)	12.46m	2015	Megan Lenihan	North Cork



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Girls U14	CBP	Year Set	Holder	Club
60m Hurdles	9.20	2014	Miriam Daly	Carrick on Suir
60m	8.03	2015	Niamh Foley	St Marys (Limerick)
800m	2.23.43	2010	Jenna Bromell	Emerald
1000m Walk	5.15.87	2012	Jade O'Farrell Bond	Borrisokane
Pentathlon (5) IAAF	2841 pts	2013	Vickie Cusack	Liscarroll
High Jump	1.56m	2014	Sophie Meredith	St Marys Limerick
Long Jump	5.09m	2014	Sophie Meredith	St Marys Limerick
Shot Putt (2k)	13.02m	2015	Ciara Sheehy	Liscarroll
4 x 200m Relay	1.53.07	2008	Ferrybank	
Girls U15	CBP	Year Set	Holder	Club
60m Hurdles	9.10	2015	Miriam Daly	Carrick on Suir
60m	7.86	2009	Ann O'Shea	Ferrybank
800m	2.20.65	2005	Ciara Cronin	Ferrybank
1000m Walk	4.41.88	2008	Kate Veale	West Waterford
Pentathlon (5) IAAF	2911 pts	2014	Vickie Cusack	Liscarroll
High Jump	1.61m	2015	Sophie Merediths	St Marys (Limerick)
Long Jump	5.39m	2015	Sophie Merediths	St Marys (Limerick)
Pole Vault	2.25m	2015	Aisling Cassidy	Bandon
Shot Putt (2.72k)	11.72	2007	Ailish Sheehan	Dooneen
4 x 200m Relay	1.47.09	2008	Ferrybank	
Girls U16	CBP	Year Set	Holder	Club
60m Hurdles	8.97	2009	Sarah Lavin	Emerald
60m	7.86	2010	Ann O'Shea	Ferrybank
200m	25.52	2010	Ciara Giles Doran	Ferrybank
800m	2.21.05	2015	Alex O'Neill	St Cronins
1500m	4.56.60	2005	Frances O'Shea	North Cork
1500m Walk	6.39.10	2009	Kate Veale	West Waterford
Pentathlon (5)	2994 pts	2015	Vickie Cusack	Liscarroll
High Jump	1.68m	2010	Aishling Croke	Dooneen
Long Jump	5.32m	2004	Mairead Murphy	Ferrybank
Pole Vault	2.60m	2015	Clodagh Walsh	Abbey Striders
Shot Putt (3k)	11.43m	2013	Erin Kingston	Bandon
4 x 200m Relay	1.45.74	2009	Ferrybank	



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Girls U17	CBP	Year Set	Holder	Club
60m Hurdles	8.82	2005	Mairead Murphy	Ferrybank
60m	7.79	2008	Joan Healy	Bandon
60m	7.79	2014	Phoebe Murphy	Clonmel
200m	25.60	208	Joan Healy	Bandon
800m	2.18.20	2013	Louise Shanahan	Leevale
1500m	4.49.87	2006	Niamh Ryan	Ferrybank
1500m Walk	6.20.34	2010	Kate Veale	West Waterford
High Jump	1.70m	1990	Elaine Ball	Emerald
Long Jump	5.52m	1994	Niamh Savage	Leevale
Pole Vault	2.10m	2015	Carla Hicks	Bandon
Shot Putt (3k)	12.20m	2014	Erin Kingston	Bandon
4 x 200m Relay	1.46.89	2015	Emerald	
Girls U18	CBP	Year Set	Holder	Club
60m Hurdles	8.99	2006	Mairead Murphy	Ferrybank
60m	7.76	2000	Ailis McSweeney	Leevale
200m	25.37	2015	Phoebe Murphy	Ferrybank
400m	41.18	2004	Claire McSweeney	Leevale
800m	2.14.52	2004	Laura Crowe	Tralee Harriers
1500m	4.40.77	2011	Amy O'Donoghue	Emerald
1500m Walk	6.17.16	2011	Kate Veale	West Waterford
High Jump	1.70m	2012	Ashling Croke	Dooneen
Long Jump	5.59	2005	Kelly Proper	Ferrybank
Triple Jump	11.27m	2011	Jessica Sheehan	Riverstick Kinsale
Pole Vault	2.70m	2015	Ellen Larkin	Emerald
Shot Putt (3k)	12.49	2014	Deirbhile Ryan	Nenagh Olympic
4 x 100m Relay	1.46.21	2005	Ferrybank	
Girls U19	CBP	Year Set	Holder	Club
60m Hurdles	8.28	2003	Mandy Crowe	Bansha
60m	7.78	2001	Shauna O'Brien	Carrick on Suir
200m	25.53	2002	Aisling Maunsell	Leevale
400m	59.22	2015	Leanne Prout	Carrick on Suir
800m	2.18.69	2011	Harriette Flynn	Shannon
1500m	4.55.46	2005	Laura Crowe	An Riocht
1500m Walk	6.12.20	2012	Kate Veale	West Waterford
Pentathlon (5) IAAF	1962 pts	2014	Jessica O'Connor	Marian
High Jump	1.65m	2011	Sorcha Murphy	Ferrybank
High Jump	1.65m	2012	Aisling Croke	Dooneen
Long Jump	5.59m	2006	Kelly Proper	Ferrybank
Triple Jump	11.23m	2015	Fiona O'Shea	Dooneen
Shot Putt (4k)	12.30	2010	Fiona Moloney	Dooneen
4 x 100m Relay	1.48.78	2004		Belgooly



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YOUTH GIRLS – INDOOR PENTHATLON (Introduced 2014)

GIRLS (17 – 18)	CBP	Year Set	Holder	Club
Pentathlon (5) IAAF	2831 Pts	2016	Vickie Cusack	Liscarroll