



## MUNSTER ATHLETICS

### JUVENILE GIRLS – INDOOR CHAMPIONSHIP BEST PERFORMANCES

| Girls U9                | CBP      | Year Set | Holder             | Club              |
|-------------------------|----------|----------|--------------------|-------------------|
| 60m Sprint              | 9.63     | 2017     | Destiny Lawal      | Dooneen           |
| 300m                    | 56.43    | 2017     | Destiny Lawal      | Dooneen           |
| Long Jump               | 3.22m    | 2010     | Ava Fennessy       | Clonmel           |
| Long Jump               | 3.22m    | 2015     | Amy McCarthy       | Nenagh Olympic    |
| 4 x 100m Relay          | 1.08.86  | 2014     | Dooneen            |                   |
| Girls U10               | CBP      | Year Set | Holder             | Club              |
| 60m Sprint              | 9.24     | 2011     | Niamh Foley        | St Marys Limerick |
| 500m                    | 1.39.86  | 2017     | Maeve Purtill      | Dooneen           |
| Long Jump               | 3.71m    | 2015     | Leigh Moloney      | Limerick AC       |
| 4 x 100m Relay          | 1.03.04  | 2015     | Dooneen            |                   |
| Girls U11               | CBP      | Year Set | Holder             | Club              |
| 60m Sprint              | 8.66     | 2012     | Niamh Foley        | St Marys Limerick |
| 600m                    | 1.55.12  | 2014     | Maeve O'Neill      | Dohenys           |
| Triathlon (3) Alberta   | 677 pts  | 2015     | Emer Conroy        | Dooneen           |
| Quadrathlon (4) Alberta | 794pts   | 2016     | Ceola Bergin       | Templemore        |
| Pentathlon (5) Alberta  | 1000pts  | 2017     | Orla O'Shaughnessy | Dooneen           |
| Long Jump               | 3.99m    | 2011     | Sophie Meredith    | St Marys Limerick |
| Shot Putt               | 6.31m    | 2017     | Sarah Abullo       | Waterford A.C.    |
| 4 x 100m Relay          | 59.96    | 2015     | Dooneen            |                   |
| Girls U12               | CBP      | Year Set | Holder             | Club              |
| 60m Sprint              | 8.65     | 2013     | Niamh Foley        | St Marys Limerick |
|                         | 8.65     | 2017     | Hannah Falvey      | Belgooly          |
| 600m                    | 1.49.79  | 2005     | Stephanie Power    | Clonmel           |
| Pentathlon (5) Alberta  | 1506pts  | 2017     | Hannah Falvey      | Belgooly          |
| High Jump               | 1.35m    | 2005     | Stephanie Power    | Clonmel           |
|                         | 1.35m    | 2017     | Maeve Fleming      | Leevale           |
|                         | 1.35m    | 2017     | Briana Onoh        | Leevale           |
| Long Jump               | 4.54m    | 2017     | Hannah Falvey      | Belgooly          |
| Shot Putt (2k)          | 9.18m    | 2014     | Megan Lenihan      | North Cork        |
| 4 x 100m Relay          | 57.49    | 2016     | Dooneen            |                   |
| Girls U13               | CBP      | Year Set | Holder             | Club              |
| 60m Hurdles             | 9.92     | 2014     | Ellen Lynch        | Dooneen           |
| 60m                     | 8.19     | 2014     | Niamh Foley        | St Marys Limerick |
| 600m                    | 1.43.25  | 2016     | Sarah Hosey        | Dooneen           |
| Pentathlon (5) Alberta  | 1516 pts | 2013     | Sophie Meredith    | St Marys Limerick |
| High Jump               | 1.50m    | 2017     | Ava Rochford       | Ennis Track A.C.  |
| Long Jump               | 4.90m    | 2013     | Sophie Meredith    | St Marys Limerick |
| Shot Putt (2k)          | 12.46m   | 2015     | Megan Lenihan      | North Cork        |
| 4 x 100m Relay          | 55.59    | 2013     | Leevale            |                   |



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| Girls U14           | CBP      | Year Set | Holder              | Club                |
|---------------------|----------|----------|---------------------|---------------------|
| 60m Hurdles         | 9.20     | 2014     | Miriam Daly         | Carrick on Suir     |
| 60m                 | 8.03     | 2015     | Niamh Foley         | St Marys (Limerick) |
| 800m                | 2.23.10  | 2016     | Aimee Hayde         | Newport             |
| 1000m Walk          | 5.15.87  | 2012     | Jade O'Farrell Bond | Borrisokane         |
| Pentathlon (5) IAAF | 2841 pts | 2013     | Vickie Cusack       | Liscarroll          |
| High Jump           | 1.56m    | 2014     | Sophie Meredith     | St Marys Limerick   |
| Long Jump           | 5.09m    | 2014     | Sophie Meredith     | St Marys Limerick   |
| Shot Putt (2k)      | 14.41m   | 2016     | Megan Lenihan       | North Cork          |
| 4 x 200m Relay      | 1.53.07  | 2008     | Ferrybank           |                     |
| Girls U15           | CBP      | Year Set | Holder              | Club                |
| 60m Hurdles         | 9.10     | 2015     | Miriam Daly         | Carrick on Suir     |
| 60m                 | 7.86     | 2009     | Ann O'Shea          | Ferrybank           |
| 800m                | 2.17.43  | 2017     | Ailbhe Doherty      | Ennis Track         |
| 1000m Walk          | 4.41.88  | 2008     | Kate Veale          | West Waterford      |
| Pentathlon (5) IAAF | 2911 pts | 2014     | Vickie Cusack       | Liscarroll          |
| High Jump           | 1.65m    | 2016     | Ciara Kennelly      | Killarney Valley    |
| High Jump           | 1.65m    | 2017     | Aoife O'Sullivan    | Liscarroll          |
| Long Jump           | 5.39m    | 2015     | Sophie Meredith     | St Marys (Limerick) |
| Pole Vault          | 2.25m    | 2015     | Aisling Cassidy     | Bandon              |
| Shot Putt (2.72k)   | 13.10m   | 2016     | Ciara Sheehy        | Liscarroll          |
| 4 x 200m Relay      | 1.47.09  | 2008     | Ferrybank           |                     |
| Girls U16           | CBP      | Year Set | Holder              | Club                |
| 60m Hurdles         | 8.97     | 2009     | Sarah Lavin         | Emerald             |
| 60m                 | 7.75     | 2017     | Nikolka Stevankova  | Dooneen             |
| 200m                | 25.52    | 2010     | Ciara Giles Doran   | Ferrybank           |
| 800m                | 2.21.05  | 2015     | Alex O'Neill        | St Cronan's         |
| 1500m               | 4.56.60  | 2005     | Frances O'Shea      | North Cork          |
| 1500m Walk          | 6.39.10  | 2009     | Kate Veale          | West Waterford      |
| Pentathlon (5)      | 2994 pts | 2015     | Vickie Cusack       | Liscarroll          |
| High Jump           | 1.68m    | 2010     | Aishling Croke      | Dooneen             |
| Long Jump           | 5.49m    | 2016     | Lauren O'Leary      | Emerald             |
| Pole Vault          | 2.75m    | 2016     | Emma Coffey         | Carraig na bhFear   |
| Shot Putt (3k)      | 13.42m   | 2017     | Ciara Sheehy        | Liscarroll          |
| 4 x 200m Relay      | 1.45.74  | 2009     | Ferrybank           |                     |



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| Girls U17      | CBP     | Year Set | Holder          | Club              |
|----------------|---------|----------|-----------------|-------------------|
| 60m Hurdles    | 8.82    | 2005     | Mairead Murphy  | Ferrybank         |
| 60m            | 7.79    | 2008     | Joan Healy      | Bandon            |
| 60m            | 7.79    | 2014     | Phoebe Murphy   | Clonmel           |
| 200m           | 25.60   | 208      | Joan Healy      | Bandon            |
| 800m           | 2.18.20 | 2013     | Louise Shanahan | Leevale           |
| 1500m          | 4.49.87 | 2006     | Niamh Ryan      | Ferrybank         |
| 1500m Walk     | 6.20.34 | 2010     | Kate Veale      | West Waterford    |
| High Jump      | 1.70m   | 1990     | Elaine Ball     | Emerald           |
| Long Jump      | 5.64m   | 2017     | Sophie Meredith | St. Mary's LK     |
| Pole Vault     | 3.15m   | 2017     | Emma Coffey     | Carraig na BhFear |
| Shot Putt (3k) | 12.20m  | 2014     | Erin Kingston   | Bandon            |
| 4 x 200m Relay | 1.46.11 | 2016     | Carrick-On-Suir |                   |

| Girls U18      | CBP     | Year Set | Holder           | Club               |
|----------------|---------|----------|------------------|--------------------|
| 60m Hurdles    | 8.99    | 2006     | Mairead Murphy   | Ferrybank          |
| 60m            | 7.76    | 2000     | Ailish McSweeney | Leevale            |
| 200m           | 25.37   | 2015     | Phoebe Murphy    | Ferrybank          |
| 400m           | 41.18   | 2004     | Claire McSweeney | Leevale            |
| 800m           | 2.14.52 | 2004     | Laura Crowe      | Tralee Harriers    |
| 1500m          | 4.40.77 | 2011     | Amy O'Donoghue   | Emerald            |
| 1500m Walk     | 6.17.16 | 2011     | Kate Veale       | West Waterford     |
| High Jump      | 1.70m   | 2012     | Ashling Croke    | Dooneen            |
| Long Jump      | 5.59    | 2005     | Kelly Proper     | Ferrybank          |
| Triple Jump    | 11.27m  | 2011     | Jessica Sheehan  | Riverstick Kinsale |
| Pole Vault     | 3.00m   | 2017     | Clodagh Walsh    | Abbey Striders     |
| Shot Putt (3k) | 12.52m  | 2016     | Anne Corcoran    | Ferrybank          |
| 4 x 100m Relay | 1.46.21 | 2005     | Ferrybank        |                    |

| Girls U19           | CBP      | Year Set | Holder           | Club            |
|---------------------|----------|----------|------------------|-----------------|
| 60m Hurdles         | 8.28     | 2003     | Mandy Crowe      | Bansha          |
| 60m                 | 7.78     | 2001     | Shauna O'Brien   | Carrick on Suir |
| 200m                | 25.53    | 2002     | Aisling Maunsell | Leevale         |
| 400m                | 59.22    | 2015     | Leanne Prout     | Carrick on Suir |
| 800m                | 2.18.69  | 2011     | Harriette Flynn  | Shannon         |
| 1500m               | 4.55.46  | 2005     | Laura Crowe      | An Riocht       |
| 1500m Walk          | 6.12.20  | 2012     | Kate Veale       | West Waterford  |
| Pentathlon (5) IAAF | 1962 pts | 2014     | Jessica O'Connor | Marian          |
| High Jump           | 1.65m    | 2011     | Sorcha Murphy    | Ferrybank       |
| High Jump           | 1.65m    | 2012     | Aisling Croke    | Dooneen         |



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|                |         |      |               |           |
|----------------|---------|------|---------------|-----------|
| Long Jump      | 5.59m   | 2006 | Kelly Proper  | Ferrybank |
| Triple Jump    | 11.23m  | 2015 | Fiona O'Shea  | Dooneen   |
| Pole Vault     | 3.00m   | 2016 | Laura Cussen  | Old Abbey |
| Shot Putt (4k) | 12.30   | 2010 | Fiona Moloney | Dooneen   |
| 4 x 200m Relay | 1.48.78 | 2004 |               | Belgooly  |

### **YOUTH GIRLS – INDOOR PENTATHLON (Introduced 2014)**

| <b>GIRLS (17 – 18)</b> | <b>CBP</b> | <b>Year Set</b> | <b>Holder</b> | <b>Club</b> |
|------------------------|------------|-----------------|---------------|-------------|
| Pentathlon (5) IAAF    | 2831 Pts   | 2016            | Vickie Cusack | Liscarroll  |