



MUNSTER ATHLETICS JUVENILE TRACK & FIELD CHAMPIONSHIP BEST PERFORMANCES

GIRLS – U9

| EVENT | CBP | YEAR | HOLDER | CLUB |
|-----------------------|---------|------|-----------------|------------|
| 60m Sprint | 9.10 | 2006 | Chelsie Wright | Leevale |
| 300m | 51.43 | 2017 | Destiny Lawal | Dooneen |
| Long Jump | 3.70m | 2006 | Aoife Delargy | Templemore |
| Turbo Javelin (300gr) | 15.13m | 2016 | Daniela Puspurs | Leevale |
| 4 X 100m Relay | 1.06.20 | 2018 | Carrick-On-Suir | |

GIRLS – U10

| EVENT | CBP | YEAR | HOLDER | CLUB |
|-----------------------|---------|------|---------------|----------------|
| 60m Sprint | 9.10 | 2018 | Destiny Lawal | Dooneen |
| 500m | 1.33.71 | 2018 | Destiny Lawal | Dooneen |
| Long Jump | 4.15m | 2007 | Aoife Delargy | Nenagh Olympic |
| Turbo Javelin (300gr) | 20.06m | 2018 | Maya Rossa | Blackwater |
| 4 X 100m Relay | 1.01.43 | 2015 | Leevale | |

GIRLS – U11

| EVENT | CBP | YEAR | HOLDER | CLUB |
|------------------------|---------|------|-----------------|-----------|
| 60m Sprint | 8.82 | 2016 | Hannah Falvey | Belgooly |
| 600m | 1.49.43 | 2014 | Maeve O'Neill | Doheny |
| Pentathlon (4) Alberta | 873 | 2016 | Mai McCourt | Bandon |
| Pentathlon (5) Alberta | 1340 | 2017 | Sarah Abullo | Waterford |
| Long Jump | 4.33m | 2000 | Lenny Kirwan | K C K |
| Turbo Javelin (300gr) | 22.29m | 2018 | Daniella Puspur | Leevale |
| 4 X 100m Relay | 57.98 | 2015 | Dooneen | |

GIRLS – U12

| EVENT | CBP | YEAR | HOLDER | CLUB |
|---|---------|------|-----------------|--------------|
| 60m Sprint | 8.40 | 2013 | Niamh Foley | St. Marys Lk |
| 600m | 1.44.87 | 2015 | Maeve O'Neill | Dohenys |
| Pentathlon (5) Alberta (60m/Turbo Jav) | 1479 | 2015 | Laura Frawley | St. Marys Lk |
| Pentathlon (5) Alberta (new events-80m/Shot) | 1683 | 2017 | Hannah Falvey | Belgooly |
| Long Jump | 4.72m | 2012 | Sophie Meredith | St Marys Lk |
| High Jump | 1.42m | 2016 | Jessica Lyne | Leevale |
| Shot Putt (2kg) | 11.38m | 2014 | Meghan Lenihan | North Cork |
| Turbo Javelin (300gr) | 31.66m | 2014 | Meghan Lenihan | North Cork |
| 4 X 100m Relay | 56.19 | 2010 | Dooneen | |

GIRLS – U13

| EVENT | CBP | YEAR | HOLDER | CLUB |
|------------------------|---------|------|-----------------|--------------|
| 60m Hurdles | 9.60 | 2014 | Niamh Foley | St Marys Lk |
| 80m Sprint | 10.40 | 2014 | Niamh Foley | St Marys Lk |
| 600m | 1.41.10 | 2016 | Maeve O'Neill | Doheny's |
| Pentathlon (5) Alberta | 1498 | 2016 | Laura Frawley | St. Marys Lk |
| Long Jump | 4.99m | 2013 | Sophie Meredith | St Marys Lk |
| High Jump | 1.52m | 2013 | Sophie Meredith | St Marys Lk |
| High Jump | 1.52m | 2014 | Holly Meredith | St Marys Lk |
| Shot Putt (2kg) | 12.39m | 2014 | Ciara Sheehy | Liscarroll |
| Javelin (400gr) | 34.60m | 2015 | Megan Lenihan | North Cork |



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4 X 100m Relay 54.45 2014 St Marys Lk

GIRLS – U14

| EVENT | CBP | YEAR | HOLDER | CLUB |
|----------------------------|---------------|-------------|------------------------------|--------------------------|
| 75m Hurdles | 11.73 | 2014 | Miriam Daly | Carrick on Suir |
| 80m Sprint | 10.19 | 2007 | Sarah Lavin | Emerald |
| 200m | 25.92 | 2005 | Eilish Ahearne | K C K |
| 800m | 2.17.66 | 2017 | Maeve O'Neill | Doheny |
| 1500m | 4.48.5 | 1980 | Patricia Logan | Limerick Emerald |
| 2000m Walk | 11.03.82 | 2015 | Siofra O'Dea | Kilmurray Ibrickane |
| Pentathlon (5) IAAF | 3102 | 2018 | Ava Rochford | Ennis Track |
| Long Jump | 5.25m | 2008 | Ann O'Shea | Ferrybank |
| High Jump | 1.66m | 2018 | Ava Rochford | Ennis Track |
| Shot Putt (2.72kg) | 13.87m | 2016 | Megan Lenihan | North Cork |
| Discus (.75kg) | 35.60m | 2016 | Megan Lenihan | North Cork |
| Javelin (400gr) | 39.83m | 2016 | Megan Lenihan | North Cork |
| Hammer (2.5kg) | 44.21m | 2018 | Kotryna Paceromskaite | Fanahan McSweeney |
| 4 X 100m Relay | 52.99 | 2014 | | Carrick on Suir |

GIRLS – U15

| EVENT | CBP | YEAR | HOLDER | CLUB |
|----------------------------|--------------|-------------|----------------------|--------------------|
| 80m Hurdles | 12.02 | 2008 | Sarah Lavin | Emerald |
| 250m Hurdles | 35.45 | 2015 | Miriam Daly | Carrick on Suir |
| 100m Sprint | 12.36 | 2008 | Sarah Lavin | Emerald |
| 200m | 25.50 | 2008 | Sarah Lavin | Emerald |
| 800m | 2.13.70 | 1976 | M. Hennessy | St Johns Park |
| 1500m | 4.36.2 | 1984 | B. Barry | Grange Fermoy |
| 2000m Walk | 9.42.71 | 2008 | Kate Veale | West Waterford |
| Pentathlon (5) IAAF | 3114 | 2018 | Laura Frawley | St Marys Lk |
| Long Jump | 5.48m | 2015 | Sophie Meredith | St Marys Lk |
| High Jump | 1.67m | 2015 | Sophie Meredith | St Marys Lk |
| Pole Vault | 2.70m | 2018 | Una Brice | Leevale |
| Shot Putt (2.72kg) | 13.20m | 2016 | Ciara Sheehy | Liscarroll |
| Discus (.75kg) | 39.20m | 2017 | Megan Lenihan | North Cork |
| Javelin (400gr) | 41.80m | 2017 | Megan Lenihan | North Cork |
| Hammer (2.5kg) | 43.42m | 2017 | Nicola Tuthill | Bandon |
| 4 X 100m Relay | 50.38 | 2008 | | Emerald |

GIRLS – U16

| EVENT | CBP | YEAR | HOLDER | CLUB |
|---------------------|----------|------|-----------------|------------------|
| 80m Hurdles | 11.70 | 2016 | Miriam Daly | Carrick on Suir |
| 250m Hurdles | 35.83 | 2005 | Harriet Cross | Belgooly |
| 100m Sprint | 12.21 | 2005 | Niamh Whelan | Ferrybank |
| 200m | 25.14 | 2011 | Roisin Harrison | Emerald |
| 800m | 2.14.80 | 2006 | Ciara Cronin | Ferrybank |
| 1500m | 4.38.10H | 1980 | Patricia Logan | Limerick Emerald |
| 3000m (2017) | 11.02.74 | 2017 | Una O'Brien | Tramore |
| 2000m Walk | 8.42.66 | 2009 | Kate Veale | West Waterford |
| Pentathlon (5) IAAF | 2994 | 2015 | Vickie Cusack | Liscarroll |
| Long Jump | 5.51m | 1989 | Claire Ingerton | Leevale |



MUNSTER ATHLETICS JUVENILE TRACK & FIELD CHAMPIONSHIP BEST PERFORMANCES

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|----------------------|---------------|-------------|----------------------|-------------------|
| Triple Jump | 10.36m | 2016 | Emily O'Mahony | Waterford |
| High Jump | 1.71m | 2010 | Aisling Croke | Dooneen |
| Pole Vault | 3.00m | 2016 | Emma Coffey | Carraig na BhFear |
| Shot Putt (3kg) | 14.69m | 2017 | Ciara Sheehy | Liscarroll |
| Discus (1kg) | 39.65m | 2018 | Megan Lenihan | North Cork |
| Javelin (500gr) | 43.03m | 2014 | Orlaith O'Brien | Ferrybank |
| Hammer (3kg) | 52.77m | 2000 | Rachel Akers | East Clare |
| 4 X 100m Relay | 50.35 | 2016 | | Carrick on Suir |

GIRLS – U17

| EVENT | CBP | YEAR | HOLDER | CLUB |
|------------------------|---------------|-------------|-----------------------|-------------------------|
| 100m Hurdles | 14.01 | 2015 | Ciara Neville | Emerald |
| 300m Hurdles | 44.75 | 2017 | Miriam Daly | Carrick on Suir |
| 100m Sprint | 11.34 | 1999 | Sharon Kelly | Leevale |
| 200m | 24.40 | 2015 | Ciara Neville | Emerald |
| 400m | 56.72 | 2017 | Miriam Daly | Carrick-On-Suir |
| 800m | 2.16.70 | 2006 | Francis O'Shea | North Cork |
| 1500m | 4.22.8 | 1984 | C. McCarthy | Bandon |
| 3000m | 11.44.71 | 2017 | Ursula Bluett | North Cork |
| 2000m S/Chase (2'6") | 7.22.58 | 2016 | Laura Nicholson | Bandon |
| 3000m Walk | 14.59.88 | 2016 | Orla O'Connor | Waterford |
| Pentathlon (5) IAAF | 3272 | 1985 | Brid Hallissey | Ferrybank |
| Pentathlon (5) IAAF | 2525 | 2011 | Sarah McCarthy | Guest |
| Long Jump | 5.88m | 2017 | Sophie Meredith | St. Mary's LK |
| High Jump | 1.72m | 2018 | Ciara Kennelly | Killarney Valley |
| Triple Jump | 12.06m | 2014 | Maria Carey | Newport |
| Pole Vault | 3.22m | 2017 | Emma Coffey | Carraig na BhFear |
| Shot Putt (3kg) | 14.55m | 2018 | Ciara Sheehy | Emerald |
| Discus (1kg) | 40.20m | 1986 | A O'Brien | Dungarvan |
| Javelin (500gr) | 49.26m | 2015 | Orlaith O'Brien | Ferrybank |
| Hammer (3kg) | 52.76m | 2013 | Aoife Vaughan Witts | Borrisokane |
| 4 X 100m Relay | 50.4h | 1980 | | Nenagh Olympic |
| 4 X 400m Relay | 4.11.8h | 1986 | | St Pauls |

GIRLS – U18

| EVENT | CBP | YEAR | HOLDER | CLUB |
|----------------------|----------|------|--------------------|------------------|
| 100m Hurdles | 14.41 | 2014 | Clodagh O'Mahony | Dooneen |
| 400m Hurdles | 1.02.33 | 2014 | Kelly Ann Doyle | Carrick on Suir |
| 100m Sprint | 11.84 | 1991 | F. Kelly | Limerick Emerald |
| 200m | 24.97 | 2011 | Stephanie Carroll | Dooneen |
| 400m | 56.77 | 2016 | Anne Corcoran | Ferrybank |
| 800m | 2.12.3 | 1996 | Geraldine McCarthy | Listowel |
| 1500m | 4.25.0 | 1984 | Patricia Logan | Limerick Emerald |
| 3000m | 10.20.33 | 2006 | Patricia Barry | Ferrybank |
| 2000m S/Chase (2'6") | 7.17.76 | 2017 | Laura Nicholson | Bandon |
| 3000m Walk | 13.25.91 | 2011 | Kate Veale | West Waterford |
| Pentathlon (5) IAAF | 3009 | 1980 | Suzanne Cobbe | Limerick Emerald |
| Long Jump | 6.03m | 1991 | Claire Ingerton | Leevale |
| High Jump | 1.71m | 2014 | Neasa Murphy | Ferrybank |
| Triple Jump | 11.43m | 2006 | Jessie Barr | Ferrybank |
| Pole Vault | 3.30m | 2009 | Nikita Savage | Youghal |
| Shot Putt (3kg) | 13.90m | 2012 | Laura McSweeney | Bandon |



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|-----------------|--------|------|-----------------|---------------|
| Discus (1kg) | 44.23m | 2013 | Kaleigh Cronin | Spa Muckcross |
| Javelin (500gr) | 44.48m | 2016 | Orlaith O'Brien | Waterford |
| Hammer (3kg) | 56.82m | 2013 | Alice Akers | Marian |
| 4 X 100m Relay | 46.9 | 1989 | | Leevale |
| 4 X400m Relay | 4.06.3 | 1986 | | Togher |

GIRLS – U19

| EVENT | CBP | YEAR | HOLDER | CLUB |
|----------------------------|--------------|-------------|---------------------|--------------------------|
| 100m Hurdles | 14.4h | 1998 | Orla Power | Carrick on Suir |
| 400m Hurdles | 60.49 | 2007 | Jessie Barr | Ferrybank |
| 100m Sprint | 11.8h | 2001 | Sharon Kelly | Leevale |
| 200m | 24.22 | 2017 | Ciara Neville | Emerald |
| 400m | 56.98 | 2012 | Grainne Moynihan | West Muskerry |
| 800m | 2.15.12 | 2000 | Roisin Quinn | St Pauls |
| 1500m | 4.44.26 | 2000 | Martina Hickey | West Muskerry`` |
| 3000m | 10.22.60 | 2007 | Patricia Barry | Ferrybank |
| 3000m S/Chase (2'6") | 7.38.12 | 2017 | Shauna Doellken | Kenmare |
| 3000m Walk | 15.03.44 | 2003 | Catriona McMahon | St Marys Lk |
| Pentathlon (5) IAAF | | | | |
| Long Jump | 5.59m | 2009 | Nicole Power | Ferrybank |
| High Jump | 1.70m | 2014 | Grace McKenzie | Belgooly |
| Triple Jump | 11.09 | 2011 | Sinead O'Connor | Tralee Harriers |
| Pole Vault | 3.10m | 2016 | Laura Cussen | Old Abbey |
| | 3.10m | 2018 | Ciara Hickey | Blarney Inniscara |
| Shot Putt (4kg) | 12.09m | 2013 | Laura McSweeney | Bandon |
| Discus (1kg) | 41.23m | 2014 | Kaleigh Cronin | Farranfore MV |
| Javelin (600gr) | 36.62m | 2012 | Jenny Murphy | Abbey Striders |
| Hammer (4kg) | 53.03m | 2010 | Cara Kennedy | Ferrybank |
| 4 X 100m Relay | 49.4h | 2007 | Ferrybank | |
| 4 x 400m Relay | 4.16.4h | 1999 | Dooneen | |

YOUTH GIRLS – PENTATHLON (Introduced in 2014)

| | CBP | YEAR | HOLDER | CLUB |
|---------------------|----------|------|---------------|-----------|
| Pentathlon (5) IAAF | 3096 Pts | 2016 | Anne Corcoran | Ferrybank |