



**MUNSTER ATHLETICS**  
**JUNIOR WOMEN & MEN**  
**INDOOR CHAMPIONSHIP BEST PERFORMANCES**

<b>JUNIOR WOMEN</b>	<b>CBP</b>	<b>Year</b>	<b>Holder</b>	<b>Club</b>
<b>60m Hurdles</b>	8.5	1996	Patricia Naughton	Nenagh Olympic
<b>60 Meters</b>	7.5	1994	Amanda Clifford	Leevale
<b>200 Meters</b>	25.3	1997	Ciara Sheehy	West Dublin
<b>400 Meters</b>	57.81	2015	Louise Shanahan	Leevale
<b>800 Meters</b>	2.18.10	1996	Geraldine McCarthy	Listowel
<b>1500 Meters</b>	4.48.49	2015	Maeve Aherne	Leevale
<b>3000 Meters</b>	10.48.24	2009	Kate Veale	West Waterford
<b>3000m Walk</b>	13.01.07	2010	Kate Veale	West Waterford
<b>High Jump</b>	1.75m	2019	Ciara Kennelly	Killarney Valley
<b>Pole Vault</b>	3.30m	2017	Emma Coffey	Carraig na BhFear
<b>Pole Vault</b>	3.30m	2019	Ciara Hickey	Blarney Inniscara
<b>Long Jump</b>	5.94m	2018	Sophie Meredith	St.Mary's LK
<b>Triple Jump</b>	11.63m	2014	Maria Carey	Newport
<b>Shot</b>	12.86	2008	Claire Fitzgerald	Tralee Harriers
<b>WFD (28lb)</b>	4.44m	2019	Leanne Cronin	Tralee Harriers
<b>Pentathlon</b>	<b>3221 pts</b>	<b>2020</b>	<b>Anna Ryan</b>	<b>Moycarkey Coolcree</b>
<b>4 x 200 Meters</b>	1.46.7	2002	Leevale	

<b>JUNIOR MEN</b>	<b>CBP</b>	<b>Year</b>	<b>Holder</b>	<b>Club</b>
<b>60m Hurdles</b>	7.9	1997	Paul O'Shea	Kilmallock
<b>60 Meters</b>	7.01	2000	Ger O'Donoghue	Leevale
<b>200 Meters</b>	22.7	1995	Tony Dunne	Thurles Crokes
<b>400 Meters</b>	51.06	2004	Maurice Donoghue	Carrick on Suir
<b>800 Meters</b>	1.55.40	2001	Liam Reale	Limerick
<b>1500 Meters</b>	4.00.47	2005	Ciaran O'Lionard	Leevale
<b>3000 Meters</b>	8.37.1	2001	Patrick Guidera	Clonmel
<b>3000m Walk</b>	13.29.16	2018	Gearóid McMahon	Shannon
<b>5000m Walk</b>	21.28.56	2013	Luke Hickey	Leevale
<b>High Jump</b>	2.05m	1995	Antoine Burke	Dooneen
<b>Pole Vault</b>	3.80m	2006	Mark Bannon	West Waterford
<b>Pole Vault</b>	3.80m	2019	Adam O'Dwyer	Moycarkey Coolcree
<b>Long Jump</b>	7.01m	2014	Sam Healy	Leevale
<b>Triple Jump</b>	13.63m	2008	Niall Counihan	Dooneen
<b>Shot (7.26kg)</b>	16.91m	2003	Eoin Leen	Clounalour
<b>35lb Weight for Distance</b>	8.40m	2019	Sean Mockler	Moycarkey Coolcree
<b>Pentathlon</b>	<b>3474 pts</b>	<b>2020</b>	<b>Joseph McEvoy</b>	<b>Nenagh Olympic</b>
<b>4 x 200 Meters</b>	1.36.30	2018	Leevale	



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