



## MUNSTER ATHLETICS

### JUVENILE GIRLS – INDOOR CHAMPIONSHIP BEST PERFORMANCES

Girls U9	CBP	Year Set	Holder	Club
60m Sprint	9.63	2017	Destiny Lawal	Dooneen
300m	56.43	2017	Destiny Lawal	Dooneen
<b>Long Jump</b>	<b>3.54m</b>	<b>2020</b>	<b>Abigeal Fenton</b>	<b>Belgooly</b>
4 x 100m Relay	1.08.86	2014	Dooneen	
4 x 200m Relay	2.39.83	2019	Nenagh Olympic	

Girls U10	CBP	Year Set	Holder	Club
60m Sprint	9.22	2019	Alison Scully	Leevale
500m	1.39.86	2017	Maeve Purtill	Dooneen
Long Jump	3.71m	2015	Leigh Moloney	Limerick
4 x 100m Relay	1.03.04	2015	Dooneen	
4 x 200m Relay	2.24.85	2019	Carrick-On-Suir	

Girls U11	CBP	Year Set	Holder	Club
60m Sprint	8.66	2012	Niamh Foley	St Marys Limerick
600m	1.55.12	2014	Maeve O'Neill	Dohenys
Triathlon (3) Alberta	677 pts	2015	Emer Conroy	Dooneen
Quadrathlon (4) Alberta	794pts	2016	Ceola Bergin	Templemore
Pentathlon (5) Alberta	1002 pts	2018	Maeve Purtill	Dooneen
<b>Long Jump</b>	<b>4.15m</b>	<b>2020</b>	<b>Cara Ryan</b>	<b>Clonmel</b>
<b>Shot Putt</b>	<b>7.14m</b>	<b>2020</b>	<b>Clodagh O'Hagan</b>	<b>Tulla</b>
4 x 100m Relay	59.96	2015	Dooneen	
4 x 200m Relay	2.10.04	2019	Dooneen	

Girls U12	CBP	Year Set	Holder	Club
<b>60m Hurdles</b>	<b>10.58</b>	<b>2020</b>	<b>Tiffany Nwaedozie</b>	<b>Belgooly</b>
60m Sprint	8.65	2013	Niamh Foley	St Marys Limerick
	8.65	2017	Hannah Falvey	Belgooly
600m	1.49.79	2005	Stephanie Power	Clonmel
Pentathlon (5) Alberta	1230 pts	2017	Hannah Falvey	Belgooly
High Jump	1.35m	2005	Stephanie Power	Clonmel
High Jump	1.35m	2017	Maeve Fleming	Leevale
High Jump	1.35m	2017	Briana Onoh	Leevale
<b>Long Jump</b>	<b>4.62m</b>	<b>2020</b>	<b>Tiffany Nwaedozie</b>	<b>Belgooly</b>
Shot Putt (2k)	9.18m	2014	Megan Lenihan	North Cork
4 x 100m Relay	57.49	2016	Dooneen	
<b>4 x 200m Relay</b>	<b>2.02.19</b>	<b>2020</b>	<b>Dooneen</b>	

Girls U13	CBP	Year Set	Holder	Club
60m Hurdles	9.61	2018	Okwi Bacari	Leevale
60m	8.19	2014	Niamh Foley	St Marys Limerick
600m	1.43.25	2016	Sarah Hosey	Dooneen
<b>1000m Walk</b>	<b>5.54.76</b>	<b>2020</b>	<b>Fatima Sanchez</b>	<b>Marian</b>
Pentathlon (5) Alberta	1516 pts	2013	Sophie Meredith	St Marys Limerick
High Jump	1.50m	2017	Ava Rochford	Ennis Track A.C.
Long Jump	4.90m	2013	Sophie Meredith	St Marys Limerick



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Shot Putt (2k)	12.46m	2015	Megan Lenihan	North Cork
<b>Pole Vault</b>	<b>1.80m</b>	<b>2020</b>	<b>Autumn Devereux</b>	<b>Youghal</b>
4 x 100m Relay	55.59	2013	Leevale	
4 x 200m Relay	2.00.60	2019	Dooneen	

Girls U14	CBP	Year Set	Holder	Club
60m Hurdles	9.06	2019	Okwu Backari	Leevale
60m	7.96	2019	Hannah Falvey	Belgooly
800m	2.23.10	2016	Aimee Hayde	Newport
1000m Walk	5.15.87	2012	Jade O'Farrell Bond	Borrisokane
Pentathlon (5) IAAF	2949 pts	2019	Hannah Falvey	Belgooly
High Jump	1.58m	2018	Ava Rochford	Ennis Track
Long Jump	5.09m	2014	Sophie Meredith	St Marys Limerick
Shot Putt (2k)	14.41m	2016	Megan Lenihan	North Cork
<b>Pole Vault</b>	<b>2.00m</b>	<b>2020</b>	<b>Lisa Nicholas</b>	<b>Tulla</b>
4 x 200m Relay	1.53.07	2008	Ferrybank	

Girls U15	CBP	Year Set	Holder	Club
60m Hurdles	9.10	2015	Miriam Daly	Carrick on Suir
60m	7.86	2009	Ann O'Shea	Ferrybank
800m	2.17.43	2017	Ailbhe Doherty	Ennis Track
1000m Walk	4.41.88	2008	Kate Veale	West Waterford
Pentathlon (5) IAAF	3107 pts	2019	Ava Rochford	Ennis Track
High Jump	1.65m	2016	Ciara Kennelly	Killarney Valley
High Jump	1.65m	2017	Aoife O'Sullivan	Liscarroll
Long Jump	5.39m	2015	Sophie Meredith	St Marys (Limerick)
Pole Vault	2.50m	2019	Ava Rochford	Ennis Track
Shot Putt (2.72k)	13.10m	2016	Ciara Sheehy	Liscarroll
4 x 200m Relay	1.47.09	2008	Ferrybank	

Girls U16	CBP	Year Set	Holder	Club
60m Hurdles	8.97	2009	Sarah Lavin	Emerald
60m	7.75	2017	Nikolka Stevankova	Dooneen
200m	25.52	2010	Ciara Giles Doran	Ferrybank
800m	2.21.05	2015	Alex O'Neill	St Cronan's
1500m	4.41.00	2018	Aimee Hayde	Newport
1500m Walk	6.39.10	2009	Kate Veale	West Waterford
Pentathlon (5)	3320 pts	2019	Laura Frawley	St. Mary's Lk
High Jump	1.68m	2010	Aishling Croke	Dooneen
Long Jump	5.49m	2016	Lauren O'Leary	Emerald
Pole Vault	2.75m	2016	Emma Coffey	Carraig na bhFear
<b>Shot Putt (3k)</b>	<b>13.70m</b>	<b>2020</b>	<b>Kotryna Pacerinskaite</b>	<b>Fanahan McSweeney</b>
4 x 200m Relay	1.45.74	2009	Ferrybank	



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Girls U17	CBP	Year Set	Holder	Club
60m Hurdles	8.82	2005	Mairead Murphy	Ferrybank
60m	7.79	2008	Joan Healy	Bandon
60m	7.79	2014	Phoebe Murphy	Clonmel
200m	25.60	2008	Joan Healy	Bandon
<b>800m</b>	<b>2.15.27</b>	<b>2020</b>	<b>Maeve O'Neill</b>	<b>Doheny</b>
1500m	4.49.87	2006	Niamh Ryan	Ferrybank
1500m Walk	6.20.34	2010	Kate Veale	West Waterford
High Jump	1.73m	2019	Aoife O'Sullivan	Liscarroll
Long Jump	5.64m	2017	Sophie Meredith	St. Mary's LK
<b>Triple Jump (New event)</b>	<b>9.85m</b>	<b>2020</b>	<b>Grace Fitzgerald</b>	<b>Tipperary Town</b>
<b>Pole Vault</b>	<b>3.20m</b>	<b>2020</b>	<b>Una Brice</b>	<b>Leevale</b>
Shot Putt (3k)	14.36m	2018	Ciara Sheehy	Emerald
4 x 200m Relay	1.46.11	2016	Carrick-On-Suir	

Girls U18	CBP	Year Set	Holder	Club
60m Hurdles	8.99	2006	Mairead Murphy	Ferrybank
60m	7.76	2000	Ailish McSweeney	Leevale
200m	25.37	2015	Phoebe Murphy	Ferrybank
300m	41.18	2004	Claire McSweeney	Leevale
400m	56.40	2014	Louise Shanahan	Leevale
800m	2.14.52	2004	Laura Crowe	Tralee Harriers
1500m	4.40.77	2011	Amy O'Donoghue	Emerald
1500m Walk	6.17.16	2011	Kate Veale	West Waterford
High Jump	1.70m	2012	Ashling Croke	Dooneen
High Jump	1.70m	2019	Ciara Kennelly	Killarney Valley
	<b>1.70m</b>	<b>2020</b>	<b>Aoife O'Sullivan</b>	<b>Liscarroll</b>
Long Jump	5.59	2005	Kelly Proper	Ferrybank
Triple Jump	11.27m	2011	Jessica Sheehan	Riverstick Kinsale
Pole Vault	3.30m	2019	Orla Coffey	Carraig na BhFear
Shot Putt (3k)	12.52m	2016	Anne Corcoran	Ferrybank
4 x 100m Relay	1.46.21	2005	Ferrybank	

Girls U19	CBP	Year Set	Holder	Club
60m Hurdles	8.28	2003	Mandy Crowe	Bansha
60m	7.78	2001	Shauna O'Brien	Carrick on Suir
<b>200m</b>	<b>25.31</b>	<b>2020</b>	<b>Lauren McCourt</b>	<b>Bandon</b>
400m	57.94	2019	Miriam Daly	Carrick on Suir
800m	2.18.69	2011	Harriette Flynn	Shannon
<b>1500m</b>	<b>4.49.34</b>	<b>2020</b>	<b>Siobhan Whelan</b>	<b>Clonmel</b>
1500m Walk	6.12.20	2012	Kate Veale	West Waterford
Pentathlon (5) IAAF	1962 pts	2014	Jessica O'Connor	Marian
High Jump	1.65m	2011	Sorcha Murphy	Ferrybank
High Jump	1.65m	2012	Aisling Croke	Dooneen



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Long Jump	6.00m	2019	Sophie Meredith	St. Mary's Lk
Triple Jump	11.23m	2015	Fiona O'Shea	Dooneen
Pole Vault	3.30m	2018	Ciara Hickey	Blarney Inniscara
<b>Shot Putt (4k)</b>	<b>12.45</b>	<b>2020</b>	<b>Ciara Sheehy</b>	<b>Emerald</b>
4 x 200m Relay	1.47.51	2018		Ferrybank

### YOUTH GIRLS – INDOOR PENTATHLON (Introduced 2014)

GIRLS (17 – 18)	CBP	Year Set	Holder	Club
<b>Pentathlon (5) IAAF</b>	<b>3473 Pts</b>	<b>2020</b>	<b>Laura Frawley</b>	<b>St. Mary's A.C. LK</b>