

MUNSTER SENIOR INDOOR RECORDS - Men

Compiled by Sean Naughton

01-Mar-20

60m	6.73	Gary Ryan	72	Nenagh Olympic A.C.	Birmingham	01/03/2003
200m	20.99	Gary Ryan	72	Nenagh Olympic A.C.	Birmingham	23/02/2003
400m	46.34	Tomas Coman	79	Moycarkey/Coolcree	Vienna	02/03/2002
800m	1.48.21	Mark Carroll	72	Leevale	Boston	30/01/2000
1000m	2.20.2	Marcus O'Sullivan	61	Leevale	New York	25/01/1985
1500m	3.35.4	Marcus O'Sullivan	61	Leevale	East Rutherford	13/02/1988
Mile	3.50.94	Marcus O Sullivan	61	Leevale	East Rutherford	13/02/1988
3000m	7.41.14	Frank O'Mara		Limerick	Seville	10/03/1991
60mH	8.21	Sam Healy	96	Leevale	Barton Rouge LA	10/01/2020
400mH	50.50	Thomas Barr	92	Ferrybank	Dublin	04/02/2018
5000m.	13.31.93	Mark Carroll	72	Leevale	Birmingham	14/02/1999
3km Walk	11.06.69	Alex Wright	90	Leevale	Abbotstown	02/02/2019
5km Walk	18.53.87	Alex Wright	90	Leevale	Abbotstown	16/02/2017
High Jump	2.24	Antone Burke	75	Dooneen	Birmingham	08/02/1998
Pole Vault	5.02	John Hallissey	72	Ferrybank	Glasgow	19/01/1997
Long Jump	7.53	Sam Healy	96	Leevale	Athlone	22/02/2015
Long Jump	7.53	Shane Howard	94	Bandon	Glasgow	28/01/2017
Triple Jump	16.27	Colm Cronin	57	Leevale	Detroit	10/03/1978
Shot	16.66	Eoin Leen	84	Tralee Hrs.	Belfast	11/01/1998
4X200	1.31.9	Nenagh Olympic			Nenagh	13/02/1994
		Gary Ryan,John Naughton,Brian Long,Joe Naughton			Nenagh	13/02/1994
4X400	3.27.5	Nenagh Olympic			Nenagh	30/12/1990
Hept	5560	Joseph Naughton	74	Nenagh Olympic A.C.	Tailinn	13-14/3/93
		7.23,7.02,13.90,2.04,8.43,4.15,2.42.85.				

MUNSTER SENIOR INDOOR RECORDS - Women

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01-Mar-20

60m	7.30	Ciara Neville	99	Emerald	Athlone	29/01/2017
200m	23.16	Phil Healy	94	Bandon	Nat Snr Champ	29/02/2020
400m	52.08	Phil Healy	94	Bandon	Vienna	27/01/2018
800m	2.04.39	Laura Crowe	87	Tralee Harriers	Athlone	23/02/2013
1500m	4.11.27	Sonia O'Sullivan	69	Ballymore/Cobh	Lisbon	10/03/2001
Mile	4.33.49	Sonia O'Sullivan	69	Ballymore/Cobh	Allston U.S.A.	20/01/1991
3000m	8.44.37	Sonia O'Sullivan	69	Ballymore/Cobh	Lisbon	10/03/2001
5000m.	15.17.28	Sonia O'Sullivan	69	Ballymore/Cobh	Boston	26/01/1991
60mH	7.84	Derval O'Rourke	81	Leevale	Moscow	11/03/2006
50m.Hur.	6.80	Derval O'Rourke	81	Leevale	Lievin	03/03/2006
3km Walk	11.35.34	Gillian O'Sullivan	76	Farranfore	Belfast	15/02/2003
HJ	1.78	Breda Tierney/ Brown	64	Nenagh Olympic A.C.	Boston	24/01/1993
Pole Vault	3.60	Clodagh Walsh	2000	Abbey Striders	Athlone	08/02/2019
LJ	6.62	Kelly Proper	88	Ferrybank	Vienna	23/01/2010
TJ	13.28	Taineisha Scanlon	77	Limerick ,	Cardiff	12/02/2005
Shot	15.84	Patricia Walsh	60	Waterford	U.S.A	11/03/1983
4X200	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan,K.Proper,M.Deevy,M.Murphy				
4X400	4.02.6	Nenagh Olympic A.C.			Nenagh	13/02/1994
		A.Hogan,K.O'Farrell,L.Loughnane.P.O,Donoghue.				
Pentathlon	4230	Grace McKenzie	96	Belgooly	Birmingham AL	08/03/2019
		8.57 1.75 11.08 5.85 2:13.95				

MUNSTER U/23 INDOOR RECORDS - Men

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01-Mar-20

60m.	6.89	Jer O'Donoghue	81	Leevale	Nenagh	14/01/2002
200m.	21.73	Dara Kerwick	91	Carrick on Suir	Athlone	22/01/2013
400m.	46.97	Thomas Barr	92	Ferrybank	Athlone	07/02/2014
800m.	1.48.5	Niall O'Shaughnessy	55	Limerick	U.S.A.	21/02/1975
1500m.	3.41.24	Frank Conway	67	Kerry	Boston	25/02/1989
Mile	3.55.54	Niall O'Shaughnessy	55	Limerick	Fayetteville	21/01/2006?
3000m.	7.51.35	Mark Carroll	72	Leevale		0/0/94
5000m.	13.48.70	Frank Hanley	70	Limerick	Indianapolis	14/03/1992
60m.Hur.	8.29	Derek Hayes	77	West Waterford	Glasgow	09/01/1997
3k.Walk	11.38.20	Robert Heffernan	78	Togher	Birmingham	04/12/2001
5k Walk	19.45.97	David Kenny	99	Farranfore MV	Nat Snr Champs	01/03/2020
High Jump	2.23	Antoine Burke	75	Dooneen	Nenagh	17/03/1996
Pole Vault	4.71	Yuri Kanash	97	West Waterford	Carshalton	23/09/2018
Long Jump	7.53	Sam Healy	96	Leevale	Athlone	22/02/2015
Triple Jump	16.27	Colm Cronin	57	Leevale	Detroit	10/03/1978
Shot Putt	16.66	Eoin Lean	84	Tralee Hrs.	Belfast	13/02/2003
Heptathlon	5101	Daniel Ryan	99	Moycarkey Coolcree	London	16/12/2019
		7.12 6.73 12.85 1.77 8.39 3.95 2:50.36				

MUNSTER U/23 INDOOR RECORDS - Women

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01-Mar-20

60m	7.30	Ciara Neville	99	Emerald	Nat Snr Ch	01/03/2020
200m	23.74	Phil Healy	94	Bandon	Athlone	07/02/2016
400m.	54.80	Jenna Bromell	97	Limerick Emerald	Athlone	09/02/2018
800m.	2.05.9	Sonia O'Sullivan	69	Ballymore /Cobh		02/02/1991
1500m.	4.23.10	Orla Drumm	84	Limerick.		12/02/2006
Mile	4.33.49	Sonia O'Sullivan	69	Ballymore /Cobh	Allston	20/01/1991
3000m.						
5000m.	15.17.28	Sonia O'Sullivan	69	Ballymore /Cobh	Boston	26/01/1991
60.Hur	8.12	Derval O'Rourke	81	Leevale	Birmingham	02/03/2003
4x200m	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan.K.Proper,M.Deevy,M.Murphy.				
3k. Walk	12.49.21	Katie Veale	94	West Waterford	Belfast	19/02/2011
High Jump	1.73	Aisling Croke	95	Limerick	Nenagh	28/03/2010
Pole Vault	3.55	Clodagh Walsh	2000	Abbey Striders	Nat Snr Ch	01/03/2020
Long Jump	6.62	Kelly Proper	88	Ferrybank	Vienna	23/01/2010
Triple Jump	12.15	Grace Furlong	98	Waterford	Nat Snr Ch	01/03/2020
Shot Putt	14.75	Claire Fitzgerald	91	Tralee Hrs	Athlone	16/02/2013
Pentathlon	4030	Grace McKenzie	96	Belgooly	Birmingham AL	21/02/2018
		8.65 1.71 11.10 5.62 2:18.67				

MUNSTER JUNIOR INDOOR RECORDS - Men**01-Mar-20****Compiled by Sean Naughton**

60m.	6.84	Conor Morey	2001	Leevale	Athlone	31/03/2019
200m.	21.87	Conor Morey	2001	Leevale	Athlone	31/03/2019
400m.	46.66	David McCarthy	83	West Waterford	Birmingham UK	24/02/2002
800m.	1.53.89	Dean Cronin	93	Blarney/Inniscara	Nenagh	22/01/2012
1500m.	3.48.24	David McCarthy	88	West Waterford	Belfast	19/02/2006
3000m.	8.13.80	Darragh McElhinney	2000	Bantry	Dublin	04/02/2018
5000m	14.13.67	Darragh McElhinney	2000	Bantry	Athlone	23/02/2019
60m.Hur 3'6.	8.38	Edmond O'Halloran	92	Leevale	Nenagh	25/01/2009
60m.Hur 3'3	7.89	Sam Healy	96	Leevale	Athlone	25/01/2015
3k Walk	13.29.16	Gearoid McMahan	2000	Shannon	Nenagh	06/01/2018
5k.Walk	20.56.55	Luke Hickey	94	Leevale	Athlone	16/02/2013
High Jump	2.16	Antoine Burke	75	Dooneen/Limerick	Birmingham	13/02/1994
Pole Vault	4.40	Thomas Houlihan	92	West Waterford	Belfast	06/02/2010
Triple Jump	14.30	Niall Counihan	89	Dooneen/Limerick	Nenagh	13/01/2008
Long Jump	7.53	Sam Healy	96	Leevale	Athlone	22/02/2015
Shot	16.66	Eoin Leen	84	Tralee Hrs	Belfast	15/02/2003
Heptathlon	4716	Joseph McEvoy	2001	Nenagh Olympic	Sheffield	04/01/2020
		7.32, 6.79, 11.76, 3.33, 8.44, 1.91, 3.11.70				

MUNSTER JUNIOR INDOOR RECORDS - Women**01-Mar-20****Compiled by Sean Naughton**

60m.	7.30	Ciara Neville	99	Emerald	Athlone	29/01/2017
200m	23.85	Sharlene Mawdsley	98	Newport	Dublin	18/02/2017
400m.	54.19	Jenna Bromell	97	Limerick Emerald	Athlone	31/01/2016
800m.	2.07.74	Jo Keane	2000	Ennis Track	Athlone	20/01/2019
1500m.	4.36.19	Jo Keane	2000	Ennis Track	Athlone	27/01/2019
3000m.	9.32.0	Anita Philpott	69	North Cork	U.S.A.	0/0/88
5000m.	16.21.00	Aisling Ryan	69	Moycarkey	U.S.A.	0/0/88
60m.Hur	8.36	Sarah Lavin	94	Limerick Emerald	Athlone	17/02/2013
4x200m	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan,K.Proper,M.Deevy,M.Murphy.				
1500m Walk	6.12.49	Kate Veale	94	West Waterford	Nenagh	2012
3k Walk	12.49.21	Kate Veale	94	West Waterford	Belfast	19/02/2011
5k Walk	24.43.2	Cathriona McMahan	85	St.Mary'sLimerick	Nenagh	05/01/2003
High Jump	1.75	Ciara Kennelly	2	Killarney Valley	Nenagh	20/01/2019
Pole Vault	3.60	Clodagh Walsh	2000	Abbey Striders	Athlone	08/02/2019
Long Jump	6.19	Kelly Proper	88	Ferrybank	Nenagh	18/02/2006
Triple Jump	11.77	Maria Carey	98	Newport Tipp.	Athlone	26/01/2014
Shot	13.91	Claire Fitzgerald	91	Tralee Hrs.	New York	16/01/2010
Pentathlon	3666	Kelly Proper	88	Ferrybank	Sheffield	15/01/2006

MUNSTER YOUTHS INDOOR RECORDS - Men**01-Mar-20****Compiled by Sean Naughton**

60m.	6.96	Dior Lawal	2002	Dooneen	Athlone	31/03/2019
200m.	22.36	Tony Odubote	2000	Ennis Track	Athlone	13/03/2016
400m.	49.61	Jamie Mitchell	99	Emerald	Athlone	28/02/2016
800m.	1.55.86	Liam Reale		Limerick	Nenagh	02/04/2000
1500m.	3.50.86	Ciaran O'Lionaird	88	Leevale	Cardiff	22/01/2005
3000m	8.18.88	Darragh McElhinney	2000	Bantry	Abbotstown	05/02/2017
60m.Hur3'6.	8.38	Edmond O'Halloran	92	Leevale	Nenagh	25/01/2009
60m.Hur 3'3	8.28	Edmond O'Halloran	92	Leevale	Cardiff	22/02/2009

60mH 3'0	8.14	Daniel Ryan	99	Moycarkey Coolcroe	Athlone	01/03/2015
High Jump	2.06	David Cussen	96	Old Abbey	Athlone	10/02/2013
Pole Vault	4.24	Thomas Houlihan	92	West Waterford	Cardiff	22/02/2009
Long Jump	7.70	Kevin Burke	1981	Dooneen	Nenagh	1998
Triple Jump	13.96	Darren Prout	97	Carrick-On-Suir A.C.	Nenagh	2014
Shot	17.89	Eoin Leen	1984	Clounalour	Nenagh	2001
1500m Walk	6.07.00	Gearoid McMahon	2000	Shannon	Athlone	2016
5,000m Walk	22.20.24	Jamie Costin	77	West Waterford	Nenagh	19/02/1994
Pentathlon	3,592	Diarmuid O'Connor	2002	Bandon	Athlone	19/01/2019
		8.37, 1.81, 12.47, 6.27, 2.48.22				

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01-Mar-20

60m.	7.45	Ciara Neville	99	Emerald	Athlone	21/02/2015
200m.	24.01	Ciara Neville	99	Emerald	Athlone	28/03/2015
400m.	56.29	Jenna Bromwell	97	Emerald	Athlone	17/02/2013
800m.	2.10.10	Alex O'Neill	2000	St. Cronan's	Dublin	19/02/2017
1500m.	4.28.76	Aimee Hayde	2003	Newport	Athlone	18/03/2018
60m.Hur.	8.68	Sarah Lavin	94	Emerald	Belfast	20/02/2011
4x200m	1.43.08	Carrick-On-Suir			Athlone	2016
		Miriam Daly, Roseann Fitzgerald, Laura Whelan, Aoife Doyle, Rachel Walsh, Niamh Duggan & Hannah White.				
3k.Walk	12.49.21	Kate Veale	94	West Waterford	Belfast	19/02/2011
1500m Walk	6.07.67	Kate Veale	94	West Waterford	Nenagh	2011
High Jump	1.75	Ciara Kennelly	2002	Killarney Valley	Nenagh	20/01/2019
Pole Vault	3.35	Orla Coffey	2002	Carraig na BhFear	Athlone	27/01/2019
Long Jump	6.10	Kelly Proper	88	Ferrybank	Nenagh	19/03/2005
Triple Jump	11.77	Maria Carey	98	Newport Tipp.	Athlone	25/01/2014
Shot 4k	13.91	Claire Fitzgerald	91	Tralee Hrs	Nenagh	20/01/2007
Shot 3.25kg	13.17	Fionnuala Lombard	83	Leevale	Nenagh	2000
Shot 3kg	14.36	Ciara Sheehy	2002	Emerald	Nenagh	2018
Pentathlon	3,444	Anne Corcoran	99	Ferrybank	Athlone	23/01/2016
		9.47, 1.55, 12.76, 4.77, 146.26				