

# MUNSTER SENIOR RECORDS

Last Updated: 27/08/2021

## MEN

100m.	10.35	2.0	Gary Ryan	72	Nenagh Olympic	Cork City Sports Mardyke	03/07/2004	
200m.	20.67	1.5	Gary Ryan	72	Nenagh Olympic	Catania	26/08/1997	
400m.	45.84		Tomas Coman	79	Moycarkey/Coolcroo	Santry	29/07/2000	
800m.	1.45.41		Thomas Chammev	84	Clonmel/Crusaders	Oslo	03/07/2009	
1500m.	3.33.61		Marcus O'Sullivan	61	Leevale	Monaco	10/08/1996	
1 Mile	3.50.62		Mark Carroll	72	Leevale	Oslo	28/07/2000	
2000m.	4.55.06		Marcus O'Sullivan	61	Leevale	Nice	10/07/1996	
3000m.	7.30.36		Mark Carroll	72	Leevale	Monaco	04/08/1999	
5000m.	13.03.93		Mark Carroll	72	Leevale	Berlin	01/09/1998	
10,000m.	27.46.82		Mark Carroll	72	Leevale	Stanford	05/05/2000	
1 Hour	19625m.		John Treacy	57	Waterford	Monaco	1987	
Marathon	2.09.15		John Treacy	57	Waterford	Boston	18/04/1988	
3kS/Chase	8.24.09		Brendan Quinn	60	Waterford	Brussels	30/08/1985	
110m.Hur.	14.71	0.2	Timothy Flannery	82	Nenagh Olympic	Santry	19/08/2000	
400m.Hur.	47.97		Thomas Barr	92	Ferrybank	Rio Olympics	18/08/2016	
High Jump	2.24		Antoine Burke	75	Dooneen/Crusaders	Birmingham	08/02/1998	
Pole Vault	5.02		John Hallissey	72	Ferrybank	Glasgow	19/01/1997	
Long Jump	7.71	1.1	Shane Howard	94	Bandon	Resisprint, La Chaux De Fonds	14/08/2021	
Triple Jump	16.27		Colm Cronin	57	Leevale	Detroit	10/03/1978	
Shot	16.82		Paul Crowe	74	Limerick	Sydney	20/01/2007	
Discus	57.36		Joe Brice	58	Middleton	Dartmouth	18/08/1980	
Hammer	66.94		Eugene Lawor	55	St.John's Tralee	Edinburgh	03/05/1980	
Javelin	82.75		Terry Mc Hugh	63	Nenagh Oly/D.C.H.	London	05/08/2000	
WFD (56lbs)	8.32		David Tierney	88	Leevale	Tullamore	18/08/2013	
WFH (56lbs)	4.93		Gerry O'Connell		Marian	Nat Ch	1986	
Decathlon	7,775		Barry Walsh	68	Limerick	Alhama	24/05/1992	
			11.38,7.05,14.36,2.03,50.19,15.40,43.98,4.50,56.84,4.13.77.					
4x100m	41.84		Colin Murphy, Colin Doyle, Scott Gibson, Ciaran Dee		Leevale	National League Tullamore	22/08/2021	
4x400m.	3.14.31		Limerick A.C.			Santry	17/08/1986	
			Liam Looney, Frank O'Mara, John Battles, Kieran Finn.					
2000m Walk	1.23.28.09		Alex Wright	90	Leevale	Nordic Chall Glostrup	13/09/2014	
3000m Walk	10.58.47		Alex Wright	90	Leevale	Cork City Sports CIT	08/07/2014	
5000m.Walk	18.51.46		Robert Heffernan	78	Togher	Belfast	26/01/2008	
10,000m.Walk	38.27.57		Robert Heffernan	78	Togher	Santry	20/07/2008	
10k Walk Rd	39.15		Robert Heffernan	78	Togher	IAAF Chall La Coruna	17/09/2011	
20k.Walk Rd	1.19.22		Robert Heffernan	78	Togher	Oieboksary	10/05/2008	
30k Walk Rd	2.07.48		Robert Heffernan	78	Togher	Cork	30/01/2011	
50k.Walk	3.37.54		Robert Heffernan	78	Togher	London	11/08/2012	

# MUNSTER SENIOR RECORD

## WOMEN

100m.	11.28	2.0	Phil Healy	94	Bandon	Dublin	06/06/2018
200m.	22.99	0.3	Phil Healy	94	Bandon	Nat Ch Santry	16/07/2018
<b>400m.</b>	<b>51.50</b>		<b>Phil Healy</b>	<b>94</b>	<b>Bandon</b>	<b>Belfast</b>	<b>29/05/2021</b>
800m.	2.00.69		Sonia O'Sullivan	69	Ballymore/Cobh	St.Petersburg	28/07/1994
1000m.	2.34.66		Sonia O'Sullivan	69	Ballymore/Cobh	Monte Carlo	03/07/1993
1500m.	3.58.85		Sonia O'Sullivan	69	Ballymore/Cobh	Monte Carlo	25/07/1995
1 Mile	4.17.25		Sonia O'Sullivan	69	Ballymore/Cobh	Oslo	22/07/1994
2000m.			Sonia O'Sullivan	69	Ballymore/Cobh	Edinburg	08/07/1994
3000m.	8.21.64		Sonia O'Sullivan	69	Ballymore/Cobh	London	15/07/1994
5000m.	14.41.02		Sonia O'Sullivan	69	Ballymore/Cobh	Sydney	25/09/2000
10000m	30.47.59		Sonia O'Sullivan	69	Ballymore/Cobh	Munich	06/08/2002
10 Mile Rd.	51.00		Sonia O'Sullivan	69	Ballymore/Cobh	Portsmouth	08/09/2002
Half Marathon	1.10.04		Sonia O'Sullivan	69	Ballymore/Cobh	Brussels	06/05/2002
<b>Marathon</b>	<b>2.28.36</b>		<b>Aoife Cooke</b>	<b>86</b>	<b>Youghal</b>	<b>Pulford</b>	<b>25/04/2021</b>
<b>3k.S/Chase</b>	<b>9.29.25</b>		<b>Michelle Finn</b>	<b>89</b>	<b>Leevale</b>	<b>PNG Turku</b>	<b>07/06/2021</b>
2k. S/Chase	6.16.46		Michelle Finn	89	Leevale	Barcelona	22/09/2020
100m.Hur.	12.65	-0.5	Derval O'Rourke	81	Leevale	Barcelona	31/07/2010
400m.Hur.	54.31		Susan Smith	71	Waterford	Zurich	12/08/1998
High Jump	1.78		Breda Tierney/Browne	64	Nenagh Olympic	Boston	24/01/1993
High Jump	1.78		Aoife O'Sullivan	2003	Liscarroll	Templemore	09/06/2019
<b>Pole Vault</b>	<b>3.75</b>		<b>Una Brice</b>	<b>2004</b>	<b>Leevale</b>	<b>Franconville</b>	<b>31/07/2021</b>
Long Jump	6.60	1.0	Kelly Proper	88	Ferrybank	Brussels	08/08/2010
	6.62		Kelly Proper	88	Ferrybank	Vienna	23/01/2010
Triple Jump	13.62	0.9	Taneisha Scanlon	77	Limerick	Bratislava	07/06/2005
Shot	16.29		Patricia Walsh	60	Waterford		1984
Discus	57.60		Patricia Walsh	60	Waterford	Santry	07/07/1984
Hammer	60.36		Cara Kennedy	92	Ferrybank	Munster Ch Waterford	22/04/2017
Javelin (pre 1999)	50.42		Mary T.Reale	71	Limerick	Waterford	20/06/1992
Javelin	43.95		Orlaith O'Brien	1999	Waterford		25/06/2016
WFD (28lbs)	6.72		Cara Kennedy	92	Ferrybank	Nat Ch Santry	27/07/2018
<b>Heptathlon</b>	<b>5,734</b>		<b>Grace McKenzie</b>	<b>96</b>	<b>Belgooly</b>	<b>San Antonio TX</b>	<b>26//03/2021</b>
			13.77/+1.6 1.70 11.36 24.98/-0.5 6.15 35.27 2:15.42				
4x100m.	46.02		Ferrybank			Belgrade	28/05/2011
			M.Murphy,C.Giles Doran,N.Whelan,K.Proper				
4x400m.	3.35.67		Ferrybank			Tullamore	02/07/2006
			K.Sheehan,M.Deevy,M.O.Connor,J.Barr.				
3k Walk	11.35.34		Gillian O'Sullivan	76	Farranfore	Belfast	15/02/2003
5k.Walk	20.02.60		Gillian O'Sullivan	76	Farranfore	Santry	14/07/2002
10k Walk	45.28.75		Gillian O'Sullivan	76	Farranfore	San Sebastian	01/08/1998
10k WalkRD.	43.29		Gillian O'Sullivan	76	Farranfore	Phoenix Park	15/07/2000
20k. Walk	1.27.22		Gillian O'Sullivan	76	Farranfore	Sesto San Giovanni	01/05/2003

# MUNSTER U23 RECORDS

## MEN

100m.	10.49	1.5	Conor Morey	2001	Leevale	Templemore	31/07/2021	
200m.	21.11	1.5	Christopher Russell	90	Ferrybank	Santry	08/07/2011	
400m.	45.90		Tomas Coman	79	Moycarkey	Edmonton	04/08/2001	
800m.	1.46.82		Tomas Chamney	84	Clonmel	Oordegen	01/07/2006	
1500m	3.40.95		Charlie O'Donovan	1999	Leevale	Oxford MS	09/04/2021	
1 Mile	3.58.20		Darragh McElhinney	2000	Bantry	London	28/07/2021	
3000m.	7.47.93		John Treacy	57	Waterford	Lausanne	18/07/1979	
5000m.	13.26.5		John Treacy	57	Waterford	Brussels	18/08/1978	
10000m.	27.55.2		John Treacy	57	Waterford	Philadelphia	27/04/1978	
3k. S/chase	8.29.60		Kieran Stack		North Cork	Austin	31/05/1985	
110m.Hur.3'6"	14.71		Timothy Flannery	82	Nenagh Olympic	Limerick	16/06/1999	
400m.Hurdles	48.90		Thomas Barr	92	Ferrybank	Geneva	14/06/2014	
High Jump	2.23		Antoine Burke	75	Dooneen Limerick	Vienna	15/02/1997	
Pole Vault	4.70		Thomas Houlihan	92	West Waterford	Athlone	10/06/2012	
Long Jump	7.35	-2.5	David Quilligan	90	Leevale	Santry	15/05/2011	
Triple Jump	15.89		Colm Cronin	57	Leevale	Copenhagen	26/06/1977	
Shot	16.66		Eoin Leen	84	Tralee Hrs	Belfast	15/02/2003	
Discus	57.36		Joe Brice	58	Middleton	Hanover U.S.A.	18/05/1980	
Hammer	67.18		Sean Mockler	2000	Moycarkey Coolcroe	NC Dublin	25/06/2021	
Javelin	75.04		Terry McHugh	63	D.C.H./NenaghOly.	Zug	15/06/1985	
WFD (35lbs)	11.03		David Tierney	88	Leevale	Nat Ch	2010	
WFH (35lbs)	5.50		Luke Mangan	89	Leevale	Santry	2010	
Decathlon	7,472		Barry Walsh	68	Limerick	Villanova	19/05/1989	
			11.85,6.70,14.00,2.00,49.96,15.25,44.72,4.40,54.74,4.34.0.					
3000m.Walk	11.27.06		Robert Heffernan	78	Togher	Tullamore	13/08/2000	
5000m.Walk	19.51.69		Robert Heffernan	78	Togher	Nenagh	13/02/2000	
10000m.Walk	40.16		Robert Heffernan	78	Togher	Tullamore	23/07/2000	
20k.Walk	1.22.43		Robert Heffernan	78	Togher	EisenHullenstadt	17/06/2000	

# Munster U23 Records

Compiled by Sean Naughton

## WOMEN

13-Dec-20

100m.	11.33	1	Ciara Neville	99	Emerald	NC Dublin	27/07/2019
200m.	23.30	1.3	Niamh Whelan	90	Ferrybank	Budapest	20/06/2010
400m.	52.89		Sharlene Mawdsley	98	Newport	Buyle, Oordegem	01/06/2019
800m.	2.04.23		Sonia O'Sullivan	69	Ballymore/Cobh	Santry	14/07/1991
1000m.	2.38.68		Sonia O'Sullivan	69	Ballymore/Cobh	Mansfield	24/07/1990
1500m.	4.05.81		Sonia O'Sullivan	69	Ballymore/Cobh	Monaco	03/08/1991
Mile	4.26.19		Sonia O'Sullivan	69	Ballymore/Cobh	New York	20/07/1998
2000m.	5.41.22		Sonia O'Sullivan	69	Ballymore/Cobh	London	13/07/1991
3000m.	8.52.65		Sonia O'Sullivan	69	Ballymore/Cobh	Split	29/08/1990
5000m.,	15.17.28		Sonia O'Sullivan	69	Ballymore/Cobh	U.S.A.	25/01/1991
10000m..	33.37.4		Aisling Ryan	69	Moycarkey	Walnut	23/04/1988
3kS/Chase	10.27.21		Jessica Coyne	95	Dooneen	Cork	08/04/2017
100m.Hur	12.96		Derval O'Rourke	81	Leevale	Bydgoszcz	19/07/2003
400m.Hur	56.62		Jesse Barr	89	Ferrybank	Ostrava	16/07/2011
High Jump	1.76		Elaine Ball	74	Limerick Emerald		1990
Pole Vault	3.40		Ciara Hickey	2000	Blarney Inniscara	Nat Ch Santry	28/08/2020
Pole Vault	3.40		Nikita Savage	92	Youghal	Tullamore	04/07/2010
Long Jump	6.60	1.0	Kelly Proper	88	Ferrybank	Brussels	08/08/2010
Triple Jump	12.14	0.5	Grace Furlong	98	Waterford	NC Dublin	26/07/2019
Triple Jump	12.27	2.5	Grace Furlong	98	Waterford	NC Dublin	28/08/2020
Shot	15.37		Patrica Walsh	60	Waterford	U.S.A.	1982
Discus	57.06		Patrica Walsh	60	Waterford	Leixington	13/05/1982
Hammer	59.12		Rachael Akers	85	Marian./Ennis	Santry	13/04/2007
Javelin (pre 1999)	50.42		Mary T.Reale	71	Waterford	Waterford	20/06/1992
Javelin (600g)	37.98		Patricia Curtin		Youghal	Waterford	05/05/2014
Heptathlon	5,619.00		Grace McKenzie	96	Belgooly	San Antonio TX	06/05/2018
						13.88w/2.2 1.73 11.29 24.71/-0.9 5.72/0.0 32.19 2:12.96	
4x100m	46.93		Ferrybank			Santry	29/07/2006
			K.Proper,M.Murphy,H.Murphy,N.Whelan.				
3k Walk	12.18.86		Kate Veale	94	West Waterford	Tullamore	23/07/2011
5k Walk	21.30.18		Kate Veale	94	West Waterford	Santry	06/08/2011
10k Walk	45.28.75		Gillian O'Sullivan	76	U.C.C.	San Sebastian	01/08/1998
20k Walk	1.42.35		Kate Veale	94	West Waterford	Leeds	23/06/2018
10km Road	46.32		Kate Veale	94	West Waterford	Olhao	21/05/2011

# MUNSTER JUNIOR RECORDS

## MEN

100m.	10.56	0.3	Conor Morey	1	Leevale	Mannheim	29/06/2019	
200m.	21.46	1.9	Christopher Russell	90	Ferrybank	Kessel	06/06/2009	
400m.	46.82		Tomas Coman	79	Moycarkey	Edmonton	04/08/2001	
800m.	1.48.60		P.J.O'Rourke	72	Nenagh Olympic	Limerick	14/06/1991	
1500m.	3.42.12		Darragh McElhinney	2000	Bantry	IMC Belfast	22/06/2019	
3000m	8.01.48		Darragh McElhinney	2000	Bantry	BMC Watford	29/06/2019	
5000m.	13.54.10		Darragh McElhinney	2000	Bantry	Oordegem	25/05/2019	
10000m.	31.46.90	?	George Murray		North Cork		0/0/91	
3k.S/Chase	8.42.5		Brendan Quinn	60	Waterford	Champaign	31/05/1979	
<b>110m.Hur.</b>	<b>14.50</b>	<b>0.2</b>	<b>James Ezeonu</b>	<b>2003</b>	<b>Leevale</b>	<b>Carlow</b>	<b>25/07/2021</b>	
110m (3'3)	14.26		Sam Healy	96	Leevale	Munster Ch	28/06/2014	
400m.Hur.	50.06		Thomas Barr	92	Ferrybank	Santry	07/08/2011	
High Jump	2.21		Antoine Burke	75	U.C.D./Dooneen	Mardyke	25/06/1994	
<b>Pole Vault</b>	<b>4.61</b>		<b>Conor Callinan</b>	<b>2004</b>	<b>Leevale</b>	<b>Templemore</b>	<b>24/07/2021</b>	
<b>Long Jump</b>	<b>7.47</b>		<b>Reece Ademola</b>	<b>2002</b>	<b>Leevale</b>	<b>Tullamore</b>	<b>22/08/2021</b>	
Triple Jump	15.56		Colm Cronin	57	Leevale	Reiti	13/06/1976	
Shot	16.66		Eoin Leen	84	Tralee Hrs.	Belfast	15/02/2003	
Discus	48.94		Frank O'Brien	65	West Waterford	Meadowbank	01/09/1984	
Hammer 6kg	66.18		Sean Mockler	2000	Moycarkey Coolcree	Munster Ch Templemore	09/06/2019	
Javelin	71.30		Terry Mc Hugh	63	D.C.H./Nenagh Oly.	Belfield	24/04/1982	
WFD (35lbs)	8.88		Sean Mocker	2000	Moycarkey Coolcree	Tullamore	06/07 2019	
WFH (35lbs)	5.00		Sean Mockler	2000	Moycarkey Coolcree	Tullamore	27/07/2019	
<b>Decathlon</b>	<b>7,604 pts</b>		<b>Diarmuid O'Connor</b>	<b>68</b>	<b>Bandon</b>	<b>European U20 Ch Tallinn</b>	<b>18/07/2021</b>	
			<b>11.15, 7.01,13.61, 2.00, 49.12, 14.36, 39.73,4.30, 49.02, 4:31.63</b>					
4x100m	43.70		Limerick A.C.				0/0/85	
4x400m.	3.18.64		Leevale A.C.			Mardyke	03/07/1984	
			A.O'Regan,B.O'Sullivan,J.Riordan,P.O'Regan					
10,000m Walk	44.26.41		Evan Lynch	95	Clonmel	National Ch Dublin	20/07/2014	
10k.Walk	43.20.78		Jamie Costin	77	West Waterford	Sydney	23/08/1996	
20k.Walk	1.28.56		Jamie Costin	77	West Waterford	Sligo	31/03/1996	

# MUNSTER JUNIOR RECORDS

## WOMEN

100m.	11.54	1.8	Ciara Neville	99	Emerald	Tampere	11/07/2018
200m.	23.55	-0.8	Sharlene Mawdsley	98	Newport	IFAM Oordegem	28/05/2016
400m.	54.56		Jenna Bromell	97	Emerald	EJ Eskiltuna	16/07/2015
800m.	2.05.72		Sonia O'Sullivan	69	Balltmore/Cobh	Meadowbank	18/07/1987
1500m.	4.22.97		Sonia O'Sullivan	69	Balltmore/Cobh		
Mile	4.26.19		Sonia O'Sullivan	69	Balltmore/Cobh	New York	20/07/1998
3000m.	9.01.52		Sonia O'Sullivan	69	Balltmore/Cobh	Mardyke	07/07/1987
5000m.	16.21.00		Aisling Ryan	69	Moycarkey		0/0/88
10000m.	33.37.4		Aisling Ryan	69	Moycarkey	Walnut	23/04/1988
100m.Hur.	13.34	1.3	Sarah Lavin	94	Limerick Emerald	Rieti	20/07/2013
400m.Hur.	59.46		Lisa Nicholson	72	D.C.H./Dooneen	Tullamore	15/07/1990
High Jump	1.78		Aoife O'Sullivan	2003	Liscarroll	Templemore	09/06/2019
<b>Pole Vault</b>	<b>3.75</b>		<b>Una Brice</b>	<b>2004</b>	<b>Leevale</b>	<b>Franconville</b>	<b>31/07/2021</b>
Long Jump	6.34		Kelly Proper	88	Ferrybank	Limerick	16/06/2007
Triple Jump	12.10	0.3	Maria Carey	98	Newport	Cardiff	19/07/2014
Shot	14.35		Clare Fitzgerald	91	Tralee Hrs	Castleisland	01/05/2009
Discus	51.80		Patricia Walsh	60	Waterford	Belfield	10/07/1979
<b>Hammer (4kg)</b>	<b>61.55</b>		<b>Nicola Tuthill</b>	<b>2003</b>	<b>Bandon</b>	<b>Nat Ch Santry</b>	<b>25/06/2021</b>
Javelin (pre 1999)	47.52		Brenda Walsh	65	Limerick	Antrim	0/0/82
Javelin (600g)	39.87		Orlaith O'Brien	99	Waterford	Templemore	02/05/2016
WFD (28lbs)	6.38		Ciara Sheehy	2002	Emerald	Tullamore	06/07/2019
Heptathlon	5,049.00		Mairead Murphy		Ferrybank	Monzon	02/07/2006
			14.94,1.72,11.04,25.39,5.38,31.57,2.29.44				
4x100m.	46.93		Ferrybank			Santry	29/07/2006
			K.Proper,M.Murphy,H.Murphy,N.Whelan				
4x400m.	3.35.67		Ferrybank			Tullamore	02/07/2006
			K.Sheehan,M.Deevy,M.O'Connor,J.Barr.				
3kWalk	12.18.86		Katie Veale	94	West Waterford	Tullamore	23/07/2011
5k Walk	21.30.18		Katie Veale	94	West Waterford	Santry	06/08/2011
10,000m Walk	47.55.40		Orla O'Connor	2000	Waterford	Tampere	14/07/2018
10km Road	46.32		Katie Veale	94	West Waterford	Olhao	21/05/2011

## MUNSTER YOUTH RECORDS (U/17 & U/18)

### GIRLS

100m.	11.64	1.4	Ciara Neville	99	Emerald	Irish Schools Ch Tullamore	30/05/2015
200m.	24.05	0.9	Sharlene Mawdsley	98	Newport	Bauhaus Mannheim	28/06/2015
400m.	55.31		Grainne Moynihan	94	West Muskerry	Trabzon	25/07/2011
800m.	2.06.05		Sophie O'Sullivan	2001	Ballymore Cobh	EY Gyor	07/07/2018
1500m.	4.22.22		Sophie O'Sullivan	2001	Ballymore Cobh	Cork City Sports CIT	16/07/2018
3000m.	9.45.36		Sophie O'Sullivan	2001	Ballymore Cobh	Melbourne	08/11/2018
5000m.	18.26.67		Mairead O'Callaghan	81	Nth Cork	Tullamore	05/07/1998
2k S/C	6.58.38		Laura Nicholson	2000	Bandon	Tullamore	08/07/2017
100m Hur 2'9	14.24		Patricia Naughton	75	Nenagh Olympic	Belfield	12/07/1992
100m Hur. 2'6	13.62		Sarah Lavin	94	Limerick Emerald	Trabzon	28/07/2011
300mHur	41.84		Ciara Giles Doran	95	Ferrybank		0/0/11
	41.29	??	Susan Smith	71	Waterford	??	??
400mHur	60.17		Kalyn Sheehan	89	Ferrybank	Cork I.T.	26/06/2006
High Jump	1.78		Aoife O'Sullivan	2003	Liscarroll	Templemore	09/06/2019
<b>Pole Vault</b>	<b>3.75</b>		<b>Una Brice</b>	<b>2004</b>	<b>Leevale</b>	<b>Franconville, France</b>	<b>31/07/2021</b>
Long Jump	6.10		Kelly Proper	88	Ferrybank	Nenagh	19/03/2005
Triple Jump	12.10	0.3	Maria Carey	98	Newport	Cardiff	19/07/2014
Shot 3k	16.00		Ciara Sheehy	2002	Emerald	EYOF Baku	20/07/2019
Discus 2k	44.82		Patricia Walsh	60	Waterford		0/0/77
Hammer4k	60.04		Nicola Tuthill	2003	Bandon	Nat Ch Santry	22/08/2020
Hammer 3k	66.13		Nicola Tuthill	2003	Bandon	Nat Ch Santry	08/08/2020
Javelin	49.26		Orlaith O'Brien	99	Ferrybank	Munster Ch Waterford	13/06/2015
4x100m	48.92		Nenagh Olympic A.C.			Santry	23/08/1981
			F.White,B.Naughton,N.Murphy,N.Morrissey				
4x400m	3.53.67		Ferrybank A.C.			Tullamore	02/07/2006
			K.Sheehan,M.Deevy,M.O'Connor,J.Barr.				
Hepthalon	5,049.00		Mairead Murphy	89	Ferrybank	Monzon	02/07/2006
			14.94,1.72,11.04,25.39,5.38,31.57,2.29.44				
3000m.Walk	12.18.86		Katie Veale	94	West Waterford	Tullamore	23/07/2011
5000m.Walk	21.30.18		Katie Veale	94	West Waterford	Santry	06/08/2011
10000.Walk	50.46		Orla O'Connor	2000	Waterford	Podebrady	08/04/2017
	46.32		Katie Veale	94	West Waterford	Olhao	21/05/2011

## MUNSTER YOUTH RECORDS (U/17 & U/18)

### Boys

100m.	10.75	1.9	Christopher Russell	90	Ferrybank	Bedford	23/07/2007
200m.	21.79	-0.2	Greg O'Shea	95	Dooneen Limerick	Tullamore	24/06/2012
400m.	48.06		Brian Murphy	82	Leevale		
800m.	1.51.22		David McCarthy	88	West Waterford	Mannheim	18/06/2005
1500m.	3.48.05		Darragh McElhinney	2000	Bantry	IFAM Oordegem	27/05/2017
3000m.	8.20.4		John Treacy	57	Waterford	Edinburg	07/74
2k.S/Chase	5.50.41		Liam Reale	83	Limerick	Bydgoszcz	17/07/1999
110mHur 3'0	14.08		Daniel Ryan	99	Moycarkey Coolcroe	Munster Ch Waterford RSC	15/06/2015
110mHur 3'3	14.28		Edmond O'Halloran	92	Leevale	Mardyke	19/04/2009
110m Hur3'6	14.57		Timothy Flannery	82	Nenagh Olympic	Limerick	16/06/1999
400mH (84cm)	52.69		Ben Kiely	94	Ferrybank	Trabzon, Turkey	28/07/2011
High Jump	2.13		Antoine Burke	75	Dooneen Limerick	Seoul	18/09/1992
High Jump	2.13		David Cussen	96	Old Abbey	Tullamore	18/08/2013
<b>Pole Vault</b>	<b>4.61</b>		<b>Conor Callinan</b>	<b>2004</b>	<b>Leevale</b>	<b>Templemore</b>	<b>24/07/2021</b>
Long Jump	7.10	2.0	Daniel Ryan	99	Moycarkey Coolcroe	Irish Schools Tullamore	30/05/2015
Triple Jump	14.32		Niall McCarthy	61	Corbally Limerick	B.L.O.E.C'ships	0/0/77
Shot 5kg.	18.95		Eoin Leen	84	Tralee Hrs.	Debrecen	12/07/2001
Discus 1.5kg.	56.26		Frank O'Brien	65	West Waterford	B.L.O.E.C'ships	1982
Hammer 5kg	69.98		Adam King	97	Iveragh	Munster Ch	2014
Javelin (700g) (pre 1999)	55.80		Joe Kenny		Templemore	Munster Ch	1982
Javelin (700g)	57.22		Cathal Scanlon	2002	Leevale	National Ch	2019
Hepathlon	4,679.00		Joseph Naughton	74	Nenagh Olympic	B.L.O.E.C'ships	1991
Decathlon	6,792.00		Diarmuid O'Connor	2002	Bandon	EYOF Baku	20/07/2019
			11.47,6.58,11.46,1.94,50.95,14.27,40.66,3.50,37.48,4.34.18.				

4x100m.	43.70	Togher A.C.		B.L.O.E.C'ships	1995
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