## **Munster Juvenile PRO Report**

The Munster U/14 to U/19 Track & Field Championships took place on Saturday 30<sup>th</sup> June & Sunday 1<sup>st</sup> July 2012 in Cork I.T. With weather conditions on the damp & windy side, Munster athletes managed to set 11 new Championship best performances, 9 in Field Events & 2 on the Track with 8 records coming from the Girls & 3 from the Boys (see details below). Laura McSweeney, Bandon A.C. was on form when she took titles in both the Girls U/18 Shot Putt & Hammer & set two new Championship Best Performances ("CBP") in the process breaking the longest standing record of the weekend in the Shot Putt which has remained untouched since 1976. Other long standing records that were broken over the weekend were by Adam King, Iveragh A.C. who threw 69.56m to smash the Boys U/16 Hammer record of 65.44m set in 1981 by Gary Halpin, Rockwell, David Cussen, Old Abbey A.C. who jumped 2.01m adding 11cm onto the existing High Jump record of 1.91m held by Antoine Burke, Dooneen A.C. since 1991 & Evan Lynch, Clonmel A.C. who knocked almost a minute off Jamie Costin's 1994 record of 22.13.8 in the Boys U/18 5000m Walk when he crossed the line in a time of 21.26.18.

Some notable female performances came from Sarah Leahy, Spa Muckross A.C., Phoebe Murphy, Clonmel A.C., Roisin Harrison, Emerald A.C., Marie Heelan, Emerald A.C. & Sarah Lavin, Emerald A.C. who all took double titles in the Girls U/14, U/15, U/17, U/18 & U/19 100m & 200m. Sarah Lavin also took gold in the Girls U/19 100m Hurdles with Grainne Moynihan, West Muskerry A.C. putting in a great performance in the Girls U/19 400m running 56.98 to set a new CBP & take over a second off the existing record of 58.35 set by Sinead Hickey, Limerick Emerald in 1997. Roisin Cleary, Clonmel A.C. took titles in both the Girls U/17 400m & 800m, Jennifer Hennessy, Youghal A.C. took double titles in the Girls U/15 800m & 1500m & Niamh Markham, Ennis Track, double titles in the Girls U/18 800m & 1500m.

Some notable performances from the boys came from Daniel Ryan, Moycarkey Coolcroo A.C. who won gold medals in all of his 6 events in the Boys U/14 75mH, 80m, Long Jump, High Jump, Shot Putt & Hammer, Jack Murphy, Leevale A.C. who won 4 titles in Boys U/15 80m Hurdles, 250m Hurdles, Long Jump & High Jump, Brandan Arrey, Blarney Inniscara A.C. who won 3 gold medals in the Boys U/17 100m & 200m & 400m Hurdles & Eoin O'Carroll, Tralee Harriers, who also won 3 gold medals in the Boys U/18 100m & 200m & Long Jump. Double titles were won by Eoin Looney, Kilmurray/Ibrickane Boys U/14 800m & 1500m, Luke Ring, Leevale A.C. in the Boys U/15 100m & 200m, Luke Horgan, Leevale A.C. Boys U/16 800m & 1500m, Sam Healy, Belgooly A.C. Boys U/17 100mH & Long Jump, Liam Hennessy, Togher A.C., Boys U/17 800m & 1500m, David Kavanagh, Tralee Harriers A.C. Boys U/19 800m & 1500m & Philip Crowley, Leevale A.C. in Boys U/19 1500m & 3000m.

The 11 new Championship Best Performances are set out below:-

- Aoife Doyle, Star of the Laune A.C. in the Girls U/15 Hammer with a throw of 42.60m to better 40.06m set in 2010 by Stacey Wright, Marian A.C.
- Laura Tobin, Clonmel A.C. in the Girls U/17 2000m Steeplechase with a new time of 8.35.95 to break the existing record of 8.54.87 set in 2011 by Autumn Coady, Ferrybank A.C.

- Alice Akers, Marian A.C. who smashed the existing CBP in the Girls U/17 Hammer with a throw of 52.01m. The previous record of 44.66m was set by Mairead O'Neill, Gneeveguilla A.C. in 2010
- Laura McSweeney, Bandon A.C. smashed a long standing record in the Girls U/18 Shot Putt with her throw of 13.90m. The previous record of 12.62m was set in 1976 by P Walsh, De La Salle. Laura was on form again in the Girls U/18 Hammer when she bettered Rachel Aker's 2003 throw of 47.89m by over a metre when she threw 48.91m.
- Niamh Murphy, Blarney Iniscarra A.C. threw 11.63m in the Girls U/19 Shot Putt to break the existing record of 11.13m set in 2001 by Fionnuala Lombard, Leevale.
- Grainne Moynihan, West Muskerry A.C. ran 56.98 in the Girls U/19 400m to better the existing record of 58.35 by over a second. This was set by Sinead Hickey, Limerick Emerald, in 1997.
- Jenny Murphy, Abbey Striders A.C. in the Girls U/19 Javelin with a throw of 36.62m to better the existing record of 34.60m set by Claire Akers, East Clare in 1996 by over 2 metres.
- Adam King, Iveragh A.C. threw 69.56m in the Boys U/16 Hammer to smash Garry Halpin's (Rockwell) 1981 record of 65.44m.
- David Cussen, Old Abbey A.C. cleared 2.01m in the Boys U/17 High Jump to better 1.90m set by Antoine Burke, Doneen A.C. in 1991.
- Evan Lynch, Clonmel A.C. who finished the Boys U/18 5000m Walk in a time of 21.26.18 knocking almost a minute off the existing record of 22.13.80 set by Jamie Costin (Ring Old Parish) in 1994.