

Munster Juvenile PRO Report

All 6 Counties Well Represented at the “B” Championships

The Munster Outdoor Track & Field Season finished on a high with the Juvenile Development Events (“B” Track & Field) Championships in Lee’s Road, Ennis Co. Clare on Sunday 22nd July. Many thanks to Clare County Board for organising the great facilities & to all the Clubs who provided help on the day for without your assistance it would not be possible to run these Championships. These Championships were very well supported by Munster Clubs with all 6 counties represented & the rain almost kept away for a change. There was tough competition on the day with many fast & furious finishes in the sprints, particularly in the U/9 to U/11 age group - perhaps a reflection on the current Team Game competitions where not every athlete has a partner or an equal partner to take them to the podium in the “A” Championships. Competition in the U/12 to U/16 age groups was also very high with many athletes winning more than 1 medal in their age group & getting the chance to shine in their own right.

With 72 individual titles up for grabs, the medals were spread over a wide range of Clubs from all Munster counties. In the Girls competition, out of 36 titles, Carrick-On-Suir A.C., Lios Tuathail A.C, St. John’s A.C. & Tralee Harriers A.C. all won 3 individual titles each with Liscarroll A.C., Dundrum A.C. & An Ghaeltacht A.C. winning 2 each. Clubs who won 1 title each were Midleton A.C., Olympic Harriers A.C., Shannon A.C., An Ríocht A.C, Clonmel A.C. Kilmihil A.C., St. Mary’s A.C. (Clare), K.C.K. A.C., Blarney Inniscarra A.C., West Muskerry A.C., Bandon A.C., Templemore A.C., Nenagh Olympic A.C., St. Cronan’s A.C., Belgooly A.C., West Waterford A.C., Ennis Track A.C. & Limerick A.C.

In the Boys competition, Youghal A.C. were tops winning 4 individual titles with St. Cronan’s A.C. & Nenagh Olympic A.C. winning 3 each & Belgooly A.C., Carrick-On-Suir A.C., Skibereen A.C., St. Mary’s A.C. (Limerick), Marian A.C., West Muskerry A.C. & Lios Tuathail A.C. all winning 2 each. Shannon A.C., Olympic Harriers A.C., An Ghaeltacht A.C., Spa Muckcross A.C., St. Mary’s A.C. (Clare), Ferrybank A.C., Gneeveguilla A.C., Old Abbey A.C., Kilmurray Ibrickane A.C. Tralee Harriers A.C., Ennis Track A.C. & Templemore A.C. all won 1 title each.

All athletes competed very well but some who stood out over the weekend were:-

Siri Forde, Midleton A.C. – Girls U/9 1st 300m, 2nd Long Jump & 3rd 60m

Ella Duff, Shannon A.C. – Girls U/9 1st Long Jump, 2nd 60m

Jack O’Neill, Skibereen A.C. – Boys U/9 1st 60m, 3rd 300m

Cian O’Boyle, Marian A.C. – Boys U/9 2nd 60m, 3rd 300m

Noah Conway, St. Cronan's A.C. – Boys U/9 1st 300m, 2nd Long Jump, 3rd 60m

Kellie Bester, Carrick-On-Suir A.C. - Girls U/10 1st 60m & Ball Throw

Aoife Kearns, An Ríocht A.C. – Girls U/10 1st 500m & 3rd 60m

Dillon Ryan, Moycarkey Coolcree A.C. – Boys U/10 2nd 60m & Long Jump

Kylie Heinen, K.C.K. A.C. – Girls U/11 1st Ball Throw & 2nd Long Jump

Niamh Conlon, Kilmihil A.C. – Girls U/11 1st 60m & 3rd 600m

Ben Whelehan, Kilmurray/Ibrickane A.C. – Boys U/11 2nd 60m & 600m

Aaron Walsh, Nenagh Olympic A.C. – Boys U/11 2nd Long Jump & Ball Throw

Shane Meehan, Marian A.C. – Boys U/11 3rd Ball Throw & Long Jump

Jack Kilcommins, Lisscarroll A.C. – Boys U/11 3rd 60m & 600m.

Sarah Reidy, Lisscarroll A.C. - Girls U/12 1st 60m & 600m

Aisling Cassidy, Bandon A.C. – Girls U/12 1st Long Jump & 2nd 60m & High Jump

Niamh Ryan, Moyne A.C. – Girls U/12 2nd 600m & 3rd Long Jump

Sean Carolan, Nenagh Olympic A.C. -Boys U/12 1st Long Jump, High Jump & Shot

Peter O'Sullivan, Spa Muckcross A.C. – Boys U/12 1st 60m & 3rd Long Jump

Darragh Minter, St. Mary's (Clare) A.C. – Boys U/12 2nd High Jump & Shot

Jake McCarthy, Youghal A.C. – Boys U/12 1st 600m & 2nd High Jump

Orla O'Reilly, Tralee Harriers A.C. – Girls U/13 1st 80m & Long Jump

Tara Kelly, St. Mary's (Clare) A.C. – Girls U/13 3rd 80m & Long Jump

Cian McCarthy, Gneeveguilla A.C. – Boys U/13 1st Long Jump & 2nd 80m

Alex Dowling, Lios Tuathail A.C. – Girls U/14 2nd 80m & Long Jump

Emma McCarthy, Tralee Harriers A.C. – Girls U/14 2nd 800m & 3rd Long Jump

Sean Broderick, Youghal A.C. – Boys U/14 1st Long Jump & High Jump & 2nd 80m

Stephen Goggins, Old Abbey A.C. – Boys U/14 1st 80m, 2nd High Jump

Stephen Maher, Ennis Track A.C. – Boys U/14 2nd 800m, 3rd Shot

Ciaran O'Reilly, Tralee Harriers A.C. – Boys U/14 2nd Shot, 3rd Long Jump

Clíodha Blake, St. John's A.C. – Girls U/15 1st Long Jump & High Jump

Lucy Cotgreave, Marian A.C. – Girls U/15 2nd 100m, 3rd Long Jump

Tara Coleman, St. Mary's (Limerick) A.C. – Girls U/15 2nd Long Jump, 3rd 100m

Mia Hanrahan, Ennis Track A.C. – Girls U/15 1st Shot, 3rd 800m

Aoife Tierney, Nenagh Olympic A.C. – Girls U/15 2nd High Jump, 3rd Shot

Michael Foley, Lios Tuathail A.C. – Boys U/15 1st 100m & 800m

Johnny O'Sullivan, Lios Tuathail A.C. – Boys U/15 1st Long Jump, 2nd 100m

Joseph Brosnan, An Ríocht A.C. – Boys U/15 2nd 800m, 3rd 100m

Barry Loughnane, Tralee Harriers A.C. – Boys U/15 1st Shot & High Jump, 2nd Long Jump

Ciara Lynch, Lios Tuathail A.C. – Girls U/16 1st 100m, 2nd Long Jump

Sarah Mangan, Limerick A.C. – Girls U/16 1st 800m 3rd 100m

Ornaith Keane, An Ghaeltacht A.C. – Girls U/16 2nd 800m & Shot

Hannah Power, An Ghaeltacht A.C. – Girls U/16 1st Shot & High Jump, 3rd Long Jump

Ronan Barry, Marian A.C. – Boys U/16 1st 100m & High Jump

Billy Cronin, West Muskerry A.C. – Boys U/16 2nd 800m & Long Jump

Good luck to all who will be competing in the National Juvenile Development Events (replacing the National Juvenile "B" Track & Field Championships) in Morton Stadium, Santry on Sunday 5th August. We hope you are all successful in your endeavours on the day.

Don't forget the following Open Sports Days which are coming up over the next few weeks:-

- Rising Sun A.C. Open Sports on Monday 6th August in Cork I.T. at 1pm. More information at www.risingsunac.com.
- Lisscarroll A.C. Open Sports on Sunday 1^{2th} August in Lisscarroll GAA Field at 1pm. Further information at www.lisscarrollathletics.org.
- DMP A.C. Open Sports on Wednesday 15th August in Sinnottstown Lane Drinagh Wexford. Registration at 5.30pm with start at 6pm. More information on DMP AC Facebook.

There are lots of Coaching & Development Workshops in various disciplines coming up over the next few months in Munster. Full details can be found on the "Coaching" page of www.munsterathletics.com.