

Munster Juvenile PRO Report

3 National Individual Titles for Munster

The Woodie's DIY AAI Juvenile Uneven Age Cross Country Championships took place in Adamstown, Co. Wexford on Sunday 9th December. **Alex O'Neill, St. Cronan's A.C. (Girls U/13), Fearghal Curtin, Youghal A.C. (Boys U/15) & Orna Murray, Ferrybank A.C. (Girls U/19)** were in top form winning Gold & National titles in their events. Munster also showed great strength in the Inter-Provincial competition winning medals in all age groups (4 gold, 3 silver & 2 bronze) with the exception of the Boys U/15. In the Inter-Club competition, **West Waterford A.C.** won Bronze in Boys U/11 & Gold in Girls U/15, **Kilmurray/lbrickane A.C.** won Gold in Girls U/11 & Silver in Boys U/13, **Bandon A.C.** won Silver in Girls U/13, **Clonmel A.C.** won Silver in the Girls U/17, **Ennis Track A.C.** won Silver in Boys U/17 & **Leevale A.C.** won Gold in Boys U/19. The strongest Munster County on the day was **Cork** winning 3 Gold (Girls U/11, Boys U/13 & U/19), 1 Silver (Girls U/13) & 3 Bronze (Boys U/11 & Girls U/15 & U/17) with **Waterford** winning 1 Gold (Girls U/15) in the Inter-County competition.

In the Boys U/11 race there were individual medals for **Connor O'Neill, West Muskerry A.C. (5th)**, the Munster Champion **Eoin Redmond, Riverstick/Kinsale A.C. (9th)**, **Ben Whelehan, Kilmurray/lbrickane A.C. (11th)** & **Conor Cadell, Templemore A.C. (12th)** with **West Waterford A.C.** winning Bronze Inter-Club medals, **Cork** winning Bronze Inter-County medals & Munster a set of Silver Inter-Provincial medals. The Munster team was Connor O'Neill, Eoin Redmond, Ben Whelehan, Conor Cadell, Sean Hickey, West Waterford A.C. (15th) & Conor Corbett, Leevale A.C. (18th).

The Munster U/11 girls who won individual medals were double Munster Champion U/10 & U/11, **Sarah Morrison, St. Nicholas A.C.** who was 3rd overall, **Lucy O'Keeffe, Youghal A.C. (5th)**, **Rachel Butler, Moyne A.C. (7th)**, **Ellen Lynch, Dooneen A.C. (8th)**, **Mallaigh O'Neill, Skibbereen A.C. (11th)** & **Lucy Holmes, West Waterford A.C. (12th)**. The same 6 girls also won Gold Inter-Provincial medals with Munster Champions, **Kilmurray/lbrickane A.C.** taking Gold in the Inter-Club event & Munster Champions, **Cork** taking Gold in the Inter-County competition.

In the Boys U/13 race, **Darragh McElhinney, Bantry A.C.** was 5th, **Caoilfhinn O'Dea, Kilmurray/lbrickane A.C.** was 6th with **Alan O'Donovan, Riverstick/Kinsale A.C.** in 9th place. Munster Champions, **Kilmurray/lbrickane A.C.** won Silver in the Inter-Club competition with Munster Champions, **Cork** winning Gold in the Inter-County competition & the Munster team of Darragh McElhinney, Caoilfhinn O'Dea, Alan O'Donovan, Hugo Blair, Waterford A.C. (14th), Jack Fallon,

Moycarkey Coolcree A.C. (15th) & Aidan McCarthy, St. Cronan's A.C. (19th) winning Inter-Provincial Gold.

In the Girls U/13 race, it was National Gold & a National title for the Munster Champion, **Alex O'Neill, St. Cronan's A.C.** with **Moir Barrett, Bandon A.C.** in 12th place. **Bandon A.C.** added a National Silver Inter-Club medal to their Munster title in the Inter-Club competition while **Cork** won National Silver in the Inter-County competition to add to their Munster title. Munster also won a Silver Inter-Provincial medal on the day with their team of Alex O'Neill, Moira Barrett, Emma Fagan, Newport A.C. (13th), Shona O'Brien, Spa Muckross A.C. (15th), Tamzin Muldowney, Middleton A.C. (17th) & Laura Hayes, St. Catherine's A.C. (21st).

Current U/15 Munster Champion **Fearghal Curtin, Youghal A.C.** took Gold & the National title in great style in the Boys U/15 race with **Abdirahman Mohamed, Leevale A.C.** in 5th place.

The Munster Girls U/15 did extremely well occupying almost half of the top 12 spots. **Caoimhe Harrington, West Muskerry A.C.**, the reigning Munster Champion was 2nd overall with **Aoife Hamilton, West Waterford A.C.** in 3rd place, **Aisling Kelly, St. John's A.C.** in 6th, **Ellen McCarthy, Skibbereen A.C.** in 9th place & **Fiona Everard, Bandon A.C.** in 10th place. These 5 girls together with Sinead Flynn, West Waterford A.C. (13th) took gold in the Inter-Provincial competition, current Munster Inter-Club Champions, **West Waterford A.C.** won the Inter-Club title & **Waterford & Cork** finished in 1st & 3rd places in the Inter-County competition.

Team-mates **Kevin Mulcaire, & Stephen Rooney** from **Ennis Track A.C.** both won individual medals with Kevin finished in 2nd place overall & Stephen placing 12th. Munster won Inter-Provincial Bronze with their team of Kevin, Stephen, Liam Harris, Togher A.C. (15th), Eoghan McElhinney, Bantry A.C. (19th), Eoin Browne, Ferrybank A.C. (20th) & Killian Cullagh, Nenagh Olympic A.C. (21st) with **Ennis Track A.C.** taking Silver in the Inter-Club competition.

In the Girls U/17 race, **Louise Shanahan, Leevale A.C.** placed 7th with **Orlaith Moynihan, Clonmel A.C.** in 9th place & **Niamh Cotter, Bantry A.C.** in 11th place. These 3 girls together with Orla Quelly, Ferrybank A.C. (17th), Ciara Cummins, Nenagh Olympic A.C. (18th) & Aisling Everard, Bandon A.C. (19th) won Inter-Provincial Silver with Munster. Munster Champions, **Clonmel A.C.** were 2nd in the Inter-Club competition with **Cork** placing 3rd in the Inter-County competition.

In the Boys U/19 race, current Munster Champion, **Michael Carey, Clonmel A.C.** placed 5th overall with **Ian Hartnett, Togher A.C.** in 9th place & **Philip Crowley, Leevale A.C.** in 11th place. **Cork** won the National Inter-County title with **Leevale A.C.** winning the National Inter-Club title. The Munster team of Michael Carey, Ian Hartnett, Philip Crowley, Chris Mintern, Leevale A.C. (17th), Karl Fitzmaurice, Shannon A.C. (18th) & Shane Dineen, Leevale A.C. (19th) won a Gold Inter-Provincial medal for Munster.

3 Munster athletes scored in the top 12 in the Girls U/19 race with reigning Munster Champion, **Orna Murray, Ferrybank A.C.** winning the National title, **Rachel O'Shea, West Muskerry A.C.** placing 4th & **Brighid Dennehy 5th** . These 3 girls also won a Bronze Inter-Provincial medal with Lucy O'Brien, West Waterford A.C. (19th), Nicole Rowe, Ferrybank A.C. (27th) & Niamh De Hora, Farranfore Maine Valley A.C (31st).

For full results, see www.munsterathletics.com.