

Celtic International Success for Munster Athletes



Irish Celtic Track & Field International Team 2013

14 Munster athletes lined out to compete for Ireland at the 2013 Celtic Games in Colwyn Bay, Wales on Saturday 3rd August winning 12 individual medals in total (6 gold, 3 silver & 3 bronze). There were gold medal wins for **Adam King, Iveragh A.C.** in the Men's U/18 Hammer when he threw 69.26m to set a new Celtic record to better Dempsey Mc Guigan's 2010 record of 67.93m; **Darren Prout, Carrick-On-Suir A.C.** in the Men's U/18 Triple Jump with a jump of 13.33m; **David Cussen, Old Abbey A.C.** in the Men's U/18 High Jump with a leap of 2.10m; **Sam Healy, Leevale A.C.** in the Men's U/18 Long Jump with a jump of 6.81m; **Louise Shanahan, Leevale A.C.** in the U/18 Women's 800m in a time of 2.13.34 & **Aoife Doyle, Star of the Laune A.C.** in the Girls U/16 Discus with a throw of 35.02m.

Jack Murphy, Leevale A.C. took silver in the Boys U/16 100mH in 13.77sec just behind Harry Hillman, Wales in a record breaking time (13.65) with 2nd place finishes for **Aoife Vaughan Witts, Borrisokane A.C.** in the U/18 Women's Hammer with a throw of 45.97m & **Paul Murphy, Ferrybank A.C.** in the U/18 Men's 400m in 48.50. **Kelly Ann Doyle, Carrick-On-Suir A.C.** was 3rd in the Women's U/18 100m Hurdles despite suffering a heavy fall at the 3rd flight, **Niamh McNicol, Ferrybank A.C.** won bronze in the U/18 Women's 100m in 12.32 & **Jamie Fennell, West Waterford A.C.** was 3rd in the U/18 Men's Pole Vault with a vault of 3.41m. **Rita Casey, Gneeveguilla A.C.** was 4th in the U/18 Women's Javelin with a throw of 33.63m & **Phoebe Murphy, Clonmel A.C.** was 4th in the Girls U/16 200m in 25.74.

In the Relay competitions, **Niamh Mc Nicol** was part of the U/18 Women's Irish 4 x 100m Relay team who won gold, **Phoebe Murphy** won silver with the Irish Mixed U/16 Relay, **Louise Shanahan** was on the winning U/18 Women 4 x 400m Relay team & **Paul Murphy** was on the U/18 Men's 4 x 400m Relay team who won silver.

Ireland finished 2nd overall on 162 points, just 1 point behind Scotland with the Irish U/18 Men's Team winning their competition (Munster athletes were Sam Healy, David Cussen, Adam King, Darren Prout, Paul Murphy & Jamie Fennell), silver for the Irish U/16 Girls (Phoebe Murphy & Aoife Doyle) & U/18 Women (Kelly Ann Doyle, Niamh McNicol, Louise Shanahan, Aoife Vaughan Witts & Rita Casey) & 3rd place for the Irish U/16 Boys (Jack Murphy). Congratulations & well done to all our Munster athletes who represented their Clubs & Province so well.

Report Taken from AAI Website dated Wednesday 7th August 2013.

"Welsh Athletics were the hosts of the **2013 Celtic Games**, a competition for under 16 and under 18 athletes. The Irish team of 49 athletes travelled to Colwyn Bay on Friday in preparation for Saturday's competition having been selected from this year's National Championships. The event was held in the excellent Colwyn Bay facility and the conditions were perfect for some good competition which saw **seven Celtic records tumble, four of which went to Irish athletes.**

First in competition on the day was **Adam King**, (Iveragh AC) and he set the tone for the competition by setting a new Celtic record with a throw of 69.26m improving on Dempsey McGuigan's record of 67.93m. In the jump events, Ireland had a clean sweep with **Darren Prout** (Carrick on Suir AC) and Blathnaid Patton (Finn Valley AC) taking golds in Triple Jump. Annie Stafford (Menapians AC), **David McDonald** (Menapians AC) and **Sam Healy** (Leevale AC) all showed their class winning the long jump competitions and not to be outdone, our High Jumpers **Shannen Dawkins** (St Joseph's AC), **David Cussen** (Old Abbey AC) and **Elizabeth Morland** (Cushinstown AC) all took top position. Indeed, Morland was unfortunate to have to pull out with an injury having won the competition with a jump of 1.65m.

In the Hurdles events Ireland had mixed fortunes, **Kelly Ann Doyle** (Carrick-on-Suir AC) took a heavy fall at the third hurdle while leading the U18 100mhurdles and in a display of true team spirit regained her composure to complete the race despite being in obvious discomfort. **Jack Murphy** (Leevale AC) ran a blistering 13.77 in the U16 race to come second - a new record of 13.65 was run by Harry Hillman, Wales, in first position. Jack's time was also within the record time of 13.89 held by Garbhan McKenna. In the 400m Hurdles, **Kelly McGrory** (Tir Chonnaill AC) ran a perfect race to win setting a new record of 64.14 improving on Orla Furney's record of 65.92.

In the throwing events **John Kelly** (Finn Valley AC) threw a new PB of 18.42 only 20cm off the record of 18.62 set by Sean Breathnach of Scotland in 1996. Aoife Doyle had an excellent win in the u16 Discus with a throw of 35.02 and **Stephen Rice** (Greystones and District AC) won the u18 Javelin with a throw of 60.78m.

On the track the Irish 800m athletes dominated. **Louise Shanahan** (Leevale AC) won the ladies event in 2.13.34, but it was **Harry Purcell** (Trim AC) who gave us a display of front running when he lead the 800m from start to finish in a time of 1.52.71 setting a new record improving on Mark English's record of 1.53.07 set in 2009.

In the 3000m event, **Andrew Corcoran** (Star of the Sea AC) ran a fantastic race to set a new record of 8.32.49 taking over from Callum Hawkins whose record of 8.40.30 was set in

2009. Andrew's time was an improvement of 17 seconds on his previous PB. In a bizarre twist the Women's 1500m Steeplechase had to be rerun but despite the exhaustive nature of the event, **Alison Armstrong** (Celtic DCH), won both races showing true grit and determination running two races within 90 minutes.

The relays gave us an exciting finish to the day with a win by the **under 18 Girls 4 x 100m** (Sarah Kate Lacey, Shannen Dawkins, Annie Stafford and Niamh McNicol).

In the overall classifications the U 18 Men's team took the trophy but despite having 7 gold medal wins the U 18 Ladies team was pipped by 2 points by the Scottish team.

To the members of the team of Celtic Ireland, well done on an excellent team performance. To the parents of the athletes who travelled to Wales to support the team, our thanks - your support of the athletes was greatly appreciated.

The Celtic Games 2014 will be hosted here in Ireland."

View the full results [here](#).



Irish U/16 Boys & Girls Teams at Celtic Games Track & Field 2013 in Wales



2013 Celtic Games Winners in Girls U/18 Hammer – 2nd Munster athlete, Aoife Vaughan Witts, Borrisokane A.C.



Darren Prout, Carrick-On-Suir A.C., winner of U/18 Men's Triple Jump



Jack Murphy, Leevale A.C., 2nd in Boys U/16 100mH



Sam Healy, Leevale A.C., winner of U/18 Men's Long Jump



Irish U/18 Women's 4 x 400m Relay team who won Silver.