

Munster Juvenile PRO Report

13 New Records in Templemore

The Munster U/14 to U/19 Track & Field Championships were held in Templemore Track, Co. Tipperary on Saturday 15th & Sunday 16th June. Our thanks to Templemore A.C. for providing the venue & facilities & to all the Clubs who provided help, a vital part for the effective running of these Championships.

With the weather in total contrast to Ennis, it was time to set up tents & don waterproofs for some very inclement weather but nonetheless, there were some excellent performances with **13 new Championship Best Performances** ("CBP") set, 7 on the track & 6 in the field events, 5 set by the boys & 8 by the girls. The oldest record of the Championships to fall was the 1985 Boys U/15 80m Hurdles record of 11.50sec which was held by top class hurdler, Darren Haddock, Togher A.C. & it was **Daniel Ryan, Moycarkey Coolcree A.C.** who set a new CBP in this event when he ran 11.47sec in his straight final. Next oldest record of the meet was the 1987 Girls U/18 Discus record of 44.16m held by Ailish O'Brien, Dungarvan which was broken by **Kaleigh Cronin, Spa Muckcross A.C.** with her throw of 44.23m. **Evan Lynch, Clonmel A.C.** won the Boys U/19 5000m Walk in a time of 21.36.22 smashing Jamie Costin's 1995 record of 22.40.2H by just over a minute. **Adam King, Iveragh A.C.** was in top form throwing 69.09m in the Boys U/17 Hammer to obliterate the 1995 record of 55.80m held by Michael Grace, Tipperary Town A.C. **Eoghan Courtney, St. Brendan's A.C.** won the Boys U/19 400m Hurdles in a time of 57.74 breaking the existing 1996 record of 58.2H held by Brian Cullinane, Nenagh Olympic A.C. **Kelly Ann Doyle, Carrick-On-Suir A.C.** ran 45.34 in the Girls U/17 300mH to break the existing record of 45.40 (HT) which was set by L. Hegarty, Midleton A.C. in 1994 & she also set a record in the Girls U/17 400m when she ran 1.00.60. **Orlaith O'Brien, Ferrybank A.C.** set a new record by over 7 metres in the Girls U/15 Javelin when she threw 40.97m to better the 2007 record of 33.89m set by Ailish Sheehan, Dooneen A.C. **Nenagh Olympic A.C. Boys U/18 4 x 100m Relay team** ran 3.38.61 to better the 2008 record of 3.38.91 set by Leevale A.C. In the Girls U/19 Shot Putt, **Laura McSweeney, Bandon A.C.** won gold & set a new record of 12.09m to better Blarney Inniscarra A.C. athlete, Niamh Murphy's 2012 throw of 11.63m. **Alice Akers, Marian A.C.** threw 56.82m in the Girls U/18 Hammer to break Laura McSweeney's 2012 record of 48.91m. **Aoife Vaughan Witts, Borrisokane A.C.** took the title & set a new record of 52.76m in the Girls U/17 Hammer to break Alice Akers 2012 record of 52.01m. **Ciara Cummins, Nenagh Olympic A.C.** ran 7.56.27 in the Girls U/17 2000m Steeplechase to better Clonmel A.C. athlete, Laura Tobin's record of 8.35.95 by over 39 seconds.

Over the weekend, there were numerous multi-talented athletes who won multiple medals in their events. Some of those winners are listed here. In the Girls U/14 competition, **Vickie Cusack, Liscarroll A.C.** won 3 gold medals in the 75m Hurdles, Shot Putt, & Long Jump, silver in the 200m & bronze in the 80m with **Orla O'Reilly, Tralee Harriers A.C.** winning gold in the 80m, silver in the Long Jump & bronze in the 200m. **Lauren Ryan, Dooneen A.C.** won gold in the Girls U/15 80m Hurdles, 250m Hurdles, 100m & 200m & **Orlaith O'Brien, Ferrybank A.C.** took gold in the Discus & Javelin, silver in the Shot Putt & bronze in the Hammer. **Emma Hennessy, Nenagh Olympic A.C.** won gold in the Girls U/16 80mH & High Jump, silver in the Long Jump & bronze in the 250mH with **Sharlene Mawdsley, Newport A.C., Phoebe Murphy, Clonmel A.C. & Laura Murphy, Leevale A.C.** all taking home medals in the 100m & 200m. **Aoife Doyle, Star of the Laune A.C.** won gold in the Hammer &

Discus & bronze in the Shot Putt with **Erin Kingston, Bandon A.C.** winning double gold in the Shot Putt & Javelin & bronze in the Hammer & **Aoife Hamilton, West Waterford A.C.** winning gold in the 800m & silver in the 1500m.

In the Girls U/17 competition, **Kelly Ann Doyle, Carrick-On-Suir A.C.** took 3 gold in the 100mH, 300m Hurdles & 400m setting two new Munster records with **Niamh McNicholl, Ferrybank A.C.** taking double gold in the 100m & 200m & **Louise Shanahan, Leevale A.C.** winning Munster titles in the 800m & 1500m. **Ciara Mockler, Moycarkey Coolcree A.C.** won double gold in the Shot Putt & Discus & silver in the Hammer with **Fiona O'Shea, Dooneen A.C.** winning double gold in the Long Jump & Triple Jump. In the Girls U/18 competitions, **Jayne Pennefather, Leevale A.C.** took double Munster titles in the 100m Hurdles & 400m Hurdles with **Emma O'Brien, Leevale A.C.** taking double gold in the 100m & 200m & **Laura Power, Ennis Track A.C.** winning both the 800m & 1500m races. **Alice Akers, Marian A.C.** won gold in the Hammer & silver in the Shot Putt & Discus with **Siobhan Whelan, Ferrybank A.C.** taking gold in the Triple Jump & silver in the Shot Putt. **Rachel O'Shea, West Muskerrey A.C.** took double gold in the Girls U/19 800m & 1500m with **Lucy O'Brien, West Waterford A.C.** taking double silver in the same events. **Marie Heelan, Emerald A.C.** took double gold in the 100m & Long Jump, **Laura McSweeney, Bandon A.C.** won both the Hammer & Shot Putt & **Caroline Morgan, Nenagh Olympic A.C.** won silver in the Discus, Hammer & Javelin & bronze in the Shot Putt.

In the Boys events, **Tony Odbute, Ennis Track A.C.** won gold in the Boys U/14 75mH, 80m & 200m & silver in the Long Jump, **Jack Hallahan, Middleton A.C.** won gold in the Shot Putt, Discus & Hammer, **Sean Mockler, Moycarkey Coolcree A.C.** took silver in the Shot Putt, Discus, Hammer & Javelin & **David Ryan, Moycarkey Coolcree A.C.** won gold in the Long Jump, silver in the High Jump & 200m & bronze in the 80m. **Daniel Ryan, Moycarkey Coolcree A.C.** won 3 gold medals in the Boys U/15 80m Hurdles, Discus & 200m while **Eoin Looney, Kilmurray/Ibrickane A.C.** took double gold in the 800m & 1500m & **Diarmuid Clancy, Abbey Striders A.C.** won double gold in the 250mH & High Jump & silver in the 80mH. In the Boys U/16 competition, **Jack Murphy, Leevale A.C.** took 3 gold in the 100mH, Long Jump & High Jump, **Dion Marcos, Spa Muckcross A.C.** took silver in the 250mH, 100m & 200m, **Sean Glasheen, Tipperary Town A.C.** won silver in the Shot Putt, Javelin & Long Jump, **Fearghal Curtin, Youghal A.C.** won double gold in the 800m & 1500m & **Michael Foley, Lios Tuathail A.C.** was 1st in the 800m & 2nd in the 1500m.

Jason Foley, Lios Tuathail A.C. won treble gold in the Boys U/17 100mH, 100m & 200m, **Darren Prout, Carrick-On-Suir A.C.** won gold in the Long Jump & Triple Jump silver in the 100mH & bronze in the 100m with **Benny Healy, Fanahan McSweeney A.C.** taking double gold in the Shot Putt & Discus. In the Boys U/18, **Sam Healy, Leevale A.C.** won gold in the 110mH, & silver in the Long Jump, High Jump & 100m, **David Cussen, Old Abbey A.C.** won double gold in the Long Jump & High Jump & silver in the 110mH, **Brandan Arrey, Blarney Inniscara A.C.** took gold in the 400mH & silver in the 200m & 400m, **Paul Murphy, Ferrybank A.C.** won double gold in the 200m & 400m, **Stephen Holland, Bantry A.C.** was 1st in the 800m & 2nd in the 1500m, **Liam O'Connell, Iveragh A.C.** took gold in the 1500m & silver in the 3000m, **Colin Kingston, Bandon A.C.** took gold in the Shot Putt & silver in the Discus with **Eoin Hanrahan, Ennis Track A.C.** taking gold in the Discus & silver in the Shot Putt.

Finally, the Boys U/19 competitions saw **Eoin O'Carroll, Tralee Harriers A.C.** take gold in the 100m, 200m & Long Jump, **Billy Cosgrave, Emerald A.C.** win double silver in the 200m & 400m, **Kyle Larkin,**

Emerald A.C. win gold in the 1500m & silver in the 800m, **Karl Fitzmaurice**, **Shannon A.C.** win double gold in the 3000m & 3000m Steeplechase & bronze in the 1500m, **Conor Foley Ellis**, **Kilmihil A.C.** win silver in the Shot Putt & Javelin & bronze in the 100m, **Dan Finnerty**, **Nenagh Olympic A.C.** win gold in the Javelin & silver in the 100m, & team-mate **Paul White** win gold in the 400m & bronze in the 200m & Javelin.

Full results can be found at www.munsterathletics.com.