

Munster Juvenile PRO Report

The Munster U/9 to U/11 Team Games & the U/12 & U/13 Track & Field Championships were held in Lee's Road, Ennis, Co. Clare on Saturday 8th & Sunday 9th June. Our thanks to Clare County Board for providing the venue, facilities & lots of assistance over the weekend. Thanks also to all the Clubs who provided help, a vital part for the effective running of these Championships.

With the weather totally on our side for a change, there were lots of exciting performances with **7 new Championship Best Performances** ("CBP") set mainly by Limerick athletes & 1 Cork athlete. With 26 individual titles up for decision, Cork won 9 titles followed closely by Limerick with 8 titles. Tipperary was next with 3 titles & Clare, Kerry & Waterford won 2 each. Star athlete of the Championships was **Sophie Meredith, St. Mary's A.C.** who showed great form by setting 4 CBP's in total & winning 5 gold medals & 1 silver in the Girls U/13 60mH, Long Jump, High Jump, Shot Putt, Javelin & 60m. Details of the 7 new CBP's are as follows:-

1. **Niamh Foley, St. Mary's A.C., Limerick** in the Girls U/12 60m when she won gold in a time of 8.40 to break her own record of 8.63 which she set earlier this year.
2. **Ciara Sheehy, Liscarroll A.C.** in the Girls U/12 Shot Putt who took gold with a massive throw of 9.81m in the last round to break Sophie Meredith's record of 9.30m set in 2012.
3. **Sophie Meredith, St. Mary's A.C., Limerick** in the Girls U/13 Long Jump when she took the gold medal with a jump of 4.99m to break her own record of 4.91m set earlier this year.
4. **Sophie Meredith, St. Mary's A.C., Limerick** in the Girls U/13 Shot Putt when she won the Munster title with a throw of 11.87m to break the existing record of 11.39m held by Deirbhile Ryan, Nenagh Olympic A.C. in 2009.
5. **Sophie Meredith, St. Mary's A.C., Limerick** in the Girls U/13 High Jump when she won gold with a jump of 1.52m to break the existing record of 1.45m held jointly by herself (2013) & Vickie Cusack, Liscarroll A.C. (2012).
6. **Sophie Meredith, St. Mary's A.C., Limerick** in the Girls U/13 60m Hurdles when she won gold in a time of 10.01 to break the existing record of 10.21 held by Ciara Giles Doran, Ferrybank A.C. set in 2007.
7. **Dooneen A.C.** Girls U/12 4 x 100m Relay team who ran 56.29 to break the existing record of 57.51 set by Leevale A.C. in 2012.

There were lots of great performances in every event with some athletes taking more than one medal in their age group. Details of some of the multiple medal winners are below:-

Niamh Foley, St. Mary's A.C. (1st Girls U/12 60m & LJ, 3rd 600m), **Holly Meredith, St. Mary's A.C.** (2nd Girls U/12 Shot Putt & High Jump & 3rd in 60m & Long Jump), **Sophie Meredith, St. Mary's A.C.** (1st Girls U/13 Long Jump, High Jump, Shot Putt, Javelin, 60mH & 2nd 60m), **Robert Dillon, Midleton A.C.** (1st in Boys U/12 60m, 2nd High Jump & 3rd Long Jump), **Eoin Redmond, Riverstick A.C.** (1st Boys U/12 Long Jump & 2nd 600m), **Lauren O'Leary, Liscarroll A.C.** (1st Girls U/13 80m & 2nd Long Jump), **Sean Carolan, Nenagh Olympic A.C.** (1st Boys U/13 Javelin & Shot Putt & 2nd in the Long Jump), **Joseph McEvoy, Nenagh Olympic A.C.** (1st Boys U/13 High Jump & 2nd in the Shot Putt & Javelin), **Tom Gallagher, Ferrybank A.C.** (1st Boys U/13 Long Jump & 2nd in High Jump), **Fiona Doyle, Star of the Laune A.C.** (1st Girls U/13 600m & 3rd in Shot Putt), **Aisling Cassidy, Bandon A.C.** (2nd in Girls U/13

60m Hurdles & High Jump), **Miriam Daly, Carrick-On-Suir A.C.** (3rd in Girls U/13 60m Hurdles & Long Jump) & **John Forde, Midleton A.C.** (3rd Boys U/13 60mH & High Jump),

There was a good turnout for the U/9 to U/11 Team Games Competition & for the first time, there was an individual dimension introduced to these Championships in that medals were awarded for the first 3 teams & the first 3 individuals in each event.

In the Girls U/9 competition, 2 of the strongest Clubs were **Templemore A.C.** (2 gold & 2 silver) & **Dooneen A.C.** (2 gold & 1 silver) while **Ennis Track A.C.** (2 gold, 1 bronze), **Tralee Harriers A.C.** (2 bronze) & **Bandon A.C.** (gold & silver) came to the fore in the Boys events. In the Girls U/10, **Leevale A.C.** (3 gold, 2 silver), **North Cork A.C.** (silver & bronze) & **Marian A.C.** (gold & bronze) were strong with **Nenagh Olympic A.C.** (3 gold, silver & bronze), **Bandon A.C.** (2 silver & bronze), **Belgooly A.C.** (gold & silver) & **Midleton A.C.** (gold & bronze) all showing their strength in the Boys U/10 competition. In the Girls U/11 events, **Skibbereen A.C.** (gold & silver), **Ferrybank A.C.** (2 gold), **Clonmel A.C.** (silver & bronze) & **Riverstick A.C.** (silver & bronze) competed very well with **Waterford A.C.** (2 gold & silver), **St. Mary's A.C.** (2 gold & silver), **Bandon A.C.** (gold & silver) & **Midleton A.C.** (1 silver, 2 bronze) all coming to the fore in the Boys U/11 competition.

The first 3 teams in each event go forward to the Woodie's DIY AAI Juvenile Team Games in Finn Valley, Co. Donegal on Saturday 29th June & we wish them all the very best of luck.

Congratulations & well done to the medal winners & to all who took part over the two days. Full results can be found at www.munsterathletics.com.