## 2 National CBP's for Dooneen A.C.

The Woodie's DIY AAI Juvenile Inter-Club & Inter-County Relays were held on Day 3 of the National Championships, Saturday  $20^{th}$  July 2013 in Tullamore Harriers Stadium. **Dooneen A.C.** had an outstanding day setting two new Championship Best Performances ("CBP") in the Girls U/12 & Girls U/13 4 x 100m competitions. **Leevale A.C.** also had great performances in the Boys U/12, U/13, U/14 & U/16 4 x 100m & Girls U/17 4 x 100m & 4 x 400m races to win National titles in all 6 events.

With 4 Munster teams in the final of the Girls U/12 4 x 100m Relay, it was gold for **Dooneen A.C.** in 55.93 in a new CPB with **St. Mary's A.C.**, **Limerick** in 2<sup>nd</sup> place (56.58), **Ferrybank A.C.** in 5<sup>th</sup> & **Bandon A.C.** in 6<sup>th</sup> place. In the Boys U/12 4 x 100m Relay, national gold went to **Leevale A.C.** in 55.80 with **Waterford A.C.** & **Midleton A.C.** in 4<sup>th</sup> & 5<sup>th</sup> places.

**Dooneen A.C.** were in top spot in the Girls U/13 4 x 100m Relay winning gold in a new CBP time of 53.95 with **St. Mary's A.C.**, **Limerick** in 3<sup>rd</sup> place (54.46), **Doheny A.C.** in 4<sup>th</sup> **& Leevale A.C.** in 5<sup>th</sup> place. In the Boys U/13 competition, there was gold for **Leevale A.C.** in 53.00, bronze for **Dooneen A.C.** in 54.63 with **Midleton A.C.** in 4<sup>th</sup> place **& Nenagh Olympic A.C.** in 6<sup>th</sup>.

**Nenagh Olympic A.C.** won silver in the Girls U/14 4 x 100m Relay in 53.27 with **Bandon A.C.** in  $4^{th}$  & **Emerald A.C.** in  $8^{th}$ . In the Boys U/14 4 x 100m Relay, it was gold for **Leevale A.C.** in 51.67, bronze for **Tramore A.C.** in 52.65 with **Abbey Striders A.C.** in  $5^{th}$  & **Carrick-On-Suir A.C.** in  $7^{th}$ .

5 out of the 8 teams in the Girls U/15 4 x 100m Relay were from Munster with **Emerald A.C.** taking gold in 51.07, **Dooneen A.C.** winning bronze (51.51) with **Lios Tuathail A.C.** in  $4^{th}$ , **Bandon A.C.** in  $5^{th}$  & **Liscarroll A.C.** in  $7^{th}$ . In the Boys U/15 4 x 100m Relay, **Ennis Track A.C.** were  $4^{th}$ , **Youghal A.C.** were  $5^{th}$  & **Midleton A.C.** were  $7^{th}$ .

In the U/16 competitions, it was 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> for **Emerald A.C.** (51.28), **Nenagh Olympic A.C. & Leevale A.C.** for the girls with **Leevale A.C.** winning gold in the boys competition in 46.03 & **Emerald A.C.** in 6<sup>th</sup> place & **Abbey Striders A.C.** in 7<sup>th</sup>.

**Leevale A.C.** won gold in both the Girls U/17 4 x 100m (51.77) & 4 x 400m (4.22.30) Relays & **Templemore A.C.** picked up silver in the Boys U/17 4 x 400m in 3.59.99. In the Boys U/17 4 x 100m Relay, it was  $5^{th}$ ,  $6^{th}$  &  $7^{th}$  places for **Leevale A.C.**, **Dooneen A.C. & Doheny A.C.** 

In the Girls U/18 4 x 100m Relay, Leevale A.C. won bronze (52.03) & Abbey Striders A.C. were  $7^{th}$  in the Boys U/18 4 x 100m.

**Nenagh Olympic A.C.** won silver in the Boys U/19 4 x 100m (44.61) with **Templemore A.C.** in  $4^{th}$  place (46.01) & **Leevale A.C.** were  $4^{th}$  in the Girls U/19 4 x 100m in 53.43. **Nenagh Olympic A.C.** also won silver in the Boys U/19 4 x 400m Relay in 3.31.90 & in the Girls U/19 4 x 400m, **Leevale A.C.** won bronze in 4.23.50.

In the National Inter-County Relays, **Tipperary** was Munster's only representative & they competed strongly winning gold in the Boys U/19, silver in the Girls U/13 & U/17 & bronze in the Boys U/15. The Girls U/15 team finished 4th & the Boys U/13 team were 6th. Congratulations to all.

## Extract from AAI Report dated Saturday 20<sup>th</sup> July 2013 on Athletics Ireland Website

"Sweltering heat and exciting competition was on the menu for day three of the **Woodie's DIY National Juvenile Relay Championships**. The large crowds along with the glorious sunshine made for tremendous day of competition as Ireland's stars of the future came together in the hunt for national relay titles.

There was a new record set in the U13 girl's relay when Dooneen AC stormed to victory in a time of 53.95. The time surpassed the old record of 54.65 set last year by Liscarroll AC.

The Menapians AC U15 quartet produced one of the highest quality performances of the day when they took almost two seconds off the championship record with a stunning time of 47.85 to win the title. Dunshaughlin AC finished second in a time of 48.01 and Galway City Harriers finished third in 48.97 seconds.

The U18 girl's 4×400m relay event was dominated by Galway City Harriers; they won the title in a time of 4.16.3. The time smashed the old record held by Greystones and District which stood at 4.24.06 from last year.

Kilkenny City Harriers AC team won the U18 girl's 4×100m title with a winning time of 50.55. This was just enough to hold off Blackrock AC (Louth) who finished second in a time of 50.81 and Leevale AC in third in a time of 52.03.

In one of the closest races of the day Emerald AC won the U15 girl's 4×100m title in a time of 51.07. This proved just enough to hold off the Dundrum South Dublin team who finished second in a time of 51.21.

The youngest age group on display here today was the U12 age group. The girl's U12 Dooneen AC team of Helena Dee, Isobel Farrelly, Ellen Lynch and Aoife Rowsome won the title in a new championship best of 55.93.

St Laurence O'Toole U19 boy's 4×100m team were without their star athlete Marcus Lawler who was away representing Ireland at the European Junior Championships in Rieti, Italy. The team of Daniel Lawlor, Keith Noctor, Adam Murphy and Owen Scully produced slick changeovers to take the title in a time of 44.31. It was a classy performance by the four athletes to just hold off Nenagh Olympic AC and Tallaght AC who finished second and third respectively. The same St Laurence O'Toole quartet returned later in the programme to win the 4×400m final in a time of 3.26.58

The U19 girl's 4×100m title was won by Kilkenny City Harriers in a time of 50.69 from Blackrock AC (Louth) second in 52.72 and Galway City Harriers AC in third in a time of 53.32 Leevale AC dominated the U13 and U16 boy's 4×100m events. The U16 team won the title in a time of 46.03 while the U13's claimed an impressive victory in a time of 53 seconds.

The Leevale girl's U17 team won the 4×100m title in a time of 51.77 from second place team Kilkenny City Harriers AC with a time of 52.46."

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