

National Gold for Morrison, Harrington, Looney & Mulcaire

The Woodie's DIY AAI Juvenile Uneven Age Cross Country Championships took place in Waterford I.T. Campus on Sunday 15th December 2013. Munster athletes won 32 individual medals in total with top 4 finishes by 7 athletes. Gold medals won by **Sarah Morrison, St. Nicholas A.C.** in the Girls U/11 race, **Caoimhe Harrington, West Muskerry A.C.** in the Girls U/15, **Finn Looney, Emerald A.C.** in the Boys U/13 & **Kevin Mulcaire, Ennis Track A.C.** in the Boys U/17. There was also 4th place finishes for **Louise Shanahan, Leevale A.C.** (Girls U/17), **Rachel O'Shea, West Muskerry A.C.** (Girls U/19) & **Aisling Kelly, St. John's A.C.** (Girls U/15).

In the Inter-Club competition, there were 8 National medals for the following Munster Clubs:- **Bandon A.C.** (2nd Girls U/11), **Clonmel A.C.** (3rd Girls U/19), **Leevale A.C.** (3rd in Boys U/17), **Togher A.C.** (1st in Boys U/13), **Emerald A.C.** (2nd in Boys U/19), **Ennis Track A.C.** (1st in Boys U/11 & 2nd in Boys U/15), **St. Cronan's A.C.** (2nd in Boys U/11).

In the Inter-County competition both **Clare & Cork** won medals on the day. **Clare** won gold in both the Boys U/11 & Boys U/15 while **Cork** won gold in the Boys U/13 & Girls U/15, silver in the Boys U/17 & U/19 & bronze in the Boys U/11, Girls U/13 & U/17.

In the Inter-Regional competition, Munster won 9 sets of medals: 4 gold in the Girls & Boys U/11, Boys U/13 & U/17, 3 silver in the Girls & Boys U/15 & Boys U/15 & U/19 & 2 bronze in the Girls U/17 & U/19.

In the Boys U/11 race, 5 Munster athletes made the top 12 - there was national bronze for **John O'Flynn, North Cork A.C.** with **Diarmuid Healy, Midleton A.C.** in 5th place, **Oisin O'Riordan, West Waterford A.C.** in 6th place, **Mark Hanrahan, Ennis Track A.C.** in 8th place & **Dean Casey, Ennis Track A.C.** in 12th place. **Clare** was first in the Inter-County competition with their team of **Mark Hanrahan, Dean Casey, Ennis Track A.C., Colin Carmody, St. Cronan's A.C. (13th), Niall Murphy, St. Cronan's A.C. (15th), Colin Ryan & Dylan Casey, Ennis Track A.C. (17th & 18th).** **Cork** also won bronze with their team of **John O'Flynn, Diarmuid Healy, Colin Roche, Courcey A.C., Evan Buckley, Leevale A.C., Jack O'Neill, Skibereen A.C. & Keelan Crowley, Bandon A.C.** In the Inter-Club competition, it was Clare Clubs who came to the fore, **Ennis Track A.C.** (Mark Hanrahan, Dean & Dylan Casey, Colin Ryan) winning gold & **St. Cronan's A.C.** (Colin Carmody, Niall Murphy, John Conneally & Ian McNamara) winning silver.

In the Girls U/11 race, there was gold for **Sarah Morrison, St. Nicholas A.C.,** (who was also a National silver medallist in the U/12 race) 4th place for **Meghan Carr-O'Reilly, St. Catherine's A.C.,** (who also medalled with bronze in the National U/12 race), 5th place for **Aimee Hayde, Newport A.C.,** 6th for **Neasa Ni Ainifein, Ennis Track A.C.,** & 7th for **Laura Quinlivan, Kilmihil A.C.** Munster won gold with those great individual results adding **Jane Buckley, Bandon A.C.** to the team in 13th place. **Cork** also won gold in the Inter-County competition with their team of **Sarah Morrison, Meghan Carr-O'Reilly, Jane Buckley, Maeve O'Neill, Doheny A.C. (14th), Aoife O' Sullivan, Liscarroll A.C. (16th) & Avril Cashman, Youghal A.C. (18th).** **Bandon A.C.** won silver in the Inter-Club competition with their team of **Jane Buckley, Clare Flynn (33rd), Amy O'Donoghue (68th) & Nicola Tuthill (70th).**

In the Girls U/13 race, there were individual national medals for **Ursula Bluett, North Cork A.C.** who finished in 8th place & **Aoife Casey, Ferrybank A.C.** in 10th place. Cork also won an Inter-County bronze medal with their team of **Ursula, Jennifer Cotter, West Muskerry A.C. (14th), Sarah Kelleher, West Muskerry A.C. (33rd), Nessa Wheeler, Carraig na Bhfear A.C. (44th), Lucy O'Keefe, Youghal A.C. (61st) & Blathnaid Daly, Carraig na Bhfear A.C. (68th).**

4 Munster athletes made the top 12 in the Boys U/13 race. **Finn Looney, Emerald A.C.** took the National title with **Adam O'Reilly, Togher A.C.** in 9th place, **Joshua O'Dwyer, Dundrum A.C.** in 11th place & **Ben Whelehan, Kilmurray/Ibrickane A.C.** in 12th place (he was also 4th in the National U/12 race). Munster took the gold medal in the Inter-Regional competition with their team of **Finn Looney, Adam O'Reilly, Joshua O'Dwyer, Ben Whelehan, Christopher O'Reilly, Togher A.C. (18th) & Luke Noonan, Togher A.C. (19th).** Cork also won gold in the Inter-County competition with their team of **Adam, Tim & Christopher O'Reilly, Luke Noonan & Jack O'Shea, Middleton A.C. & Jake McCarthy, Youghal A.C. Togher A.C.** also won gold in the Inter-Club competition with their team of **Adam, Christopher & Tim O'Reilly & Luke Noonan.**

Caoimhe Harrington, West Muskerry A.C. was the overall winner of the Girls U/15 race with **Aisling Kelly, St. John's A.C.** in 4th place (same position as her win in the National U/16 race), **Stephanie Cotter, West Muskerry A.C.** in 9th place & **Caoimhe Harvey, St. John's A.C.** in 11th place (same place as her National U/16 win). Munster won Inter-Regional silver with their team of **Caoimhe, Aisling, Stephanie, Caoimhe, Laura Nicholson, Bandon A.C. (20th) & Hannah Power, West Waterford A.C. (22nd).** Cork lifted the Girls U/15 Inter-County title with their team of **Caoimhe Harrington, Stephanie Cotter, Laura Nicholson, Ellen McCarthy, Skibbereen A.C. (28th), Tamzin Muldowney, Middleton A.C. (30th) & Laura Hayes, St. Catherine's A.C. (33rd).**

In the Boys U/15 race, there was a top 10 place for **Eoin Looney, Kilmurray/Ibrickane A.C.** who was first home for Munster in 7th place. Munster won silver in the Inter-Regional competition with a team of **Eoin Looney, Andrew Turner, Togher A.C. (14th), Conor O'Driscoll, Leevale A.C. (18th), Jamie Roche, Ennis Track A.C. (19th), Charlie O'Donovan (20th) & Aidan McCarthy, Ennis Track A.C. (21st).** Clare won gold in the Inter-County competition with their team of **Eoin Looney, Jamie Roche, Charlie O'Donovan, Donal & Conor Devane & Cathal O'Brien.** Ennis Track A.C. also won silver in the Inter-Club competition with their team of **Jamie Roche, Aidan McCarthy, Donal & Conor Devane.**

In the Girls U/17 race, there were individual medals for **Louise Shanahan, Leevale A.C.** in 4th place, **Fiona Everard, Bandon A.C. (9th)** (she also placed 8th in the National U/16 race recently) & **Aoife Hamilton, West Waterford A.C.** in 11th place (she also placed 5th in the National U/16 race recently). Munster won bronze in the Inter-Regional competition with their team of **Louise, Fiona, Aoife, Ciara Cummins, Nenagh Olympic A.C. (21st), Caoilinn Hickey, Bandon A.C. (25th) & Orla Quelly, Ferrybank A.C. (32nd).** Cork won Inter-County bronze with their team of **Louise Shanahan, Fiona Everard, Caoilinn Hickey, Louisa Keane, Bandon A.C. (51st), Bethanyanne Haigh, Bandon A.C. (59th) & Maeve Ahern, Carraig Na Bhfear A.C. (66th).**

Kevin Mulcaire, Ennis Track A.C. took the U/17 title, making him double National Champion with **Fearghal Curtin, Youghal A.C.** in 8th place (he also won National silver in the Boys U/16 race) & **Sean Curran, West Waterford A.C.** in 9th place. There was a gold Inter-Provincial medal for Munster with their team of **Kevin, Fearghal, Sean, Cathal McCarthy, Doheny A.C. (15th), Luke Horgan, Leevale A.C. (16th), & Darren Dunne, Nenagh Olympic A.C. (18th).** Cork won Inter-County silver with their team of

Fearghal Curtin, Cathal McCarthy, Luke Horgan, Peter Fagan, Leevale A.C. (30th), Evan Byrne, Togher A.C. (37th) & Billy Mulcahy, Leevale A.C. (43rd). Leevale A.C. won bronze in the Inter-Club competition with their team of **Luke Horgan, Peter Fagan, Billy Mulcahy & David Fox (52nd).**

In the Girls U/19 race, there were individual medals for **Rachel O'Shea, West Muskerry A.C.** who was 4th overall, **Niamh Cotter, Bantry A.C. (8th) & Laura Tobin, Clonmel A.C. (11th).** Both Niamh & Laura also won individual medals in the Girls U/18 race in Santry with Niamh placing 11th & Laura 12th. **Clonmel A.C.** won bronze in the Inter-Club competition with their team of **Laura Tobin, Orlaith Moynihan (20th) & Aoife Laste (23rd).** Munster also won Inter-Regional bronze with a team of **Rachel O'Shea, Niamh Cotter, Laura Tobin, Laura Power, Orlaith Moynihan & Aoife Laste.**

In the Boys U/19 race, there were individual medal wins for **Tom Hennessy, Nenagh Olympic A.C. (8th) & Karl Fitzmaurice, B.M.O.H A.C. (11th).** Munster won silver in the Inter-Provincial competition with their team of **Tom Hennessy, Karl Fitzmaurice, Conor Walter, Leevale A.C. (16th), Killian O'Donovan, Iveragh A.C. (23rd), Conor O'Mahoney, Tralee Harriers A.C. (27th) & Stephen Maher (30th).** There was also silver for **Cork** with their team of **Conor Walter, Stephen Maher, John Duncan, Togher A.C. (31st), Fionn Brackan, Carraig na Bhfear (43rd), Alan Ring, Togher A.C. (53rd) & Ruairi Myers, Carraig na Bhfear (54th).** **Emerald A.C.** won silver in the Inter-Club competition with their team of **Kyle Larkin (14th), Ruaidhri O'Conaill (37th), Scott Brophy (40th) & Matt Mitchell (59th).**

Congratulations to all our athletes who took part. Full results at www.munsterathletics.com.