

## **8 Medals for Munster at SIAB Schools International**

The SIAB Schools International Track & Field took place on home ground in Morton Stadium on Saturday 20<sup>th</sup> July with Munster athletes winning 8 individual medals in total. There were gold medal wins for **Sam Healy (Carrigaline CS/Leevale A.C.)** in the Boy's Long Jump with a leap of 7.01m (Sam was also 4<sup>th</sup> in the Boys 100mH), **Adam King (Iveragh A.C./ Colaiste na Sceilige Cahirciveen)** in the Boy's Hammer with a throw of 65.01m & **Maria Carey (St. Marys Newport/Newport A.C.)** in the Girl's Triple Jump with a jump of 11.48m.

Silver medal were won by **Aaron Egan (High School Clonmel/Clonmel A.C.)**, in the Boy's 3000m Walk (13.12.16), **Jason Foley (Tarbert CS/Lios Tuathail A.C.)** in the Boy's 100mH (13.68), & **Michael Quilligan (Nenagh CBS/Nenagh Olympic A.C.)** in the Boy's 400mH (56.06). Both **Darren Prout (Presentation Ballingarry/Carrick-On-Suir A.C.)** & **Alice Akers (Scariff CC/Marian A.C.)** won bronze medals in their events with Darren jumping 13.52m in the Boy's Triple Jump & Alice who was Irish Team Captain for the Girls, throwing 46.28m in the Girl's Hammer.

**Kelly Ann Doyle (Scoil Mhuire COS/Carrick-On-Suir A.C.)** also won bronze with the Irish Girls 4 x 300m Relay & was 4<sup>th</sup> in the Girl's 300mH (44.02) while **Jason Foley** won bronze with the Irish Boys 4 x 100m Relay.

Other athletes who competed very well were:-

- Anthony Tobin (High School Clonmel/Clonmel A.C.) 4<sup>th</sup> in Boy's 3000m Walk (14.13.23)
- Luke Horgan (Colaiste Christ Ri/Leevale A.C.) 4<sup>th</sup> in Boy's 1500m
- Seamie Fennell (St. Augustines/West Waterford A.C.) 4<sup>th</sup> in Boy's Pole Vault (3.60m)
- Nessa Murphy (Stella Maris, Tramore/Ferrybank A.C.) 4<sup>th</sup> in Girl's High Jump (1.66m)
- Kaleigh Cronin, St. Brigid's Killarney/Spa Muckcross A.C.) 4<sup>th</sup> in Girl's Discus (36.03m)
- Aoife Vaughan Witts (Borrisokane CC/Borrisokane A.C.) 4<sup>th</sup> in Girl's Hammer (45.25m)
- Orla O'Brien (Ursuline Waterford/Ferrybank A.C.) 6<sup>th</sup> in Girl's Javelin (32.92m)
- Sharlene Mawdsley (St. Marys Newport/Newport A.C.) 6<sup>th</sup> in Girl's 200m (25.37)
- Niamh Cotter (Pobal Scoil Bheanntraí/Bantry A.C.) 6<sup>th</sup> in Girl's 3000m (10.33.87)
- Darren Dunne (Nenagh CBS/Nenagh Olympic A.C.) 7<sup>th</sup> in Boy's 3000m (9.04.73)
- Megan O'Connor (St. Augustines/West Waterford A.C.) 7<sup>th</sup> in Girl's Pole Vault (2.70m)
- Megan Dunford (St. Augustines/West Waterford A.C.) 8<sup>th</sup> in Girl's Pole Vault (2.30m)

Ireland were 2<sup>nd</sup> overall on 333 points behind England on 489 points with the Irish Girls & Boys Teams also 2<sup>nd</sup> overall behind England. Congratulations & well done to all our athletes.

### **"Report from AAI Website dated Monday 20<sup>th</sup> July 2013"**

The glorious sunshine certainly brought out the best in the young athletes competing at today's Aviva Schools International at Morton Stadium Dublin. A good breeze coming straight from the Irish Sea kept a lot of people from really overheating.

Four new records were set, all by English athletes – Ryan Gorman won the 200m in 21.45; Charlotte McLennaghan won the girls 200m in 23.89; Cherice Hylton won the 300m in 38.10 and Abigail Roberts won the Pole vault with a clearance of 3.80m, the same height as second placed Ellie Goulding from England.

Irish wins came from Andrew Barkley who won the discus with a throw of 46.51m which he produced in the last round.

Sam Healy also produced his best in the last round of the long jump, although on this occasion his 7.01m jump brought him from third to first.

Keith Marks added 5cm to his best when he won the high jump at the Tailteann Games. Today he added another 3cm to his best when he cleared 2.00m at the first attempt to give him a fine victory.

Adam King recorded four no-throws in the discus after his first round throw of 63.33m, and rounded off the competition with a throw of 65.01m in the last round to win. James Williams was third with a throw of 59.93m.

Maria Carey jumped 11.48m in the fourth round of the triple jump to take the lead and she held that to the finish to win the competition. Hannah McAuley was third with 11.39m.

Sinead Burke produced some marvelous walking to win the 3,000m walk in 14:31.16 with Edel Glennon third in 15:30.36.

There was silver for Ireland in the boys 3,000m walk when Aaron Egan finished second in a time of 13:12.16.

Shannen Dawkins added 1cm to her PB when she finished second in the high jump with a clearance of 1.72m behind winner Kierra Barker of England with 1.75m.

Jack Kirby of England won the 100m hurdles in 13.07, but behind there was a fierce battle for the minor places with Jason Foley winning silver in 13.68 and Sam Healy fourth in 13.75.

There was a blanket finish to the 800m won by Molly Long of England in 2:08.82, ahead of Isobel Ives of England in 2:09.07 and Alanna Lally third in 2:09.33.

The boys 800m was equally close with Christian von Eitzen winning in 1:56.41 from Daniel Rowden of England in 1:56.87 and Jack Reid was third in 1:57.58.

There were two bronze medals for Zak Irwin who was third in the 100m in 11.04 and third in the 200m in 21.64.

Another Irish bronze came in the boys triple jump when Darren Prout jumped 13.52m.

England, with 489 points were overall winners from Ireland with 333, Wales with 260 and Scotland with 239.

Boys Scoring;  
England 252  
Ireland 178  
Scotland 123  
Wales 120

Girls Scoring

England 237

Ireland 155

Wales 140

Scotland 116

England also won the title of most vociferous supporters for the day!

## Results

**Sam Healy, winner of Boys Long Jump**



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**Irish Girls 4 x 300m Relay team who won bronze**



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**Darren Prout, 3<sup>rd</sup> in Triple Jump**



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**Irish Girl's team captain, Alice Akers in action in the Girls Hammer where she won bronze**



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**Adam King on his way to winning the Boys Hammer**



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**Michael Quilligan, Silver medal winner in Boys 400mH**



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**Tipperary athletes, Darren Prout (3<sup>rd</sup> Boys TJ), Kelly Ann Doyle (3<sup>rd</sup> Girls 4 x 300m Relay & 4<sup>th</sup> Girls 300mH), Maria Carey (1<sup>st</sup> Girls TJ), Anthony Tobin (4<sup>th</sup> Boys 3km Walk), Michael Quilligan (2<sup>nd</sup> Boys 400mH) & Aaron Egan (2<sup>nd</sup> Boys 3km Walk).**

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