Bumper Numbers at Combined Events & Relay Championships

The Munster Juvenile Combined Events Championships & Juvenile Indoor Relays were held in Nenagh Indoor Stadium on Saturday 11th January 2014. Numbers were huge in the Stadium on the day with both competitions very well supported by all counties. In the Combined Events competitions, 3 new Championship Best Performances were set on the day:-

- **Sophie Meredith, St. Mary's A.C.** ran 9.67 in the Girls U/14 60mH to break the existing record of 9.69 set by Vickie Cusack, Liscarroll A.C. in 2013.
- **Daniel Ryan, Moycarkey Coolcroo A.C.** clocked 8.51 in the Boys U/16 60mH to break the existing record of 8.83 set by Michael Quilligan, Nenagh Olympic A.C. in 2012.
- **Daniel Ryan** also jumped 6.54m in the Boys U/16 Long Jump to break the existing record of 6.20m set by Sam Healy, Leevale A.C. in 2011.

Strong competitors in the Girls competition were **St. Mary's A.C., Liscarroll A.C., Bandon A.C., Ferrybank A.C. & St. Cronan's A.C.** There was a 1, 2 & 3 for St. Mary's A.C., Limerick when **Holly Meredith, Niamh Foley & Allanah Keays** were the first 3 in the Girls U/13 competition & St. Mary's A.C. girls also took gold U/14, U/17 & U/18 with victories from **Sophie Meredith, Kelley Devine & Laoise Bennis**. **Liscarroll A.C.** took gold in both the Girls U/12 & U/15 competitions with wins from **Holly McCarthy & Vickie Cusack**. **Bandon A.C.** won silver in the Girls U/14 (**Aisling Cassidy**) & silver & bronze in the Girls U/15 competition (**Moira Barrett & Ciara McKeon)**. **Ferrybank A.C.** athletes, **Sinead O'Regan** won gold in the Girls U/16 competition with **Praise Owoeye** winning bronze U/12. **St. Cronan A.C.** athletes **Ellie Rochford** won bronze in the Girls U/14 with **Kate Taylor** also winning bronze U/16.

Top Clubs in the Boys competitions were **Moycarkey Coolcroo A.C.** who won gold in the Boys U/16 (**Daniel Ryan**) & U/15 (**David Ryan**), silver in Boys U/15 (**Jack Fallon**) & bronze in Boys U/14 (**Jack Ryan**); **Belgooly A.C.** who took gold in the Boys U/11 & U/12 competitions (**Danny Kelly & Eoghan Nash**); **Old Abbey A.C.** who won gold & silver in the Boys U/13 (**Daniel Hurley & Diarmuid O'Connor**); **Waterford A.C.** who took silver in the Boys U/11 (**Jack Corcoran**) & bronze U/12 (**Jack Deegan**) & U/13 (**Cathal Scanlon**); **Abbey Striders A.C.** who won gold U/17 (**Damien Hickey**) & bronze U/15 (**Ben O'Donovan**) & **Limerick A.C.** who took silver & bronze in the Boys U/16 competition (**Junior Echeruwe & Stanley Ikeh**).

National Combined Events gold medal winners in the AIT Arena, Athlone on the 11th January were on form with **Vickie Cusack, Liscarroll A.C., Daniel Ryan & David Ryan, Moycarkey Coolcroo A.C. & Sophie Meredith, St. Mary's A.C.** adding a Munster title to their repertoire on the day together with National bronze medal winner, **Aisling Cassidy, Bandon A.C.** who took Munster silver in the Girls U14 competition.

At the Munster Juvenile Indoor Relays on the same day, 2 Championship Best Performances were recorded, Super fast times were posted by the following Clubs:-

- **Dooneen A.C.** in the Girls U/9 4 x 100m who ran 1.08.86 to smash the existing record of 1.10.70 set by St. Mary's A.C., Limerick in 2010.
- **Leevale A.C.** in the Boys U/17 4 x 200m – Leevale A.C. who ran 1.38.20 to break the existing 14 year old record of 1.38.26 held by Ferrybank A.C. & set in 2006

Out of the 11 titles up for grabs in the Girls competitions, **Dooneen A.C.** came out on top with 4 Munster titles with **Leevale A.C.**, **Ferrybank A.C. & Nenagh Olympic A.C.** all winning 2 titles each & **Emerald A.C.** winning 1 title. Top Club in the Boys competition was **Leevale A.C.** with 4 titles followed by **Nenagh Olympic A.C.** with 2 & **Lios Tuathail A.C., Dooneen A.C. St. Mary's A.C., Limerick, Limerick A.C. & Ferrybank A.C.** with 1 title each. On aggregate scores, **Leevale A.C.** came out on top with 6 titles followed by **Dooneen A.C.** with 5, next was **Nenagh Olympic A.C.** with 4 titles, **Ferrybank A.C.** with 3 & **Emerald A.C., Lios Tuathail A.C., St. Mary's A.C., Limerick & Limerick A.C.** with 1 title each.

Congratulations & well done to them all. Full results can be found at www.munsterathletics.com.