Munster Juvenile PRO Report

13 Record Breaking Performances at Munster Indoor Championship

The Munster U/9 to U/13 Indoor Championships took place in Nenagh Indoor Stadium on Saturday 8th & Sunday 9th February 2014. It was a record breaking weekend with 13 new Championship Best Performances ("CBP's") being set over the 2 days, 8 by the girls & 5 by the boys. Highlights of the weekend were **Niamh Foley's (St. Mary's A.C.)** run in the Girls U/13 60m when she clocked a super fast time of 8.19 to smash Sarah Lavin's 2006 record of 8.41. Niamh now holds Munster Indoor Sprint records in U/10, U/11, U/12 & U/13 & she will be an athlete to watch for the future. **Diarmuid Healy, Midleton A.C.** was another athlete in great form when he ran 1.53.26 in the Boys U/11 600m shaving over 4 seconds off the existing record as well as **Maeve O'Neill's (Doheny A.C.)** performance in the Girls U/11 600m race where she who took almost 4 seconds off the record. Another super performance came from **Nathan Cremin, St. Mary's A.C.** who won the Boys U/12 600m breaking a 10 year old record by over a second.

Record breaking performers over the Championships were:-

- **Angel Alfred, Dooneen A.C.** who ran 9.84 in the Girls U/9 60m to break the record of 10.09 set by Caitlin Hennessy, Leevale A.C. in 2012.
- **Holly O'Boyle, Marian A.C.** who ran 56.87 in the Girls U/9 300m to break the 2012 record of 57.61 set by Maeve O'Neill, Doheny A.C.
- **Kate O'Regan, Riverstick/Kinsale A.C.** who jumped 3.65m in the Girls U/10 Long Jump to break the existing record of 3.64m set by Ellen Lynch, Dooneen A.C. in 2011.
- **Maeve O'Neill, Doheny A.C.** who ran 1.55.12 in the Girls U/11 600m to better the existing record of 1.59.08 held by Ellen Lynch, Dooneen A.C. set in 2012.
- **Megan Lenihan, North Cork A.C.** threw 9.18m in the Girls U/12 Shot Putt to break the existing record of 9.07m held by Sophie Meredith, St. Mary's A.C. & set in 2012.
- **Ellen Lynch, Dooneen A.C.** ran 9.92 in the Girls U/13 Hurdles to break Miriam Daly's (Carrick-On-Suir A.C.) record of 10.20 set in 2013.
- **Niamh Foley, St. Mary's A.C.** ran 8.19 in the Girls U/13 60m to take Sarah Lavin's 2006 record of 8.41
- **Ciara Sheehy, Liscarroll A.C.** threw 11.37m in the Girls U/13 Shot Putt to break the existing record of 11.00m set by Sophie Meredith, St. Mary's A.C. set in 2013.
- **Kyle Ettoh, Grange Fermoy A.C.** ran 9.07 in the Boys U/10 60m to break the existing record of 9.12 held by Kelvin O'Carroll, Dooneen set in 2013.
- **Cian Hodgins, Nenagh Olympic A.C.** ran 1.35.77 in the Boys U/10 500m to break the existing record of 1.39.49 held by Jack Corcoran, Waterford A.C. set in 2013.
- **Diarmuid Healy, Midleton A.C.** set a new record of 1.53.26 in the Boys U/11 600m to smash the 2012 record of 1.57.33 held by Ben Whelehan, Kilmurray/Ibrickane A.C.
- **Nathan Cremin, St.** Mary's A.C. ran 1.49.29 to break the 2004 record held by Jamie Moloney, Templemore A.C. of 1.50.81.
- **Wymin Sivakamur, Leevale A.C.** ran 9.81 in the Boys U/13 60mH to break Daniel Ryan's (Moycarkey Coolcroo A.C.) record of 10.01 set in 2011.

There were lots of great performances in every event with some athletes taking more than one medal in their age group. Details of some of the multiple medal winners are below:-

Radeem Eddy, West Waterford A.C. won gold in the Boys U/9 60m & silver in the Long Jump; **Kyle Ettoh, Grange Fermoy A.C.** won the Boys U/10 60m with a CPB & also won bronze in the Long Jump; **William Bello, Ennis Track A.C.** won silver in the Boys U/10 500m & bronze in the 60m; **Oisin Pepper, Nenagh Olympic A.C.** won double silver in the Boys U/11 60m & Long Jump; **Padraic Hassett, Nenagh Olympic A.C.** won the Boys U/12 60m & bronze in the Long Jump; **Victory Eddie, Waterford A.C.** won silver in the Boys U/12 Long Jump & bronze in the 60m; **Ciaran O'Sullivan, St. Mary's A.C.** was 2nd in the Boys U/12 60m & 2nd in the High Jump; **Wymin Sivakamur, Leevale A.C.** won double gold in the Boys U/13 60mH & Long Jump; **Robert Dillon, Midleton A.C.** won silver in the Boys U/13 60m & High Jump & bronze in the Long Jump;

 Angel Alfred, Dooneen A.C. won gold & set a new CPB in the Girls U/9 60m & bronze in the Long Jump; **Louise O'Neill, Belgooly A.C.** won double silver in the Girls U/9 60m & Long Jump; **Hannah Falvey, Belgooly A.C.** took gold in the Girls U/9 Long Jump & bronze in the 60m; **Victoria Amiadamen, Dooneen A.C.** won gold in Girls U/10 500m, silver in the 60m & bronze in the Long Jump; **Emer Conroy, Dooneen A.C.** took gold in the Girls U/10 60m & bronze in the 500m; **Kate Farley, Riverstick/Kinsale A.C.** won silver in the Girls U/10 Long Jump & bronze in the 60m; **Maeve O'Neill, Doheny A.C.** won double gold in the Girls U/11 60m & 600m setting a new CPB & bronze in the Long Jump; **Ella Scott, Leevale A.C.** won silver in the Girls U/11 Long Jump & bronze in the 60m; **Hollie McCarthy, Liscarroll A.C.** won gold in the Girls U/12 60m & bronze in the Long Jump; **Praise Owoeye, Ferrybank A.C.** won gold in the Girls U/12 Long Jump & silver in the 60m & Shot Putt; **Susan Nester, St. Mary's A.C. Clare** took gold in the Girls U/12 600m & High Jump & silver in the Long Jump; **Ellen Lynch, Dooneen A.C.** won double gold in the Girls U/13 60mH setting a new CPB & the 600m; **Niamh Foley, St. Mary's A.C.** won double gold in the Girls U/13 60m with a new CBP & Long Jump & silver in the 60mH & 600m & **Holly Meredith, St. Mary's A.C.** who won gold in the Girls U/13 High Jump & double bronze in the Long Jump & Shot Putt.

Congratulations & well done to the medal winners & to all who took part over the two days. Full results can be found at www.munsterathletics.com.