

## **5 Munster Indoor Relay Records Set**

The Munster Juvenile Indoor Relays took place on Saturday 7<sup>th</sup> February 2015 in Nenagh Indoor Stadium. Top Girls Club on the day was **Dooneen A.C.** who won 7 sets of medals in total (5 gold & 2 silver) & set 2 new Champion Best Performances ("CBP's") in the Girls U/10 (1.03.04) & Girls U/11 (59.96) races. **Nenagh Olympic A.C.** emerged as the top Boy's Club winning 6 sets of medals (4 gold, 1 silver & 1 bronze) & setting 2 new CBP's in the Boys U/12 (56.24) & Boys U/14 (1.01.15) competitions. **Emerald A.C.** Girls U/17 4 x 200m Relay team were also in sparkling form taking gold & a new CPB of 1.46.89. Details of records set on the day are below:-

1. **Dooneen A.C.** Girls U/10 4 x 100m team ran 1.03.04 to better the existing record of 1.03.27 set by Leevale A.C. in 2013.
2. **Dooneen A.C.** Girls U/11 4 x 100m team ran 59.96 to take the existing record of 1.01.15 set by St. Mary's A.C. Limerick in 2012.
3. **Nenagh Olympic A.C.** Boys U/12 4 x 100m team ran 56.24 to smash the time of 58.48 set by Leevale A.C. in 2005.
4. **Nenagh Olympic A.C.** Boys U/14 4 x 200m team ran 1.52.20 to better the time of 1.53.1 set by Leevale in 2007.
5. **Emerald A.C.** Girls U/17 4 x 200m Relay team ran 1.46.89 to break the existing record of 1.47.56 set by Ferrybank A.C. in 2005.

Breakdown of medal winners:-

### **Boys**

- Nenagh Olympic A.C. – 4 gold, 1 silver, 1 bronze
- Leevale A.C. – 2 gold, 1 silver, 1 bronze
- Dooneen A.C. – 1 gold 2 silver, 2 bronze
- Limerick A.C. – 1 gold, 1 silver, 1 bronze
- Templemore A.C. – 1 gold, 1 silver
- St. Mary's A.C. Limerick – 1 gold, 1 bronze
- Lios Tuathail A.C. – 1 gold
- Ennis Track – 1 silver
- Belgooly A.C. – 1 silver
- Bandon A.C. – 1 silver
- Ferrybank A.C. – 1 bronze

### **Girls**

- Dooneen A.C. – 5 gold, 2 silver
- Emerald A.C. – 2 gold
- Carrick-On-Suir A.C. – 1 gold, 2 silver
- Nenagh Olympic A.C. – 1 gold, 2 silver
- Leevale A.C. – 1 gold, 2 bronze
- Limerick A.C. – 2 silver, 1 bronze
- St. Mary's A.C. Limerick – 1 silver, 1 bronze

- Bandon A.C. – 1 silver, 1 bronze
- Liscarroll A.C. – 2 bronze
- Ferrybank A.C. – 1 bronze
- Lios Tuathail – 1 bronze
- Templemore A.C. – 1 bronze

The Munster Juvenile Pole Vault Championships were also held on the same day. There were 18 entries in this new Indoor event which was introduced for U/15 to U/18 athletes following Congress 2014, with athletes from **West Waterford A.C. (8), Bandon A.C.(3), Abbey Striders A.C. (3), Nenagh Olympic A.C. (2), Emerald A.C.(1) & Moycarkey Coolcree A.C. (1)** taking part. Best vault of the day came from **Seamie Fennell, West Waterford A.C.** who cleared 4.00m in the Boys U/19 competition to set a new Munster record bettering the 1997 record of 3.80m held by Brian Deacy, BIAC. **David Ryan, Moycarkey Coolcree A.C.** took the title in the Boys U/16 competition clearing 2.80m with **Sam O'Neill, West Waterford A.C.** winning the Boys U/15 title with 2.20m. **Ellen Larkin, Emerald A.C.** won the Girls U/18 title with 2.70m with **Carla Hicks, Bandon A.C.** clearing 2.10m to win the Girls U/17. **Clodagh Walsh, Abbey Striders A.C.** won gold in the Girls U/16 with a height of 2.60m & **Aisling Cassidy, Bandon A.C.** won gold in the Girls U/15 with 2.25m. The strongest age group on the day was the U/16 Girls & Boys with 4 competitors in each competition. Silver medals went to **Ella Stack, Bandon A.C.** (Girls U/15), **Catriona Metcalfe, West Waterford A.C.** (Girls U/16), **Aoife Tierney, Nenagh Olympic A.C.** (Girls U/18), **Ben O'Donovan, Abbey Striders A.C.** (Boys U/16) & **Saran Malangalashthira, Abbey Striders A.C.** (Boys U/19). There were bronze medals for **Victoria O'Hara, West Waterford A.C.** (Girls U/15), **Aoife Lai, West Waterford A.C.** (Girls U/16) & **Craig Clune, West Waterford A.C.** (Boys U/16).

Congratulations & well done to all.