

# Munster Schools Athletics



## 2015 Review

## SUMMARY

### Schools Combined Events Championships 13<sup>th</sup> December, 2014

4 Munster athletes were selected for the Irish team:-

- **Daniel Ryan, Thurles CBS** (Inter Boys)
- **David Ryan, Thurles CBS** (Junior Boys)
- **Sophie Meredith, SMI Newcastle West & Vicki Cusack, Davis College** (Junior Girls)

**Results: Junior Girls** – individual silver for Sophie Meredith & 8<sup>th</sup> for Vicki Cusack & gold for Junior Girls team. **Junior Boys** – individual silver for David Ryan & silver for Junior Boys team. **Inter Boys** – individual gold for Daniel Ryan & silver for Inter Boys team.

### GloHealth Irish Schools Cross Country Championships, 7<sup>th</sup> March 2015

Munster athletes won 24 individual medals & 7 team medals (1 gold, 4 silver, 2 bronze) in total. **Darragh McElhinney, Colaiste Phobal Bheanntrai** (Junior Boys), **Caoimhe Harrington, Colaiste Phobal Bheanntrai** (Junior Girls) & **Kevin Mulcaire, St. Flannan's Ennis** (Senior Boys) all won gold medals with silver for **Jake Bagge, Ard Scoil na Mara** (Minor Boys) & bronze for **Finn Looney, St. Anne's Killaloe** (Minor Boys).

#### Results:

**Minor Girls** – 4<sup>th</sup> Anna Clifford, St. Brigid's Killarney, 6<sup>th</sup> Rachel Hosey, Castletroy College, 7<sup>th</sup> Rhona Randles, PS Inbhear Sceine Kenmare, 9<sup>th</sup> Lucy Holmes, Ard Scoil na nDeise. Team – 2<sup>nd</sup> PS Inbhear Sceine Kenmare. **Minor Boys** – 2<sup>nd</sup> Jake Bagge, Ard Scoil na Mara, 3<sup>rd</sup> Finn Looney, St. Anne's Killaloe, 6<sup>th</sup> Michael Troy, St. Augustines, 8<sup>th</sup> Chris O'Reilly, Douglas CS. **Junior Girls** – 4<sup>th</sup> Clare Rafter, Ursuline Thurles, 7<sup>th</sup> Jennifer Cotter, Coachford College. Team 3<sup>rd</sup> Coachford College. **Junior Boys** – 1<sup>st</sup> Darragh McElhinney, Colaiste Phobal Bheanntrai, 12<sup>th</sup> Conor Ryan, Our Lady's Templemore. Team – 3<sup>rd</sup> Thurles CBS. **Inter Girls** – 1<sup>st</sup> Caoimhe Harrington, Colaiste Phobal Bheanntrai, 5<sup>th</sup> Avril Deegan, Presentation Thurles, 6<sup>th</sup> Aisling Kelly, St. Joseph's Spanish Point. Team 2<sup>nd</sup> St. Joseph's Spanish Point. **Inter Boys** – 4<sup>th</sup> Fearghal Curtin, CBS Middleton, 6<sup>th</sup> Michael Power, St. Augustines, 12<sup>th</sup> Jamie Roche, St. Flannan's Ennis. Team 1<sup>st</sup> St. Flannan's Ennis. **Senior Girls** – 4<sup>th</sup> Orlaith Moynihan, Loreto Clonmel, 9<sup>th</sup> Aisling Roche, Crescent College, 11<sup>th</sup> Orla Queally, Ard Scoil na Mara. Team 2<sup>nd</sup> Loreto Clonmel. **Senior Boys** – 1<sup>st</sup> Kevin Mulcaire, St. Flannan's Ennis, 5<sup>th</sup> Darren Dunne, Nenagh CBS, 12<sup>th</sup> Barry Keane, St. Declan's Kilmacthomas. Team 2<sup>nd</sup> St. Flannan's Ennis.

### SIAB Schools Cross Country International, 21<sup>st</sup> March 2015

7 Munster athletes were selected for Ireland –

- **Jennifer Cotter, Coachford College** (Junior Girls)
- **Darragh McElhinney, Colaiste Pobail Bheanntrai & Fred Crowley, Thurles CBS** (Junior Boys)
- **Avril Deegan, Presentation Thurles, Caoimhe Harrington, Colaiste Pobail Bheanntrai & Aisling Kelly, St. Joseph's, Spanish Point** (Inter Girls)
- **Michael Power, St. Augustine's College, Dungarvan** (Inter Boys)

**Results: Junior Boys:** gold for Darragh McElhinney & silver team medal which included Fred Crowley. **Junior Girls:** Jennifer Cotter was 27<sup>th</sup> & won a bronze medal with the Irish team. **Inter Girls:** Caoimhe Harrington was 11<sup>th</sup>, Aisling Kelly (22<sup>nd</sup>) & Avril Deegan (27<sup>th</sup>) all won a bronze team medal with the Irish team. **Inter Boys:** Michael Power (23<sup>rd</sup>) won a silver team medal with Irish team.

### GloHealth Irish Schools T&F Championships, 30<sup>th</sup> May 2015

Munster athletes were in fine form winning 38 individual Schools titles, 36 silver medals & 31 bronze & 5 sets of Relay medals (2 gold, 2 silver & 1 bronze). Among the Munster athletes who impressed on the day were **Ciara Neville, Castletroy College** who won double gold in the Inter Girls 100m & 200m also setting a new record in the 100m with her blistering run of 11.64 & exceeding World Youth & EYOF standards & **Alice Akers, Scariff CC** who threw 56.20m in the Senior Girls Hammer to win gold & set a new Irish Schools record. Later in the day she was awarded the Lar Byrne Memorial Trophy for "Athlete of the Championships". **Daniel Ryan, Thurles CBS** was another stand out performer jumping 7.10m in the Inter Boys Long Jump to equal Jonathon Kron's 1989 School's record & achieve the EYOF standard with him recording his second gold of the day in the Inter Boys 100mH with his run of 13.07, just off the Schools record of 12.97H held by Carlton Haddock. **Phoebe Murphy, Loreto Clonmel** was another athlete in top form doing the double in the Senior Girls 100m & 200m (she went on to win the Irish Schools Tailteann Award in November 2015) with Sophie Meredith, SMI Newcastle West winning double gold in the Junior Girls High Jump & Long Jump & setting a new Schools record of 5.67m in the Long Jump.

Munster had **4** Record breaking athletes over the weekend:-

**Sophie Meredith, SMI Newcastle West** set a new Junior Girls record of 5.67m in the Long Jump to better the 5.58m jumped by Arlene Crossan, Loreto Letterkenny in 2013.

- **Ciara Neville, Castletroy College** set a new Inter Record in the Girls 100m with her blistering fast time of 11.64 to smash the previous meet record of 11.9H set in 1983 by Olive Burke, FCJ Laurel Hill & equalled by Niamh Whelan, Presentation Waterford in 2008.
- **Daniel Ryan, Thurles CBS** equalled the Inter Boys Long Jump record of 7.10m set by Jonathon Kron, Wesley College in 1989.
- **Alice Akers, Scariff CC** set a new record in the Senior Girls Hammer with her throw of 56.20m to better the 2011 record of 55.31m by Cara Kennedy, Waterford CFF

### **GloHealth Tailteann Interprovincial T&F Championships, 19<sup>th</sup> June 2015**

Munster athletes took home 24 medals in total (8 gold, 7 silver & 9 bronze). Highlights on the day were **Gearoid McMahon, St. Caimin's Shannon** winning the Roisin O'Callaghan Memorial Trophy for the Best Athlete in the Race Walking event & **David Ryan, Thurles CBS** winning the Michael Farnan Memorial Trophy for the Best Long Jump Athlete. Ryan, a junior athlete, jumped out to a new personal best of 6.77m to win gold to add to his Junior Schools title. His older brother **Daniel** won silver in the same event, just 5cm behind him with his jump of 6.72m. Other athletes who put in top class performances on the day were **Ciara Neville, Castletroy College** who did the double in the Girls 100m & 200m setting two new records of 11.4h & 24.1h & **Orlaith O'Brien, Ursuline Waterford** who threw the javelin out to a new Tailteann record of 45.67m. **Alex O'Neill, Rice College Ennis** took gold in the Girls 800m race in a time of 2.15.54 with gold for **Cathal Locke, Crescent Community College** in the Boys 400mH race in a time of 56.71 & **Diarmuid Clancy, Meanscoil San Nioclas** in 2<sup>nd</sup> place in 57.44. **James French, Bandon Grammer** reigned supreme in the Boys Shot Putt winning gold with a throw of 14.75m. There were silver medals for **Clodagh Walsh, Davis College** in the Girls Pole Vault (2.75m), **Angharad Loughnane, Gael Cholaiste Luimnigh** in the Girls Discus (33.21m), **Jamie Mitchell, Ard Scoil Rís** in the Boys 400m (50.24), **Conor O'Driscoll, Carrigaline CS** in the Boys 800m (1.57.14) & **Jamie Roche, St. Flannan's Ennis** in the Boys 1500m Steeplechase (4.37.30). Bronze medals were won by **Claire Rafter, Ursuline Thurles** in the Girls 1500m (4.39.68), **Lauren Ryan, Crescent Community College** in the Girls 80mH (11.6h), **Chloe Tobin, Castletroy College** in the Girls 300mH (44.48), **Sophie Meredith, SMI NewcastleWest** in the Girls Long Jump (5.48m), **Kate Taylor, Colaiste Mhuire Ennis** in the Girls Triple Jump (10.81m), **Ann Corcoran, Ursuline Waterford** in the Girls Shot Putt (12.06m), **Kathleen Heery, Ursuline Waterford** in the Girls Discus (29.75m), **Orla O'Connor, Waterpark College** in the Girls 3km Walk (15.31.57) & **Tony Odubote, Rice College Ennis** in the Boys 100m (11.31). In the Relay competitions, the Munster teams were 2<sup>nd</sup> in the Girls 4 x 100 & Boys 4 x 400m with 4<sup>th</sup> place finishes in the Girls 4 x 400m & Boys 4 x 100m. Top Girls School overall was Castletroy College with the Ursuline Waterford in 2<sup>nd</sup> place. Thurles CBS finished in 2<sup>nd</sup> place overall for the Boys Schools with the Munster teams finishing 3<sup>rd</sup> overall behind Leinster & Ulster.

### **SIAB Schools T&F International, 18<sup>th</sup> July 2015**

The SIAB Schools U/17 Track & Field International took place in the Grangemouth Sports Stadium, Falkirk, Scotland on Saturday 18<sup>th</sup> July 2015 with Munster athletes taking home 5 individual medals in total (1 gold, 2 silver & 2 bronze). There was a gold medal win for **Orlaith O'Brien, Ursuline Waterford/Ferrybank A.C.** when she launched her javelin out to 46.56m in very windy conditions to secure 1<sup>st</sup> place. Our double silver medal winner was Irish Boys Captain, **Daniel Ryan, Thurles CBS/Moycarkey Coolcrao A.C.** who leaped out to 6.96m in the Long Jump & raced 13.25 over the 100mH. Bronze medals were won by **Gearoid McMahon, St. Caimin's Community School/Shannon A.C.** in the 3km Walk in a personal best time of 13.58.29 with Gearoid still being able to compete in this event next year. **James French, Bandon Grammer School/Bandon A.C.** also put in a tremendous effort in the Shot Putt launching it out to 15.01m & a new personal best to win the second bronze medal for Munster. In the Relay competitions, **Lauren Ryan, Crescent College/Dooneen A.C.** won gold with the Irish Girls 4 x 100m Relay team who managed to hold off the might of the English at the line in a time of 46.32. Both **Cathal Locke, Crescent College/Dooneen A.C. & Jamie Mitchell, Ard Scoil Rís/Emerald A.C.** won bronze medals with the Irish Boys 4 x 400m Relay in a time of 3.22.11.

### **GloHealth Irish Schools Combined Events Championships – 7<sup>th</sup> November 2015**

A strong Munster Squad of 21 athletes travelled to Athlone taking home 8 National medals (3 gold, 4 silver & 1 bronze) with 10 Munster athletes (4 girls & 6 boys) also qualifying for the SIAB Schools International competition in the Emirates Arena, Glasgow on Saturday 12<sup>th</sup> December 2015. Daniel Ryan, Thurles CBS also set a new Irish Schools Record of 3,785 points in the Inter Boys competition.

Results: **Junior Girls:** 3<sup>rd</sup> Sophie Meredith, SMI Newcastle West. **Inter Girls:** 1<sup>st</sup> Anne Corcoran, Ursuline Waterford, 2<sup>nd</sup> Vicki Cusack, Davis College. **Senior Girls:** 2<sup>nd</sup> Laoise Bennis, Hazelwood College. **Junior Boys:** 1<sup>st</sup> Brian Lynch, Colaiste Spioraid Naomh, 2<sup>nd</sup> Darragh Miniter, Kilrush CS. **Inter Boys:** Daniel Ryan, Thurles CBS, 2<sup>nd</sup>, Damien Hickey, Davis College. Munster's 10 representatives on the SIAB Schools International Irish Team for 2015 are:-

- Sophie Meredith (Junior Girls)
- Brian Lynch, Darragh Miniter & Jake Vermeer (Junior Boys)
- Anne Corcoran, Vicki Cusack & Kate Taylor (Intermediate Girls)
- Daniel Ryan, Damien Hickey & Tony Odubote (Intermediate Boys)



*Phoebe Murphy, Loreto Clonmel, winner of Irish Schools Tailteann Award for Best Female Athlete 2015*

## **Munster Competitions Summary**

4 very successful Munster competitions took place from September 2014 to May 2015. Numbers were up in all competitions with Munster athletes scoring highly in all National & International competitions.

1. The **Munster Schools Cross Country Championships** took place on Thursday 12<sup>th</sup> February in Cork I.T. 84 schools took part. Gold medal individuals & teams below:-

Winning Individuals	Schools	Winning Teams
Alex O'Neill - Minor Girls	Colaiste Mhuire, Ennis	Colaiste Mhuire, Ennis
Darragh McElhinney – Minor Boys	Colaiste Pobail, Bheantraí	Thurles C.B.S.
Laura Nicholson – Junior Girls	Bandon Grammer School	Bandon Grammer School
Aidan McCarthy – Junior Boys	CBS Ennistymon	Colaiste Christí Rí, Cork
Caoimhe Harvey – Inter Girls	St. Joseph's, Kilkee	St. Augustine's, Dungarvan
Kevin Mulcaire – Inter Boys	St. Flannan's, Ennis	St. Flannan's, Ennis
Niamh Cotter – Senior Girls	Colaiste Pobail, Bheantraí	Ursuline, Thurles
Kyle Larkin – Senior Boys	Ard Scoil Rís, Limerick	St. Brendan's Killarney

2. The ***Munster Schools Indoor Games*** were held on Tuesday 3<sup>rd</sup> March in Nenagh Indoor Stadium. It produced a high volume of athletes on the day & was hugely supported by Munster schools. The aim of this competition annually is to offer students an introduction to athletics, it is not a qualifier for any National competition. A full programme of events for Minor, Junior & Inter categories was provided for on the day. Plenty of assistance was available to run the competition by schools & regional athletics officials alike which allowed the competition to finish in a timely fashion at 4pm.
3. The ***Munster Schools Track & Field Championships*** took place on Saturday 16<sup>th</sup> May in Cork I.T. Competition was high on the day with **15** new records set by the following athletes:-
- **Sophie Meredith, SMI Newcastlewest**, Junior Girls High Jump (1.64m)
  - **Shawn Benson, St. Flannan's Ennis**, Junior Boys 200m (22.99)
  - **Ben O'Donovan, Midleton College**, Junior Boys High Jump (1.85m)
  - **Ciara Neville, Castletroy College**, Inter Girls 200m (23.97)
  - **Sharlene Mawdsley, St. Mary's Newport**, Inter Girls 300m (39.38)
  - **Castletroy College**, Inter Girls 4 x 100m Relay (49.81)
  - **Daniel Ryan, Thurles CBS**, Inter Boys Long Jump (6.71m)
  - **Charlie Donovan, Colaiste Chriost Rí**, Inter Boys 1 Mile race (4.29.90)
  - **Jenna Bromell, Castletroy College**, Senior Girls 400m (55.36)
  - **Rhona Pierce, St. Angela's Cork**, Senior Girls 3km (10.05.57)
  - **Alice Akers, Scariff CC**, Senior Girls Hammer (55.07m)
  - **Scott Gibson, Bandon Grammer School**, Senior Boys 400m (47.60)
  - **Semie Fennell, St. Augustine's Dungarvan**, Senior Boys Pole Vault (4.21m)
  - **Adam King, Colaiste Sceilge Caherciveen**, Senior Boys Hammer (64. 50m)
  - **Bandon Grammer School**, Senior Boys 4 x 100m (43.11)
4. The ***Munster Schools Combined Events Championships*** took place on Wednesday 14<sup>th</sup> October in Nenagh Indoor Stadium. Numbers for this competition continue to rise year on year with 204 athletes taking part in 2015 (74 girls & 130 boys). There were 38 in Minor Girls, 22 Junior Girls, 13 Inter Girls, 1 Senior Girl, 35 Minor Boys, 53 Junior Boys, 32 Inter Boys & 10 Senior Boys. 1 Munster record was equalled & 3 new Munster records were set on the day.
- 1<sup>st</sup> Year Girls: **Niamh Conlon Kilrush CS** - 2371 points
  - Junior Girls: **Sophie Meredith SMI Newcastlewest** - 3393 points
  - Inter Girls: **Vicki Cusack Davis College** – 3325 points
  - 1st Year Boys: **Daniel Hurley CBC, Cork** - 2278 points = record

**Competition Review 2015**  
**Gold & Silver Individual Medals for Munster Athletes**



A very strong Irish team of 16 athletes travelled to the Emirates Arena, Glasgow to represent their schools & country at the SIAB Schools International Combined Events Championships on Saturday 13th December. It was an historic day for the Schools International athletes who brought home the largest medal haul ever in this event, 2 gold, 2 silver & 1 bronze in the individual competition, 1 gold & 3 silver in the team competition & a new record of 4,045 points in the Intermediate Girls set by Elizabeth Morland.

Best Individual performance from our 4 Munster athletes came from **Daniel Ryan, Thurles CBS** who took the gold medal in the Intermediate Boys competition a year out of his age with just 5 points to spare posting a new pb of 3645 points, an improvement of 145 points from the All Ireland Schools Championships in November. Daniel led the competition from the second event & managed to hold off the tremendous pressure from the leading English athletes setting 3 new pbs on the day in the 60mH (8.28), Shot Putt (14.12m) & 200m (23.00). His brother **David** continued the charge of the Irish when he finished an excellent 2<sup>nd</sup> place in the Junior Boys competition which was a very close affair with just 55 points separating the top 4 in the competition. Lying in 3<sup>rd</sup> place after 4 events, just 1 point away from the silver medal & 57 points from gold, David gave it his all in the 800m running a new pb of 2.12.67 which moved him up to 2<sup>nd</sup>, 27 points away from gold. He posted a new pb of 3234 points setting 4 new pbs on the day in the 60mH (9.01), Long Jump (6.14m), Shot Putt (12.72m) & 800m & improved his overall score by a massive 394 points from the All Ireland Schools Championships in November. **Sophie Meredith, SMI Newcastle West** also won a brilliant silver medal in the Junior Girls competition a year out of her age. She finished the competition on 3437 points behind Scotland's Holly McArthur & set a new pb in the 800m of 2.31.18 & was just 1cm off her pb in the High Jump at 1.62m. **Vicki Cusack, Davis College, Mallow** finished in 8<sup>th</sup> place overall in the Junior Girls competition having given good solid performances in all her events & posting an overall total of 3238 points. Best team performance on the day for the Irish team was the gold medal win by the Irish Junior Girls team of **Sophie Meredith, Vicki Cusack, Kate O'Connor & Bronagh Walsh**. This was another historic win as Ireland have never taken gold before in this competition, final score was 10062 points for Ireland & 9322 points for England. The Irish Junior Boys team of **David Ryan, Aaron Sexton, David Murphy & Thomas Mullen** won silver behind the English with the Irish Intermediate Boys team of **Daniel Ryan, Shane Joyce, Keith Marks & Ryan Murray** also winning silver behind England.



## GloHealth Irish Schools Cross Country Championships, 7<sup>th</sup> March 2015

Munster athletes won 24 individual medals & 7 team medals (1 gold, 4 silver, 2 bronze) in total.

**Darragh McElhinney, Colaiste Phobal Bheanntrai** (Junior Boys), **Caoimhe Harrington, Colaiste Phobal Bheanntrai** (Junior Girls) & **Kevin Mulcaire, St. Flannan's Ennis** (Senior Boys) all won gold medals with silver for **Jake Bagge, Ard Scoil na Mara** (Minor Boys) & bronze for **Finn Looney, St. Anne's Killaloe** (Minor Boys).

### Results:

**Minor Girls** – 4<sup>th</sup> Anna Clifford, St. Brigid's Killarney, 6<sup>th</sup> Rachel Hosey, Castletroy College, 7<sup>th</sup> Rhona Randles, PS Inbhear Sceine Kenmare, 9<sup>th</sup> Lucy Holmes, Ard Scoil na nDeise. Team – 2<sup>nd</sup> PS Inbhear Sceine Kenmare. **Minor Boys** – 2<sup>nd</sup> Jake Bagge, Ard Scoil na Mara, 3<sup>rd</sup> Finn Looney, St. Anne's Killaloe, 6<sup>th</sup> Michael Troy, St. Augustines, 8<sup>th</sup> Chris O'Reilly, Douglas CS. **Junior Girls** – 4<sup>th</sup> Clare Rafter, Ursuline Thurles, 7<sup>th</sup> Jennifer Cotter, Coachford College. Team 3<sup>rd</sup> Coachford College. **Junior Boys** – 1<sup>st</sup> Darragh McElhinney, Colaiste Phobal Bheanntrai, 12<sup>th</sup> Conor Ryan, Our Lady's Templemore. Team – 3<sup>rd</sup> Thurles CBS. **Inter Girls** – 1<sup>st</sup> Caoimhe Harrington, Colaiste Phobal Bheanntrai, 5<sup>th</sup> Avril Deegan, Presentation Thurles, 6<sup>th</sup> Aisling Kelly, St. Joseph's Spanish Point. Team 2<sup>nd</sup> St. Joseph's Spanish Point. **Inter Boys** – 4<sup>th</sup> Fearghal Curtin, CBS Midleton, 6<sup>th</sup> Michael Power, St. Augustines, 12<sup>th</sup> Jamie Roche, St. Flannan's Ennis. Team 1<sup>st</sup> St. Flannan's Ennis. **Senior Girls** – 4<sup>th</sup> Orlaith Moynihan, Loreto Clonmel, 9<sup>th</sup> Aisling Roche, Crescent College, 11<sup>th</sup> Orla Queally, Ard Scoil na Mara. Team 2<sup>nd</sup> Loreto Clonmel. **Senior Boys** – 1<sup>st</sup> Kevin Mulcaire, St. Flannan's Ennis, 5<sup>th</sup> Darren Dunne, Nenagh CBS, 12<sup>th</sup> Barry Keane, St. Declan's Kilmacthomas. Team 2<sup>nd</sup> St. Flannan's Ennis.

## SIAB Gold For McElhinney



7 Munster athletes were selected for Ireland for the SIAB Schools Cross Country International on Saturday 21<sup>st</sup> March in Santry Demesne, Dublin –

- **Junior Girls** - Jennifer Cotter, Coachford College
- **Junior Boys** - Darragh McElhinney, Colaiste Pobail Bheanntrai & Fred Crowley, Thurles CBS
- **Intermediate Girls** - Avril Deegan, Presentation Thurles, Caoimhe Harrington, Colaiste Pobail Bheanntrai & Aisling Kelly, St. Joseph's, Spanish Point
- **Intermediate Boys** - Michael Power, St. Augustine's College, Dungarvan

**Darragh McElhinney**, Bantry A.C. had a stunning performance to lead the field home in the Junior Boys race winning individual gold & leading the Irish team to a silver medal in the team competition which included his fellow Munster athlete, **Fred Crowley, Thurles CBS** who finished 18<sup>th</sup> overall.



In the Junior Girls race, **Jennifer Cotter** acquitted herself well to finish 27<sup>th</sup> in the Junior Girls race & win a bronze medal with the Irish team.



**Caoimhe Harrington (11<sup>th</sup>), Aisling Kelly (22<sup>nd</sup>) & Avril Deegan (27<sup>th</sup>)** won a bronze team medal with the Irish team in the Intermediate competition. Harrington won gold last year in Bolton in the Junior Girls race & had an excellent race to finish 11<sup>th</sup> & still be the age to race this distance again in 2016.





**Michael Power, St. Augustine's College, Dungarvan** ran the Intermediate Boys race to finish 23<sup>rd</sup> & win a silver team medal with the Irish team.



### **Akers Wins Lar Byrne Trophy for "Athlete of Championships"**

The GloHealth Irish Schools Track & Field Championships took place in Tullamore Stadium on Saturday 30<sup>th</sup> May. Munster athletes were in fine form winning 38 individual Schools titles, 36 silver medals & 31 bronze & 5 sets of Relay medals (2 gold, 2 silver & 1 bronze). Among the Munster athletes who impressed on the day were **Ciara Neville, Castletroy College** who won double gold in the Inter Girls 100m & 200m also setting a new record in the 100m with her blistering run of 11.64 & exceeding World Youth & EYOF standards & **Alice Akers, Scariff CC** who threw 56.20m in the Senior Girls Hammer to win gold & set a new Irish Schools record. Later in the day she was awarded the Lar Byrne Memorial Trophy for "Athlete of the Championships". **Daniel Ryan, Thurles CBS** was another stand out performer jumping 7.10m in the Inter Boys Long Jump to equal Jonathon Kron's 1989 School's record & achieve the EYOF standard with him recording his second gold of the day in the Inter Boys 100mH with his run of 13.07, just off the Schools record of 12.97H held by Carlton Haddock. **Phoebe Murphy, Loreto Clonmel** was another athlete in top form doing the double in the Senior Girls 100m & 200m with **Sophie Meredith, SMI Newcastle West** winning double gold in the Junior Girls High Jump & Long Jump & setting a new Schools record of 5.67m in the Long Jump.



Munster had 4 Record breaking athletes over the weekend:-

- **Sophie Meredith, SMI Newcastle West** set a new Junior Girls record of 5.67m in the Long Jump to better the 5.58m jumped by Arlene Crossan, Loreto Letterkenny in 2013.
- **Ciara Neville, Castletroy College** set a new Inter Record in the Girls 100m with her blistering fast time of 11.64 to smash the previous meet record of 11.9H set in 1983 by Olive Burke, FCJ Laurel Hill & equalled by Niamh Whelan, Presentation Waterford in 2008.

- **Daniel Ryan, Thurles CBS** equalled the Inter Boys Long Jump record of 7.10m set by Jonathon Kron, Wesley College in 1989.
- **Alice Akers, Scarrif CC** set a new record in the Senior Girls Hammer with her throw of 56.20m to better the 2011 record of 55.31m by Cara Kennedy, Waterford CFF



Multiple Medal winners for Munster were – **Sean Mockler, Thurles CBS** – 1<sup>st</sup> Junior Boys Hammer & Discus; **Ciara Neville, Castletroy College** – 1<sup>st</sup> in Intermediate Girls 100m & 200m; **Daniel Ryan, Thurles CBS** – 1<sup>st</sup> Inter Boys 100mH & Long Jump; **Phoebe Murphy, Loreto Clonmel** – 1<sup>st</sup> Senior Girls 100m & 200m; **Fiona Doyle, IS Killorglin** – 1<sup>st</sup> in Junior Girls 200m & 2<sup>nd</sup> in High Jump; **David Ryan, Thurles CBS** – 1<sup>st</sup> Junior Boys Long Jump & 2<sup>nd</sup> in 200m; **Kate Taylor, Colaiste Mhuire Ennis** – 1<sup>st</sup> Inter Girls Triple Jump & 2<sup>nd</sup> in Long Jump; **Miriam Daly, Scoil Mhuire, Carrick-On-Suir** – gold in Junior Girls 75mH & silver in 100m; **Sharlene Mawdsley, St. Mary's Newport** – 1<sup>st</sup> Inter Girls 300m & 3<sup>rd</sup> in 200m; **Scott Gibson, Bandon Grammer School** – 1<sup>st</sup> Senior Boys 400m & 3<sup>rd</sup> in 100m; **Roisin Harrison, Villiers Limerick** – 2<sup>nd</sup> Senior Girls 100m & 200m; **Jack Ryan, Thurles CBS** – 2<sup>nd</sup> Minor Boys Long Jump & 3<sup>rd</sup> Shot Putt; **Shauna Linehan, Colaiste Treasa** – silver in Junior Girls Shot Putt & bronze in Discus; **Shawn Benson, St. Flannan's Ennis** – 2<sup>nd</sup> in Junior Boys 100m & 3<sup>rd</sup> in 200m; **Lauren O'Leary, Nagle Rice, Doneraile** – bronze in Minor Girls 100m & Long Jump; **Chloe Tobin, Castletroy College** – double bronze in Inter Girls 80mH & 300mH;

Munster scored a 1, 2 & 3 in the Junior Boys Long Jump (**David Ryan, Thurles CBS** 1<sup>st</sup>, **Brian Lynch, Spioraid Naoimh**, 2<sup>nd</sup> & **Adam Dooley, Colaiste Pobal Ros Cre** in 3<sup>rd</sup>) & the Junior Boys Hammer (1<sup>st</sup> **Sean Mockler, Thurles CBS**, 2<sup>nd</sup> **Brian Naughton, Nenagh College** & 3<sup>rd</sup> **Padraig O'Callaghan, Col Christost Ri**). There was a clean sweep for Munster athletes in the Senior Boys Hammer with gold for **Adam King Col na Sceilige**, silver for **Tomas O'Neill SM Kanturk** & bronze for **Andre Christie Spioraid Naoimh**. Munster had gold & silver in the Senior Girls 100m & 200m with **Phoebe Murphy, Loreto Clonmel & Roisin Harrison, Villiers Limerick** winning on the double. There was also gold & silver in the Senior Boys Pole Vault with **Seamie Fennell & Juri Kanash, St. Augustine's College** finishing 1<sup>st</sup> & 2<sup>nd</sup>. There was a 2 & 3 in the Minor Girls 100m with **Niamh Foley, SMI Newcastle West & Lauren O'Leary, Nagle Rice, Doneraile** both winning medals. **Sophie Meredith, SMI Newcastle West & Fiona Doyle, IS Killorglin** battled it out in the Junior Girls High Jump with both ending on 1.60m & Sophie snatching victory on countback. There was silver & bronze in the Junior Girls Javelin with wins for **Katie Moynihan Davis College & Anna Leary Loreto Fermoy**. Munster scored a 1 & 3 in the Inter Girls 100m with a win for **Ciara Neville Castletroy College** (11.64R) & 3<sup>rd</sup> place for **Lauren Ryan Crescent C.C.**





*Thurles CBS Athletes – Top Junior Boys School & Top Medal Winners Overall*



Munster medal winners are below:-

**Gold medals**

1. Sean Quilter Tralee CBS – Minor Boys Long Jump (5.18m)

2. Miriam Daly, Scoil Mhuire Carrick-On-Suir (11.59)
3. Fiona Doyle, IS Killorglin – Junior Girls 200m (25.23)
4. Alex O'Neill, Rice College, Ennis – Junior Girls 800m (2.19.57)
5. Sophie Meredith, SMI Newcastle West – Junior Girls High Jump (1.60m)
6. Sophie Meredith, SMI Newcastle West – Junior Girls Long Jump (5.67m) **REC**
7. Aisling Cassidy, Bandon A.C. – Junior Girls Pole Vault (2.65m)
8. Darragh McElhinney Colaiste Phobal Beanntraí – Junior Boys 1500m (4.18.76)
9. Liam McDonagh Thurles CBS – Junior Boys 1200m Walk (6:07.05)
10. Dean Mulqueen St Annes Killaloe - Junior Boys 80mH (11.60)
11. Ben O'Donovan Midleton College – Junior Boys High Jump (1.85m)
12. David Ryan Thurles CBS – Junior Boys Long Jump (6.34m)
13. Sean Mockler Thurles CBS – Junior Boys Discus (42.23m)
14. Sean Mockler Thurles CBS – Junior Boys Hammer (47.80m)
15. Ciara Neville, Castletroy College – Inter Girls 100m (11.64) **REC**
16. Ciara Neville, Castletroy College – Inter Girls 200m (23.99)
17. Sharlene Mawdsley, St. Mary's Newport – Inter Girls 300m (39.91)
18. Kate Taylor Col Mhuire Ennis – Inter Girls Triple Jump (11.21m)
19. Orlaith O'Brien Ursuline Waterford – Inter Girls Javelin (43.29m)
20. Daniel Ryan Thurles CBS – Inter Boys 100mH (13.07)
21. Gearoid McMahon St Caimin's Shannon – Inter Boys 2000m Walk (9.03.42)
22. Daniel Ryan Thurles CBS – Inter Boys Long Jump (7.10m) **=REC**
23. James French Bandon Grammer School – Inter Boys Shot Putt (14.90m)
24. Phoebe Murphy Loreto Clonmel – Senior Girls 100m (11.72)
25. Phoebe Murphy Loreto Clonmel – Senior Girls 200m (24.21)
26. Jenna Bromell Castletroy College – Senior Girls 400m (57.06)
27. Louise Shanahan Bruce College Cork – Senior Girls 800m (2.13.52)
28. Kelly-Anne Doyle Scoil Mhuire, Carrick-On-Suir – Senior Girls 400mH (62.40)
29. Laura Cussen Col Choilm B'col – Senior Girls Pole Vault (3.15m)
30. Deirbhle Ní Riain GC Luimnigh – Senior Girls Shot Putt (11.29m)
31. Kayleigh Cronin St Brigids – Senior Girls Discus (42.93m)
32. Alice Akers Scariff CC – Senior Girls Hammer (56.20m) **REC**
33. Scott Gibson Bandon Grammer School – Senior Boys 400m (49.41)
34. Kevin Mulcaire St Flannan's Ennis – Senior Boys 5000m (1451.97)
35. David Cussen Spioraid Naoimh – Senior Boys High Jump (2.05m)
36. Seamie Fennell St Augustines – Senior Boys Pole Vault (4.20m)
37. Adam King Col na Sceilge – Senior Boys Hammer (56.95m)
38. Aaron Egan HS Clonmel – Senior Boys 3000m Walk (12.39.87)

• **Silver medals**

1. Niamh Foley, SMI Newcastle West – Minor Girls 100m (12.50)
1. Jack Ryan Thurles CBS – Minor Boys Long Jump (5.10m)
2. Sean Carolan St Mary's Newport – Minor Boys Shot Putt (12.48m)
3. Miriam Daly, Scoil Mhuire, Carrick-On-Suir – Junior Girls 100m (12.42)
4. Fiona Doyle, IS Killorglin – Junior Girls High Jump (1.60m)
5. Shauna Linehan Colaiste Treasa – Junior Girls Shot Putt (11.27m)
6. Katie Moynihan Davis College – Junior Girls Javelin (35.00m)
7. Jake Vermeer Comeragh College – Junior Boys 80mH (11.79)
8. Shawn Benson St Flannan's Ennis – Junior Boys 100m (11.46)
9. David Ryan Thurles CBS – Junior Boys 200m (23.18)
10. Brian Lynch Spioraid Naoimh – Junior Boys Long Jump (5.82m)
11. Darragh Miniter Kilrush CS – Junior Boys Shot Putt (12.88m)
12. Brian Naughton Nenagh College - Junior Boys Hammer (43.41m)
13. Sharlene Mawdsley, St. Mary's Newport – Inter Girls 200m (24.26)

14. Caoimhe Harrington Colaiste Phobal Beanntraí – Inter Girls 3000m (10.39.13)
15. Laura Nicholson Bandon Grammar School – Inter Girls 1500m S/C (5.22.01)
16. Clodagh Walsh, Davis College – Inter Girls Pole Vault (2.75m)
17. Kate Taylor Col Mhuire Ennis – Inter Girls Long Jump (5.54m)
18. Aoife Doyle IS Killorglin – Inter Girls Discus (33.80m)
19. Tony Odubote Rice College Ennis – Inter Boys 100m (11.22)
20. Jamie Mitchell Ardscoil Rís Lim – Inter Boys 400m (51.52)
21. amie Roche St Flannan's Ennis – Inter Boys 1500m S/C (4.39.39)
22. Conor O'Driscoll Carrigaline CS – Inter Boys 800m (1.59.36)
23. Fearghal Curtin Midleton CBS – Inter Boys 3000m (8.56.18)
24. Eoghan Flynn Dungarvan CBS – Inter Boys Discus (40.05m)
25. Roisin Harrison Villiers Limerick – Senior Girls 100m (11.97)
26. Roisin Harrison Villiers Limerick – Senior Girls 200m (24.34)
27. Clodagh O'Mahoney Laurel Hill – Senior Girls 100mH (14.46)
28. Ellen Larkin Villiers Limerick – Senior Girls Pole Vault (2.90m)
29. Aoife Vaughan-Witts Borrisokane CC – Senior Girls Hammer (49.52m)
30. Daniel O'Mahony Rochestown College – Senior Boys 400m (57.77)
31. Sean Collins St Flannan's Ennis – Senior Boys 2000m S/C (6.14.41)
32. Yuri Kanash St Augustines – Senior Boys Pole Vault (4.00m)
33. Tomas O'Neill SM Kanturk – Senior Boys Hammer (50.38m)
34. Anthony Tobin HS Clonmel – Senior Boys 3000m Walk (13.28.00)
35. Charlie O'Donovan Col Christ Ri – U/16 Mile (4.33.14)

#### **Bronze Medals**

1. Lauren O'Leary, Nagle Rice, Doneraile – Minor Girls 100m (12.58)
2. Lauren O'Leary, Nagle Rice Doneraile – Minor Girls Long Jump (5.22m)
3. Katelyn Coffey, Gael Cholaiste Mhuire AG – Minor Girls 800m (2.27.27)
4. Jack Ryan Thurles CBS – Minor Boys Shot Putt (12.20m)
5. Claire Rafter Ursuline Thurles – Junior Girls 1500m (4.46.02)
6. Rachel Stephens GC Phort Lairge – Junior Girls Discus (27.96m)
7. Shauna Linehan Colaiste Treasa – Junior Girls Hammer (35.87m)
8. Anna Leary Loreto Fermoy – Junior Girls Javelin (32.19m)
9. Shawn Benson St Flannan's Ennis – Junior Boys 200m (23.56)
10. Craig Cloona St Augustines – Junior Boys Pole Vault (2.90m)
11. Adam Dooley Col Phobal Ros Cré – Junior Boys Long Jump (5.81m)
12. Cian Kingston Bandon GS – Junior Boys Discus (37.72m)
13. Pdraig O'Callaghan Col Christ Ri - Junior Boys Hammer (41.74m)
14. Joe McEvoy St Annes Killaloe – Junior Boys Discus (38.53m)
15. Aoife Mahony Pres Listowel – Inter Girls 800m (2.23.93)
16. Chloe Tobin Castletroy College – Inter Girls 80mH (11.59 3.8)
17. Chloe Tobin Castletroy College – Inter Girls 300mH (45.60)
18. Aoife Hurley Loreto Fermoy – Inter Girls Javelin (34.69m)
19. Sarah Hayes, Mount St. Michael Rosscarbery – Inter Girls Shot Putt (11.45m)
20. Orla O'Connor Waterpark College – Inter Girls 2000m Walk (10.03.48)
21. Cathal Locke Crescent C.C. – Inter Boys 400mH (57.63)
22. David Kenny St Brendans – Inter Boys 2000m Walk (9.54.98)
23. Travis Coomey Bandon Grammar School – Inter Boys Hammer (47.72m)
24. Ciara Cummins Ursuline Thurles – Senior Girls 1500m S/C (5.20.60)
25. Megan Dunford St Augustines – Senior Girls Pole Vault (2.60m)
26. Fiona O'Shea Laurel Hill – Senior Girls Triple Jump (10.91m)
27. Lauren O'Mahony St Marys Midleton – Senior Girls Javelin (32.25m)
28. Scott Gibson Bandon Grammar School – Senior Boys 100m (10.76)
29. Sean Curran Dungarvan CBS – Senior Boys 1500m (406.39)



30. Andre Christie Spioraid Naoimh – Senior Boys Hammer (48.97m)  
31. Bobby Smith Bandon Grammer School – Senior Boys Javelin (51.94m)

### Relay Results

- Bandon Grammer School – 2<sup>nd</sup> Minor Girls 4 x 100m (53.93)
- Bandon Grammar School – 3<sup>rd</sup> Junior Girls 4 x 100m (53.01)
- Castletroy College – 1<sup>st</sup> Inter Girls 4 x 100m (50.17)
- Scoil Mhuire Carrick on Suir – 2<sup>nd</sup> Inter Girls 4 x 100m (50.63)
- Bandon Grammar School – 1<sup>st</sup> Senior Boys 4 x 100m (43.20)

### Schools Rankings

1. Minor Boys – 3<sup>rd</sup> Thurles CBS
2. Junior Girls – 1<sup>st</sup> Bandon Grammer
3. Junior Girls – 3<sup>rd</sup> SMI Newcastle West
4. Junior Boys – 1<sup>st</sup> Thurles CBS
5. Junior Boys – 3<sup>rd</sup> St. Anne's Killaloe
6. Inter Girls – 1<sup>st</sup> Castletroy College
7. Inter Girls – 2<sup>nd</sup> Ursuline Thurles
8. Inter Boys – 2<sup>nd</sup> Bandon Grammer
9. Senior Boys – 2<sup>nd</sup> Bandon Grammer
10. U/16 Boys – Colaiste Chriost Ri

Full Results at [www.munsterathletics.com](http://www.munsterathletics.com).

### Tailteann Trophies for McMahon & Ryan



The GloHealth Tailteann Interprovincial Track & Field Championships took place on Friday 19<sup>th</sup> June in Morton Stadium, Santry. Munster athletes took home 24 medals in total (8 gold, 7 silver & 9 bronze). It was a day of mixed fortunes for our athletes but some of the highlights on the day were **Gearoid McMahon, St. Caimin's Shannon** winning the Roisin O'Callaghan Memorial Trophy for the Best Athlete in the Race Walking event in a new personal best time of 14.06.17, over 68 seconds clear of 2<sup>nd</sup> place & **David Ryan, Thurles CBS** winning the Michael Farnan Memorial Trophy for the Best Long Jump Athlete. Ryan, a junior athlete, jumped out to a new personal best of 6.77m to win gold to add to his Junior Schools title. His older brother **Daniel** won silver in the same event, just 5cm behind him with his jump of 6.72m.

Other athletes who put in top class performances on the day were **Ciara Neville, Castletroy College** who did the double in the Girls 100m & 200m setting two new records of 11.4h & 24.1h & **Orlaith O'Brien, Ursuline Waterford** who threw the javelin out to a new Tailteann record of 45.67m. **Alex O'Neill, Rice College Ennis** took gold in the Girls 800m race in a time of 2.15.54 with gold for **Cathal Locke, Crescent Community College** in the Boys 400mH race in a time of 56.71 & **Diarmuid Clancy, Meanscoil San Nioclas** in 2<sup>nd</sup> place in 57.44. **James French, Bandon Grammer** reigned supreme in the Boys Shot Putt winning gold with a throw of 14.75m. There were silver medals for **Clodagh Walsh, Davis College** in the Girls Pole Vault (2.75m), **Angharad Loughnane, Gael Cholaiste Luimnigh** in the Girls Discus (33.21m), **Jamie Mitchell, Ard Scoil Rís** in the Boys 400m (50.24), **Conor O'Driscoll, Carrigaline CS** in the Boys 800m (1.57.14) & **Jamie Roche, St. Flannan's Ennis** in the Boys 1500m Steeplechase (4.37.30). Bronze medals were won by **Claire Rafter, Ursuline Thurles** in the Girls 1500m (4.39.68), **Lauren Ryan, Crescent Community College** in the Girls 80mH (11.6h), **Chloe Tobin, Castletroy College** in the Girls 300mH (44.48), **Sophie Meredith, SMI NewcastleWest** in the Girls Long Jump (5.48m), **Kate Taylor, Colaiste Mhuire Ennis** in the Girls Triple Jump (10.81m), **Ann Corcoran, Ursuline Waterford** in the Girls Shot Putt (12.06m), **Kathleen Heery, Ursuline Waterford** in the Girls Discus (29.75m), **Orla O'Connor, Waterpark College** in the Girls 3km Walk (15.31.57) & **Tony Odubote, Rice College Ennis** in the Boys 100m (11.31). In the Relay competitions, the Munster teams were 2<sup>nd</sup> in the Girls 4 x 100 & Boys 4 x 400m with 4<sup>th</sup> place finishes in the Girls 4 x 400m & Boys 4 x 100m. Top Girls School overall was Castletroy College with the Ursuline Waterford in 2<sup>nd</sup> place. Thurles CBS finished in 2<sup>nd</sup> place overall for the Boys Schools with the Munster teams finishing 3<sup>rd</sup> overall behind Leinster & Ulster. Congratulations to all our athletes who competed on the day.



### **5 Medals for Munster at SIAB Schools International**



The SIAB Schools U/17 Track & Field International took place in the Grangemouth Sports Stadium, Falkirk, Scotland on Saturday 18<sup>th</sup> July 2015 with Munster athletes taking home 5 individual medals in

total (1 gold, 2 silver & 2 bronze). There was a gold medal win for **Orlaith O'Brien, Ursuline Waterford/Ferrybank A.C.** when she launched her javelin out to 46.56m in very windy conditions to secure 1<sup>st</sup> place. Our double silver medal winner was Irish Boys Captain, **Daniel Ryan, Thurles CBS/Moycarkey Coolcree A.C.** who leaped out to 6.96m in the Long Jump & raced 13.25 over the 100mH. Bronze medals were won by **Gearoid McMahon, St. Caimin's Community School/Shannon A.C.** in the 3km Walk in a personal best time of 13.58.29 with Gearoid still being able to compete in this event next year. **James French, Bandon Grammar School/Bandon A.C.** also put in a tremendous effort in the Shot Putt launching it out to 15.01m & a new personal best to win the second bronze medal for Munster.



In the Relay competitions, **Lauren Ryan, Crescent College/Dooneen A.C.** won gold with the Irish Girls 4 x 100m Relay team who managed to hold off the might of the English at the line in a time of 46.32. Both **Cathal Locke, Crescent College/Dooneen A.C.** & **Jamie Mitchell, Ard Scoil Rís/Emerald A.C.** won bronze medals with the Irish Boys 4 x 400m Relay in a time of 3.22.11.

There were also a number of athletes who came agonisingly close to a medal on the day with none closer than **David Ryan, Thurles CBS/Moycarkey Coolcree A.C.** who jumped out to a new personal best of 6.86m on the day, just 1cm short of the bronze medal, David is still under the age next year. Young **Sophie Meredith, Scoil Mhuire agus Ide/St. Mary's A.C. Limerick** competed well & gained valuable experience in the Girls Long Jump finishing 4<sup>th</sup> with a best of 5.68m & is still under the age for the next two years for this competition. **Cathal Locke, Crescent College/Dooneen A.C.** was 4<sup>th</sup> in the 400mH in a time of 57.05, **Jamie Mitchell** was 4<sup>th</sup> in the 400m in a time of 49.31, **Clodagh Walsh, Davis College/Abbey Striders A.C.** equalled her lifetime best of 2.80m in the Pole Vault to place 4<sup>th</sup> & is still under the age again next year; **Kate Taylor, Colaiste Mhuire Ennis/Ennis Track A.C.** jumped out to a new personal best of 11.23m in the Triple Jump to finish 4<sup>th</sup> just 19cm short of bronze & **Angharad Loughnane, Gaelcholaiste Luimnigh/Marian A.C.** was 4<sup>th</sup> in the Discus achieving 36.26m on her last throw.





5<sup>th</sup> place finishes were recorded by **Diarmuid Clancy, Meanscoil San Nioclais/Abbey Striders A.C.** in the 400mH in a time of 59.13; **Alex O'Neill, Rice College Ennis/St. Cronan's A.C.** in the 800m (2.18.20); **Lauren Ryan, Crescent College/Dooneen A.C.** in the 100m (11.91) & **Jamie Roche, St. Flannan's College, Ennis/Ennis Track A.C.** in the Steeplechase (4.39.95). **Laura Nicholson, Bandon Grammer/Bandon A.C.** was 6<sup>th</sup> in the Steeplechase (5.27.25), **Anne Corcoran, Ursuline Waterford/Ferrybank A.C.** was 6<sup>th</sup> in the Shot Putt with a throw of 11.69m with **Conor O'Driscoll, Carrigaline Community School/Leevale A.C.** 7<sup>th</sup> in the 800m (1.59.85).



Ireland were 2<sup>nd</sup> overall on 358 points behind England on 520.50 points with the Irish Girls & Boys Teams also 2<sup>nd</sup> overall behind England. Congratulations & well done to all our athletes.

## **8 National Medals for Munster at GloHealth Irish Schools Combined Events**



The AIT International Arena, Athlone was the venue for the GloHealth Irish Schools Combined Events Championships on Saturday 7<sup>th</sup> November. A strong Munster Squad of 21 athletes travelled to the

venue which produced an exciting & intense competition as athletes from the four provinces battled it out for the coveted places on the Irish Junior & Intermediate Schools Teams. In the Junior competitions, Munster were represented by **Sophie & Holly Meredith (SMI Newcastlewest)**, **Aisling Cassidy (Bandon Grammer School)**, **Ciara McKeon (Colaiste na Toirbhirte, Bandon)**, **Brian Lynch, (Colaiste Spioraid Naomh)**, **Darragh Minitier (Kilrush CS)**, **Jake Vermeer (Comeragh College)**, **Sean Mockler (CBS Thurles)** & **Joseph McEvoy (St. Anne's Killaloe)**. At Intermediate level, our competitors were **Ann Corcoran (Ursuline Waterford)**, **Vicki Cusack (Davis College, Mallow)**, **Kate Taylor (Colaiste Muire Ennis)**, **Daniel Ryan (CBS Thurles)**, **Damien Hickey (Davis College, Mallow)**, **Tony Odubote & Cathal O'Brien (Rice College Ennis)** & **Joseph Minitier (Ennistymon CBC)**. Our representatives in the Senior category were **Laoise Bennis, Hazelwood College**, **John Hogan & Saran Mangalasithira (Davis College, Mallow)** & **Jason McGrath, Glanmire CC**. Out of those 21 athletes, 8 National medals were won (3 gold, 4 silver & 1 bronze) with 10 Munster athletes (4 girls & 6 boys) also qualifying for the SIAB Schools International competition in the Emirates Arena, Glasgow on Saturday 12<sup>th</sup> December 2015.

In the Junior Girls competition, **Sophie Meredith** finished in third place with a score of **3315 points** with Aisling Cassidy in 6<sup>th</sup> place on 3083 points, **Ciara McKeon** in 7<sup>th</sup> on 2862 points & **Holly Meredith** in 10<sup>th</sup> on 2540 points.

In the Intermediate Girls competition, the gold medal went to **Anne Corcoran** in a particularly tight finish with only 15 points separating gold & silver. The silver medal was won by **Vicki Cusack** who finished with **3485 points** with **Kate Taylor** taking 4<sup>th</sup> place on **3303 points**.

**Laoise Bennis** was Munster's only representative in the Senior Girls competition & she did very well winning silver with a total score of **2067 points**.

In the Junior Boys category, **Brian Lynch** put in a terrific & well balanced performance to take gold with **3154 points** with another good performance from **Darragh Minitier** in 2<sup>nd</sup> place on **3010 points** & **Jake Vermeer** in 4<sup>th</sup> place on **2952 points**. **Sean Mockler** was 5<sup>th</sup> on **2835 points** with **Joseph McEvoy** in 6<sup>th</sup> on **2624 points**.

**Daniel Ryan** put in a strong & confident performance in the Intermediate Boys competition, taking gold & a new Irish Schools Record with a winning score of **3785 points**, up 285 points on his score last year. **Damien Hickey** placed 2<sup>nd</sup> with a score of **3298 points** with **Tony Odubote** 4<sup>th</sup> on **3196 points**. **Cathal O'Brien & Joseph Minitier** were 6<sup>th</sup> & 7<sup>th</sup> with **3011 points** & **2923 points**.

**Saran Mangalasithira, John Hogan & Jason McGrath** were Munster's representatives in the Senior Boys category & they competed well to finish in 4<sup>th</sup>, 5<sup>th</sup> & 9<sup>th</sup> place with **2460, 2444 & 1863 points**. Congratulations & well done to all our athletes who represented their schools so well on the day.

Munster's 10 representatives on the SIAB Schools International Irish Team for 2015 are:-

- Sophie Meredith (Junior Girls)
- Brian Lynch, Darragh Minitier & Jake Vermeer (Junior Boys)
- Anne Corcoran, Vicki Cusack & Kate Taylor (Intermediate Girls)
- Daniel Ryan, Damien Hickey & Tony Odubote (Intermediate Boys)

### **Irish Schools Tailteann Award – Phoebe Murphy, Loreto Clonmel**

