

National Records for Munster Athletes

Munster athletes continued their winning ways on Day 3 of the GloHealth National Juvenile Track & Field Championships in Tullamore on Sunday 12th July 2015 winning 63 medals in total (24 gold, 16 silver & 23 bronze). 6 National records were also set by the athletes below:-

- **Ciara Sheehy, Liscarroll A.C.** threw 14.10m in the Girls U/14 Shot Putt to beat the 2014 record of 14.07m set by Aoibhinn McMahon, Blackrock A.C. Louth.
- **Miriam Daly, Carrick-On-Suir A.C.** ran 34.90 to better the 2009 record of 34.98 set by Ciara Giles Doran, Ferrybank A.C.
- **Joseph McEvoy, Nenagh Olympic A.C.** jumped 1.82m in the Boys U/15 High Jump to better the jump of 1.81m set by Ben O'Donovan, Abbey Striders A.C. in 2014.
- **David Ryan, Moycarkey Coolcree A.C.** ran 32.16 to beat the record of 32.90 set by Colin Nolan, Enniscorthy A.C. in 2010.
- **Orlaith O'Brien, Ferrybank A.C.** threw 44.23m in the Girls U/17 Javelin to better the 2014 record of 42.85m set by Michaela Walsh, Swinford A.C.
- **Lauren Ryan, Dooneen A.C.** ran 24.73 in the Girls U/17 200m to better the 2012 record of 24.88 set by Roisin Harrison, Emerald A.C.

U/14

Niamh Foley, St. Mary's A.C. Limerick ran 25.99 in the Girls 200m to win gold. **Ellen Lynch, Dooneen A.C.** ran 4.57.46 in the 1500m to win gold with **Grainne Egan, North Cork A.C.** 3rd with 4.59.92. **Ciara Sheehy, Liscarroll A.C.** set a new National Record of 14.10m in the Shot Putt. Munster recorded a 1 & 2 in the Boys 200m with silver for **Robert Twomey, Leevale A.C.** (24.81) & bronze for **Robert Dillon, Middleton A.C.** (24.86). In the Boys Discus, there was silver for **James Kirby, Bandon A.C.** (31.74m) & bronze for **Ricky Carroll, Fanahan McSweeney** with a throw of 29.82.



#portsfile 12 July 2015 Cian Morris, Liscarroll A.C. Co. Cork, winning the Boys U/15 200m at the GloHealth Juvenile Track and Field Championships, Harberton Stadium, Tullamore, Co. Offaly. Picture credit: Sam Barnes/SPORTSFILE

U/15

Miriam Daly, Carrick-On-Suir A.C. put in a super run in the Girls 250mH to win gold & set a new Championship Best Performance of 34.90. **Katie Moynihan, Liscarroll A.C.** won gold in the Javelin with a throw of 38.15m. **Niamh Moriarty, Dooneen A.C.** won bronze in the Girls 200m (25.72) with **Conor Morey, Leevale A.C.** taking the gold medal in the Boys 200m in 23.87. **Joseph McEvoy, Nenagh Olympic A.C.** set a new Championship Best Performance of 1.82m in the High Jump with **Darragh Courtney, St. Brendan's A.C.** in 3rd place with a jump of 1.74m. **Jack Ryan, Moycarkey Coolcree A.C.** won gold in the Triple Jump (10.97m) & **Sean Carolan, Nenagh Olympic A.C.** was 2nd in the Discus with a throw of 34.78m. In the Boys Pole Vault competition, there was gold & bronze for **Sam O'Neill & Eoin Killigrew, West Waterford A.C.** with vaults of 2.60m & 2.20m. **Michael Shanahan, St. Mary's A.C. Limerick** won bronze in the Shot Putt with a throw of 13.27m.



U/16

Aoife Doyle, Carrick-On-Suir A.C. won gold in the Girls 250mH in a time of 36.47 with **Ciara McKeon, Bandon A.C.** 3rd in 37.46. **Vicki Cusack, Liscarroll A.C.** won bronze in the Girls Shot Putt with a throw of 10.66m. **David Ryan, Moycarkey Coolcree A.C.** set a new Championship Best Performance in the Boys 250mH when he ran 32.16. **Tony Odubote, Ennis Track A.C.** won bronze in the 200m in a time of 23.35. with **Katie Murphy, Ferrybank A.C.** winning silver in the Girls 200m in 25.72.



U/17

Chloe Tobin, Emerald A.C. won bronze in the 300mH with her run of 45.86. **Aisling Kelly, St. John's A.C.** won bronze in the 1500m in a time of 4.50.33 with **Charlie O'Donovan, Leevale A.C.** also winning bronze in his 1500m race in a time of 4.09.09. **Orlaith O'Brien, Ferrybank A.C.** launched her javelin out to 44.23m to set a new Championship Best Performance with **Molly Healy, Leevale A.C.** winning bronze in the High Jump (1.55m). Both **Cathal Locke, Dooneen A.C. & Diarmuid Clancy, Abbey Striders A.C.** came to the fore in the 300mH winning gold & silver in times of 40.41 & 40.95. **Jamie Mitchell, Emerald A.C.** won bronze in the 200m in a time of 22.71 with **Lauren Ryan, Dooneen A.C.** running a Championship Best Performance of 24.73 in the Girls 200m to take gold. **Travis Coomey, Bandon A.C.** won bronze in the Hammer with a throw of 43.24m.



U/18

Clíodha Blake, St. John's A.C. Clare won gold in the High Jump (1.55m) with **Grace Furlong, Waterford A.C.** winning silver in the Triple Jump with a jump of 10.80m. **Aishling Vaughan Witts, Borrisokane A.C.** won gold in the Hammer with a throw of 51.63m while **Deirbhile Ryan, Nenagh Olympic A.C.** won silver in the Shot Putt with a throw of 10.69m. **Fearghal Curtin, Youghal A.C.** won gold in the 1500m in a time of 4.01.73. **Eoghan Flynn, West Waterford A.C.** took silver in the Discus with a throw of 39.95m. **Des Kelleher, Leevale A.C.** won bronze in the Pole Vault with a vault of 2.80m. **Tom Deasy, Belgooly A.C.** won gold in the High Jump with a clearance of 1.80m with silver for **Cian O'Brien, Leevale A.C.** at same height. **Deasy** also won bronze in the Triple Jump (12.04m).

U/19

Kelly Ann Doyle, Carrick-On-Suir A.C. recorded a victory in the 400mH in a time of 1.03.32 with silver for **Clodagh O'Mahoney, Dooneen A.C.** in 1.03.80 & bronze for **Leanne Prout, Carrick-On-Suir A.C.** in 1.04.65. Leanne's twin brother, **Darren** also recorded a gold medal win in the Boys 400mH in a time of 56.71 with **Daniel O'Mahoney, Leevale A.C.** 3rd in 58.17. **Darren Prout** added to his winnings later in the day when he won silver in the Triple Jump with a leap of 13.10m. **Aoife Vaughan Witts, Borrisokane A.C.** won gold in the Hammer with a throw of 50.18m with **Fiona O'Shea, Dooneen A.C.** taking gold in the Triple Jump with a leap of 10.49m. Munster recorded gold & silver in the Girls High Jump with gold for **Neasa Murphy, Ferrybank A.C.** (1.66m) & silver for **Deirbhile Ryan, Nenagh Olympic A.C.** (1.63m). In the Girls Javelin, Munster also won 2 medals with

gold for **Lauren O'Mahoney, Youghal A.C.** with a throw of 30.73m & bronze for **Amy Linehan, North Cork A.C.** with 25.30m. **Joey Henchy, Bandon A.C.** won silver in the 200m in a time of 22.75. **Luke Horgan, Leevale A.C. & Sean Curran, West Waterford A.C.** took silver & bronze in the 1500m in times of 4.23.99 & 4.24.62. **Adam King, Iveragh A.C.** won silver in the Hammer with a throw of 59.98m. There was silver & bronze for Munster athletes **Jamie Fennell** (4.00m) & **Yuri Kanash** (3.80m) from **West Waterford A.C.** in the Pole Vault.



Future Stars on Show in Tullamore

POSTED: July 12 2015

Close to a thousand young athletes contested the GloHealth National Juvenile Championships taking place in Tullamore on Sunday, 12th of July.

[Full Results](#)

6 New CBP's Set in the Field Events

Joseph McEvoy (Nenagh Olympic AC) set a new championship best performance in the high jump with his clearance of 1.82m in the U15

boy's competition. Another in record breaking form was Ciara Sheehy (Liscarroll AC) as she launched the shot put out to 14.10m in the U14 contest. Owen Russell (St Andrews AC) dominated the U19 hammer competition setting a new CBP of 65.75m.

Orlaith O'Brien (Ferrybank AC) continued to improve in the U17 javelin as she won the title and set a new CBP of 44.23m. Jordan Hoang (Tullamore Harriers AC) leaped out to 14.11m to keep the records rolling on a great day of competition in Tullamore. Liam Connaughton (Dunleer AC) was over 50m in the U16 javelin as he claimed the national title with a throw of 52.85m, another CBP.

Close Duels on the Track

Of the long hurdlers in action Ciaran Barnes (City of Lisburn AC) clocked the fastest time of the day in the 400m hurdles as he won the U18 title in a time of 55.10. Kelly-Ann Doyle (Carrick on Suir AC) won the girl's U19 title in a time of 63.32 seconds.

Carla Sweeney (WSAF) timed her sprint to perfection to win the girl's U18 1500m title in a time of 4.58.60 while Clodagh O'Reilly (Annalee Striders AC) dominated the U19 contest with a winning margin of nearly six seconds as she won the title in a time of 4.49.07. Local athlete Chinie Izuchukwu (Tullamore Harriers AC) was a popular winner of the boy's U19 title in a time of 4.23.01.

200m

Young Niamh Foley (St Mary's – Limerick AC) was a fine winner of the U14 200m title in a time of 25.99 seconds as Conor Morey (Leevale AC) dominated the U15 boy's event to win the national title in a time of 23.87 seconds. Of the older athletes Cillian Greene (Galway City Harriers AC) flew down the track to win the U18 contest in a time of 21.88 seconds. Lauren Ryan (Dooneen AC) ran a fast 24.73 seconds to win the girl's U17 national title.