MMI Munster Indoor Championships, January 6th 2013, Nenagh

Munster Junior & Under 23 T&F 2015
January 4th, Nenagh Olympic Arena

Long Jump

	Name	Club	Category	Time
1	Genieve Rowland	Templemore AC	FS	4.49 m
2	Anna Walsh	Liscarroll	FS	4.31 m
	Aoife O Malley	Bilboa A.C	FS	3.91 m
1	MARY CAHILL	Ennis Track	F35	3.74 m
1	martha o sullivan	dooneen	F40	3.56 m
1	Sheila O Donoghue	Gneeveguilla AC	F45	3.81 m
2	HILDA O CONNOR	Ennis Track	F45	3.31 m
3	Eileen O Rirdan	Gneeveguilla AC	F45	2.18 m
1	Marie Coughlan	Kilmihil A.C.	F60	2.27 m
1	Mary Barry	Grange Fermoy AC	F65	2.18 m
1	Darren Prout	Carrick-on-Suir AC	MS	6.21 m
2	Roland Pika	Limerick	MS	6.14 m
1	Danny Meaney	Templemore AC	M35	5.46 m
2	Breandán Dennehy	Rising Sun AC	M35	5.32 m
3	Adrian McGinley	Templemore AC	M35	5.19 m
4	Glen Scullion	Mid Ulster AC	M35	5.00 m
5	Declan O' Mahoney	Youghal AC	M35	4.90 m
6	John Demspey	West Waterford	M35	4.81 m
1	Tomás Griffin	An Ríocht	M40	5.88 m
2	DONNACHA DENNEHY	RISING SUN	M40	4.89 m
3	Artur Novak	St Brendans	M40	4.45 m
4	Tomas O'Shea	Liscarroll	M40	4.45 m
5	Mark Burke	Moyglass AC	M40	4.32 m
6	AIDAN HOGAN	RISING SUN	M40	3.73 m
1	Paschal Halley	Waterford	M45	5.05 m
2	PJ Doyle	Sli Cualann	M45	2.10 m
1	Adrian Young	Templemore AC	M50	4.09 m
2	Noel Galvin	West Muskerry	M50	3.75 m
3	Neilie Hall	Ballynonty	M50	3.70 m
1	Pat Power	St Josephs	M55	1.49 m
2	Peadar McGing	DSD	M55	4.16 m
3	John Murphy	Liscarroll	M55	4.14 m

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1	Seamus Fox	Fanahan McSweeney	M60	4.05 m
2	Willie O'Toole	SLOT	M60	3.88 m
1	Brendan Dennehy	Rising Sun	M65	4.15 m
2	Bernie O'Neill	Clonmel	M65	3.51 m
1	Jim O'Shea	FFMV	M70	3.91 m
2	Con O'Donovan	Rising Sun	M70	3.32 m
3	Jerry O'Connell	Limerick CC	M70	2.16 m

Pole Vault

	Name	Club	Category	Time
1	Megan O'Connor	West Waterford	FJ	2.80 m
2	Ellen Larkin	Emerald	FJ	2.65 m
3	Una Samuels	Leevale	FJ	2.50 m
4	Molly Healy	Leevale	FJ	2.35 m
5	Aoife Tierney	Nenagh Olympic	FJ	2.35 m
1	Laura Cussen	Old Abbey A C	FS	2.50 m
1	Yuri Kanash	West Waterford	MJ	4.30 m
2	Jamie Fennell	West Waterford	MJ	3.60 m
3	Des Kelleher	Leevale	MJ	2.50 m

High Jump

	Name	Club	Category	Time
1	Shannen Dawkins	St Josephs	FS	1.60 m
1	David Cussen	Old Abbey A C	MS	1.90 m
2	Siomon Archer	Templemore AC	MS	1.80 m
3	De Kelleher	Leevale	MS	1.65 m
1	Breandán Dennehy	Rising Sun	M35	1.55 m
2	Kevin Shorthall	Templemore AC	M35	1.55 m
3	Adrian McGinley	Templemore AC	M35	1.50 m
4	MARTIN CURLEY	Ennis Track	M35	1.50 m
1	DONNACHA DENNEHY	RISING SUN	M40	1.60 m
2	Artur Novak	St Brendans	M40	1.60 m
3	Mark Burke	Moyglass AC	M40	1.55 m
4	Micheal Dennehy	Rising Sun AC	M40	1.40 m
5	AIDAN HOGAN	RISING SUN	M40	1.35 m
1	Finbarr Whelan	Liscarroll	M45	1.30 m
1	Richard Butler	Ballynonty	M50	1.40 m
2	Neilie Hall	Ballynonty	M50	1.20 m

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1	Seamus Fox	Fanahan McSweeney	M60	1.25 m
1	John Murphy	Liscarroll	M55	1.55 m
2	Peadar McGing	DSD	M55	1.40 m
1	BRENDAN DENNEHY	RISING SUN	M65	1.25 m
2	Noel Monteith	Borrisokane AC	M65	1.00 m
3	John Rice	Grange Fermoy AC	M65	1.00 m
1	JIM O SHEA	FARRANFORE/MAINE VALLEY	M70	1.30 m

Triple Jump

	Name	Club	Category	Time
1	Fiona O Shea	Dooneen	FJ	10.88 m
2	Grace Furlong	Waterford AC	FJ	10.17 m
1	Sophie Becker	St Josephs	FS	9.36 m
2	Aoife O Malley	Bilboa A.C	FS	8.54 m
1	Conor Durnin	St Peters	MJ	13.30 m
1	niall counihan	dooneen	MS	13.64 m

Shot

	Name	Club	Category	Time
1	Alana Frattaroli	Limerick Athletic Club	FS	12.05 m
2	Genieve Rowland	Templemore AC	FS	9.11 m
3	Aoife O Malley	Bilboa A.C	FS	8.11 m
4	Jodie Cusack	Liscarroll AC	FS	6.70 m
1	martha o sullivan	dooneen	F40	7.04 m
2	Mary Moroney	Nenagh Olympic	F40	5.72 m
1	Sheila O Donoghue	Gneeveguilla AC	F45	10.27 m
2	Eileen O Riordan	Gneeveguilla AC	F45	8.28 m
3	Suzanne McConway	St Cronans	F45	4.74 m
1	Marie Coughlan	Kilmihil A.C.	F60	5.32 m
2	Margaret Heffernan	Liscarroll	F60	5.17 m
1	Mary Barry	Grange Fermoy AC	F65	3.43 m
1	Terri Gough	West Waterford	F70	5.84 m
1	Seamus McMahon	Shannon	MS	9.84 m
2	Paul Keating	Liscarroll	MS	8.97 m
1	John Leahy	Kilmurry Ibk./Nth. Clare	M35	12.13 m
2	Tom Bouchier	Ferrybank	M35	10.53 m

3	Paul Askins	dooneen	M35	6.05 m
1	joe Kenny	Templemore	M40	9.48 m
2	Artur Novak	St Brendans	M40	9.16 m
3	Micheal Dennehy	Rising Sun AC	M40	7.51 m
4	AIDAN HOGAN	RISING SUN	M40	7.35 m
5	Shane McLoughlin	Shercock	M40	6.76 m
6	Liam Coughlan	Liscarroll	M40	6.64 m
1	Peter Ryan	Nenagh Olympic	M45	10.54 m
2	ALEX CONWAY	Ennis Track	M45	10.45 m
3	Dave Frattaroli	Limerick Athletic Club	M45	9.85 m
4	Finbarr Whelan	Liscarroll	M45	7.67 m
5	PJ Doyle	Sli Cualann	M45	5.19 m
1	Martin Fitzpatrick	St Marys Clare	M55	10.12 m
2	Pat Kennedy	Ferrybank	M55	9.84 m
3	Peadar McGing	DSD	M55	8.55 m
1	William O'Toole	SLOT	M60	10.29 m
2	James O'Hare	Limerick ac	M60	9.88 m
1	Michael Kelly	Nenagh Olympic	M65	10.20 m
2	Noel Montegue	Borrisokane AC	M65	8.55 m
3	John Rice	Grange Fermoy AC	M65	7.80 m
4	Bernie O'Neill	Clonmel AC	M65	7.40 m
5	Micheal McCormack	Fethard AC	M65	6.97 m
1	Con O'Donovan	RISING SUN	M70	7.76 m
2	Jerry O'Connell	Limerick Country Club	M70	6.61 m
1	JOE HOGAN	RISING SUN	M75	6.75 m
1	Michéal O'Beirne	Dundrum A.C.	M80	4.45 m

Weight for Distance 56 lb

1	John O Dwyer	Templemore AC	MS	7.40 m
2	Paul Keating	Liscarroll	MS	3.89 m
1	John Leahy	Kilmurry Ibk./Nth. Clare	M35	5.99 m
2	Tom Bouchier	Ferrybank	M35	5.84 m
3	Danny Meaney	Templemore AC	M35	5.68 m
1	Anthony Greaney	An Riocht	M40	5.98 m
2	Micheal Dennehy	Rising Sun AC	M40	5.00 m
3	AIDAN HOGAN	RISING SUN	M40	4.51 m
1	Peter Ryan	Nenagh Olympic	M45	7.00 m
2	Anthony Carolan	Nenagh Olympic	M45	6.05 m

3	PJ Doyle	Sli Cualann	M45	2.71 m

Weight for Distance 35 lb

1	Seamus McMahon	Shannon	MJ	7.56 m
1	Martin Fitzpatrick	St Marys Cl	M55	9.68 m
2	Pat Kennedy	Ferrybank	M55	7.45 m
1	William O'Toole	SLOT	M60	7.64m
2	James O'Hare	Limerick AC	M60	5.21 m
1	John Rice	Grange Fermoy	M65	7.30 m
2	Tom Jones	Templemore AC	M65	6.74 m
3	Michael Kelly	Nenagh Olympic	M65	6.34 m
4	Noel Monteith	Borrisokane	M65	5.18 m
5	Micheal McCormack	Fethard	M65	4.14 m

Weight for Distance 35 lb

1	Jerry O'Connell	Limerick Country Club	M70	4.96 m
1	JOE HOGAN	RISING SUN	M75	5.40 m

Weight for Distance 4KG

1	Micheal O'Beirne	Dundrum AC	M80	3.01 m

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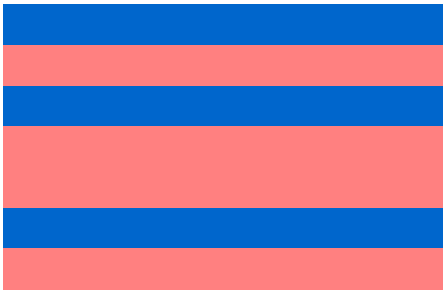

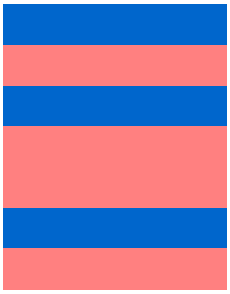

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