

Munster Junior & U23 Indoor T&F
Nenagh, January 2nd, 2015

Junior Men 60m Hurdles

1 Jack	Murphy	Leevale A.C.	MJ	8.64
2 Kevin	O'Leary	Liscarroll A.C.	MJ	9.29
3 Dean	Mulqueen	Derg A.C.	MJ	12.52

Junior Men 60m

1 Cormac	McCann	FERRYBANK A.C.	MJ	7.19
2 Tony	Odubote	Ennis Track A.C.	MJ	7.28
3 Shawn	Benson	Ennis Track A.C.	MJ	7.37
4 John	Hogan	Abbey Striders A.C.	MJ	7.44
5 Jack	Murphy	Leevale A.C.	MJ	7.46
6 Nikolia	O'Connor	Tralee Harriers A.C.	MJ	7.56
7 Dion	Ryan	Waterford A.C.	MJ	8.10
8 Paul	Sullivan	Waterford A.C.	MJ	8.23

Under 23 Men 60m

1 Shane	Howard	Bandon A.C.	M23	7.24
2 Simon	Archer	Templemore A.C.	M23	7.27
3 Oisin	Fitzpatrick	Nenagh Olympic A.C.	M23	7.40
4 David	Cussen	Old Abbey A.C.	M23	7.42
5 Mel	O'Callaghan	Gneeveguilla A.C.	M23	7.44
6 Dan	Finnerty	Nenagh Olympic A.C.	M23	7.60
7 Ciaran	Dee	Leevale A.C.	M23	7.67

Senior Men 60m

1 Koadi	Ogbene	Leevale A.C. GUEST	Snr M	7.25
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Junior Men 200m

1	Cormac	McCann	FERRYBANK A.C.	MJ	23.38 H2
2	John	Hogan	Abbey Striders A.C.	MJ	23.82 H1
3	David	O'Brien	Dooneen A.C.	MJ	23.85 H1
4	Dean	Mulqueen	Derg A.C.	MJ	24.33 H2
5	Ronan	Barry	Marian A.C.	MJ	24.92 H2
6	Dion	Marcus	Killarney Valley A.C.	MJ	25.44 H1
7	Mark	Carmody	An Brú A.C.	MJ	25.88 H2

Under 23 Men 200m

1	Simon	Archer	Templemore A.C.	M23	22.94 H1
2	William	Flynn	Shannon A.C.	M23	23.55 H2
3	Jemil	Saidi	Ennis Track A.C.	M23	24.06 H1
4	Mel	O'Callaghan	Gneeveguilla A.C.	M23	24.23 H2
5	Dan	Finnerty	Nenagh Olympic A.C.	M23	24.61 H1

Senior Men 200m

1	Koadi	Ogbene	Leevale A.C. GUEST	Snr M	23.42
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Junior Men 400m

1	Diarmuid	Clancy	Abbey Striders A.C.	MJ	53.76 H1
2	Michael	Quilligan	Nenagh Olympic A.C.	MJ	53.85 H2
3	Micheál	O'Shea	An Ríocht A.C.	MJ	54.29 H2
4	David	O'Brien	Dooneen A.C.	MJ	55.09 H1
5	Ronan	Barry	Marian A.C.	MJ	56.52 H1

Under 23 Men 400m

1	Paul	White	Nenagh Olympic A.C.	M23	50.95
2	William	Flynn	Shannon A.C.	M23	51.87
3	Ciaran	Dee	Leevale A.C.	M23	53.83
4	Jemil	Saidi	Ennis Track A.C.	M23	54.61

Under 23 Men 800m

1	Tom	Hennessy	Nenagh Olympic A.C.	M23	2.01.67
2	Jamie	Stuart	Derg A.C.	M23	2.15.03
3	John Paul	Breen	Gneeveguilla A.C.	M23	2.15.07

Junior Men 1500m

1	Aaron	Quigley	Derg A.C.	MJ	4.37.11
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Under 23 Men 1500m

1	Jamie	Stuart	Derg A.C.	M23	4.36.59
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Junior Men Shot

1	Kieran	Maher	Marian A.C.	MJ	10.90
2	Rossa	Foley	Farranfore Maine Valley A.C.	MJ	9.68
3	John	Hogan	Abbey Striders A.C.	MJ	9.62

Junior Men Wt. for Dist.

1	Rossa	Foley	Farranfore Maine Valley A.C.	MJ	6.11
2	Kieran	Maher	Marian A.C.	MJ	5.26

Junior Men High Jump

1	Ben	Donovan	Abbey Striders A.C.	MJ	1.95
2	Dion	Ryan	Waterford A.C.	MJ	1.90
3	Cian	O'Brien	Waterford A.C.	MJ	1.65

U23 Men High Jump

1	David	Cussen	Old Abbey A.C.	M23	2.00 =CBP
2	Simon	Archer	Templemore A.C.	M23	1.90

Junior Men Long Jump

Junior Men Long Jump					1	2	3	4	5	6	Best
1	Dion	Ryan	Waterford A.C.	MJ	X	6.02	6.27	6.09	X	6.07	6.27
2	Nikolia	O'Connor	Tralee Harriers A.C.	MJ	X	5.94	6.03	5.92	5.88	5.96	6.03
3	John	Hogan	Abbey Striders A.C.	MJ	5.17	5.54	5.65	5.38	5.55	5.53	5.65
4	Cian	O'Brien	Waterford A.C.	MJ	4.66	5.15	5.19	5.38	5.02	5.39	5.39
5	Rossa	Foley	Farranfore Maine Valley A.C.	MJ	4.96	5.17	4.71	X	4.96	5.09	5.17
6	Paul	Sullivan	Waterford A.C.	MJ	4.55	4.20	4.73	4.42	4.62	X	4.73

U23 Men Long Jump

U23 Men Long Jump					1	2	3	4	5	6	Best
1	Shane	Howard	Bandon A.C.	M23	X	7.10	X	7.13	6.92	X	7.13 CBP
2	David	Cussen	Old Abbey A.C.	M23	6.45	6.75	X	6.57	-	6.59	6.75
3	Oisin	Fitzpatrick	Nenagh Olympic A.C.	M23	5.88	6.00	6.10	-	-	-	6.10