

Munster Marathon & Half Marathon Championships

held in conjunction with the Great Limerick Run, Monday May 1st 2016

Munster Senior Men Marathon Championships

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|---|---------|----------|-------|---------------|----------|--|
| 1 | Martin | Doody | M35+ | LIMERICK A.C. | 02:28:33 | |
| 2 | Darragh | McGuire | MOPEN | AN BRU AC | 02:51:45 | |
| 3 | Thomas | Shanahan | MOPEN | LIMERICK A.C. | 02:55:31 | |

Munster O40 Men Marathon Championships

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|---|--------|----------|------|---------------|----------|--|
| 1 | Martin | Doody | M35+ | LIMERICK A.C. | 02:28:33 | |
| 2 | Martin | Phillips | M45+ | LIMERICK A.C. | 02:58:57 | |
| 3 | Dermot | Kearns | M45+ | DOONEEN A.C. | 02:58:58 | |

Munster O50 Men Marathon Championships

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|---|---------|-------|------|----------------|----------|--|
| 1 | Brendan | Aspel | M45+ | WATERFORD A.C. | 03:22:27 | |
| 2 | John | Last | M45+ | CLONMEL A.C. | 03:35:43 | |
| 3 | Tom | Quinn | M55+ | CLONMEL A.C. | 03:42:39 | |
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Munster Senior Women Marathon Championships

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|---|---------|--------|------|---------------------------|----------|--|
| 1 | Siobhan | McHugh | F35+ | CLONMEL A.C. | 03:22:53 | |
| 2 | Maggie | Carlin | F45+ | ST. BRENDANS (KERRY) A.C. | 03:33:15 | |
| 3 | Paula | Mills | F35+ | THURLES CROKES A.C. | 03:39:52 | |

Munster O40 Women Marathon Championships

| | | | | | | |
|---|---------|------------|------|---------------------|----------|--|
| 1 | Siobhan | McHugh | F35+ | CLONMEL A.C. | 03:22:53 | |
| 2 | Paula | Mills | F35+ | THURLES CROKES A.C. | 03:39:52 | |
| 3 | Paula | O sullivan | F35+ | MIDLETON A.C. | 04:15:02 | |

Munster O50 Women Marathon Championships

| | | | | | | |
|---|--------|---------|------|---------------------------|----------|--|
| 1 | Maggie | Carlin | F45+ | ST. BRENDANS (KERRY) A.C. | 03:33:15 | |
| 2 | Helen | Sheehan | F45+ | MIDLETON A.C. | 04:15:07 | |
| 3 | Mags | Mulcahy | F45+ | MIDLETON A.C. | 04:27:00 | |
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Munster Inter Club Marathon Championships (Score based on Gun Times)

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|---|---------|----------|--|----------------|----------|----------|
| 1 | Martin | Doody | | LIMERICK A.C. | 02:28:33 | |
| | Thomas | Shanahan | | LIMERICK A.C. | 02:55:31 | |
| | Martin | Phillips | | LIMERICK A.C. | 02:58:57 | 08:23:01 |
| | | | | | | |
| 2 | Darragh | McGuire | | AN BRU AC | 02:51:45 | |
| | Brian | Lawlor | | AN BRU AC | 02:58:43 | |
| | Stephen | Casey | | AN BRU AC | 03:14:15 | 09:04:43 |
| | | | | | | |
| 3 | Seamus | OMahoney | | WATERFORD A.C. | 03:13:19 | |
| | Brendan | Aspel | | WATERFORD A.C. | 03:22:27 | |
| | Peter | Hennessy | | WATERFORD A.C. | 03:22:50 | 09:58:36 |
| | | | | | | |

| Munster Senior Men Half Marathon Championships | | | | | | |
|---|-----------|------------|-------|----------------------------|----------|----------|
| 1 | Philip | Harty | M35+ | West Waterford AC | 01:09:46 | |
| 2 | Brian | Hegarty | M35+ | Leevale AC | 01:12:24 | |
| 3 | Denis | Shanahan | M35+ | Thurles Crokes AC | 01:14:09 | |
| Munster O40 Men Half Marathon Championships | | | | | | |
| 1 | Denis | Shanahan | M35+ | Thurles Crokes AC | 01:14:09 | |
| 2 | Finbarr | O dwyer | M35+ | Leevale AC | 01:15:04 | |
| 3 | Pat | O Connor | M45+ | EAGLE A.C. | 01:20:36 | |
| Munster O50 Men Half Marathon Championships | | | | | | |
| 1 | Ronan | Boland | M45+ | EAGLE A.C. | 01:20:13 | |
| 2 | John | Cahill | M45+ | ST. JOHNS (CLARE) A.C. | 01:23:31 | |
| 3 | Liam | Butler | M55+ | DUNDRUM A.C. | 01:29:14 | |
| | | | | | | |
| Munster Senior Women Half Marathon Championships | | | | | | |
| 1 | Aoife | Cooke | FOPEN | Youghal AC | 01:19:46 | |
| 2 | Nollaigh | ONeill | F35+ | Leevale AC | 01:21:17 | |
| 3 | Hannah | Fothergill | FOPEN | Limerick AC | 01:24:17 | |
| Munster O40 Women Half Marathon Championships | | | | | | |
| 1 | Nollaigh | ONeill | F35+ | Leevale AC | 01:21:17 | |
| 2 | Dolores | Duffy | F45+ | WATERGRASSHILL A.C. | 01:33:29 | |
| 3 | Yvonne | Deegan | F35+ | LIMERICK COUNTRY CLUB A.C. | 01:35:42 | |
| Munster O50 Women Half Marathon Championships | | | | | | |
| 1 | Una | Power | F45+ | AN BRU AC | 02:14:12 | |
| 2 | Caroline | Bradley | F45+ | DOONEEN A.C. | 02:15:30 | |
| 3 | Catherine | Ryan | F45+ | LIMERICK COUNTRY CLUB A.C. | 02:18:52 | |
| | | | | | | |
| Munster Inter Club Half Marathon Championships (Score based on Gun Times) | | | | | | |
| 1 | Brian | Hegarty | | LEEVALE A.C. | 01:12:24 | |
| | Finbarr | O dwyer | | LEEVALE A.C. | 01:15:04 | |
| | Nollaigh | ONeill | | LEEVALE A.C. | 01:21:17 | 03:48:45 |
| | | | | | | |
| 2 | Niall | O riordan | | WEST LIMERICK A.C. | 01:16:01 | |
| | Gerard | Guina | | WEST LIMERICK A.C. | 01:16:41 | |
| | Liam | Hurrell | | WEST LIMERICK A.C. | 01:27:01 | 03:59:43 |
| | | | | | | |
| 3 | Mark | Guerin | | LIMERICK A.C. | 01:22:51 | |
| | Hannah | Fothergill | | LIMERICK A.C. | 01:24:17 | |
| | Nev | Shine | | LIMERICK A.C. | 01:24:36 | 04:11:44 |
| | | | | | | |

| Munster Open Senior Men Marathon Championships | | | | | | |
|---|---------|-----------|-------|---------------------------|----------|----------|
| 1 | Rory | Mooney | MOPEN | ST. COCAS A.C. | 02:41:51 | |
| 2 | Robert | Cahill | M35+ | CRUSADERS A.C. | 02:51:45 | |
| 3 | Patrick | Curley | MOPEN | SLIABH BHUIDE ROVERS A.C. | 02:58:47 | |
| Munster Open Senior Women Marathon Championships | | | | | | |
| 1 | Ciara | Hickey | F35+ | BROTHERS PEARSE A.C. | 02:47:00 | |
| 2 | Pauline | Curley | F45+ | TULLAMORE HARRIERS A.C. | 02:49:12 | |
| 3 | Julie | Kirwan | FOPEN | SLANEY OLYMPIC A.C. | 03:16:48 | |
| Munster Open Inter Club Marathon Championships (Score based on Gun Times) | | | | | | |
| 1 | Patrick | Curley | MOPEN | SLIABH BHUIDE ROVERS A.C. | 02:58:47 | |
| | Stephen | Tyrrell | M35+ | SLIABH BHUIDE ROVERS A.C. | 03:02:05 | |
| | Brian | Kearney | M35+ | SLIABH BHUIDE ROVERS A.C. | 03:10:27 | 09:11:19 |
| 2 | Denis | Keane | MOPEN | MARATHON CLUB IRELAND | 03:02:55 | |
| | David | Toomey | M35+ | MARATHON CLUB IRELAND | 03:03:54 | |
| | Francis | Mc Manus | M35+ | MARATHON CLUB IRELAND | 03:07:10 | 09:13:59 |
| 3 | Jessie | O connor | M35+ | SLANEY OLYMPIC A.C. | 03:06:19 | |
| | Colin | Garry | MOPEN | SLANEY OLYMPIC A.C. | 03:13:18 | |
| | Julie | Kirwan | FOPEN | SLANEY OLYMPIC A.C. | 03:16:48 | 09:36:25 |
| Munster Open Senior Men Half Marathon Championships | | | | | | |
| 1 | Paul | Moran | M45+ | RATHFARNHAM W.S.A.F. A.C. | 01:14:16 | |
| 2 | Ruben | Barroso | M35+ | PORTLAOISE A.C. | 01:28:24 | |
| 3 | Colm | Kernan | M45+ | CRUSADERS A.C. | 01:29:05 | |
| Munster Open Senior Women Half Marathon Championships | | | | | | |
| 1 | Orla | Drumm | FOPEN | CRUSADERS A.C. | 01:19:47 | |
| 2 | Noreen | Brouder | F35+ | SPORTSWORLD A.C. | 01:25:56 | |
| 3 | Sally | Forrystal | FOPEN | ST. JOSEPHS A.C. | 01:26:14 | |
| Munster Open Inter Club Half Marathon Championships (Score based on Gun Times) | | | | | | |
| 1 | Orla | Drumm | | CRUSADERS A.C. | 01:19:47 | |
| | Colm | Kernan | | CRUSADERS A.C. | 01:29:05 | |
| | Eugene | McDonough | | CRUSADERS A.C. | 01:29:14 | 04:18:06 |
| 2 | Tony | O connor | | GALWAY CITY HARRIERS A.C. | 01:31:14 | |
| | Neasa | De burca | | GALWAY CITY HARRIERS A.C. | 01:33:21 | |
| | Michael | Osullivan | | GALWAY CITY HARRIERS A.C. | 01:37:25 | 04:42:00 |
| 3 | Shane | Gregan | | SLIABH BHUIDE ROVERS A.C. | 01:34:12 | |
| | Pa | Cronin | | SLIABH BHUIDE ROVERS A.C. | 01:34:29 | |
| | Brendan | Meade | | SLIABH BHUIDE ROVERS A.C. | 01:41:50 | 04:50:31 |