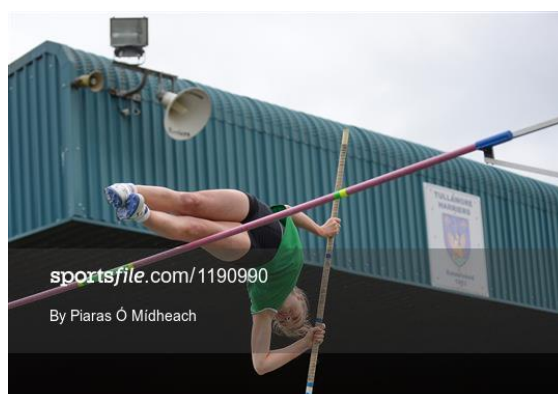


6 National Records for Munster Athletes



Munster athletes were in great form at Day 2 of the GloHealth National Juvenile Track & Field Championships in Tullamore on Saturday 23rd July 2016. Munster clinched 82 medals in total which included 32 gold & national titles, 26 silver & 24 bronze & 6 new National records set by the athletes below:-

- **Kyle Ettoh, Leevale A.C.** jumped 1.53m in the Boys U/12 High Jump to better the 2013 record of 1.48m set by Conor Blake, St. John's A.C.
- **Megan Lenihan, North Cork A.C.** threw 39.36m in the Girls U/14 Discus to smash the 2011 record of 32.81m set by Sally Smith, Bandon A.C.
- **Ciara Sheehy, Liscarroll A.C.** threw 13.93m in the Girls U/15 Shot Putt to break the 2012 record of 13.87m set by Michaela Walsh, Swinford A.C.
- **Emma Coffey, Carraig na BhFear A.C.** set a new record in the Girls U/16 Pole Vault when she vaulted 3.15m to break the existing record of 2.90m set by Kate Richie, Ballymena & Antrim A.C. in 2015.
- **Clodagh Walsh, Abbey Striders A.C.** vaulted 3.00m in the Girls U/17 Pole Vault to better the existing record of 2.86m set by Laura Cussen, Old Abbey A.C. in 2014.
- **Gearoid McMahon, Shannon A.C.** clocked 13.40.24 in the Boys U/17 3km Walk to better the time of 14.01.47 set by Paul Murphy, Dooneen A.C. in 2004.



U/12

Kyle Ettoh, Leevale A.C. added to his silver Long Jump medal on Day 1 by winning gold in the Boys U/12 High Jump with a new National record of 1.53m with silver for **George Alamu, Midleton A.C.** (1.40m). Having won silver in the Girls U/12 Turbo Javelin & bronze in the High Jump on Day 1, **Ava Rochford, Ennis Track A.C.** added another silver medal to her collection in the Girls U/12 Shot Putt (8.67m) with bronze for **Emma Carolan, Nenagh Olympic A.C.** (7.97m). In the 60m sprint competitions Munster won two medals with silver for **Jane Akinrinlade, Tralee Harriers A.C.** (8.52) & bronze for **Sean Carmody, Belgooly A.C.** (8.49).

U/13

Having already won gold on Day 1 in the 60mH, **Henry Nevin, Leevale A.C.** won bronze in the Boys U/13 80m (10.49) as well as gold in the Long Jump (4.93m) with bronze for **Danny Kelly, Belgooly A.C.** (4.87m). There was a 1, 2, & 3 for Munster athletes in the Girls U/13 Javelin with gold for **Amy Whelan, Liscarroll A.C.** (29.06m), silver for **Leanne Healy, Marian A.C.** (27.70m) & bronze for **Helen Moynihan, Liscarroll A.C.** (26.04m). **Lauren Shiels, Ferrybank A.C.** won joint silver in the Girls U/13 High Jump (1.35m) with silver also for **Maeve O'Neill, Doheny A.C.** in the Girls U/13 Long Jump (4.50m).

U/14

Hollie McCarthy, Liscarroll A.C. won gold in the Girls U/14 80m (10.49) (adding to her silver medal won on Day 1 in the 75mH) with silver for **Praise Owoeye, Ferrybank A.C.** (10.50) & there was also gold for **Conor Commene, Tralee Harriers A.C.** in the Boys U/14 80m (9.94). **Ciaran Hurley, Carraig na BhFear A.C.** won the Boys U/14 2km Walk (12.27.89) with silver for **Claire Caulfield, Waterford A.C.** (11.08.42). **Sean O'Riordan, Midleton A.C.** won silver in the Boys U/14 Shot Putt (12.48m) with bronze for **Mark Collins, Bandon A.C.** (12.26m). **Reece Ademola, Leevale A.C.** added to his Hurdles gold on Day 1 by winning a second one in the Boys U/14 Long Jump with another medal, this time silver for **Conor Commene, Tralee Harriers A.C.** (5.53m). **Ademola** then went on to win a 3rd gold in the Boys U/14 High Jump clearing 1.60m with silver for **Ciaran O'Sullivan, St. Mary's A.C. Limerick** (1.50m). **Megan Lenihan, North Cork A.C.** added another gold medal & record to her collection when she won the Girls U/14 Discus with a throw of 39.36m. She had already set a new record of 39.07m in the Javelin on Day 1 of the Championships.



U/15

Nikolka Stevankova, Dooneen A.C. won gold in the Girls U/15 100m in a time of 12.62 with bronze for **Basit Oyebanji, Tralee Harriers A.C.** in the Boys U/15 100m (12.05). **Siofra O'Dea, Kilmurray/Ibrickane A.C.** won gold in the Girls U/15 2k Walk (9.55.15) with gold for **Anna Ryan, Moycarkey Coolcree A.C.** in the Girls U/15 Pole Vault (2.45m) & silver for **Orla Coffey, Carraig na BhFear A.C.** (2.45m). **Ciara Sheehy, Liscarroll A.C.** added to her silver medal in the Hammer on Day 1 by taking National titles in both the Girls U/15 Discus (31.92m) & Shot Putt where she set a new National record of 13.93m. **Daniel Hurley, Leevale A.C.** gold medal winner in the 80mH on Day 1 also won the Boys U/15 Long Jump (5.90m) with bronze for team-mate **Wymin Sivakumar** (5.60m).

U/16

Lauren O'Leary, Emerald A.C. won silver in the Girls U/16 100m (12.55) with Munster athletes, **Conor Morey, Leevale A.C., Paul O'Shaughnessy, Dooneen A.C. & Ryan O'Leary, Leevale A.C.** taking gold, silver & bronze in the Boys U/16 100m in 11.64, 11.75 & 11.98. **Liam McDonagh, Moycarkey Coolcree A.C.** won the Boys U/16 3km in a time of 15.22.88 with bronze for **Emma Caulfield, Waterford A.C.** in the Girls U/16 2km Walk (10.44.09). **Christopher O'Reilly, Togher A.C.** won silver in the Boys U/16 3km (9.23.48) with gold for **Brian Naughton, Nenagh Olympic A.C.** in the Boys U/16 Hammer (50.60m) & bronze for **Brian Casey, Fanahan McSweeney A.C.** (37.22m). **Tirna Cahill, Youghal A.C.** won silver in the Girls U/16 Hammer (38.98m) with bronze for **Shauna Linehan, North Cork A.C.** (36.46m) to add to her bronze in the Discus on Day 1. **Emma Coffey, Carraig na BhFear A.C.** won gold in the Girls U/16 Pole Vault & also set a new National record of 3.15m with bronze for **Ella Stack, Killarney Valley A.C.** (2.60m). **Emily O'Mahony, Waterford A.C.** won silver in the Girls U/16 Triple Jump (10.53m) with gold for **Michael Tony, Lios Tuathail A.C.** in the Boys U/16 Triple Jump (11.78m) & bronze for **Darragh Courtney, St. Brendan's A.C.** (11.46m). **Katie Moynihan, Liscarroll A.C.** won gold in the Girls U/16 Javelin with a throw of 35.64m with bronze for **Alexandra Lapiy, Carrick-On-Suir A.C.** (28.80m).

U/17

Gearoid McMahon, Shannon A.C. took gold & set a new National record of 13.40.24 in the Boys U/17 5km Walk with gold also for **Orla O'Connor, Waterford A.C.** in the Girls U/17 3km Walk

(14.57.29). There were bronze medals in the Girls & Boys U/17 100m for **Katie Murphy, Ferrybank A.C.** (12.47) & **Shawn Benson, Ennis Track A.C.** (11.50) while **Tony Odubote, Ennis Track A.C.** took gold in the Boys U/17 400m (50.93) & silver for **Alex O'Neill, St. Cronan's A.C.** in the Girls U/17 400m (58.66) to add to her silver in the 800m on Day 1. **Ben Donovan, Abbey Striders A.C.** won gold in the Boys U/17 High Jump (1.90m) with bronze for **James Murphy, Waterford A.C.** (1.75m) to add to his Long Jump gold on Day 1. **Sinead Warren, Gneeveguilla A.C.** won gold in the Girls U/17 Hammer (40.64m) with another bronze for **James Murphy, Waterford A.C.** in the Boys U/17 Triple Jump (12.37m). **Kevin Michael Jelenak, Togher A.C.** won silver in the Boys U/17 Javelin (52.32m) with bronze for **Christian O'Connell, Limerick A.C.** (45.14m). **Clodagh Walsh, Abbey Striders A.C.** won the Girls U/17 Pole Vault with a new National record of 3.00m with silver for **Ciara Hickey, Blarney Inniscara A.C.**



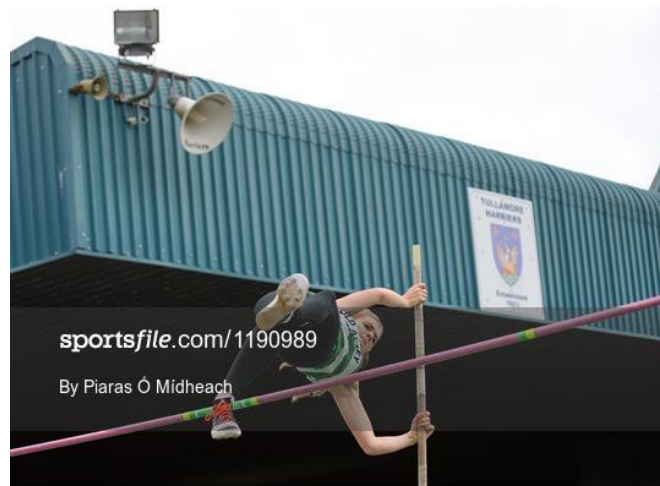
U/18

Jamie Mitchell, Emerald A.C. won gold in the Boys U/18 400m (49.55) with bronze for **Eimear McDonald, Ennis Track A.C.** in the Girls U/18 3km (10.42.90) & silver for **David McGlynn, Waterford A.C.** in the Boys U/18 3km. In the Girls U/18 Discus, **Angharad Loughnane, Marian A.C.** (already a gold medal winner in the Shot Putt) won silver (37.58m) with bronze for **Noelle Lehihan, North Cork A.C.** (31.76m) to add to her Shot Putt bronze on Day 1. **Molly Healy, Leevale A.C.** won silver in the Girls U/18 Pole Vault (2.80m) with gold for **Rebecca Kearney, Carraig na BhFear A.C.** in the Girls U/18 3km Walk (18.43.56) & silver for **David Kenny, Farranfore Maine Valley A.C.** in the Boys U/18 5km Walk (25.55.36).



U/19

Aoife Doyle, Star of the Laune A.C. won gold in the Girls U/19 Discus (34.09m) with gold for **Cian O'Brien, Waterford A.C.** in the Boys U/19 High Jump (1.80m). **Laura Cussen, Old Abbey A.C.** won gold in the Girls U/19 Pole Vault (3.10m) with gold for **Eoghan Flynn, Waterford A.C.** in the Boys U/19 Javelin with a throw of 53.74m. There was silver for **Dion Marcus, Killarney Valley A.C.** in the Boys U/19 400m (50.76) with bronze for **Aoife O'Carroll, Tralee Harriers A.C.** in the Girls U/19 100m (12.61) & silver for **Cormac McCann, Ferrybank A.C.** in the Boys U/19 100m (11.18).



Impressive performances on Day 2 of GloHealth Juvenile Championships

POSTED: July 23 2016

Juveniles impress on Day 2 of GloHealth Championships

Day 2 of the GloHealth National Juvenile Track and Field Championships saw a number of impressive performances in Tullamore today (July 23).

There were a number of championship best performances and full results of Day 2 can be seen [HERE](#)

Brendan O'Donnell's (Lifford Strabane) fine season continued with 67.62m to win the U18 hammer while Fathi Aden (Donore Harriers) showed his rivals a clean pair of heels in the boys' U16 3,000m to win in 9:16.41. Fintan Steward (City of Derry AC Spartans) ran the fastest 3,000m of the day to win the U18 boys in 8:50.79.

Gearoid McMahon (Shannon A.C.) impressed in the U17 3km walk to win in a championships best performance of 13:40.24. Jade Williams (Shercock) scored a championship best performance in the U16 girls 3kg hammer with a distance of 54.33m.

There were a number of other championship best performances on the day including: Clodagh Walsh (Abbey Striders) in the girls U17 Pole Vault with 3.00m; Emma Coffey (Carraig-Na-Bhfear A.C.) in the U16 pole vault with 3.15m; Liam Connaughton (Dunleer) in the U17 javelin with 55.82m; Ciara Sheehy (Liscarroll) in the U15 shot put with 13.93m; Megan Lenihan (North Cork) in the U14 discus with 39.36m; and Kyle Ettah (Leevale) in the U12 boys' high jump with 1.53m.

There were a number of good performances in the 400m races. Davicia Patterson (Beechmount Harriers) won the U17 girls 400m in 56.13, Tony Odubote (Ennis Track) was first past the post in the U17 boys with 50.93, Jamie Mitchell (Emerald) ran 49.55 to win the U18 boys and Christopher O'Donnell (North Sligo) lived up to his favourite tag to win the U19 boys in 49.49.

Fastest 100m sprinter of the day was North Down's Aaron Sexton who won the U17 boys race in 11.03 seconds (Wind: -0.5). Rachel Keane (Tullamore Harriers) was the fastest girl on the day in the finals in the U18s with a time of 12.21 seconds (Wind: 0.0) - Lauren Roy (Ballymena & Antrim) was fastest overall with her time of 12.13 (Wind: 0.5) in the U17 heats and she went on to win her final in 12.28 (Wind: -0.5).