

Girls U10 - 4 x 500m Cross Country Relay

	Club	Team Members
1	Ennis Track AC (A)	<i>Faye Mannion, Sophie Maher Aoibhe O'Leary Aisling Kelly</i>
2	Belgooly AC	<i>Freya Bateman, Lucy Swinburne Keelin Swinburne Isobel Goggin Ciara Guiney</i>
3	North Cork AC	<i>Holly Harris Ava Shorten Emma Flynn Grace O' Callaghan Millie Watts</i>

Boys U10 - 4 x 500m Cross Country Relay

	Club	Team Members
1	St Cronans AC (A)	<i>Tadhg Hasset, Daithi Ryan Lewis O'Dwyer Issaac Hasset Colm Daly</i>
2	Midleton AC	<i>Matthew Mahony Danny Patton Alex Jaworski Peter McGrath Oscar Smiddy</i>
3	GrangeFermoy AC	<i>Micheal Walsh Fionn Hayes Tadhg O'Mara Shane O'Brien Michael Leamy</i>

Girls U12 - 4 x 500m Cross Country Relay

	Club	Team Members
1	St Marys Clare AC	<i>Eadaoin McMahan Aisling Crowe Hazel O Shea Aoife Lillis, Mischa McCreech</i>
2	Ennis Track AC (B)	<i>Amy Ryan Emma Moloney Ciara Frawley Sheena Kerins</i>
3	Bandon AC	<i>Orla Ryan Ruby Cummins Clodagh Barry Ella McCarthy Aoife Callan</i>

Boys U12 - 4 x 500m Cross Country Relay

	Club	Team Members
1	Midleton AC	<i>Eanna Crowley, Odhrán O'Sullivan Mathew Herbert Jack McGrath Ben Horgan</i>
2	Ennis Track AC	<i>Ben O'Halloran, Luke Reid Joe Mannion James Rochford</i>
3	St Cronans AC	<i>Darren Moroney, Cathal Leamy David Cahill Caleb Walsh Finn Duignan</i>

Girls U14 - 4 x 500m Cross Country Relay

	Club	Team Members
1	St Cronans AC	<i>Sophie Torpey Emma Quinn Caoimhe Cahill Jodie Watts Orna Moynihan</i>
2	Belgooly AC	<i>Hannah Falvey, Zoe Conway Eavan Nolan Ailbhe Gibbons Abbie Dorney</i>
3	Bandon AC	<i>Ella Collins, Emma Barry Niamh Quinn Aoibhinn McKeogh</i>

Boys U14 - 4 x 500m Cross Country Relay

	Club	Team Members
1	Nenagh Olympic AC	<i>Cian Hodgins, Tom Walshe Ben Walsh Micheal Moylan</i>
2	Fergus AC	<i>Daire Culligan, Daire Hill, Michael Kelly Jack Leahy Sam Wragg</i>
3	Belgooly AC	<i>Timmy Hawkins, Bobby Cook, Aaron Gui, Eoghan O'Connor, Jack Murphy</i>

Girls U16 - 4 x 500m Cross Country Relay

	Club	Team Members
1	Durrus AC	<i>Rebecca Harrington, Aoibheann Lawton, Caoimhe Cotte,r Ellen Collins,</i>
2	Marian AC	<i>Amelie Malice, Katelyn Talty Danielle Organ Niamh Cassidy Chloe Guinnane</i>

Boys U16 - 4 x 500m Cross Country Relay

	Club	Team Members
1	Templemore AC	<i>Mark Carroll, Mark Davidson, Jack Ryan, David Quinn</i>
2	Thurles Crokes AC	<i>Emmett Fogarty, Alex Crowley, Jack O'Mara, Darragh Minogue, Stephen Mawe</i>
3	Fergus AC	<i>Luke Griffin, Barry Conway, Shane Culligan, Jack Faughnan</i>