

National Titles for Casey, Dinan & Hayde



The Irish Life Health National Juvenile Even Age Cross Country Championships took place in The National Sports Campus, Abbotstown, Dublin on Sunday 25th November 2018. Munster athletes won 20 individual medals in total with fantastic races from our three athletes who won gold & National titles on the day – **Nicole Dinan, Leevale A.C. Girls U/14, Aimee Hayde, Newport A.C. Girls U/16 & Dean Casey, Ennis Track A.C. Boys U/16**. Other athletes who produced great performances & scored a top 3 finish were **Louise O'Mahony, B.M.O.H. A.C. (3rd Girls U/14) & Lucy Holmes, West Waterford A.C. (3rd Girls U/18)**.

In the Inter-Club competition, there were National medals for **St. Mary's A.C. Clare (2nd Girls U/12), Leevale A.C (1st Girls U/14), Carrig na BhFear A.C. (3rd Girls U/14), Youghal A.C. (3rd Girls U/16), Nenagh Olympic A.C. (1st Boys U/14), Ennis Track A.C. (1st Boys U/16, 2nd Boys U/12) Midleton A.C. (2nd Boys U/18),**

In the Inter-County competition, our top counties were **Cork (2 gold, & 4 bronze), Clare (1 silver & 1 bronze), Waterford (1 silver) & Tipperary (1 silver)**.

In the Inter-Regional competition, **Munster** won 7 sets of medals in total - 4 silver & 3 bronze.

In the Girls U/12 race, **St. Mary's A.C. Clare athletes, Gemma Galvin & Aoife Lillis** were 6th & 7th with their team placing 2nd in the Inter Club competition and **Clare** winning silver & **Cork** bronze in the Inter-County competition. **Ben O'Halloran, Ennis Track A.C.** was 5th in the Boys U/12 race with silver for **Ennis Track A.C.**, bronze for **Cork** & bronze for **Munster**.



In the Girls U/14 race, Munster had 4 athletes in the top 10 with **Nicole Dinan, Leevale A.C.** taking the National title, **Louise O'Mahony, B.M.O.H A.C.** in 3rd, **Ava Fitzgerald, Carraig-Na-BhFear A.C.** in 4th place, & **Aine Sheridan, Ballymore Cobh A.C.** in 6th place. Leevale A.C. & Carrig na BhFear A.C. were 1st & 3rd in the Inter-Club competition with **Cork** winning gold in the Inter-County competition & **Munster** taking silver. In the Boys U/14 competition, Tipperary athlete **Tom Walshe, Nenagh Olympic A.C.** was first home for the province with an 8th place finish with Nenagh Olympic A.C. winning gold in the Inter-Club competition. **Tipperary** were 2nd in the Inter-County competition with bronze for **Cork** & bronze for **Munster**.

3 Munster athletes made the top 12 in the Girls U/16 competition with a gold medal win for **Aimee Hayde, Newport A.C.**, 5th for **Emma Landers Youghal A.C.**, & 10th for **Neasa Ni Ainifein, Ennis Track A.C.** **Youghal A.C.** won bronze in the Inter-Club competition with **Cork** winning gold in the Inter-County competition and bronze for **Munster** in the Inter-Provincial competition. Ennis Track A.C. athletes came to the fore in the Boys U/16 competition with a win for **Dean Casey**, 5th place for his twin brother, **Dylan** and 12th place for **Mark Hanrahan. Ennis Track A.C.** won gold in the Inter-Club competition with bronze for **Clare** and **Munster**.



In the Girls U/18 competition, **Lucy Holmes, West Waterford A.C.** was 3rd, **Lucy O'Keeffe, Youghal A.C.** was 4th & **Niamh O'Mahoney, An Ríocht A.C.** was 5th. **Waterford** were 2nd in the Inter-County competition with silver for **Munster**. **Midleton A.C.** athletes, **Frank O'Brien** and **Paul Hartnett** were 4th & 5th in the Boys U/18 race with 11th place for **Tommy Connolly, Leevale A.C.** **Midleton A.C.** were 2nd in the Inter-Club competition with bronze for **Cork** & silver for **Munster**. Congratulations to all our athletes who took part & especially to the medal winners.