

National Titles for Buckley, Dinan, Hayde & Landers



The Irish Life Health National Juvenile Uneven Age Cross Country Championships took place in Navan Adventure Centre, Navan Racecourse on Saturday 15th December 2018. Munster athletes won 35 individual medals in total with fantastic races from our four athletes who won gold & National titles on the day – **Nicole Dinan, Leevale A.C. Girls U/13, Shane Buckley, Dundrum A.C., Boys U/13, Emma Landers, Youghal A.C. Girls U/15 & Aimee Hayde, Newport A.C. Girls U/17.** Other athletes who produced great performances & scored a top 3 finish were **Eabha Nic Chonaola West Muskerry A.C 3rd Girls U/11, Luke Merrigan, Kenmare A.C. 3rd Boys U/11, Ava Fitzgerald, Carrig na BhFear AC. 3rd Girls U/13, Lucy Holmes, West Waterford A.C. 2nd Girls U/17, Paul Hartnett, Midleton A.C. 2nd Boys U/17 & Orla O'Connor, Waterford A.C. 2nd Girls U/19.**



In the Inter-Club competition, there were National medals for **Carraig na BhFear A.C.** (2nd Girls U/12), **Youghal A.C.** (1st Girls U/15), **Ennis Track A.C.** (1st Girls U/17 & 2nd Boys U/17) & **West Waterford A.C.** (2nd Girls U/15 & 3rd Boys U/13), **Nenagh Olympic A.C.** (3rd Boys U/15), **Waterford A.C.** (1st Girls U/19) & **Ferrybank A.C.** (3rd Girls U/19).

In the Inter-County competition, our top counties were **Cork** (3 gold, 3 silver & 2 bronze), **Clare** (1 gold & 2 bronze), **Waterford** (1 gold) & **Tipperary** (1 bronze).

In the Inter-Regional competition, **Munster** won 9 sets of medals in total - 6 gold & 3 silver, scoring in all competition with the exception of the Boys U/15 where Munster place 4th.

Eabha Nic Chonaola West Muskerry A.C was 3rd home in the Girls U/11 race with **Faye Mannion Ennis Track A.C.** in 6th, **Faye O'Riordan Carraig-Na-BhFear A.C.** in 8th & **Sarah Gaffney, West Waterford A.C.** in 12th place. **Cork & Clare** were 1st & 3rd in the Inter-County competition with a win for **Munster** in the Inter-Provincial. In the Boys U/11 competition, Munster had 5 athletes in the top 12 with **Luke Merrigan Kenmare A.C.** in 3rd, **Finn Duignan St. Cronan's A.C.** 4th, **Brian Wallace, St. Marys (Clare) A.C.** in 5th, **Fionan Smith Courcey A.C.** in 6th & **Oliver Finn Derg A.C.** in 8th place. **Clare** won the Inter-County competition with **Cork** in 3rd and **Munster** took the Inter-Provincial title.



In the Girls U/13 race, Munster had 4 athletes in the top 10 with **Nicole Dinan, Leevale A.C.** taking the National title, **Ava Fitzgerald, Carraig-Na-BhFear A.C.** in 3rd place, **Aine Sheridan, Ballymore Cobh A.C.** in 4th & **Gemma Galvin, St. Marys (Clare) A.C.** in 6th place. **Cork** won gold in the Inter-County title & **Munster** took home gold. In the Boys U/13 competition, Tipperary athlete **Shane Buckley, Dundrum A.C.** was first home for the province taking the National title with an 8th place finish for **Ben Walsh, Nenagh Olympic A.C.** & 11th place for **Oisín McCarthy Bandon A.C.** **West Waterford A.C.** were 3rd in the Inter Club competition, **Cork** were 2nd in the Inter-County competition with bronze for **Tipperary** & gold for **Munster**.

5 Munster athletes made the top 12 in the Girls U/15 competition with a gold medal win for **Emma Landers Youghal A.C.**, 4th place for **Louise O'Mahony B.M.O.H. A.C.**, 9th for **Avril Cashman Youghal A.C.**, 11th for **Shauna McCarthy Farranfore Maine Valley A.C.** & 12th for **Alex Cashman Youghal A.C.** **Youghal A.C.** won gold in the Inter-Club competition with silver for **West Waterford A.C.**, **Cork** won gold in the Inter-County competition with bronze for **Clare** and silver for **Munster** in the Inter-Provincial competition. There were no top 12 Munster athletes in the Boys U/15 competition but **Nenagh Olympic A.C.** won bronze in the Inter-Club competition and **Munster** finished 4th in the Inter-Provincial.

Aimee Hayde, Newport A.C. won the Girls U/17 race with **Lucy Holmes West Waterford A.C.** in 2nd place, **Lucy O'Keeffe Youghal A.C.** in 6th, **Niamh O'Mahoney An Ríocht A.C.** in 11th & **Laura Healy Ennis Track A.C.** in 12th. **Ennis Track A.C.** took gold in the Inter-Club competition with **Cork** 2nd in the Inter-County competition and **Munster** winning gold. In the Boys U/17 race, **Paul Hartnett, Midleton A.C.** was 2nd with **Dean Casey Ennis Track A.C.** 4th & **Tommy Connolly Leevale A.C.** in 9th & **Dylan Casey Ennis Track A.C.** in 11th. **Ennis Track A.C.** were 2nd in the Inter-Club competition, **Cork** were 3rd in the Inter-County competition with silver for **Munster** in the Inter-Provincial competition.



3 Munster athletes made it into the top 12 in the Girls U/19 race, first home was **Orla O'Connor, Waterford A.C.** in 2nd place with **Alex O'Neill, St. Cronan's A.C.** in 5th & **Ruth Heery, Waterford A.C.** in 7th place. **Waterford A.C.** won the Inter-Club competition with **Ferrybank A.C.** in 3rd. **Waterford** won the Inter-County competition with **Munster** winning gold in the Inter-Provincial competition. In the Boys U/19 race, **Frank O'Brien, Midleton A.C.** was 5th with **Damien Madigan, North Cork A.C.** in 8th place. **Cork** was 2nd in the Inter-County competition & **Munster** was 2nd in the Inter-Provincial competition.

Congratulations to all our athletes who took part & especially to the medal winners.