

## Gold & National Records for Lynch & Nevin



Munster athletes competed strongly at the Irish Life Health National Combined Events Championships in AIT Arena, Athlone on Saturday 20th January 2018 taking home **12** medals in total (5 gold, 4 silver & 3 bronze). In the Youth Men's competition, **Brian Lynch, Old Abbey A.C.** won gold in a Championship Best Performance of 3499 points with **Harry Nevin, Leevale A.C.** also winning gold in a Championship Best Performance of 3349 points in the Boys U/15 competition with gold medals & National titles also won by **William Bello, Ennis Track A.C.** (Boys U/14), **Ava Rochford, Ennis Track A.C.** (Girls U/14), **Laura Frawley, St. Mary's A.C. Limerick** (Girls U/15).



**Ava Rochford, Ennis Track A.C.** was 1<sup>st</sup> in the Girls U/14 competition with a score of 2983 points with **Kate Naughton, Leevale A.C.** in 4<sup>th</sup> place on 2037 points. In the Girls U/15 competition, **Laura Frawley, St. Mary's A.C. Limerick** won gold with 3123 points with **Emily Wall, Leevale A.C.** taking silver in the Girls U/16 with 2637 points. **Emily O'Mahony, Waterford A.C.** won bronze in the Youth Women's competition on 2745 points with bronze also for **Katie Walsh, Carraig na BhFear A.C.** (2886 points).



**William Bello, Ennis Track A.C.** took gold in the Boys U/15 competition finishing on 2209 points with silver for **Kyle Ettah, Leevale A.C.** (2163 points) & 4<sup>th</sup> place for **George Alamu, Midleton A.C.** (2042 points). **Harry Nevin, Leevale A.C.** won the Boys U/15 competition with a new National record of 3349 points with his team-mate **Colin Murphy** placing 4<sup>th</sup> with 1994 points and **Alex Reynolds, Nenagh Olympic A.C.** in 5<sup>th</sup> (1933 points). In the Boys U/16 competition, **Jordan Kissane, Tralee Harriers A.C.** won silver on 2983 points while in the Youth Men's competition there was gold and a CBP for **Brian Lynch, Old Abbey A.C.** (3499 points), silver for **Darragh Minter, St. Mary's A.C. Clare** (3458 points), bronze for **Cillian Griffin, Tralee Harriers A.C.** (2847 points) & 4<sup>th</sup> place for **Tristan Chambers, Bandon A.C.** (2530 points).



Extract from AAI website dated 20<sup>th</sup> January 2018.

## O'Connor stars in Athlone with Irish record

POSTED: January 20 2018

### O'Connor stars in Athlone

**Kate O' Connor** (St Gerard's Dundalk) scored an Irish senior pentathlon record (subject to ratification) with a score of 4,108 points at the Irish Life Health National Combined Events in Athlone today (January 20).

**O'Connor's stock continues to rise as she won the junior crown** with 9.09 seconds in the 60m hurdles, 1.79m in the high jump, 12.63m in the shot put, 5.62m in the long jump and 2.20.8H in the 800m.

**Lara O'Byrne** (Donore Harriers) was second with 3,188 points with Katie Walsh (Carraig-Na-BhFear) with 2,886 points.

Sarah Connolly just edged Amy McTeggart (Boyne) in the senior's women's with a total of 3,661 points to 3,636 points. Naomi Morgan (City of Derry Spartans) was third with 3,324 points.

**Shane Aston (Trim) defended his senior men's crown with 3,503** points ahead of Rolus Olusa (Clonliffe Harriers) on 3,354 points with Michael Surman (City of Derry Spartans) third on 2,738 points.

Trevor McGlynn (Omagh Harriers) was first M35 on 2,417 points while Patrick Curran (Tallaght) topped the M40 plus section on 2,689 points.

Geraldine Finegan (North East Runners) had a championship best performance in the F50 section with 2,926 points.

Ava Rochford (Ennis Track) topped the U14 girls with 2,983 points **while Laura Frawley (St Mary's Limerick) won the U15 with 3,123** points, Niamh McCorry (Annalee) headed the U16 with 3,086 points and Anna McCauley (City of Lisburn) won the Youth with 3,841 points.

In the boys ranks William Bello (Ennis Track) won the U14 boys with 2,209 points with Harry Nevin (Leevale) continuing his winning ways in the U15s with a championship best performance of 3,349 points.

**Jack Forde (St Killian's) won the U16s on 3,348 points while Brian** Lynch (Old Abbey) won the Youth with a championship best performance of 3,499 points.

Tadhg Murtagh (Kildare) was the best junior man on 2,955 points.

Full results [HERE](#)

## Results

### U14

Ava Rochford (Ennis Track) 2,983 points

U15

**Laura Frawley (St Mary's Limerick) 3,123 points**

U16

Niamh McCorry (Annalee) 3,086 points

Youth

Anna McCauley (City of Lisburn) 3,841 points

Junior

**Kate O' Connor's (St Gerard's Dundalk) 4,108 points**

Senior

Sarah Connolly (North Down) 3,661 points

O50

Geraldine Finegan (North East Runners) 2,926 points

Men

U14

William Bello (Ennis Track) 2,209 points

U15

Harry Nevin (Leevale) 3,349 points

U16

**Jack Forde (St Killian's) 3,348 points**

Youth

Brian Lynch (Old Abbey) 3,499 points

Junior

Tadhg Murtagh (Kildare) 2,955 points

Senior

Shane Aston (Trim) 3,503 points

O35

Trevor McGlynn (Omagh Harriers) 2,417 points

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Patrick Curran (Tallaght) 2,689 points