Munster Girls Shine at Tailteann Interprovincial



It was a fantastic day of athletics in Morton Stadium, Santry at the Irish Life Health Tailteann Interprovincial Schools Championships on Saturday 23rd June. Munster athletes came to the fore on both the track and in the field winning the Girl's Tailteann trophy and were second in the Boys competition having won that trophy last year after an absence of 26 years. Our girls won 20 individual medals (9 gold, 6 silver & 5 bronze) with our boys winning 16 individual medals (4 gold, 8 silver & 4 bronze) bringing Munster's medal haul to a fine figure of 36 (13 gold, 14 silver & 9 bronze). To further add to our winnings the Munster Boys 4 x 100m relay team of Cillian Griffin, Mervyn Shalemba, Marc Jones, Luke O'Carroll & Wymin Sivakumar won gold with bronze for the Girls 4 x 100m team of Lucy Sleeman, Emily De Bhal, Nikolka Stevankova, Chisom Ugweru & Lynn Vermeer. In the 4 x 300m Relay, our girls team of Ailbhe Doherty, Lauren McCourt, Ciara Kennelly, Orla Coffey & Sophie Jackman won silver with matching silver medals for our Boys 4 x 400m team of Shane Aherne, Jake Bagge, Rory Prendeville, Andrew Collins & Basit Oyebanji. Other highlights of the day were excellent performances from Ciara Sheehy, St. Mary's Charleville who won the Fr. Lonergan Trophy for the Best Female performance of the Championships when she threw 14.70m in the Shot Putt to take gold also winning gold in the Hammer with a throw of 49.83m.



Anna Ryan & Orla Coffey, 1st & 2nd in the Girls Pole Vault

Our only individual double gold medal winner on the day was Ciara Sheehy, St. Mary's Charleville who took the titles in the Girl's Hammer (49.83m) and Shot Putt (14.70m). Other individual double medal winners were Emily O'Mahony, St. Augustine's Dungarvan who won gold in the Triple Jump (11.17m) & silver in the Long Jump (5.45m) & Wymin Sivakumar, Colaiste an Spioraid Naomh who won gold in the Triple Jump (13.30m) & silver in the 100mH. Munster Girls scored a 1, 2 & 3 in the High Jump with medals for Aoife O'Sullivan, St. Mary's Mallow, Ciara Kennelly, St. Brigid's Killarney & Kylie Heinen, St. Declan's Kilmacthomas; a 1 & 2 in the Girls Pole Vault with gold for Anna Ryan, Ursuline Thurles & silver for Orla Coffey, St. Angela's Cork; a 1 & 2 in the Girls Hammer with gold for Ciara Sheehy & silver for Tirna Cahill, Pobalscoil an Trionoide Youghal; a 1 & 2 in the Girls Triple Jump with gold for Emily O'Mahony & silver for Chisom Ugweru, St. Flannan's College Ennis; 1 & 2 in the Boys Long Jump with gold for Daniel Hurley, PBC Cork & silver for Luke O'Carroll, Mercy Mount Hawk Tralee; 2nd & 3rd in the Boys 800m with silver for Jake Bagge, Ard Scoil na Mara & bronze for Rory Prendeville, St. John the Baptist Hospital and a 2nd & 3rd in the Boys 100m for Cillian Griffin, Mercy Mount Hawk Tralee & Marc Jones, Colaiste Muire Cobh.



Jake Bagge & Rory Prendeville, 2nd & 3rd in the Boys 800m

Our medal winners were:-

<u>Gold</u>

- 1. Shane Aherne, Rochestown College 400mH (55.75)
- 2. Lucy Holmes, Ard Scoil na nDeise 800m (2.14.99)
- 3. Niamh O'Mahony, Presentation Tralee 3000m (9.59.30)
- 4. Mervyn Shalemba, Mercy Mount Hawk Tralee 200m (22.49)
- 5. Maeve O'Neill, MICC Dunmanway 1500m (4.37.9)
- 6. Anna Ryan, Ursuline Thurles Pole Vault (3.20m)
- 7. Ciara Sheehy, St. Mary's Charleville Shot Putt (14.70m)
- 8. Ciara Sheehy, St. Mary's Charleville Hammer (49.83m)
- 9. Emily O'Mahony, St. Augustine's Dungarvan Triple Jump (11.17m)
- 10. Daniel Hurley, PBC Cork Long Jump (6.38m)

- 11. Aoife O'Sullivan, St. Mary's Mallow High Jump (1.73m)
- 12. Megan Lenihan, Hazelwood College Discus (36.10m)
- 13. Wymin Sivakumar, Colaiste an Spioraid Naomh Triple Jump (13.30m)
- 14. Boys 4 x 100m Relay (42.96).



Gold medallist, Shane Aherne 400mH



Gold medallist, Maeve O'Neill 1500m



Gold medallist, Lucy Holmes 800m



Gold medallist, Niamh O'Mahony 3000m

<u>Silver</u>

- 1. Jake Bagge, Ard Scoil na Mara 800m (1.58.14)
- 2. Cillian Griffin, Mercy Mount Hawk Tralee 100m (11.23)
- 3. Wymin Sivakumar, Colaiste an Spioraid Naomh 100mH
- 4. Tommy Connolly, CBC Cork 1500m (4.05.5)
- 5. Adam O'Dwyer, CBS Thurles Pole Vault (3.50m)
- 6. Orla Coffey, St. Angela's Cork Pole Vault (3.20m)
- 7. Tirna Cahill, Pobalscoil na Trionoide Hammer (49.19m)
- 8. James Kirkby, Bandon Grammer Discus (35.46m)
- 9. Emily O'Mahony, St. Augustine's Dungarvan Long Jump (5.45m)
- 10. Luke O'Carroll, Mercy Mount Hawk Tralee Long Jump (6.35m)

- 11. Ciara Kennelly, St. Brigid's Killarney High Jump (1.60m)
- 12. Katie Moynihan, Davis College Javelin (42.89m)
- 13. Chisom Ugweru, St. Flannan's College Ennis Triple Jump (11.03m)
- 14. Dawid Siegel, Tralee CBS Shot Putt (13.29m)
- 15. Girls 4 x 300m Relay (2.49.3)
- 16. Boys 4 x 400m Relay (3.37.9)



Cillian Griffin & Marc Jones, 2nd & 3rd in 100m

Bronze

- 1. Emily De Bhal, Colaiste Choilm Ballincollig 300mH (46.39)
- 2. Siofra O'Dea, St. Joseph's Spanish Point 3km Walk (15.38)
- 3. Ciaran O'Muirhile, Gaelcholaiste Mhuire AG 3km Walk (16.20.8)
- 4. Rory Prendeville, St. John the Baptist Hospital 800m (1.58.48)
- 5. Marc Jones, Colaiste Muire Cobh 100m (11.31)
- 6. Gavin Kenny, Hamilton High School Bandon 1500m Steeplechase (4.42.3)
- 7. Ailbhe Doherty, St. Flannan's College Ennis 300m (40.77)
- 8. Lauren McCourt, Bandon Grammer 200m (25.97)
- 9. Kylie Heinen, St. Declan's Kilmacthomas High Jump (1.60m)
- 10. Girls 4 x 100m Relay (49.44)



Bronze medallist, Siofra O'Dea in the Girls 3km Walk



Bronze medallist, Ciaran O'Muirhile in the Boys 3km Walk



Bronze medallist, Ailbhe Doherty 300m



Cillian Griffin brings the Munster Boys 4 \times 100m Relay home to gold

Full results can be found at www.munsterschoolsathletics.org