

Irish Life Health Irish Schools Titles for Buckley & O'Mahony



The Irish Life Health Irish Schools Cross Country Championships took place on Saturday 9th March 2019 in Clongowes Wood College, Clare, Co. Kildare. Munster athletes competed very well with top 3 finishes by **Shane Buckley, Cashel CS** who won gold in the Minor Boys & Niamh O'Mahony, Presentation Tralee in the Inter Girls race. Dean Casey, St. Flannan's College Ennis won silver in the Inter Boys race with his twin brother, **Dylan** close behind in 5th place. **Sean Lawton, Colaiste Pobail Bantry** took silver in the Minor Boys race with silver also for **Avril Millerick, St. Mary's Midleton** in the Junior Girls race & **Lucy Holmes, Ard Scoil na nDeise** in the Senior Girls race with bronze for **Laura Nicholson, Bandon Grammer** in the Senior Girls race.

In the Minor Girls race, our top finishers were **Nicole Dinan, St. Angela's Cork** (5th), **Louise O'Mahony, Colaiste Muire Ennis** (10th) & **Ava Fitzgerald, Colaiste an Chroi Naofa** (11th). **Colaiste Muire Ennis** finished 3rd on 48 points with 4th for **Colaiste an Chroi Naofa** (114) & 5th for **St. Angela's Cork** (117). **Shane Buckley, Cashel CS** took the title in the Minor Boys race with silver for **Sean Lawton, Colaiste Pobail Bantry**, 4th for **Fionn Harrington, Colaiste Pobail Bantry** & 7th place for **Gerard Dunne, Kilrush CS**. **Cashel CS** finished 7th (221) with **Midleton CBS** in 8th place (229).

Avril Millerick, St. Mary's Midleton won silver in the Junior Girls race with an 5th place finish for **Alex Cashman, Pobailscoil na Trionoide** & 7th for **Neasa Ni Ainfein, Ennis CC/GCC**. **Pobalscoil na Trionoide** were 6th (132), **Ard Scoil na nDeise** 8th (149) & **Ursuline Thurles** 9th (182). **Declan O'Meara, Colaiste an Phiarsaigh** was 7th in the Junior Boys race with 8th place for **Niall Murphy, St. Flannan's Ennis**, 10th for **Tom Walshe, Nenagh CBS** & 12th for **Callum McElhinney, Colaiste Pobail Bantry**. **St. Flannan's Ennis** won gold (102) with 4th for **Nenagh CBS** (136), 5th for **Colaiste Pobail Bantry** (143) & 7th for **St. Augustine's College** (175).

In the Intermediate Girls race, **Niamh O'Mahony, Presentation Tralee won gold** with 6th place for **Lucy O'Keeffe, St. Mary's Midleton**, 7th for **Ella Doherty, Colaiste Muire Ennis** & 11th place for **Emma Landers, Pobalscoil na Trionoide**. In the team competition, **Pobalscoil na Trionoide** were 3rd (102), **Colaiste Muire Ennis** were 7th (122) & **Ardscoil na nDeise** were 9th (139). Clare twins, **Dean & Dylan Casey, St. Flannan's College** scored a 2 & 5 in the Inter Boys race with 11th place for **Sean O'Donoghue, St. Declan's Kilmacthomas**. **St. Flannan's** won their second gold team medal (45) with 8th for **St. Brogan's College Bandon** (225) & 9th for **DLS Waterford** (248).

Lucy Holmes, Ardscoil na nDeise won silver in the Senior Girls race with bronze for Laura Nicholson, Bandon Grammer, 5th for Ruth Heery, Waterpark College, 8th for **Tara Ramasawamy, Presentation Waterford** & 9th for Tamzin Muldowney, St. Mary's Midleton. St. Angela's Waterford won gold in the team competition (53) with bronze for Ardscoil na nDeise (99) & 5th for Pobailscoil Inbhear Sceine (124). In the Senior Boys race, our top finishers were Frank O'Brien, Midleton CBS (14th) & Cian O'Brien, CBS Dungarvan (15th) with Midleton CBS 7th (227) & Colaiste Christ Ri 8th (288) in the team competition.

