Munster Pentathlon Records for Falvey, Frawley, Rochford & Ryan

The Munster U/14 to Youth Indoor Combined Events Championships were incorporated into the Irish Life Health National Juvenile & Youth Combined Events Championships held on Saturday 19th January 2019 in AIT International Arena. A total of **4** new Munster Championship Best Performances were set by the following athletes: -

- **Hannah Falvey, Belgooly A.C** in the Girls U/14 competition with her score of 2949 points to better the score of 2841 points set by Vickie Cusack, Liscarroll A.C. set in 2013.
- **Ava Rochford, Ennis Track A.C.** in the Girls U/15 set a new record of 3107 points to better the 2014 record of 2911 points set by Vickie Cusack, Liscarroll A.C.
- **Laura Frawley, St. Mary's A.C. Limerick** scored a total of 3320 points to better the existing record of 2994 set in 2015 Vickie Cusack, Liscarroll A.C.
- **Anna Ryan, Moycarkey Coolcroo A.C.** scored 3085 points in the Youth Girls competition to better the 2016 record of 2831 points by Vickie Cusack, Liscarroll A.C.

In the Girls U/14 Pentathlon, **Hannah Falvey, Belgooly A.C.** led the way winning both the National and Munster titles with 2949 points with **Okwu Backari, Leevale A.C.** in 3rd place at National level also winning silver at Munster with 2738 points. **Leagh Moloney, Dooneen A.C.** finished on 2624 points to place 6th at National level and 3rd in Munster with **Fatimo Amusa, Leevale A.C.** in 11th place at National level and 4th at Munster with 2333 points and **Orla O'Sullivan, Leevale A.C.** in 13th place at National & 5th Munster athlete with 2233 points.

In the Boys U/14 competition, it was gold for **John Murphy, Liscarroll A.C.** at both National and Munster level with 2256 points.
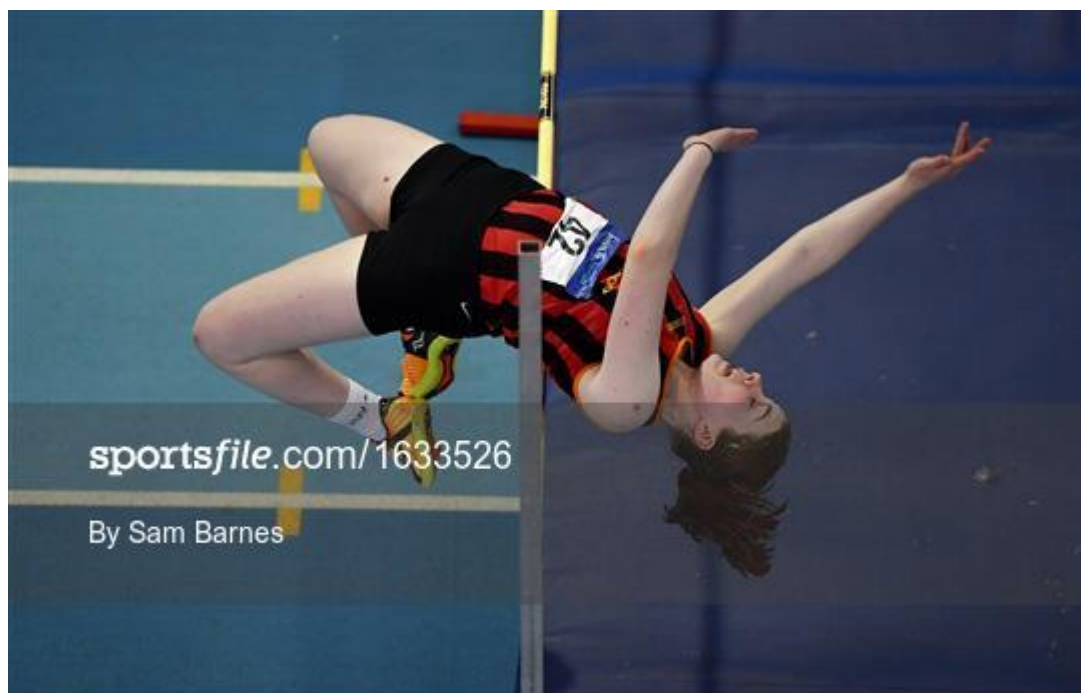

In the Girls U/15 Pentathlon, **Ava Rochford, Ennis Track A.C.** took both the National and Munster titles with 3107 points with **Niamh McCarthy, Doheny A.C.** in 3rd place at National level and silver at Munster (2628 points), 8th place at National level for **Kate Naughton, Leevale A.C.** and bronze at Munster level (1878 points) & 12th place at National level for **Ruth Leyden, Ennis Track A.C.** and 4th at Munster (1654 points).

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By Sam Barnes

In the Boys U/16 Pentathlon, **Ben Connolly, Nenagh Olympic A.C.** was Munster's only representative and he finished in 5th place at National level and 1st for Munster with 2315 points.

Laura Frawley, St. Mary's Limerick was the gold medal winner at National and Munster level in the Girls U/16 competition scoring 3320 points with **Anna Ryan, Moycarkey Coolcroo A.C.** also winning double gold at National and Munster level in the Youth Girls Pentathlon with 3083 points.

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By Sam Barnes

Diarmuid O'Connor, Bandon A.C. also took double titles in the Youth Boys competition winning at both National and Munster level and also setting a new National CBP of 3592 points.

See Munster Results below:-

Girls U/14 Pentathlon

Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	800m	Total Points
1	**Hannah Falvey**	Belgooly A.C.	10.19 (677)	1.39m (502)	10.50m (562)	4.94m (543)	2.32.27 (665)	**2949 CBP**
2	Okwu Backari	Leevale A.C.	9.21 (867)	1.39m (502)	8.14m (408)	4.79m (503)	2.50.56 (458)	**2738**
3	Leagh Moloney	Dooneen A.C.	9.76 (758)	1.45m (566)	8.77m (449)	4.76m (495)	3.01.04 (356)	**2624**
4	Fatimo Amusa	Leevale A.C.	9.91 (729)	1.15m (266)	8.95m (461)	4.14m (340)	2.43.15 (537)	**2333**
5	Orla O'Sullivan	Leevale A.C.	9.89 (733)	1.33m (439)	6.67m (314)	4.29m (376)	2.59.39 (371)	**2233**

Girls U/15 Pentathlon

Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	800m	Total Points
1	**Ava Rochford**	Ennis Track A.C.	9.39 (830)	1.62m (759)	11.10m (602)	4.52m (433)	2.48.15 (483)	**3107 CBP**
2	Niamh McCarthy	Doheny A.C.	9.94 (723)	1.44m (555)	7.78m (385)	4.34m (388)	2.39.66 (577)	**2628**
3	Kate Naughton	Leevale A.C.	11.40 (473)	1.25m (359)	7.23m (350)	3.70m (242)	2.50.88 (454)	**1878**
4	Ruth Leyden	Ennis Track A.C.	12.84 (274)	1.30m (409)	6.15m (281)	3.56m (212)	2.48.62 (478)	**1654**

Girls U/16 Pentathlon

Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	800m	Total Points
1	**Laura Frawley**	St. Mary's A.C. Limerick	9.42 (824)	1.61m (747)	10.76m (579)	5.28m (637)	2.43.57 (533)	**3320 CBP**

Youth Girls Pentathlon

Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	800m	Total Points
1	**Anna Ryan**	Moycarkey Coolcroo A.C.	9.72 (765)	1.53m (655)	12.10m (668)	4.79m (503)	2.47.29 (494)	**3085 CBP**

Boys U/14 Pentathlon

Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	800m	Total Points

1	**John Murphy**	Liscarroll A.C.	10.03 (535)	1.50m (389)	7.25m (322)	4.25m (247)	2.24.50 (763)	**2256**

			Boys U/16 Pentathlon					
Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	800m	Total Points
1	**Ben Connolly**	Nenagh Olympic A.C.	10.65 (425)	1.60m (464)	9.04m (428)	4.93m (369)	2.35.17 (629)	**2315**

			Youth Boys Pentathlon					
Position	Name	Club	60mH	High Jump	Shot Putt	Long Jump	1000m	Total Points
1	**Diarmuid O'Connor**	Bandon A.C.	8.37 (891)	1.81 (636)	12.47 (635)	6.27m (646)	2.48.27 (784)	**3592**