

13 New Records at Munster Championships

The Irish Life Health Munster Schools Track & Field Championships took place on Saturday 18th May 2019 in Cork I.T. Among the athletes who shone on the day were our **12 record breakers** (and one record equalled) with the oldest records to fall dating back to 1985 & 2004: -



1. **Conor Morey, PBC Cork** ran 10.55 in the Senior Boys 100m to better the record of 10.6 set by Michael Kelly, Borrisokane VS in 1985.
2. **Colin Doyle, Colaiste an Spioraid Naoimh** ran 21.80 in the Senior Boys 200m to equal the record set by Darren O'Donovan, Colaiste an Spioraid Naoimh in 2001.
3. **Darragh McElhinney Col Pobail Bantry** ran 3:49.42 in the Senior Boys 1500m to better the time of 3.50.54 set by Sean Tobin, High School, Clonmel in 2013.
4. **Laura Nicholson, Bandon Grammar School** ran a record of 9:45.97 in the Senior Girls 3000m to smash the time of 10.05.57 set Rhona Pierce, St. Angela's Cork in 2015.
5. **Mercy Mount Hawk** Senior Girl's 4 x 300m team ran 2:54.69 to better their own record of 2.56.56 set in 2018.
6. **Aimee Hayde, St Mary's S S Newport** ran 2:07.74 in the Inter Girls 800m to better her own record of 2.11.61 set in 2018.
7. **Nicola Tuthill, Col na Toibhirte Bandon** threw 57.06 in the Inter Girls Hammer to smash the record of 50.34m set by Tirna Ni Chathail, Pobalscoil na Trionoide 2018.
8. **Orla Coffey, St Angela's Cork** jumped 3.40 in the Inter Girls Pole Vault to better her sister, Emma's record of 3.20m set in 2016.
9. **Ciara Sheehy, St. Mary's Charleville** threw 14.76m in the Inter Girls Shot Putt to better her own record of 14.35m set in 2018.
10. **Ailbhe O'Neil, St Marys Nenagh** ran 5:17.97 in the Girls U/16 Mile to better the time of 5.20.05 set by Una O'Brien, Waterpark College set in 2018.
11. **Geoffrey Joy O'Regan, John the Baptist CS** jumped 1.90m in the Junior Boys High Jump to smash the mark of 1.76m set by Ben O'Donovan, Middleton College.
12. **Ella Scott, Christ King Cork** ran 11.13 in the Junior Girls 75mH to smash the time of 11.48 set by Kalyne Sheehan, Ursuline Waterford in 2004.
13. **Nicole Dinan, St Angela's Cork** ran 2:16.00 in the Minor Girls 800m to better the time of 2.17.88 set by Sarah Butler, Laurel Hill SS in 2018.



Double gold medal winners were:-

- Okwu Backari, Ashton College (Minor Girls 75mH & Long Jump)
- Ava Rochford, Rice College Ennis (Minor Girls Shot Putt & Junior Girls High Jump)
- Ella Jenks, Colaiste Mhuire Buttevant (Junior Girls 100m & 200m);
- Tadhg Connolly, Abbey CC (Junior Boys 1500m & Discus);
- Conor Callinan, Colaiste an Chroi Naofa (Junior Boys 80mH & Pole Vault);
- Chisom Ugwuere, St. Flannan's College (Inter Girls 80mH & Triple Jump);
- Aimee Hayde, St. Mary's Newport (Inter Girls 800m & 1500m);
- Adam Turner, Colaiste Christ Ri (Inter Boys Long Jump & Triple Jump);
- Ricky Carroll, St. Colman's Fermoy (1st Inter Boys Hammer & Discus);

- Orla O'Reilly, Mercy Mount Hawk (Senior Girls 100m & 200m);
- Sean Mockler, CBS Thurles (Senior Boys Hammer & Discus);
- Joseph McEvoy, St. Anne's Killaloe (Senior Boys 110mH & High Jump);



Other multiple medal winners were: -

- Victoria Amiadamen, Castletroy College (gold in Minor Girls 100m & silver in LJ);
- Josh Boland, Crescent Comprehensive (gold in Minor Boys 75mH & 3rd in 100m);
- Max O'Reilly, Carrigaline CS (2nd in Minor Boys 75mH & Long Jump);
- Grace Rooney, St. Mary's Middleton (2nd in Junior Girls 100m & 200m)
- Ella Scott, Christ King Cork (gold in Junior Girls 75mH & 3rd in 100m);
- Lily O'Riordan, St. Angela's Cork (gold in Junior Girls Javelin & 2nd 75mH);
- Leah Parker, St. Aloysius Carrigtwohill (gold Junior Girls Hammer & 2nd Discus);
- Kotryna Pacerinskaite, Presentation Mitchelstown (gold in Junior Girls Shot Putt & silver in Hammer);
- Grace Fitzgerald, St. Anne's Tipp Town (gold in Junior Girls Triple Jump & 3rd in Long Jump);
- Darragh Looney, St. Brendan's Killarney (gold in Junior Boys Long Jump & 3rd in 100m);
- Laura Frawley, St. Mary's Charleville (gold in Inter Girls Long Jump & 2nd in 80mH);
- Katie Nolke, Ursuline Waterford (J2nd in Inter Girls High Jump & 3rd in Long Jump);
- Megan Lenihan, Hazelwood College (1st in Inter Girls Discus & 2nd in Shot Putt);
- Katelyn Reid, PS Chorca Dhuibhne (2nd Inter Girls Javelin & 3rd in Discus);
- Lucy Sleeman, Col Choilm Ballincollig (1st Inter Girls 100m & 3rd 80mH);
- Lauren McCourt, Bandon Grammer (1st Inter Girls 200m & 3rd 100m);
- Rebecca Falvey, Mercy Mount Hawk (2nd Inter Girls 200m & Long Jump);
- Avril Cashman, PS na Trionoide (1st Inter Girls 1500m S/C & 3rd 1500m);
- Meabh O'Neill, MICC Dunmanway (1st Inter Girls 300m & 2nd in 1500m);
- Sean Mullarkey, CBS Dungarvan (1st Inter Boys Shot Putt & 3rd in Discus);
- Eoin Buenaventura, St. Augustine's College (2nd Inter Boys Pole Vault & 3rd in High Jump);
- Noah McConway, St. Flannan's College (2nd Inter Boys Walk & 3rd in Hammer);

- Dean McCarthy, Nagle CC Mahon (1st Inter Boys High Jump & 2nd in 40mH);
- Sean Riordan, Col an Phiarsaigh (2nd Inter Boys Discus & Shot Putt);
- Fionn Harrington, St. Brogan's Bandon (1st Inter Boys 1500m S/C & 3rd in 1500m);
- Mervyn Shalemba, Mercy Mount Hawk (1st Inter Boys 100m & 2nd in 200m);
- Diro Lawal, Castletroy College (1st Inter Boys 200m & 1st in 100m);
- Glory Wenegieme, Colaiste Muire Crosshaven (3rd in Inter Boys 100m & 200m);
- Niamh Foley, SMI Newcastle west (2nd Senior Girls 100m & 200m);
- Roseann Fitzgerald, Gaelcholaiste Cheitinn (1st Senior Girls 400m & 3rd in 200m);
- Fiona Hennessy, Presentation Thurles (2nd Senior Girls Shot Putt & 3rd in Hammer);
- Shanice Benson, St. Flannan's College (1st Senior Girls Shot Putt & 3rd in Discus);
- Emily O'Mahony, St. Augustine's College (2nd Senior Girls Triple Jump & 3rd in Long Jump);
- Aisling Cassidy, Bandon Grammer (1st Senior Girls Triple Jump & 2nd in Long Jump);
- Luke O'Carroll, Mercy Mount Hawk (3rd Senior Boys Long Jump & Triple Jump);
- Sean Carolan, St. Mary's Newport (2nd Senior Boys Long Jump & Shot Putt);
- Darragh Minitier, CBS Ennistymon (1st Senior Boys Long Jump & 2nd in 110mH);
- Jack Ryan, CBS Thurles (1st Senior Boys Shot Putt & 2nd in Discus);
- Gavin Kenny, Hamilton High School (2nd Senior Boys S/C & 3rd in 3rd in 1500m);
- Colin Doyle, Colaiste an Spioraid Naoimh (1st Senior Boys 200m & 2nd in 100m);
- Ryan O'Leary, Colaiste Christ Ri (2nd Senior Boys 200m & 3rd in 100m).

Cup Winners are listed below: -

	Senior Boys	(All)		Senior Girls	(All)
1st	CBS Thurles	16	1st	St Flannans	9
2nd	Mercy Mount Hawk	12	2nd	Mercy Mount Hawk	9
3rd	St Augustines	10	3rd	Bandon Grammar School	8
	Inter Boys	(All)		Inter Girls	(All)
1st	St Flannans	11	1st	Bandon Grammar School	12
2nd	Castletroy College	7	2nd	St Marys Charleville	10
3rd	St. Josephs Borriosleigh	6	3rd	Col Choilm Ballincollig	8
	St Colmans Fermoy	6			
	Col Christ Ri	6			
	Nagle CC Mahon	6			
	Junior Boys	(All)		Junior Girls	
1st	St Brendans Killarney	12	1st	CBS Thurles	16
2nd	Abbey CC	9	2nd	Mercy Mount Hawk	12
3rd	Col an Chroi Naofa	6	3rd	St Augustines	10
	St Flannans	6			
	CBS Thurles	6			
	Minor Boys	(All)		Minor Girls	(All)
1st	Crescent College Comp SJ	7	1st	Regina Mundi	6
2nd	SMGS Blarney	4	2nd	Ashton	6
3rd	Carrigaline C.S	4	3rd	Castletroy College	5

Full results can be found at www.munsterschoolsathletics.org.