

Irish Life Health Munster Schools Cross Country Championships

The Irish Life Health Munster Schools Cross Country Championships took place in WIT Sports Campus, Carriganore, Co. Waterford on Friday 15th February 2019.

Louise O'Mahony, Colaiste Muire Ennis was the winner of the Minor Girls race with silver for **Nicole Dinan, St. Angela's Cork** & bronze for **Ava Fitzgerald, Colaiste an Chraoi Naofa**. **Colaiste Muire Ennis** won team gold with silver for **St. Angela's Cork** & bronze for **Colaiste an Chraoi Naofa**. In the Minor Boys competition, the top three were **Sean Lawton, Colaiste Pobail Bantry, Shane Buckley, Cashel CS & Fionn Harrington, Colaiste Pobail Bantry**. Team honours went to **Midleton CBS, Colaiste Pobail Bantry and Cashel CS**.



In the Junior Girls competition, **Orna Moynihan, Colaiste Muire Ennis** won gold with silver for **Alex Cashman, Pobalscoil na Trionoide** & bronze for **Neasa Ni Ainefein Ennis CC/GCC**. **Pobalscoil na Trionoide** won gold with silver for **Ursuline Thurles** & bronze for **Ard Scoil na nDeise**. Top 3 in the Junior Boys race were **Tadhg Connolly, Abbey CC, Niall Murphy, St. Flannan's College Ennis & Tommy Fennell, St. Augustine's College Dungarvan**. First 3 teams were **Nenagh CBS, St. Augustine's Dungarvan & Colaiste Pobail Bantry**.



Niamh O'Mahony, Presentation Tralee took gold in the Intermediate Girls race with silver for **Una O'Brien, Waterpark College** & bronze for **Emma Landers, Pobalscoil na Trionoide**. **Pobalscoil na Trionoide** took the team title with silver for **Colaiste Muire Ennis** & bronze for **Ard Scoil na nDeise**. **Dean Casey and Mark Hanrahan, St. Flannan's College Ennis** won gold & silver in the Intermediate Boys race with bronze for **Fionn Harrington, St. Brogan's Bandon**. There was team gold for **St. Flannan's College Ennis** with silver for **St. Brogan's Bandon** & bronze for **De La Salle Waterford**.



In the Senior Girls competition, there was gold for **Laura Nicholson, Bandon Grammer** with silver for **Aoife Allen, Mercy Waterford** & bronze for **Ruth Heery, Waterpark College**. Team prizes went to **St. Angela's Waterford, Pobalscoil Inbhear Sceine & Ard Scoil na nDeise**. **Tommy Connolly, CBC** was the winner of the Senior Boys race with silver for **Frank O'Brien, Midleton CBS** & bronze for **Oisín Spillane, Mercy Mount Hawk**. Gold in the team competition went to **Midleton CBS** with silver for **Ardcoil Ris** & bronze for **Colaiste Christ Ri**.



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