

15 New Championship Best Performance Set



The Munster U/12 to U/19 Indoor Championships took place in Nenagh Indoor Stadium on Saturday 23rd & Sunday 24th February. Munster athletes were in fine form setting 15 new Championship Best Performance and two being equalled. See below for details:-

1. **Finn Duignan, St. Cronan's A.C.** ran 1.48.44 in the Boys U/12 600m to better the 2015 record of 1.49.11 set by Diarmuid Healy, Midleton A.C.
2. **Cathy Dorney Belgooly A.C.** set a new record in the Girls U/13 1km Walk with a time of 6.56.12 (new event).
3. **Eoin O'Callaghan Bandon A.C.** set a new record of 6.32.47 in the Boys U/13 1km Walk (new event).
4. **Ryan Onoh Leevale A.C.** jumped 1.38m in the Boys U/12 High Jump to better the 2018 record of 1.37m set by Robert Olden, Midleton A.C.
5. **Ryan Onoh, Leevale A.C.** jumped 4.58m in the Boys U/12 Long Jump to beat the 2016 record of 4.53m set by Kyle Ettoh, Grange Fermoy.
6. **Okwu Backari, Leevale A.C.** ran 9.06 in the Girls U/14 60mH to better the 2014 record of 9.20 set by Miriam Daly, Carrick-On-Suir A.C.
7. **Hannah Falvey, Belgooly A.C.** ran 7.96 in the Girls U/14 60m to better the 2015 record of 8.03 set by Niamh Foley, St. Mary's A.C. Limerick.
8. **John Cashman, Leevale A.C.** ran a record of 8.90 in the Boys U/14 60mH to better the 2017 record of 9.18 set by Harry Nevin, Leevale A.C.
9. **Efe Opuoro, Ennis Track A.C.** ran 7.31 in the Boys U/16 60m to better the record of 7.37 set by Daniel Ryan, Moycarkey Coolcree A.C. in 2014
10. **Reece Ademola, Leevale A.C.** jumped 6.57m in the Boys U/17 Long Jump to equal the record held by Sam Healy Leevale and set in 2012
11. **Cillian Griffin, Tralee Harriers A.C.** ran 7.10 in the Boys U/18 60m to equal the 2012 record set by Greg O'Shea, Dooneen A.C.
12. **Cillian Griffin Tralee Harriers A.C.** ran 22.80 in the Boys U/18 200m to better the 2012 record of 22.84 set by Greg O'Shea, Dooneen A.C.
13. **Wymin Sivakumar, Leevale A.C.** jumped 13.45m in the Boys U/18 Triple Jump to better the 2014 mark of 13.37 set by Darren Prout, Carrick-On-Suir A.C.
14. **Miriam Daly, Carrick-On-Suir A.C.** ran 57.94 in the Girls U/19 400m to better the record of 59.22 set by Leanne Prout, Carrick-On-Suir A.C. in 2015.

15. **Sophie Meredith, St. Mary's A.C. Lk** jumped 6.00m in the Girls U/19 Long Jump to better the mark of 5.59m set by Kelly Proper, Ferrybank A.C. in 2006.
16. **Alyce O'Connor, Kenmare A.C.** ran 4.54.47 in the Girls U/19 1500m to better the time of 4.55.46 set by Laura Crowe, An Ríocht A.C. in 2005.
17. **Gabriel Kehinde Ennis Track A.C.** ran 7.09 in the Boys U/19 60m to better the time of 7.10 set by Derek Duff, Leevale in 2005.

Among the multiple medal winners were Ava Rochford, Ennis Track A.C. (Girls U/15), Chisom Ugwuere, Ennis Track A.C. (Girls U/18), Cillian Griffin, Tralee Harriers A.C. (Boys U/19), Emily O'Mahony, Waterford A.C. (Girls U/19), Hannah Falvey, Belgooly A.C. (Girls U/14), Joseph McEvoy, Nenagh Olympic A.C. (Boys U/19), Laura Frawley, St. Mary's A.C. Limerick (Girls U/16), Noah McConway, St. Cronan's A.C. (Boys U/16), Orla Coffey, Carraig na Bhfear A.C. (Girls U/18), Paula Igwe, Ferrybank A.C. (Girls U/17) & Sean Fennell, St. Mary's A.C. Clare (Boys U/13).

